

No Change.
The prince of Monaco said of marriage at a dinner in New York:
"Through marriage a French woman gains her liberty, an English woman loses hers and an American woman—"
The prince paused and looked quizzically at him.
"Yes? The American woman?" said a debutante.
"The American woman," ended the prince, "continues to do as she likes."

A CLERGYMAN'S TESTIMONY.

The Rev. Edmund Heslop of Winton, Pa., suffered from Dropsy for a year. His limbs and feet were swollen and puffed. He had heart fluttering, was dizzy and exhausted at the least exertion. Hands and feet were cold and he had such a dragging sensation across the loins that it was difficult to move.
After using 5 boxes of Dodds Kidney Pills the swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dodds Kidney Pills. Several months later he wrote: I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy.
Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

Literal News.
"I met Jones just now and he told me his business plans are all in the air."
"So they are. He builds airships."

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* in Use for Over 30 Years.
Children Cry for Fletcher's Castoria

A Woman's Heart.
She (gently)—I am afraid I do not love you enough to be your wife, but I shall always be your friend, and sincerely wish for your happiness.
He (moodily)—I know what I'll do.
She (anxiously)—You surely will not do yourself an injury?
He (calmly)—No, I will find happiness. I will marry some one else.
She—Horror! Give me another day to consider, dear.—New York Weekly.

Genuine "Key West."
Yes—it's another. Professor Van Dusen was vainly trying to unlatch his front door with a cigar, to the amusement of a friend who had accompanied him home to talk over the fourth dimension.
"Look here, man," said the friend when he could talk without betraying the amusement, "do you know what you're trying to open that door with?"
The professor looked, then gave a start of dismay.
"Graciously," he blurted out, "I must have smoked my latch key!"

Already Engaged.
Belle McFavish—All ye leave leuca on Saturday. What are ye kevin' the mornow night?
Mr. Jarvis—Tomorrow—Thursday? Ye no engagement?
Belle—And the next night?
Mr. J.—I'm free then, too.
Belle—And what will ye be doin' on Saturday?
Mr. J.—On Saturday I dine with the Buchanans.
Belle—Man, that's a peety. I wanted ye to tak' dinner w' us on Saturday.

FAMILY OF FIVE
All Drank Coffee From Infancy.
It is a common thing in this country to see whole families growing up with nervous systems weakened by coffee drinking.
That is because many parents do not realize that coffee contains a drug—caffeine—which causes the trouble. (The same drug is found in tea.)
"There are five children in my family," writes an Iowa mother, "all of whom drank coffee from infancy up to two years ago.
"My husband and I had heart trouble and were advised to quit coffee. We did so and began to use Postum. We now are doing without medicine and are entirely relieved of heart trouble. (Caffeine causes heart trouble when continually used as in coffee drinking.)
"Our eleven-year-old boy had a weak digestion from birth, and yet always craved and was given coffee. When we changed to Postum he liked it and we gave him all he wanted. He has been restored to health by Postum and all likes it."
Name given by Postum Co., Battle Creek, Mich. Write for the little book, "The Road to Wellville."
Postum comes in two forms: Regular Postum—must be boiled. Instant Postum is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. Grocers sell both kinds.
"There's a reason" for Postum.

FINDS WOMEN ARE GAINING IN HEIGHT

Dr. Alfred Schofield Says Present Generation 1 1/2 Inches Taller Than Grandmothers.

London, Special. Dr. Alfred Taylor Schofield, the eminent nerve specialist, in a lecture this week said that about 50 years ago a new movement started and women began to improve their minds and bodies. The professions were grudgingly opened to them and they were allowed to take part in games and pursuits hitherto closed to them. Later lawn tennis and cycling were great factors in physical culture. The present generation of women were taller by 1 1/2 inches than their grandmothers, whose average height had been 5 feet 1 1/2 inches.
In tenacity of life they were two years better than men. They had developed a love of sport for sport's sake, which was of value racially, as it would make for the improvement of humanity.
In the highest type of woman the first finger was longer than the third and in the skin and certain other characteristics they were further removed from the animal creation than man.

