

WIFE TOO ILL TO WORK IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.

Indianapolis, Indiana. — "My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, weighed but 109 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 133 pounds. I do all the housework and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave today but for it. I would tell all women suffering as I was to try your valuable remedy." — Mrs. Wm. GREEN, 332 S. Addison Street, Indianapolis, Indiana.

There is hardly a neighborhood in this country, wherein some woman has not found health by using this good old-fashioned root and herb remedy.

If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

Oldtime Musical Watch.
An extraordinary timepiece has come into the possession of a jeweler living in Chillicothe, O., who is said to have got it on a recent visit to London. It is a watch of the antique class, made in Paris 125 years ago at a time when musical watches were much in vogue among the well-to-do classes. It is a fine specimen of the handmade article, and besides playing beautiful melodies strikes the hours and quarters. The dial is noteworthy on account of its rare and exquisite enamel work on beautifully chased gold. It is looked upon as a curio of great value.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Charles H. Fletchman* In Use for Over 30 Years. Children Cry for Fletchman's Castoria

It Can't Be Done.
A woman may have a face like an open book, but a man always finds it difficult to read between the lines.

Anger's a stone cast in a hornets' nest.

Is Work Too Hard?

Many kinds of work wear out the kidneys, and kidney trouble makes any kind of work hard. It brings morning lameness, backache, headache, nervousness, rheumatism and urinary troubles. If your work is confining, strains the back, or exposes you to extreme heat or cold or damp, it's well to keep the kidneys active. Doan's Kidney Pills are reliable and safe. Thousands recommend them.

A South Dakota Case

Wm. H. Shafr, 222 W. Second St., Canton, S. D., says: "For years my kidneys were in bad shape and I had a dull pain in my back. Being out in all kinds of weather made the troubles worse. At times the kidney secretions were scanty, then again profuse and there was much sediment in them. Doan's Kidney Pills brought me relief from all these ailments after everything else failed."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation

Can quickly be overcome by **CARTER'S LITTLE LIVER PILLS.** Purely vegetable — act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature *Brentwood*

COLD IN HEAD CATARRH

INSTANTLY RELIEVED BY THE OLD DR. MARSHALL'S CATARRH SNUFF
25c a Box
AT ALL DRUG STORES OR BY MAIL FROM THE MANUFACTURER
WILLIAMS' MED. CO., CLEVELAND, O.

"ROUGH ON RATS"

Kills Rats, Mice, Squirrels, etc. Use outdoors. 15c and 25c

GALL STONES AVOID OPERATIONS

ACHES IN STOMACH, BACK, SIDE OR SHOULDERS; LIVER TROUBLE; BILIOUSNESS; HEADACHE; CONSTIPATION; PILES; CATARRH; NEURALGIA; BRUISES; JAUNDICE; APPENDICITIS. These are common Gallstone symptoms. Send for home treatment. Medical Book or FREE Liver, Stomach, Gall Trouble and Appendix Remedy. Write to: Gallstone Remedy Co., Dept. W., 219 S. Dearborn St., Chicago

THE IRON GATES

Washington, D. C.—The Iron Gates, the last great defile of the Danube in its course to the Black Sea and the first point at which the Austrians launched an offensive against their new enemies, the Rumanians, is described in the following war geography bulletin which the National Geographic Society issued today:

"Contrary to the general belief of readers to whom the term 'Iron Gates of the Danube' is familiar, this famous defile of the chief waterway of Hungary, Rumania, Bulgaria and Serbia does not derive its name from precipitous walls of rock through which the waters dash in a narrow channel, as at the Irazza Defile, but from the enormous boulders that fairly litter the river bed for a distance of nearly two miles, beginning at the once strongly fortified island of Ada Kaleh which was captured by Hungary in 1878 and is still inhabited by a picturesque colony of 500 Turks. Opposite the island, on the left bank of the Danube and at the mouth of the inconsequential Bachna River, which here forms the Hungarian-Rumanian boundary, is the attractive little Rumanian customs village of Veriorva on the Budapest-Bucharest railway, 237 miles west of the latter city.

"It was not until 1890 that work was begun in a definite and comprehensive manner to rid the iron gates of some of its gravest dangers to navigation. In that year a Hungarian engineering company undertook the task of removing nearly 1,250,000 cubic yards of stone from the watercourse. Eight years after the enterprise was inaugurated the canal which had been hewn from the solid rock on the Serbian side of the river was ready to be thrown open to the steamers which ply the Danube from Budapest to the Black Sea. The canal was designed to provide a year round channel 10 feet deep, whereas the original course of the river was not navigable for more than nine months out of every 12.

