Says you' really feel clean, sweet and fresh inside, and are seldom iil.

**BEFORE BREAKFAST** 

DRINK HOT WATER

If you are accustomed to wake up with a coated tongue, foul breath or a dull, dizzy headache; or, if your meals sour and turn into gas and acids, you have a real surprise awaiting you.

Tomorrow morning, immediately upon arising, drink a glass of hot water with a teaspoonful of limestone phosphate in it. This is intended to first neutralize and then wash out of your stomach, liver, kidneys and thirty feet of intestines all the indigestible waste, poisons, sour bile and toxins, thus cleansing, sweetening and purifying the entire alimentary canal.

Those subject to sick headaches, backache, bilious attacks, constipation or any form of stomach trouble, are urged to get a quarter pound of limestone phosphate from your druggist or at the store and begin enjoying this morning inside-bath. It is said that men and women who try this become enthusiastic and keep it up daily. It is a splendid health measure for it is nore important to keep clean and pure on the inside than on the outside, because the skin pores do not absorb impurities into the blood, causing disease, while the bowel pores do.

The principle of bathing inside is tot new, as millions of people practice t. Just as hot water and soap cleanse, purify and freshen the skin, so hot water and a teaspoonful of limestone phosphate act on the stomach, liver, tidneys and bowels. Limestone phosshate is an inexpensive white powder and almost tasteless.-Adv.

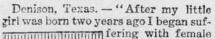
The czar of Russia has an income of ibout \$80 a minute.

Use Murine after Exposure in Cold, Jutting Winds and Dust. It Restores, Refreshes and Promotes Eye Health. Jood for all Eyes that Need Care. Murine Eye Remedy Co., Chicago, lends Eye Book on request.

The bishop of London has three lecretaries



Stopped Most Terrible Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.



trouble and could hardly do my work. I was very nervous but just kept drag-ging on until last summer when I got where I could not do my work. I would have a chill every ay and hot flashed



-ah

port, Simmonds dismissed them and

"And now, Simmonds," said Godfrey 'come along and I'll show you what

started me to watching that house, and caused me to get Lester out here."

der without a word, and I came along behind. We were soon on the limb.

"Of course," Godfrey added, when we were in place, "it is just possible that

nothing will happen. But I think the show will come off as usual. Look

straight out over the trees, Simmonds

High in the heavens that strange

star sprang suddenly into being, glowed, brightened, burned steel blue;

then slowly and slowly it floated down

straight down; hovered, burst into a thousand sparks \* \* \*

two white robed figures, with arms extended and faces raised, and then they wandered again into the dark-

For an instant we sat there silent,

still staring. Then Godfrey drew a deep breath. "I feared so," he said. "Miss Vaug-

han has become a convert." And he led the way down the ladder

CHAPTER XX.

CHECKMATE!

I was honestly glad to get back to

the office next morning, for I felt the need of work-absorbing work-to take my mind off the problem of

Worthington Vaughan's death, and es-pecially to relieve me from the de-

And, scarcely able to believe my eyes, saw standing there against the night

Simmonds followed him up the lad-

CHAPTER XIX,-(Continued.)

the two who were to take up the watch crossed the wall and passed from sight. Swain's words gave me plenty to think over, and left me so troubled and uneasy that I made a trip to the top of the ladder to take a look over Elmhurst. But everything appeared as usual. Perhaps Swain was right—perhaps it was Silva who was using every minute to increase his influence; but what could I do? So long as he committed no overt act, there was no ex-cuse for interfernce. As Swain had said, there was nothing that I could do but watch. Two hours later, just as I was get-

ting up from a dinner to which, in my perturbed condition, I had done small justice, I heard a ring at the bell, and presently Mrs. Hargis entered to tell me that there was a gentleman asking for I went out to meet him, and was me. astonished to find that it was Simmonds.