South American Resources.
W. D. Boyce.
South America is divided into 16 republics, each having the extremes of climate, hot and cold, through latitude or altitude, and just as great diversity in the needs of the people. There is no great demand in any one republic, owing to the small population, for a large quantity of manufactured articles in any one line, hence the manufacturing industry is limited in that country. Nobody profits but the sugar trust. To plainly show why we should endeavor to establish a permanent market for our fabricated wares, let me use Chile as an illustration. Chile is 2,700 miles long, all on the Pacific coast, with an average of less than 100 miles in width, extending from the moorland piedmont in the south, with a population of 4,000,000. The Chileans are called "the Yankoes of South America." The great variety of products are produced. And when they are near the equator the elevation of the highlands gives a great variety of products and healthy climate. And when they are south near the Straits of Magellan, 45 degrees south, it never gets very cold because they have open salt water near you in all directions, in the Atlantic, Pacific and Antarctic oceans. The prevailing winds of South America are from the east to west, and the moisture picked up on the Atlantic ocean is gradually precipitated until the last drop is squeezed out or frozen out on top of the high range of mountains near the coast.
The result is that for 2,700 miles on the Pacific coast it practically never rains and the soil is parched from irrigation, the water being secured from the melting snows at the top of the mountains. This 2,700 miles of rainless desert, the longest in the world, includes all of the coast of Peru and Chile, except the southern end of Chile where the mountain range is low and a short distance from the Atlantic ocean.
North America has an area of 8,900,000 square miles, South America 7,700,000 square miles, or 7 per cent less, although the area possible to cultivate is much greater than that of North America. Brazil alone is as large as our United States and is four times as many of the human family.
When you consider the immense and numerous rivers in South America navigating the year around and the great ocean short line, also the population and its location, South America is about as well provided with transportation as North America. The first road in Argentina was started by a speculator who bought from the English government some cars and engines used in the Crimean war near Sebastopol. He had four more engines and cars were needed the 5 feet 6 inches equipment was added to. "As the twig is bent the tree is inclined." There are over 15,000 miles of railroad in Argentina and the population less than 7,000,000.

Two Good Menus.
Maryland Oyster Stew. Croutons and Crackers. Oyster Fritters. Roast Turkey. Cranberry Sauce. Sage Dressing. French Peas and Sugar Corn. Creamed Cauliflower. Mashed Potatoes. Heart of Celery. Baked Sweet Potatoes. California Olives. Mustard Pickles. Combination Salad. Mayonnaise Dressing. Celery Salt. En Heart of Lettuce. Tomato Ketchup. Apple Chire Sauce. Pumpkin, Mince, Apple Pie. Roquefort Cheese. Niagara and Concord Grapes. Navel and Golden Oranges. Sweet Tangerines. Baldwin and Ben Davis Apples. Assorted Nuts. W. and B. Walnuts, Pecans. Hazlenuts. Cake. Chocolate Jelly, Layer Raisin. Cup Cakes. Assorted Candy. Chocolate and Black Coffee. White and Brown Bread. Best Creamed Butter. Cigars.