"The opening of the waterway was the occasion for a great celebration in which three monarchs participated—Emperor Francis Joseph of Austria-Hungary, King Alexander of Serbia, and King Carol (Charles I) of Rumania. The festivities of the day were presided over by the discovery that the current through the canal was so swift that while steamers could rush through it in their downward journey they could not make the trip upward, so that the old river course had to be used for westward bound traffic.

"When the water is high the rocks of the iron gates are completely submerged, but they are only a few feet beneath the surface and the boiling, churning waves present a terrifying sight to the timid passenger as his steamer fights its way to the calmer reaches in the vicinity of Orsova (pronounced Orshova), the first town in Hungarian territory, five miles above the rapids and a 10-hour journey by boat below Belgrade, the peace times capital of Serbia.

MUSIC IN THE THEATER.

Eugene Halle, whose songs have been widely sung in concert in this country, has completed an elaborate orchestral score to accompany the fantastic comedy, "The Happy Ending," which opened in New York at the Lyceum theater on Monday, August 21, under the direction of Arthur Hopkins. This production continues one of the most interesting tendencies of the present-day American theater—that of giving increased importance to music in poetic and spectacular plays. In the present case Mr. Halle has worked unhampered in his attempt to make the music an intimate part of the action of the MacTherons' play.

This tendency in the American theater is especially interesting because of the huge audience it gives to the American composer. A few thousand interested musicians have heard Edgar Stillman Kelley's admirable symphonies—5,000,000 have heard his conservative estimate—have heard his music for "Ben Hur." A play which runs a whole season on Broadway is seen by from 300,000 to 500,000 persons. If it is sent on the road the number soon reaches 1,000,000. This is an audience such as the composer can never hope to reach in strictly musical channels—excepting only that rare composer who can write a "Rosary." The fact that the composer is being received in the American theater on an equal basis with the playwright and scene designer is one of the greatest significances to American music.

The field is not limited. Into the music for a poetic play a composer can put his best work. The superb opera which Arthur Farwell wrote for "Joseph and His Brethren" is one of the most ambitious things he has done. There are difficulties, of course. The ordinary theater orchestra may not be adequate to the task. In the past, theater managers have sometimes been inclined to slight the music—to cut down the orchestra by half at the last moment, without any thought of the months of careful scoring on the part of the composer. Not infrequently the manager commissions "music" without thought or care for quality or fitness. But because men like Mr. Farwell and Mr. Kelley have taken their work seriously, music in the theater has gained something like its rightful dignity. Nowadays if the composer insists that he needs an extra horn he is likely to get it. The public has accepted good music as a part of a poetic play and likes it. The way is open for the established American composer to enlarge his audience a hundred times over.

Jimmy Up to Date.
From Harper's Magazine.
Jimmy, an office boy in a downtown office, approached his boss one morning last week:
"If you please, sir."
"Well, Jimmy?"
"My grandmother, sir."
"Aha, your grandmother; go on, Jimmy."
"My grandmother and my mother."
"What! And your mother, too. Both very ill, eh?"
"No, sir. My grandmother and my mother are going to the baseball game this afternoon and they want me to stay home and mind my little kid brother."
Jimmy got the afternoon off.

Afraid of Mary.
From Life.
"Strange, Mary doesn't have any offers. She'd make some man a good wife."
"Yes; but the trouble is, every one knows she'd make him a good husband."

SHE SAW HIM ON MOVIE SCREEN; THEN DAUGHTER OF TOBACCO KING WENT TO LOS ANGELES; THEY'RE MARRIED NOW.



Mr. and Mrs. Reggie Morris.

Miss May Repetto, daughter of the late St. Louis tobacco king, recently saw Reggie Morris, a charming young moving picture comedian, on the screen. So pleased was she with the young man's appearance that she went to Los Angeles at once, and met Morris in a movie studio. Reggie was as pleased as May. It isn't known just who popped the question. But anyway they're married now.

SAYS BELGIUM WILL COME INTO HER OWN

Little Kingdom Will Regain Her Lost Place In Sun, Says Minister.

Havre, France, (by mail).—"Belgium will come back to her own, to her place in the sun, and to complete freedom and independence," said Baron Beyens, minister of foreign affairs of Belgium, in the course of an authorized interview given to the Associated Press.