"I don't wonder you're surprised," he said, as we sat down. "Fact is, I'm surprised myself, for I don't know exactly what I'm to do out here. But Swain, after he got back to his cell, was like a crazy man; he was sure something dreadful was going to hap-pen . Miss Vaughan if she stayed in the louse with those Hindus. In the end, he got me kind of scared, too, and made me promise to come out and help you keep watch. I went down to the Record office and had a talk with God-frey before I started. I half expected him to laugh at me; but he seemed to blick Ud batter come (The foot is) think I'd better come. The fact is," concluded Simmonds, shifting his cigar to the other side of his mouth, "he was so serious about it, that I brought two men along. One of them is patrolling the road in front of the house, and the other the road along the side. I've ar-ranged for two others to relieve them at midnight. Now, what's it all about,

"Well," I said, "in the first place, neither Godfrey nor I beli Swain strangled that man." believes that

"I can't hardly believe it myself," agreed Simmonds, "for he seems a nice young feller; but it's a clear case;

ijust

got to find."

"Where are we going to look for it?" "There's only one place to look for it, and that's in the house where the murder was committed. I only wish we could get Miss Vaughan out of it —that would give us a freer hand." "What's the matter with the fool girl, anyway?" demanded Simmonds. "I should think she'd jump at a chance to get away."

to get away." "So should I—but she isn't reason-

side of a 12-foot wall, could do any good

fully

at last.

Why not put them in the grounds, as soon as it is dark, and let them con-ceal themselves near the house? They can get over the wall on this side. We have ladders. Besides," I added, "it would be a great mistake to give Silve

as long as Miss Vaughan remains "That's good," he said. "I didn't But just the same, she that.

know know that. But just the same, she mustn't remain there. Even with the' men on guard, you may be too late." "Just what is it you're afraid of?" I asked him, curiously. "Do you think her life's in danger?" "Worse than that!" said Swain thick-ly, his face suddenly livid. "Oh, worse than that!" I confess that I cought something of

I confess that I caught something of his horror; but I shook myself patient-"I can't believe that," I said. "But,

in any case, our men will be at hand. At the least outcry, they will burst in-

to the house. And remember, the three servants are there." "They cut no figure. If they didn't hear those screams the other night, do you think they would hear any others? You must get her away from there, Mr. Lester," he went on rapidly. "If she won't come of her own accord, you must use force.

"But, my dear Swain," I objected. T' can't do that. Do you want me to kidnap her

Just that-if it's necessary."

"Then I'd soon be occupying a cell would do." 'It would save her," he asserted dogter.'

gedly. "It would save her. That's the only thing to consider." But I rose to my feet in sudden im-patience; what consideration was she showing for him or for me or for any-

one "You're talking foolishly," I said "You're talking foolishly," I said. "You'd much better be thinking of your own danger; it's much more real than hers." I had an impulse to add that, since she had chosen her path, it was folly to waste pity upon her, but I managed to check the words. "Has any new light on the case occurred to you?" No," he answered, listlessly; "I have not thought about it. When do you see her again, Mr. Lester?" "Tm to see her tonight."

"I'm to see her tonight." "Will you give her a note from me?" "Yes," I agreed.

"Yes," I agreed. His face lighted again at that, and he cleared a corner of his table, and sat down to write the note. It was evidown to write the note. It was evi-dently difficult to compose, for he tore up two drafts before he got one to suit him. But at last it was done, and he folded it, rummaged an envelope out of a pile of papers on a chair, slipped the note into it, and handed it to me. "There," he said, and his face was bright with hope. "I think that will settle it.'

I was far from sharing his certainty. but I put the envelope in my pocket, assured myself that there was nothing more I could do for him, and returned to the office. Just as I was getting ready to leave, Mr. Royce came in, a chagrined look on his face. "Mrs. Royce just telephoned me," he said. "She drove out there, as I asked

her to, but Miss Vaughan refused to

I had expected it, but the certainty that we had failed again did not add to my cheerfulness.

"Swain wants us to kidnap her," I said, with a twisted smile. "I'm not sure but that he's right,"

said my partner, and went thoughtfully away.

