HUSBAND TIRED OF SEEING HER SUFFER

Procured Lydia E. Pinkham's Vegetable Compound, which made His Wife a Well Woman.

Middletown, Pa.-"I had headache, backache and such awful bearing down pains that I could not be on my feet at times and I had organic inflammation so badly that I was not able to do my work. I could not get a good meal for my husband and one child. My neighbors said they thought my suffering was terrible.

"My husband got tired of seeing me suffer and one night went to the drug store and got me a bottle of Lydia E. Pinkham's Vegetable Compound and told me I must take it. I can't tell you all I suffered and I can't tell you all that your medicine has done for me. I was greatly benefited from the first and it has made me a well woman. I can do all my housework and even helped some of my friends as well. I think it is a wonderful help to all suffering women. I have got several to take it after see-ing what it has done for me."—Mrs. EMMA ESPENSHADE, 219 East Main St., Middletown, Pa.

The Pinkham record is a proud and honorable one. It is a record of constant victory over the obstinate ills of woman —ills that deal out despair. It is an es-tablished fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

If you want special advice write to Lydia E. Pinkham Medicine Co. (confi-dential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

It isn't half as far from virtue to vice as it is from vice to virtue

Constipation causes and seriously aggra-vates many diseases. It is thoroughly oured by Dr. Pierce's Pellets. Tiny sugar-coated granules. Adv.

Sometimes a young lawyer makes good because he has a wife who lays down the law to him.

Nolle Prossed. Rastus had caught Sambo red-hand-

"Ah's gwine hab yo' arrested foh stealin' mah chickens, yo' Sambo Washin'ton—dat's jess what ah'm gwine to do," said Rastus.

'Go ahead, niggah," retorted Sambo. "Go ahead and hab me arrested. Ah'll mek yo' prove whar yo' got dem chickens yo'self!"—Harper's Weekly.





The Englishman-My-aw-fathaw-has

aw-no b The American—Then what's his

GOOD NATURED AGAIN Good Humor Returns With Change to Proper Food.

"For many years I was a constant sufferer from indigestion and nervousness, amounting almost to prostra tion," writes a Montana man.

"My blood was impoverished, the vision was blurred and weak, with moving spots before my eyes. This was steady daily condition. I grew illtempered, and eventually got so nervous I could not keep my books post ed, nor handle accounts satisfactorily I can't describe my sufferings.

"Nothing I ate agreed with me, till one day I happened to notice Grape-Nuts in a grocery store, and bought a package out of curiosity to know

what it was.
"I liked the food from the very first, eating it with cream, and now J buy it by the case and use it daily. I soon found that Grape-Nuts food was supplying brain and nerve force as nothing in the drug line ever had done or could do.

"It wasn't long before I was re stored to health, comfort and happi-

"Through the use of Grape-Nuts food my digestion has been restored, my nerves are steady once more, my eyesight is good again, my mental faculties are clear and acute, and I have become so good-natured that my friends are truly astonished at the change. I feel younger and better than I have for 20 years. No amount of money would induce me to surrender what I have gained through the use of Grape-Nuts Name given by Postum Co., Creek, Mich. "There's a rea-Read the little book, "The Road to Wellville," in pkgs."

AMERICAN ARMY TO UNDERGO SHAKE-UP

A Complete Reorganization Scheme Outlined and Commanders Named.

Reorganization of the entire United States army on a tactical basis, ef-fective February 15, is provided for in orders issued recently by Secretary of War Stimson with the full approval of President Taft. The most important feature of the reorganization is the creation in the territorial limits of the United States of three infantry divisions and one cavalry division of the army. These divisions will be located in what will be known as the eastern, central, southern and western depart-ments, with headquarters at New York, Chicago, San Antonio and San Francisco, San Antonio being the headquar-ers of the cavalry division. The commanders of the tactical di-

visions will command the departments in which their divisions are located. Maj. Gen. Thomas H. Barry will command the eastern department; Maj. Gen. William H. Carter, the central de-partment; Brig. Gen. Tasker H. Bliss, the southern department and Maj. Gen. Arthur Murray, the western depart-

ment.
In addition to the departments within the territorial limits of the United States, there are also created the Philippine department and the Hawallan department, with Maj. Gen. J. Franklin Bell in charge of the former, and Brig. Gen. Frederick Funston in command of the latter.

Numerous changes in assignments of general officers are also provided for.