Hot Assorted Rolls. Butter. Mashed Potatoes. Tips on Toast. Candied Sweet Potatoes. Creamed Corn. Shrimp Salad. Potato Salad. Mayonnaise Dressing. Fruit Cake. Military Cake. Jelly Roll. Hot Mince Pie. Lemon Meringue Pie. Assorted Candies. Mixed Nuts. Apples. Oranges. Bananas. Cheese Sticks. Cigars. Cocoa. Coffee. Cigars. These are no small marvels to work out of a ration, the value of which is but 25 cents and in some cases, if bakers powder, condensed milk, vinegar, salt, pepper, cinnamon, lard, butter, syrup and flavoring extracts. For each of these items there are a half dozen substitutes. Thus the variety is almost unlimited.
Each man each day need not use up all his ration allowance. The balance is left to his credit and is cumulative. The commissary sergeant for each company has as many of these rations as there are men in the company. His monthly allowance would multiply this daily ration by the number of days in the month. So at the beginning of the month the commissary sergeant figures out the sum total for his allowance for the month and the cash value. He buys on this allowance whatever he wants from the commissary store. The rest of the allowance he may spend for food wherever he sees fit. This arrangement is a great boon to whatever community the company may be in to the commissary sergeant and the variety that he may furnish his mess is limited only to the variety that the market affords.
The commissary sergeant is the individual of them all who means most to his company. Upon his housewifery instincts depend the excellence of the table he sets. A day's bill of fare taken entirely at his own will give a good idea of the three meals that his commissary sergeant furnishes to the men under his care.
Breakfast—Scrambled eggs, hot biscuits, French fried potatoes, butter, coffee.
Dinner—Roast of veal, mashed potatoes, stewed beans, celery, bread pudding, lemon sauce, bread and coffee.
Supper—Loose hamburger, baked sweet potatoes, oyster platters, bananas, pears, bread, coffee.
The secret of this elaborate provisioning of the army at such a minimum expense is, in the first place, buying in large numbers of men, and in the second place, the absence of any other expenses than the buying of the ration itself. Quarters, utensils and help are entirely aside from this expense.
Thanksgiving day finds the army scattered from Maine to the Philippine Islands and from Alaska to Panama. So the problem of acquiring Thanksgiving turkey is one that requires much forethought. For the Philippines, for instance, it is necessary to ship vast quantities of refrigerated turkeys from the United States. It would be impossible to buy sufficient quantities of turkeys in the Philippine Islands, or even to purchase turkeys at the army stations there. The same is true of Alaska, Panama and Porto Rico. So

SOLDIERS AND SAILORS ENJOY THANKSGIVING

Uncle Sam Makes Elaborate Preparation to Give His Boys a Great Feast.

BEST FED BODY ON EARTH

The commissary sergeant, that busy old housewife of each company in the United States army, is this week turning upside down each company barracks where federal troops are stationed in preparation for the approaching Thanksgiving feast. The commissary officers on board each of the fighting ships of the nation are no less busy below decks. As a result of this activity there will be spread next Thursday such a banquet for the nation's 125,000 fighting men as might make the mouths of the 90,000,000 water with envy if they only knew.

For Uncle Sam provides liberally for his fighting forces when there is an occasion for the observance of one of the great national days. The men of the army and navy are but boys for the most part. Most of them are but a few years removed from the times when their mothers made the most of such occasions and there is not an unaccustomed touch of homesickness in the breast of each. The kindly uncle knows of this and bestirs himself to lessen the pang, his balm being the feeding of his boys with the innards of the service sit down on Thanksgiving day to such a dinner as it would be almost impossible for the average civilian to buy. For the commissaries of the army and navy are great, well oiled machines such as it is almost impossible to duplicate in private life.
These sumptuous spreads are accomplished out of the regular rations of the men in the two branches of the service. It seems a marvel in these days of the high cost of living that such meals are possible out of an expenditure for food in the army of but 23.35 cents per man per day, and in the navy of but 36.2 cents. Yet the marvel regularly performed. These men of the military services are provided, out of these stipends, such food as not one working man in a hundred ever eats. Day by day their meals are full of variety and of those elements that are said to "stick to the ribs." But on Thanksgiving day there is a very riot of food.
The commissary officers of the United States navy lay their plans to serve a sumptuous menu for the day, both ashore and afloat, and with a hungry family of 47,000 the task is no small one. Uncle Sam's ration for both army and navy exceeds in variety and value that of any other nation, and in the same manner the ration of the navy which is fixed by law at about 30 cents per man per day, exceeds that of any other branch of the governmental service. Accustomed as these men are to wholesome, nourishing food the year around, a special allowance of turkey and fowl is provided by law for the national holidays. On these days a pound and three-quarters of turkey and fowl per man can be substituted for the regular allowance of fresh meat. There is keen rivalry among the commissary officers in every fleet, each striving to prepare the most elaborate menu possible. Embossed menu cards, showing a bas relief of the ship and containing in addition to the private menu, a roster of the officers, program of the athletic sports and the musical program, are printed. Mailing envelopes are also furnished, so that after the feast, Jack may send his card to sister, mother, wife or sweetheart, as a dainty souvenir of the day. These are greatly appreciated at home.
On a Dreadnought.
A menu served on one of Uncle Sam's