I went to my rooms, changed, had dinner at a quiet restaurant, and then took the elevated for the long trip to the Bronx. It was after 8 o'clock when I pulled the bell beside the tall gates to Elmhurst. The gardener was evi-dently expecting me, for he appeared almost at once and admitted me. With-out waiting for him, I walked up the drive toward the house. The lights drive toward the house. The lights were on in the library, and I stepped

up to the open door. Then I stopped, and my heart fell. For there were two white-robed fig-ures in the room. One was Miss Vaugh-an and the other was Francisco Silva.

The girl was sitting at his feet. They had evidently heard my foot-steps, for they were looking toward the door, and Miss Vaughan arose as soon as I came within the circle of light. But if I expected her to show any em-

"Come in, Mr. Lester," she sai she said. believe you have not met Senor Silva.' The yogi had risen, and now he bowed to me.

"Our encounters heretofore have been purely formal," he said, smiling. "I am happy to meet you, Mr. Lester." His manner was friendly and unaf-fected, and imperceptibly some of my

### HIS SHARE OF THE HORSE

Interfering Individual Evidently Was Not as Important as He Thought He Was.

A newly admitted member of a big co-operative society boasting sixteen thousand members met one of the society's vans laden with coal, with the driver sitting on the shafts.

The new member, full of the importance of belonging to such a big society, considered it his duty to remonstrate with the driver on his want of consideration toward his horse by acking his own weight to the load instoad of walking. The fault-finder wound up by saying: "I'm a shareholder in the society, and therefore part owner of your horse and van."

"Shareholder, are you?" responded the coaly, pulling a hair out of the horse's tail and handing it to the astcnished member, with the remark: "Here's your share of the animal, mis-

He then drove on.

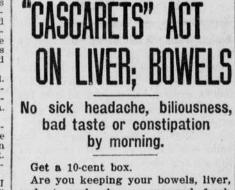
"Tommies" May Cheer Up. 'Sunshine," said Ruskin, "is delicious, rain is refreshing, wind braces up, snow is exhilarating; there is really no such thing as bad weather-only different kinds of good weather;" all of which should prove interesting to the soldiers now suffering from bad attacks of trench foot from standing knee deep in icy water.

#### BACKACHE, RHEUMATISM

Dear Mr. Editor: For a long time I suffered from backache, pain in left side, frequent urination (bothering me at all times during the day and night), and the uric acid in my blood caused me to suffer from rheumatism along with a constant tired, worn-out feeling. I heard of the new discovery of Dr. Pierce, of the Invalids' Hotel, Buffalo, N. Y., called "Anuric." After giving "Anuric" a good trial I believe it to be the best kidney remedy on the market today. I have tried other kidney medicines but these "Anuric Tablets" of Dr.

Pierce's are the only ones that will cure kidney and bladder troubles. (Signed) HENRY A. LOVE. NOTE:-Experiments at Dr. Pierce's Hospital for several years proved that 'Anuric" is 37 times more active than package.

Although the dignified man may not know much, he has to be very careful of what little he does know.



and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or **Purgative Waters?** 

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and reg-

eruna FOR CRIP. COUCHS COLDS, CATARENAL DISEASES NO WHERE A TONIC IS ALQUIPED Price BO Cts, (6 barrs for \* 2 50)

The tablet form of this old reliable remedy makes it possible for you to check any illness at the very onset. It is a safeguard against coughs, colds and other catarrhal conditions, no matter what symptoms are manifest. Catarrh is an inflammation of the mucous membrane that lines the breathing apparatus and the digestive apparatus. PERUNA relieves catarrh. In tablet form it is

EVER-READY-TO-TAKE

Its prompt action makes it invaluable for men and women ex-posed to sudden changes in the weather or compelled to be out in slush and rain.

It will also be found most satisfactory as a tonic following an attack of illness

CARRY A BOX

wherever you go. Travelers and others com-pelled to take long drives in the cold and anyone whose occupation subjects him to the danger of sudden colds may use it as a preventive with the assurance that the tablete made are from the same formulary as the liquid medicine with its 44 years of success before the American Public.

The Peruna Company, Columbus, Ohio

-Run-down? -Tired? -Weak?

