A REMARKABLE STATEMENT

Mrs. Sheldon Spent \$1900 for Treatment Without Benefit. Finally Made Well by Lydia E. Pinkham's Vegetable Compound.

Englewood, Ill. - "While going through the Change of Life 1 suffered



with headaches, nervousness, flashes of heat, and I suffered so much I did not know what I was doing at times. I spent \$1900 on doctors and not one did me any good. One day a lady called at my house and said she had been as sick as I was at one time, and Lydia E. Pink-

ham's Vegetable Compound made her well, so I took it and now I am just as well as I ever was. I cannot understand why women don't see how much pain and suffering they would escape by taking your medicine. I cannot praise it enough for it saved my life and kept me from the Insane Hospital."—Mrs. E. Sheldon, 5657 S. Halsted St., Englewood, Ill.

Physicians undoubtedly did their best

Physicians undoubtedly did their best, battled with this case steadily and could do no more, but often the most scientific treatment is surpassed by the medicinal properties of the good old fashioned roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

If any complication exists it pays to write the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special free advice.

Kill All Flies! They Spread Placed anywhere, Dalsy Fly Killer attracts and kills all flies. Neat, clean, ornamental, convenient, and chean.



THE HIGH QUALITY SEWING MACHINE

NOT SOLD UNDER ANY OTHER NAME Write for free booklet "Points to be considered before purchasing a Sewing Machine." Learn the facts.

THE NEW HOME SEWING MACHINE CO., ORANGE, MASS. SEEDS Alfalfa St, Sweet Clever St. Farms for sale and rent on crop payments. J. MULHALL, Soo City, Iowa

Dickens' Poor Taste in Dress.

When Charles Dickens was to make his first appearance in America as a reader an immense crowd awaited him at a public hall in Boston. The enthusiasm of the people had risen to fever heat. One of his most ardent admirers afterward told this little incident of the evening:

"With a few gentlemen, who wished to welcome him and to show him attention, I was in the little room back of the platform when Dickens entered it. He was a rather stout man, with a somewhat red face, and I saw, to my surprise, that he was dressed in an exaggerated servility to the extreme of fashion. More than this, he wore a boutonniere in each buttonhole, and two watches, the chains of which were strung aggressively across his chest. There was a gaudy bad taste in his appearance which his friends regretted, knowing how distasteful it would be to his admirers, who appreciated his genius and enjoyed his writings."

Find Tetrabelodon's Bones.

A fossil declared by scientists to be the lower jawbone of the prehistoric tetrabelodon, one of the earliest species of elephant of which there is any record, was on exhibition here.

It was found in a nearby mine.-Baker (Ore.) Dispatch to Portland Ore-

There's considerable difference between a kicker and a knocker

A Man's Worth

depends upon his power to produce what the world recognizes as of value.

And when you skirmish around you'll find that this power-which is just power of mind and body-depends to a remarkable degree on the food one eats.

For highest accomplishment one must have the best values in food-food which builds well-balanced bodies and brains.

Grape-Nuts

has that kind of value. It contains all the nutriment of whole wheat and barley, including the important mineral elements so often lacking in the usual dietary.

Grape-Nuts comes ready to eat, is easy to digest, nourishing, economical, wonderfully delicious—a help in building men of worth.

"There's a Reason"

Remarkable Interview With Henry Ford

By Henry Wise Wood.

To the Editor of the New York Times: On May 8, while in Detroit for the purpose of speaking on preparedness, I spent several hours with Henry Ford. I found Mr. Ford eager to talk about national de-fense, but unwilling to discuss it. While volleying his assertions with great rapidty, he refused to pause long enough to permit any one of them to be examined and dealt with. To facts which I submitted he responded with a brief word of mitted he responded with a brief word of dismissal or with a sweeping denial that they were facts; sometimes with the re-mark that he could not consider them be-cause he himself did not know them to

be facts. In dealing with naval and military subjects his position seemed to be that they were to be tossed aside, because a civilian in presenting them was not to be credited, nor a professional to be trusted. Therefore they were not open to discussion. By this simple mental operation Mr. Ford shut out of the conversation all naval and

military affairs. Ford Does Not Believe In History.
The suggestion that, because of the results of this war or the situation in Mexico, we might eventually find ourselves in international difficulties from which owing to our weakness, we might be unable easily to extricate ourselves, Mr. Ford pooh-poohed, saying I was "full

Coming to Mr. Ford's beliefs, which were given in fragments, with always his refusal to support them with evidence or to permit their analytical examination, these seemed to gather about a single thought. Mr. Ford's theory of wars—he is something to rally around." Coming to Mr. Ford's beliefs, which

GLIMPSE OF PARADISE.