refrigerated turkeys are sent to those points. Present pure food campaigns limiting the length of time in which fowls may be held in cold storage threatens to still further complicate the Thanksgiving dinner in the army. In fact, the new ration just issued provides for turkey on but two holidays in the year, Thanksgiving and Christmas.
Whenever a troop of United States soldiers is stationed a commissary sergeant has been planning a Thanksgiving dinner for weeks past. Out of his monthly ration allowance he has figured a most elaborate spread for this occasion. On next Thursday all the mess tables in all the companies of the army will be spread with white linen, which replaces the every-day oilcloth on but few occasions in the year. The mess tables will be elaborately decorated with flags and the quarters hung with bunting. The men will give over their accustomed tasks and a general holiday spirit will pervade all these barracks.

These sergeants have been developed through a system that has done wonders toward increasing the efficiency of the food supplied in the army. There is a cooks' and bakers' school maintained at Fort Riley and another at Washington barracks. In these schools are trained the men who are to prepare the food for the men in the army. But while the army of the United States is well provisioned it gives prestige and respect to the navy. It is admitted the world around that there is no other army or navy that provisions its men as liberal as does the United States. In the navy for a percentage of 70 the United States is ranked as furnishing a ration of 8.79 per cent of excellence. With this as the basis the nation ranking next to the United States in the provisions for its navy is Great Britain, which is given a percentage of 20. The other nations rank from 3 per cent to 6 per cent in the efficiency of the food supply.
The cost of the ration in the navy amounts to almost 37 cents per day per man. It is 35 per cent higher than that in the army. In the same place, it is more difficult and consequently more expensive to procure provisions on board ship than at army posts. In the second place, it is recognized that is more liberal than that provided for the soldiers.

It is no uncommon thing for a ship of the navy to find itself cruising in foreign waters upon the advent of Thanksgiving day. Such was the case with two of our own ships that were off Santo Domingo last Thanksgiving. One of the officers of one of these ships was acquainted with the owner of a sugar plantation in Santo Domingo. This officer learned that this planter had a large supply of choice pigs. In that it was impossible to secure turkeys it was decided to make a Thanksgiving dinner of these pigs.
The ship was sent up the river and loaded with the prize pigs of the plantation. It faced a typhoon in its attempt to return to the ship and was beaten back and delayed until it was 10 o'clock Thanksgiving morning before the officers for the dinner were gotten aboard, but the dinner was, nevertheless ready on time.

With the approach of Thanksgiving the commissary officers of the United States navy lay their plans to serve a sumptuous menu for the day, both ashore and afloat, and with a hungry family of 47,000 the task is no small one. Uncle Sam's ration for both army and navy exceeds in variety and value that of any other nation, and in the same manner the ration of the navy which is fixed by law at about 30 cents per man per day, exceeds that of any other branch of the governmental service. Accustomed as these men are to wholesome, nourishing food the year around, a special allowance of turkey and fowl is provided by law for the national holidays. On these days a pound and three-quarters of turkey and fowl per man can be substituted for the regular allowance of fresh meat. There is keen rivalry among the commissary officers in every fleet, each striving to prepare the most elaborate menu possible. Embossed menu cards, showing a bas relief of the ship and containing in addition to the private menu, a roster of the officers, program of the athletic sports and the musical program, are printed. Mailing envelopes are also furnished, so that after the feast, Jack may send his card to sister, mother, wife or sweetheart, as a dainty souvenir of the day. These are greatly appreciated at home.