Every Spring most people feel "all out of sorts"-their vitality is at a low ebb. Through the winter months the bloss becomes surcharged with poisons! The best Spring medicine and tonic is one made of herbs and roots without alcohol-that was first discovered by Dr. Pierce years agomade of Golden Seal root, blood root,

&c., called Dr. Pierce's Golden Medical Discovery. Ingredients on wrapper. It eliminates disease-breeding poisons from the blood, makes the blood rich lithia. Send Dr. Pierce 10c for trial and pure, furnishes a foundation for sound health.

## O, You Good Housewife!

Write a postal card today askus to send you free, full particulars how you can get a set of the famous Oneida Com-munity ParPlate Silverware Free by saving the signature of Paul F. Skinner from each package of



the finest food in the worldat all grocers. We will answer

your inquiry at once and in

addition send you with our

compliments a beautiful 36-

Write today to

SKINNER MFG. CO.

OMAHA, NEB.

The Largest Macaroni Factory in America

WILL'S CASCARA D QUININE

PONIDE

The old standard remedy—In tablet form— No unpleasant after effects- No opiates -Cures colds in 24 hours-La Grippe in 3 days-Money back if it fails -Insist on genuine - Box with red top - Mr. Hill's picture on it. 25 Cents

EARN to to 800 weekly. Work legitimate and are looking for. Your territory. Particulars be, Northern Edges Co., 1016 Howell, Seattle, Wash

Seeds Alfalfa \$3:Seed Corn \$1.50;Sweet Clover \$9. Farms for sale and rent on exp payments. J. Mulhall, Soo City, 12

SIOUX CITY PTG. CO., NO. 11-1916.

At Any Drug Store-25c

W. H. Hill Company

Detroit

page book of recipes.

Beware of

Sudden Colds-

Cure them Quick

top - Mr. 25 Cents.

pression into which his daughter's in-explicable conduct had plunged me. When I thought of her it was with impatience and aversion, for I felt that she had deserted to the enemy and turned her back upon the man who loved her, in the hour of his utmost need. there's the motive, he was on the ground, and there's the finger prints. How can you explain them away?" "I can't explain them away. But, just the same, Godfrey believes the murder was committed by one of those As I saw it, her conduct was little short of heartless. She had summoned her lover to her side, and he had come; instantly and without hesitation, with-

murder was committed by one of those Hindus." "He intimated something of the sort to me," said Simmonds; "but there's no evidence against them.' "No." I conceded. "the there's whole "No," I conceded; "that's what we've it to find." "Where are we going to look for it?" "There's only one place to look for and that's in the house where the urder was committed. I only wish

But she had done more than that. She had abandoned herself to the fate from which he had tried to save her. Her presence at Silva's side could have only one meaning—she had become his disciple, had accepted his faith, was ready to follow him. The thought turned me sick at heart, for her as well as for Swain, but for Swain most of all, for he had done nothing to merit had chosen her road and was following it with open eyes. Small wonder that I thought of her with anger and re-I thought of her with anger and re-sentment, yes, and with a vague dis-trust, for, at the very back of my mind was the suspicion that she had been a

decoy to lure Swain to his destruction. I threw myself feverishly into the work which had accumulated at the

out," agreed my partner. "But the girl's danger is much more serious.

Can't we do something for her?" "It's difficult to do anything against

do everything we can. Since she isn't of age ,she'll have to have a guardian appointed. He might do something."

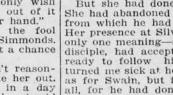
"I had thought of that; I'll suggest to her tonight that she let me arrange

for a guardian. But if we wait for court to take action, I'm afraid we

be too late. Swain seems to think that the danger is very pressing." "At least we can make one more ef-

fort," said Mr. Royce. "I'll have my wife drive out to see her this afternoon, Perhaps she can do something," and he

went to the 'phone to make the ar-



'So should 1—but she isn't reason-able, just now. I can't make her out. Perhaps she'll come around in a day or two, but meanwhile, if she should happen to need help, I don't see how your men out on the road, on the other

Simmonds rubbed his chin thought-

What would you suggest?" he asked

my head would almost burst. I got where I was almost a walking skeleton and life was a burden to me until one day my husband's stepsister told my husband if he did not do something for me I would not last long and told him to get your medicine. So he got Lydia E. Pinkham's Vegetable Compound for me, and after taking the first three doses I began to improve. I continued its use, and I have never had any female trouble since. I feel that I owe my life to you and your remedies. They did for me what doctors could not do and I will always praise it wherever I go."-Mrs. G. O. LOWERY, 419 W. Monterey Street, Denison, Texas.