From the National Geographic Society.

Araby, and, moreover, it is one of the

foremost strategic points on Eigland's

Aden is the unhappy gateway into happy

[Henry A. Wise Wood, chairman of the granting no exception—is, or was on May conference committee on national preparedness, went to Detroit recently to speak on preparedness and to interview Henry Ford. He wrote the following letter to the editor of the New York Times.] granting no exception—is, or was on May 8, that they are created artificially by bankers. At the moment there are two bankers, but two, he believes, who are responsible for modern wars. If these be plucked then wars in our day will cease. Mr. Ford asserts he knows who these bankers are, and that he, personally, is going to see that the "tooth is pulled." He would not reveal the names of these bankers, nor explain the method by which bankers, nor explain the method by which he is to pull the tooth.

> Doesn't Believe In Patriotism. Mr. Ford asserted that he has found a permanent remedy for warfare, which he refused to reveal, saying that in due time I should learn what it is. This he said he would put into effect, but seemed unable to say when. When I sought to follow up

> these and other assertions equally vague I was invariably met by his refusal to divulge what he had in mind; I was abjured to wait and see.
>
> One clew to his thought may be got from his reply to my likening the external

> need for a defensive military force to the internal need for an armed police, which was that the police needed neither their clubs nor their revolvers; that the law could be enforced without any arms. Then, in the same breath, he asked if a was a deputy sheriff, saying that he are all of his men were deputy sheriffs and that it was my duty also to be one.

When the word patriotism was touched upon Mr. Ford burst out with the assertion that he did not believe in patriotism, that no man is patriotic, and that the word patriotism is always the last resort When in our "discussion" of a nation's he would do in the event of war he replied for defensive strength history was need for defensive strength history was he would not make a dollar's worth of the United States. As I wished arms for the United States. As I wished that there should be no mistake as to his the past and had no bearing upon the present, and that, there being nothing to be learned from it, history need not be studied nor considered. The American revolution he refused to have touched revolution he refused to have touched are three American flags. On seeing them it hurt me to think that beneath them there was a man who is spending vast there was a man who is spending vast sums, amassed under their protection, to

> the orient with an intersprinkling of western drummers and British administrators and military men. Arabs, Chinese. Persians, Turks, Hindus, Parasees, Egyptians, Soudanese and Jews compose the stolid, stable population that endures the climate year in and out, and carries on the labors of the great fortress camp.

Cost of Popularity.

From the Washington Star. David Lloyd George, the British min-ister of munitions, was the idol of the trade union classes before the war, and he will probably be their idol again after the war; but just now on account of his advocacy of conscription, he is under a cloud.

Araby, and, moreover, it is one of the foremost strategic points on Eigland's trade route through the Red sea to India and the far east. One Arabian author says of the country behind Aden, that sountry known as Arabia Felix, "Its inhabitants are all hale and strong, sickness is unknown, not are there poisonous plants or animals; nor fools nor blind people, and the women are ever young; the climate is like paradise and one wears the same garments summer and winter." Aden, however, where the British and Turkish forces are opposing one another, enjoys none of these advantages catalogued as inherent in Arabia Felix.

Spread over its ragged hills of sunmade ash and cinder, sweltering, gloomy and anrelieved by vegetation, Aden invites little attention in peace times. "Aden is a valley surrounded by the sea; its climate is so had that it turns wine into vinegar in the space of 10 days." complained one disappointed Arab traveler of the middle ages. And in the centuries since his visit the climate has not improved. In spite, revertheless, of the terrible heat that gathers over Aden's valley and clings to its low hills and its lack of a good water supply, the place maintains a reputation as a healthy one.

The town is built on desolate volcanic rocks that constitute a peninsula near the entrance to the Red sea. The Strait of cloud.

Henry Taylor, the British consul to Dututh, said of Mr. Lloyd George the other day: "If he's unpopular now, it's because he was so very popular before. His case is like that of the young lady.

"What makes Marle so disliked?" one girl asked another.

"Why, don't you know, the other answered. 'She got the most votes at the bazar for being popular.'"

A Broken Hearted Wife.

From the Boston Globe. Her Father-Harold seems to have an xemplary character. I don't see why ou say your marriage to him was a hidous mistake. Mrs. Junebride—It's just that. I married him to reform him, and now I find that he never needed reforming."

Convicts as Road Builders.

From the Kansas City Star.

From the Kansas City Star.