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In spite of this sumptuous dinner, 6 o'clock finds the sailor ready for supper, after which the ship's minstrel troupe prepares to give a gala performance. A moving picture machine supplied with weekly deliveries of the newest and most thrilling films is used as an important adjunct to all entertainments, and as frequently happens, the ship will have several vaudeville artists of no mean order included in its complement. For Thanksgiving special sketches are prepared, and the rapid-fire criticisms and comments of their shipmates are frequently as amusing as the efforts of the actors themselves.
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When taps are sounded at a late hour it is a tired but satisfied crew who seek their hammocks swung beneath the beams of the berth deck. The sports and special dinners, the gayety and entertainments of Thanksgiving are all repeated on the other holidays of the year, but in addition to this there must be furnished each day to this big family the nourishing food which makes the vessel the "home" as Jack fondly calls it.
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- great dreadnoughts will include:
- | | | |
|-----------|----------------------|------------------|
| Olives | Tomato Soup | Celery |
| Roast | Gherkins | Chestnut |
| Younk | Turkey with | Stuffing |
| | Roast Virginia Ham | |
| Cranberry | Sauce | Giblet Gravy |
| Creamed | Mashed Potatoes | |
| Onions | French Peas | |
| Asparagus | Tips with Mayonnaise | |
| Mince Pie | Pumpkin Pie | |
| Crackers | Ice Cream | Small Cakes |
| Oranges | Nuts | Raisins Assorted |
| | Chocolates | |
| | Black Coffee | |
| Cigars | | Cigarets |

From the foregoing it will be seen that the enlisted men of the navy are furnished with a Thanksgiving dinner as elaborate as that served in many hotels. During the morning while preparations for the meal are in progress the quartermaster and his assistants have been busy decorating the crew's space with signal flags and varicolored bunting, so that by the time the meal is piped the whole gun deck presents a festive appearance. To prepare the meal hundreds of cooks will roast 88,125 pounds of turkey and chicken, and convert more than 25,000 pounds of cranberries into appetizing sauce. Meanwhile the bakers have been preparing some 11,000 or 12,000 pumpkin and mince pies for the hungry crews, and far below, near the refrigerating spaces, to the merry tune of the ice cream freezer, 3,000 gallons of delicious ice cream of assorted flavors have been made.
After dinner the crews assemble on the forecave to witness boxing matches between would-be champions of their own ships or of ships in the same division or fleet, and the enthusiasm, at a high pitch, is trebled when a ship's champion "brings home the bacon." Later in the afternoon rowing and swimming races are held, and, as is customary with the sailorman, he bets his month's pay on the crew representing his own ship. Thousands of dollars change hands as the result of a single race. During the same time, perhaps, the ship's football team is struggling for supremacy with the stalwart warriors of a rival ship, but from the hundreds in the crew partisans of both sports may enjoy them without unduly depleting the number required to do the routine work, for only the most necessary work is done on holidays.
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Interesting Jottings Concerning the Doings of the Feminine Sex the World Over.