Numerous changes in assignments of general officers are also provided for. Hitherto there has been no tactical army organization higher than a regiment. There have been no brigades or divisions existing in time of peace. Upon the outbreak of war, when an army was needed, it was necessary to create such an army under all the stress and hurry and excitement of such an occasion.

such an occasion.

Discussing the proposed tactical re organization, Secretary Stimson said:
"At the outbreak of any war or
upon any emergency requiring the
use of a brigade or a division of regular troops, instead of it being necessary for the authorities at Washington sary for the authorities at Washington to gather together and create such a force it will only be necessary to issue a single order, addressed to the commander of the division or brigade in question, directing him to mobilize his force at the desired point. The importance of this single phase of the reform can be appreciated when it is remembered that in 1911 it required 16 days to create, gather together and mobolize a single division of about 12,000 men at San Antonio, Tex. In 1912 it required the Bulgarians 18 days or two days more, to mobolize an army of approximately 270,000 men to cross their enemy's border and beat into helpless ruin the Turkish army."

The new plan will not involve the immediate movement of a large number of troops. The department is study-men the problems, and orders for such transfers as are necessary will be is-

sued later.

Secretary Stimson believes that the plan of reorganization is as thoroughly in accord with the views of the army as it is possible for any such plan to

IOWA ROADS COMPARED WITH THOSE OF OTHERS

From the Road Maker. We are often asked how Iowa compares with other states with similar population and wealth in regard to coads. The following figures are from the reports on road departments and give a comparison of this state with other states in the mid-dle west. The comparison with eastern states is, of course, unfair because there the large cities pay taxes for the building of sural highways and improvements are

being made on a large scale.

These figures are interesting in demonstrating what states like Iowa have done the work has been rstematically undertaken by an active highway com-

MII	es Improved
State. Ros	ad. Road.
Iowa	148 1,664
Missouri	33 2,733
Ohio 69,4	
Tennessee 48,5	
Oregon 34,5	2,689
Texas	409 2,128
Illinois 94,1	
Kentucky 57,	137 9,485
Michigan 69,	
Minnesota 79,1	880 6,247
Wisconsin 63,	693 10,633
California	

The Muse of the Incommunicable An echo often have our singers caught And they that bend above the sadder

one hue of all the hundreds on her Our painters render, and our men of thought In realims mysterious her face have sought And glimpsed its marvel in elusive things; Her shadow gathers and her fragrance

To all the loveliness that man has

The wind of lonely places is her wine, Still she evades us, hidden, hushed, and

A star withheld, a music in the gloom.

Beauty and death her speechless lips assign.

Where slience is, and where the surfloud feet
Of armies wander on the sands of doom.

George Sterling in North American Review.

The Lure of Forbidden Fruit. F. G. Aflalo, in the London Academy. Since cigaret smoking is peculiarly injurious to the young, there is much to be said for drastic discouragement, but Americans go, as usual, to the other extreme and, in many of their cities, forbid the sale of cigarets to young and old alike.

Who can have any doubt of the re-sult? From being merely a pleasant form of indulgence when subject to no restraint, the cigaret, once proclaimed unlawful, becomes a passion, and noth-ing is easier, as I once proved during a stay at Seattle, one of the cities in which cigarets were banned, than to buy them under pretext of purchasing cigars, a little pantomime for the benefit of purely apocryphal detectives.

The strange mania for first making laws and then breaking them is purely

New Towel Ideas.

From Harper's Bazar.

Towels with embroidered, filet, or knitted bands let in with the monogram above are extremely popular. Sometimes the ends are embroidered with a scallop edge with the monogram above, and sometimes there is a band of trimming above the hemstitched hem. Punch-work is used on towels a great deal, too, and is very effective there. fective there.

That's a Fact.

"It's pretty rough on a woman who has children.

"How now?"

"She can't go to any of these inseresting mothers' meetings."



In the time of Queen Anne, Lady Prudence Brook, widowed at 16 and still a widow at two and twenty, while journeying in a coach to London with her cousin Peggy, is accosted by a highwayman who, however, takes nothing from her except a kiss.

The two girls live with their grand-mother, Lady Drumloch, who, despite her reduced circumstances, maintains a gay social position in the court circle.

She is perpetually pursued by creditors and just now is in deep water for want of a few guineas with which to buy a new gown by whose aid she hopes to win back the queen's favor, very recently lost by one of her mad pranks.

She decides to visit Aaron's, a notorious money lender, and asks him to take care of her debts on the strength of her approaching marriage to Sir Geoffrey Beaudesert.

Aaron informs her, however, that Beau-desert is himself head over heels in debt and while Prue is still in his office Sir Geoffrey arrives.