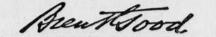
and dizzy spells and

If you are suffering from any form of female ills, get a bottle of Lydia E. Pinkham's Vegetable Compound, and commence the treatment without delay.

#### **The Wretchedness** of Constipation



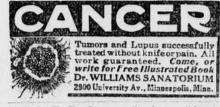
ness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



LOSSES SURELY PREVENTED by Cutter's Blackleg Pills. Low-priced, fresh, reliable; preferred by Western stockmen, because they protect where other vaccines fail Write for booklet and testimonials.

th

priced, fresh, reliable; preferred by Western stockmen, because they protect where other vaccines fail. Write for booklet and testimonials. 10-dose pkye. Blackles Pills \$1.00 50-dose pkye. Blackles Pills 4.00 Use any injector, but Cutter's best. of Cutter products is due to over 15 ing in vacelnes and sorurs only. r's. If unobtainable, order direct. atory, Berkeley, Cal., c; Chicago, III.



PILES I treat piles by a mild safe method without anife or CURED hospital operation. Estab lisned for years. Write for list of patients. C. Y. Clement, M. D., 555 Good Bilt., Des Moines

have ladders. Besides," I added. "It would be a great mistake to give Silva any reason to suspect he's being watched. He'd see the men out on the road, sooner or later; but they could keep out of sight among the shrub-bery." Simmonds considered this for a mo-ment. "I don't know but what you're right," it don't know but what you're right," case with him, and I have seldom seen a man more puzzled or astonished. "I shall defend Swain, of course," I concluded, "and I'm hoping that some-toncluded, "and I'm hoping that some-tong, but I haven't the remotest idea what it will be. He can't be tried till fall, and meanwhile I'm afraid he'll have to stay in jail." "Yes: I see no way of getting him

"I don't know but what you're right," he agreed, at last. "We'll arrange it that way, then," and he went away presently to call in his men. He soon came back with them, and gave them careful and detailed instructions as to what he wanted them to do, dwelling especially upon the importance of their "Don't blame her too much—we must especially upon the importance of their keeping carefully concealed. Then we got the ladders and put them in place.

"Be careful not to touch the top of the wall," I cautioned them: "there's broken glass on top, and the merest touch may mean a bad injury." "When you get down on the other side," Simmonds added, "take down the

ladder and hide it in the shrubbery at the foot of the wall. Somebody might the foot of the wall. Somebody might see it if you left it standing there. But, for heaven's sake, don't get mixed up so you can't find it again. Be back here at 11:30, and your relief will be ready. You've got your whistles? Well, blow them good and hard if there's any trouble. And be mighty careful not to let any one see you, or you may get snake bit "

you may get snake bit." The men mounted the ladder, crossed the wall and disappeared on the other and Simmonds and I turned back side, to the house. I felt as though a great load had been lifted from my shoul-ders. With those two men so close at hand, surely nothing very serious could happen to Miss Vaughan. could happen to Miss Vaughan. Simmonds and I spent the remainder

of the evening in discussing the case, but neither of us was able to shed

fort."

rangements

but neither of us was able to shed any new light upon it. Shortly after 11, the two men who were to form the relief arrived, and just as we started for the wall, Godfrey drove in front of the highway. It needed but a moment to tell him of our arrange-ments, which he heartily approved. He joined us and we were soon at the foct of the ladder 'While we waited. joined us and we were soon at the foot of the ladder. While we waited, Simmonds gave the new men the same use of working yourself up into a state like this! Did you sleep any last minute instructions he had given the others, and presently we heard a slight night?" "No." said Swain, after thinking

scraping against the wall and the men minute. who had been on duty recrossed it. They had nothing of especial inter-