Marie Corell has taken to writing cinema plays.
Germany has trade boards for female home workers.
Queen Mary of England is opposed to low cut dresses.
Women have ruled the men for 600 years in Tibet, Asia.
In Pennsylvania there are 105.9 males to every 100 females.
Japan employs many women on the newspapers in that country.
New York city has 15 teacher-mothers in the public schools.
Constantinople has a newspaper that is run by 11 Turkish women.
The national union of women clerks in Germany has 25,000 members.
The women of Germany are opposed to woman suffrage and prohibition.
Out of the 220 correspondents in New York divorce cases 210 were blondes.
Female jockeys promise to be a regular feature of races in France.
Nearly two thousand Jewish girls honored the port of New York during August.
Mrs. Lillian T. Clark is making a great success as an apple grower at Howell, N. M.
On an average of 500 teachers in New York schools become brides every year.
Forty-four per cent of the saleswomen in New York city earn less than \$7 per week.
About 50 per cent of the stockholders in the American Sugar Refining company are women.
Mrs. Eliza W. Fletcher has served 27 years as a police matron in the Philadelphia police department.
Mrs. O. S. Barnum has been appointed as the secretary of the newly reorganized state board of education in California.
Coeds at the University of Missouri have voted against the dismissal of their friends at 10:30 o'clock.
Speaker Champ Clark's sister-in-law, Mrs. Annie H. Pitzer, is a candidate for postmistress at Colorado Springs, Colo.
Mrs. Eustace H. Brown, of Olathe, Kan., will act as official hostess for the 20th of Kansas at the Panama exposition.
Smith's college, a female institute at Northampton, Mass., has just succeeded in raising a \$1,000,000 fund.
Mrs. Daniel Williams, who has served 44 years as the keeper of lights on Lake Michigan, will retire on November 1.
Although she is 82 years of age, the mother of M. Pierre Deschamps, the best all around sportsman in France, is an ardent golf player.
Two women have been appointed as election officers in San Francisco to take the places of two men who were removed.
In Africa the women marry when they choose and do not have to tolerate the picking out of a husband by their parents.
New York is to have a school where women can learn to run an automobile, repair it or take to pieces and put together again.
Of the eight cities in the United States having 600,000 or more population Baltimore has the lowest number of males to each 100 females, \$2.4 per cent.
England has only 20 women inspectors for over 2,000,000 female workers, and the National Council of Women has asked for a substantial increase in the force.
Duchess Helene of Acosta, a princess of the Italian royal family, has started on her fourth trip into the jungles of South Africa, where she will hunt big game.
The village of Menouville, in the southern part of France, Madame Garot has been elected mayor, having defeated her husband after two ballots had been taken by the council members.
That she might personally conduct her divorce suit against her husband Mrs. Isabella Avelline Hammond of White Plains, N. Y., studied law and was admitted as a member of the bar.
Miss Alice de Borchgrevink, Buckinghamshire, England, operates a model farm and dairy on her vast estate, and besides making a specialty in butter, raises all kinds of blooded stock.
Mrs. Alice M. Etting of Cortland, N. Y., is the only woman exhibitor at the annual convention of the Carriage Builders' National association. She has had displays at every convention since 1889. She is at the head of the Catley & Etting company, manufacturers of patent devices for raising carriage tops. While the patent was invented by her father she perfected it herself.
Norway has a law which makes girls ineligible for matrimony unless they can show certificates of skill in cooking, knitting and spinning.
The wondrous Archduchess Isabella Marie, who is seeking to forget her unhappy and short lived marriage to her cousin, Prince George of Bavaria, is now working as an ordinary nurse in a famous Vienna hospital.
Although the women have no right of suffrage in Maryland, the courts in that state have decided that the name of Mrs. Grace Kootz of Midland, Md., candidate for county treasurer, may stay on the official ballot.
Miss Margaret E. Knight, who is now 70 years of age, is working 20 hours a day on her 89th invention. Her first invention was a covered shuttle which is in daily use in nearly all the cotton mills of the country.
Toledo has a women's carpentering class in connection with the manual training department of the public schools. About 18 have enrolled, among them being many married women who desire to learn the art of using a saw and hammer.

The Latest Beauty Hint!
It came from Paris. A society woman of the French capital has made a wonderful discovery. It is a starch bath. A pound of starch dissolved in a saucapan full of hot water is poured into the well-filled bathtub at blood heat and then a bath is taken for 20 minutes with all but the face and hair immersed. The result is quieting to the nerves, a delightful sense of exhilaration, and a soothing effect upon the skin. This bath should be taken before breakfast or before dressing for dinner. For the limp or washed-out, it does what a laundress does to a crumpled shirt.

The Rest Cure
From the Woman's Home Companion.
Little Paul, having disobeyed his mother, was sent to bed in the middle of the day to think over his faults and keep out of further mischief. An hour or so after, he was given permission to get up and dress and soon he appeared, rosy checked and happy.
"Well, mama, I feel lots better, now I've had such a nice long rest!"

THE THANKSGIVING SPIRIT



They're takin' home the makin' of the punkin pie so fine. That's served to us Thanksgiving day when we sit down to dine. An' our mouths can't help but water as we think o' days gone by. An' when we sink our teeth into a hunk o' mother's pie.

They're takin' home the spirit of the great world out o' doors. When shucks with fodder overflow an' peace rests on our shores. So we're thankful for the mercies that are heapin' on us high; But we'd be far more thankful for a hunk o' mother's pie.