Baron Beyens is one of the notable figures of the present war, for up to the beginning of the war he was the Belgian minister at Berlin and went through the crisis culminating in the first blow at Belgium and the immediate entry of England, France and all Europe into the seething struggle. Then, leaving Berlin, he entered the Belgian cabinet and has since directed the foreign affairs of the country, finding time also to write a book which graphically describes "the week of tragedy" at the German capital when the British and French ambassadors and himself made their last attempts to prevent the European conflict.

The ministry of foreign affairs, where Baron Beyens was seen, is installed at Ste. Adresse, a suburb of Havre, in the Villa Hollandais, a rustic chalet occupied in ordinary times by seashore visitors, but now bearing on the outer gate a small placard reading: "Ministere des Affaires Etrangeres de Belgique."

A foreign office usually suggests martial details and big diplomatic rooms with ambassadors sitting among oil paintings and mahogany furnishings. But the Villa Hollandais has nothing of this kind. Three small pine structures have been put up in the garden for various uses, and the Belgian minister occupies inside the villa there is the simplicity of a summer cottage, but everything is scrupulously well done and effective.

Grateful to United States.

Baron Beyens expressed at the outset the deep sense of appreciation felt by Belgium toward the people of the United States, and in his remarks toward those who had directed the work of sending food supplies to Belgium.

"I am always glad to meet an American," said he, "and to express my gratitude to you people in general and to those who have literally saved our people from starvation. It is difficult for me to say how much we feel indebted to Mr. Hoover, head of the committee directing the relief work of Belgium. He has proved himself a man of great resource and great ability in the gigantic task of providing for a whole nation which found itself threatened with starvation or, at least, with cruel privation. It was a task, moreover, requiring much diplomatic tact as well as business knowledge, for the relief committee was obliged to deal between the German officials on the one hand and the allied officials on the other. But all this has been accomplished with infinite skill, obstacles which seemed at times insurmountable have been overcome, and practical results have been realized which are of the highest importance to Belgium and the Belgian people.

If Suffrage Wins England.

From the New Republic.
"We are most strongly of opinion," says the London Spectator, "that such a revolution as female suffrage cannot be allowed to reach us by a side wind. If the political prerogative of men is to perish, it must perish in the light and not incidentally." One's political manhood, if it must go, should be lost in a head wind and about the middle of the day.


It seems that the Spectator, while it does not believe the loss of the political prerogative can be averted, does insist that there shall be some sort of dignity in the manner of its surrender. It is taking off, to lose it, like a hat, on turning the street corner of a gusty evening, may cause a genuine regret for not having taken the proper precautions, whereas if it is wrenched away after a many struggle, civilization will at least feel that it has done something toward holding its own.

It is an entirely natural point of view, and this plaintive expression of it really touches a chivalrous chord in us; but, after all, what can be done about it? That is the way with all those revolutions which have been so long in the coming, and which we are so sure to see first make us blind. As a suffragist "organ" addresses an anti-suffragist "organ," about to lose its cause, we come to be in all respects magnanimous. So far as we are concerned, we had as lief that female suffrage arrived in a howling gale, accompanied by thunder and lightning, as in a side wind.

One man at North Charleston, N. H., pitched 22 loads of hay in one day.

W. L. DOUGLAS

"THE SHOE THAT HOLDS ITS SHAPE"
\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 FOR MEN AND WOMEN
Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.
W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.
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Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.
LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.
W. L. Douglas \$3.00 \$2.50 & \$2.00
W. L. Douglas Shoe Co., Brockton, Mass.



May Develop Irish Coal Mines.

The idea that Ireland will never become a mining country of any account is not the view of the Newry Urban council, which at their last meeting considered the proposals made by the Irish Association of Gas Managers at Dublin, in view of the present condition of the Irish coal supply. If not relieved, the gas managers said, the smaller gas works must be shut down and the government should be urged to provide an adequate supply of coal at reasonable rates. The Newry council approved this opinion and passed a special resolution to be presented to the British executive stating that the time was opportune for the development of the large and valuable coal measures which undoubtedly exist in Ireland.

HOW TO REMOVE DANDRUFF

Itching and Irritation of the Scalp With Cuticura. Trial Free.
On retiring lightly touch spots of dandruff, itching and burning with Cuticura Ointment. Next morning shampoo thoroughly with Cuticura Soap and hot water. These super-creamy emollients do much to keep the scalp clean and healthy and to promote hair growth.
Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Cardui Wins Suit.