No. said Swain, after thinking a minute. "No, I believe not." "How about breakfast?" "I don't seem to remember about breakfast," he answered, after a moest to report. The yogi and Miss breakfast," he Vaughan had taken a stroll through ment's thought.

by the grounds early in the evening, and my heart sank as the detective added that they seemed to be talking carnestly together. Then they had reentered the house, and Miss Vaughan had remained in the library looking at a book, while her companion passed on out of sight. At the end of an hour, she had closed the book, shut and locked the outer door, and turned out the light. Another light had appeared shortly afterwards in a room upstairs. It, too, had been extinguished half an bour later, and the detectives presumed that she had gone to bed. After that the house, talking together, but had gone in early, presumably to bed.
When the men had finished their re-

ad gone in early, presumably to bed. When the men had finished their re- wrong. That watch will be kept up sleep of May Wheat.

distrust slipped away. "I have told Senor Silva." Miss Yaughan continued, when we were seated, "that you have consented to act as my man of business." "And it is my intention," broke in Silva, "to beseech Mr. Lester to con-sent to act as my man of business also.

"Yes; I see no way of getting him

I am sure that I shall need one." I was not at all sure of it, for he seemed capable of dealing with any

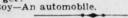
situation. "It would not be possible for me to represent divergent interests," I point-ed out.

"My dear sir," protested the yogi, "there will be no divergent interests. Suppose we put it in this way-you will represent Miss Vaughan, and will dispose of my interests from that standpoint. There could be no objection to that, I suppose?

(Continued next week.)

# The Old, Old Story. "I will ring them a gain." "Re peat yur num ber and I will ring them again."

"Main 2332." "M-a-l-n- threeeceeecee twoooo receceeceeee twooooooooo." "Th line is biz zeceeceeeee."





Mrs. Palmer is insanely jealous of her husband, and is talking of getting a divorce.

Why, poor old Palmer never look at a woman.

I am not so sure of that. I underanything stand he is continually talking in his ulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the howels.

A Cascaret to-night will make you feel great by morning. They work while you sleep-never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

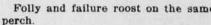
Six children in England claim the prince of Wales as their godfather.

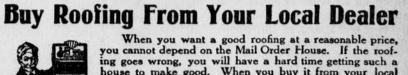
For a really fine coffee at a moderate price, drink Denison's Seminole Brand, 35c the lb., in sealed cans. Only one merchant in each town sells Seminole. If your grocer isn't the one, write the Denison Coffee Co., Chicago, for a souvenir and the name of your Seminole dealer. Buy the 3 lb. Canister Can for \$1.00.

-Adv.

Bliss comes with the honeymoon; after that comes the blister.







When you want a good roofing at a reasonable price, you cannot depend on the Mail Order House. If the roof-ing goes wrong, you will have a hard time getting such a house to make good. When you buy it from your local dealer, whom you know and can rely on, you are getting a safe proposition. When you want roofing of this kind, insist that your local dealer supply you with



For Chicken Coops Silos **Out Buildings** 

It is made in three thicknesses and guarante of 15 years according to whether it is 1, 2 or 3-ply. This guarantee is backed by the world Building papers. It has made good in all parts of the world and under all kinds of conditions. Insist on Certain-teed and don't accept a substitute. Look for the label of quality.

GENERAL ROOFING MFG. COMPANY World's largest manufacturers of Roofing and Building Papers

ie get' Boy-An automobile.

I turned back to my work, but found myself unable to take it up, for my conscience told me that I ought to see Swain, make sure that he was com-fortable, and do what I could to relieve his anxiety. It was not a pleasant task, for I should have to admit my failure, but at last I put my work

Foregone Conclusion.

aside, made my way reluctantly to the Tombs, and asked to see him. Teacher-If a farmer sold 1,479 bushels of wheat for \$1.17 a bushel, what would They had given him a well lighted cell on the upper tier, and some of his own things had been brought in to soften its bareness, but my first glance