The splendid roads about Denver and through the now Colorado National Park, are due to convict labor. The state penitentiary has found the convicts make good workmen and that they are trustworthy. Convict camps are so numerous that they hardly attract the attention of Colorado tourists.

M'ssouri could have one of the greatest road systems in the country if it would use its motor car license fund and its convicts to build permanent highways.

As It Usually Turns Out. From the Birmingham Age-Herald.

"Asphodelia Twobble says she will never marry a man who doesn't own at least two houses—a town house and a country

house."
"Let her dream."
"Yes?"
"It would be cruel to suggest that what
fate has in store for her is a grocery
clerk for a husband and two light housekeeping rooms for a domestic establishment."

A Natural Mistake.

supply, the place maintains a reputation as a healthy one.

The town is built on desolate volcanic rocks that constitute a peninsula near the entrance to the Red sea. The Strait of Babel-Mandeb lies 100 miles away, and Aden is the British Gibraltar toward the Indian ocean that keeps an enternal vigilance over the safety of the rich English commerce that goes this way. The British captured and annexed the place on January 16, 1839, since which time they have made the place a most emphatic fortress, one of the strongest anywhere in southern Asia. Money and labor without stint have been expended there to make the city absolutely impregnable from land and sea. Massive lines of defense, strengthened by a broad moat, guard the neck of the isthmus, and these defenses conceal powerful batteries. Turrets, hidden forts, mined approaches, bastions, towers, batteries, magazines, mole batteries toward the sea, mined harbors, great naval guns, obstruction piers, barracks, redoubts in solid rock, all are elements in the British plan to guard this southern end of their important trade route beyond all possible chance of failure against superior and sustained attack. Aden may be last in matters of climate, but it is among the first in matters of rortification.

The narrow peninsula on which this queen of southern fortresses rears itself is only about 15 "iles in circumference. It is the bowl of a extinct volcano. The host production of the water is supplied from the government condensers, which were designed to make the fortress independent in case of war's necessities. The population of 44,000 is a mixture of all the elements of

GEORGE VON L. MEYER TELLS COLONEL

From the New York Sun.

"Why didn't you interfere when the cook chased the waiter with cleaver and the waitress yelled murder?"

"I thought it was an ordinary cabaret feature, I couldn't understand what the waitress was yelling. I thought she was singing."

PLEASED THE WOODPECKER

Bird Takes Kindly to Tin Barricade Erected Against Its Peckings.

Mrs. John Pozer of Main street, Newton, N. J., feared that a fine shade tree on her lawn would be killed by a woodpecker that appeared there every day and pecked away at a hole which he was making larger and larger. Therefore she had her husband tack a sheet of tin over the hole when the bird was absent.

Refusing to be discouraged and pretending he does not know the difference, the woodpecker now goes to the tree every day and pecks away like a trip hammer on the tin sheet. The neighbors are nearly crazy with the noise, and there is a law against killing woodpeckers.

TORTURING SKIN TROUBLES

That Itch, Burn and Disfigure Healed by Cuticura. Trial Free.

Bathe with plenty of Cuticura Soap and hot water to cleanse and purify. Dry lightly and apply Cuticura Ointment to soothe and heal. This stops itching instantly, clears away pimples, removes dandruff and scalp irritations, and heals red, rough, sore hands.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere.-Adv.

"His Own Lawyer."

Over and over again, the wisdom of the adage, "A man who is his own lawyer has a fool for a client," and the understanding that inspired the injunction, "Physician, heal thyself," are established in the courts. Every lawyer is familiar with many instances in which the wills of distinguished jurists have been set aside because they were improperly drawn, and it is a matter of pretty common knowledge that few doctors can diagnose their own ailments.

Another exemplification now appears in the conflict about the will of the late Dr. Austin Flint. He was, perhaps, more frequently employed as an expert witness as to testamentary capacity than any other alienist in the country. Questions of mental fitness, of intent, of motive and of the other attributes of a "sound-disposing mind" were before him constantly. Yet he drew his own will so ambiguously, so obscurely, that his executors have been compelled to invoke the aid of the court to determine what the learned testator meant.—Richmond Times-Dispatch.

Purity and Grime.

"This is a striking piece of sculpture. Let's see what the title is." "Well?"

"It's called 'Purity!' and is dated 1906!"

"That isn't complete." "No?"

"The full title should be, 'Purity, As She Appears Under Ten Years' Accumulation of Soft Coal Soot.'