After a trial in the United States District Court of Chicago, before Judge Carpenter and a federal jury, the jury found the American Medical Association guilty of libeling Cardui, the woman's tonic, which they had denounced as a "nostrum."
This is a vindication of the medicine and a proof that it has merit, which was recognized by a jury after a trial of three months, one of the longest civil cases on record.
Many doctors and chemists testified on both sides and the evidence totaled nearly four million words.

GOOD FOR HUNGRY CHILDREN

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat. The most economical and nutritious food known. Made from the finest Durum wheat. Write Skinner Mfg. Co., Omaha, Neb., for beautiful cook book. It is sent free to mothers.—Adv.

Their Privilege.

"Look here!" carped a muddy motorist, hailing his muddy car in front of where Mr. Gap Johnson of Rumpus Ridge was situated, draped over his own fence. "Are those infernal young savages, just around the corner there, your children?"
"I reckon," was the nonchalant reply. "What have they been doing?"
"Doing! Why, ten or a dozen of them were playing in a mudhole, and when I came along the whole squad fixed up and threw mud at me as fast as they could sling it. Look at me! Look at my car."
"Aw, well, what can I do about it? This is presidential year, and they've got a right to sling all the mud they—yaw-w-w-w!"—went to."—Kansas City Star.

Metal Tent Supports.

Those fond of camping out will be glad to hear of a new contrivance consisting of a combined tent frame and cot, which dispenses with cumbersome poles and simplifies the question of how to move one's sleeping accommodation from place to place. The new tent supports are of light angle iron, and the longer pieces as well as those forming the cots which go with each tent are jointed so that they may be folded up when necessary. The frames of the cots are suspended from the uprights by two coil springs, used for the same purpose as springs in the ordinary house-bed. During the day the cots can be folded up against the tent frame and well out of the road, by releasing one of the springs at each end.

Tables Turned.

"You say the poor thing is unhappy?" asked the woman who listens eagerly.
"Yes," replied the woman who talks. "She has one of those ambitious husbands who wants her to go into politics, so that he can become socially prominent."
The parting that gives us pain often occurs while we occupy a dentist's chair.

WORSE THAN THE SLIPPER

Punishment Meted Out to Indian Boys Certainly of the Most Strenuous Nature.

My grandmother had 12 children, and one uncle undertook to teach me the art of worship. He used to lead me to the sand banks of the Missouri river, where he would set fire to a pile of driftwood, and then, taking me by the hand, sing sacred songs to the fire and river. In the meantime he threw into them offerings of tobacco, red feathers, and sometimes oak twigs. I never knew the meaning of these offerings, but I always felt that some living thing actuated both the fire and the river. Another uncle came to visit us periodically, and every time he came my brother or I suffered at his hands. Sometimes he would rush to the spring, carrying me horizontally under his arm, and would plunge my head into the water until I almost suffocated. His common form of discipline was to let me hang by my hands on the cross-poles of the wigwam until my arms ached. My body writhed before I dropped. This uncle seemed to like best to command my older brother to tie my hands and feet with a rope. Then he would order me to resist—an ordeal that would make us both cry. In the winter he would also sometimes roll us in snow naked. The punishment of Indian children is usually in the hands of some uncle rather than the parents. Our punishments were inflicted generally because we had disobeyed grandmother by failing to get wood at evening, had resisted fasting, had fought some Indian boys, or had cried without sufficient cause.—Southern Workman.

Want Hens in English Parks.

In the hope of saving a large part of the \$40,000,000 spent every year for foreign eggs, an agitation is on foot to throw open London parks for poultry breeding. The scheme is receiving serious consideration from the authorities because it is one of the latest wartime economies suggested on a large scale. The promoters of the idea have asked for part of one park to start with. The plan provides for a site of about three acres and accommodation for 600 hens. The leading poultry breeders of the country will be invited to send six selected fowls of the same breed and strain. Scientific feeding tests are to be made. All the eggs will go to the wounded soldiers, and prizes will be awarded to the owners of the hens laying the most eggs.

Personal Interest Considered.

Jones—Do you think peace is in sight?
Brown—I hope it will be when my wife sees this five-pound box of candy.

After man came woman—and she is still in the race.



Sunny Dispositions

and good digestion go hand in hand, and one of the biggest aids to good digestion is a regular dish of

Grape-Nuts

This wonderfully delicious wheat and barley food is so processed that it yields its nourishing goodness to the system in about one hour—a record for ease of digestion.

Take it all 'round, Grape-Nuts contributes beautifully to sturdiness of body and a radiant, happy personality.

Every table should have its daily ration of Grape-Nuts.

"There's a Reason"