IF YOU OR ANY FRIEND

Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheuma-tism—Its Cause and Cure. Most wonderful book ever written, it's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass.—Adv. Men are probably more forgetful

than women because they haven't so

much gossip to keep them in prac-

FITS, EPILEPSY, FALLING SICKNESS Stopped Quickly, Fifty years of uninterrupted success of Dr. Kline's Epilepsy Medicine insures lasting results. LARGE TRIAL BOTTLE FREE. DR. KLINE COMPANY, Red Bank, N. J.-Adv.

A woman can keep a secret if nobody cares whether she does or not.

Worry gives the undertaker more husiness than work does

FOSTER-MILBURN CO., BUFFALO, N. Y

900 Drops

ALCOHOL-3 PER CENT A Vegetable Preparation for As-

similating the Food and Regula-ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion Cheerful

ness and Rest. Contains neither

Opium, Morphine nor Mineral

Recipe of Old Dr. SAMUEL PITCHER

A perfect Remedy for Constipation, Sour Stomach Diambora

Worms, Feverishness and

LOSS OF SLEEP.

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At 6 months old

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and all intermediate points.

Suggestions as to desirable trips, with information regarding fares and routes, gladly given.

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NEW YORK

ENTRAL

"Mr. Interlocutor," said the end man at the Commuterville Amateur Minstrel show, "I want to ask you a question."

"Very well, Mr. Bones, what is your question?"

"Why does the railroad company al ways pick out single men for conductors and brakemen?"

"Before I answer your question, Mr. Bones," replied the interlocutor, "I'd like to ask you one. How do you know that the railway company always selects single men for conductors and brakemen?"

"Because no married man would ever dare to slam a door the way those fellows do."

Nothing Gained.
"I've been working here nine years, Mr. Grabcoin. Don't you think it is about time for me to get a raise?"

"I do, indeed, Mr. Jobson." "Thank you, sir."

"I will raise your salary \$2 a week and that amount will be deducted each week for our employers' protective fund."-Birmingham Age-Herald.

KEEP YOUNG

As well be young at 70 as old

Many elderly people suffer lame, bent, aching backs, and distressing urinary disorders, when a little help for the kidneys would fix it all up. Don't wait for gravel, or Bright's disease. Use Doan's Kidney Pills. They have helped thousands, young and old, and are recommended by thousands.

An Iowa Case

Mrs. M. C. Myers, "Every Picture Tells a 304 N. Division St., Creston, Iowa, says:
"I had rheu matic pains in my back and limbs for months and my kidneys acted irregularly. My condition was so bad that at times I could hardly walk. I frequently had head aches and dizzy spells, too. Finally, I used Doan's Kidney Pills and they rid me of the aliments. I have never found anything the equal of this medicine in the cure of kidney ills."

Get Doan's Any Store, 50c a Ber

Got Doan's at Any Store, 50c a Box
DOAN'S HIDNE
PILLS

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. CARTER'S LITTLE

LIVER PILLS gently but firmly compel a lazy liver to

do its duty. Cures Con-

and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE, Genuine must bear Signature

Every, Woman Wants

FOR PERSONAL HYGIENE
Dissolved in water for douches stops
pelvic catarrh, ulceration and inflammation. Recommended by Lydia E.
Pinkham Med. Co, for ten years.
A healing wonder for nasal catarrh,
sore throat and sore eyes. Economical.
Has extraordinary cleaning and germicidal power.
Sample Free. 50c. all druggists, or postpaid by
mail. The Paxton Toilet Company, Boston, Mass.

SIOUX CITY PTG. CO., NO. 25-1916.

Crast Turner. Children Cry For Net Contents 15 Fluid Drachs

What is CASTORIA

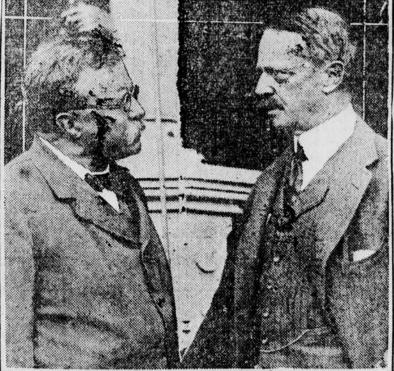
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcutic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Children's Panacea-The Mother's Friend. GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

G. O. P. VOTERS ARE INSISTING HE RUN



George von L. Meyer (right) telling Col. Roosevelt that people are for him.

MONCOX

George von L. Meyer, a member of Taft's cabinet, headed a committee representing an organization of Taft Republicans, which recently called on Colonel Roosevelt at Oyster Bay and informed him that the Republicans who supported Taft four years ago are for Roosevelt for president now.