Prue at once secrets herself in a close and to her astonishment overhears Si Geoffrey ask for advances of money, also on the strength of their engagement.

Prue reads in a paper an account of the trial and sentence of Robin Freemantle, the highwayman who had kissed her on the moors, and that he is to be hanged at Tyburn the following Monday.

Suddenly she recalls that according to legal custom the debts of a widow "are buried in the coffin of her husband." She conceives the whimsical idea of marrying Robin in order to escape her debts.

Accompanied by Peggy she visits New-gate prison and Robin, who is already in love with her, consents to the ceremony.

Afterward Prue asks to be alone with him for a few minutes and allows him to kiss her again and feels pity for his ap-proaching execution,

Lord Beaucombe also visits Robin and Robin tells him that he has proof that Beaucombe is not the legitimate heir to the title and threatens if he is not re-leased to see that proof of this fact gets to Beaucombe's enemies.

On Monday is Peggy suffering keenly because of her belief that Robin, now beginning to be a hero in her eyes, is about to be hanged she is astonished at seeing him enter the house and is told that he has been reprieved and set at liberty. For his freedom Robin, whose real name is De Cliffe, agrees to make over to Lord Beaucombe a paper conveying his claim to the title and estate to him.

He has no sooner done this than Lord Beaucombe treacherously tries to capture him. Robin by cleverly disguising him-self in a borrowed coat and hat and using Lord Beaucombe's horse, escapes.

CHAPTER XXII, Continued.

While he was speaking, Peggie plucked at Prue's sleeve and murmured in her ear, "In the library," with a glance and gesture that needed no interpretation. With an immense effort of self-control, Prue stopped long enough to compliment her friend on her new and gorgeous equipage, and then slipped away, with her heart throbbing in her throat, and ran down stairs, to find Robin awaiting her, rather inefficiently disguised in a gold-laced velvet coat and a voluminous laced velvet coat and a voluminous periwig, in which his marked resemblance to Lord Beachcombe struck Prue with absolute consternation.

"Robin, Robin!" she cried, when the door was closed "how could you dream

of coming here, of all places

"I have dreamed of nothing else," he replied. His eyes were glowing and his whole countenance transformed by his whole countenance transformed by a sublime transport of adoration. Few men are capable of this ecstasy and few women privileged to behold it; none, it may be conjectured, can resist its enchantment. Prue, trembling with a strange joy, yielded to the arms of her lover-husband, and there forgot everything else for a few blissful moments. "Dearest, you must not stay here." she murmured, when he released her lips. "your worst enemy is in this

she murmured, when he released her lips, "your worst enemy is in this house." And in a few rapid words she told him of Lord Beachcombe's search after the papers, his prediction of Robin's visit and his suggestion of using her as a bait to the trap he proposed setting for him.

"Go, now—at once, Robin, my husband, and send me word where to come to you; it is safer so. Oh! I will come! you need not fear—you see, I do not even ask if you want me to! Send for me, and be not too tardy about it—"

"Tardy, heart of my heart," he mur-

me, and be not too tardy about it—"
"Tardy, heart of my heart," he murmured, with his lips to hers. "Every
moment I spend away from you is an
eternity in purgatory. If I must go,
tell me that you love me, that I may
have something to live upon until we
meet again."

have something to live upon until we meet again."

"Oh, I love you, Robin—indeed I love you—yet I take blame to myself for telling you so often, who have never yet said it to me. Some day you will, mayhap, remind me that I did all the wooing, and all the marrying, too! Nay, swear to me, Robin, that thou'lt forget that ever I asked thee to marry me—"and she hid her face, all blusing with love and shame, upon his shoulder.

"Forget!" he exclaimed. "If ever I forget, it will be because my body is dust and my soul in torment! Yet I cannot believe it. I fear to close my eyes in sleep, lest when I wake I shall find I have been dreaming—dreaming that these arms have held the dearest and sweetest woman in all the world and these most unworthy lips have been permitted to offer her worship. Oh! I scarcely dare to say, 'I love you.' I would I knew some other word that could express the adoration that fills my heart to bursting! I loved you the moment my eyes fell on your angel face—from the moment I kissed you. Oh! how dared I kiss you? Yet I was punished! You cannot imagine the fire that kiss left in my veins—the unappeasable longing in my heart!" His lips were seeking hers again, but she thrust him away with tender vehemence.

"No, no," she cried, "don't stop to

that the whole incident was over before any one could have drawn a breath.

"It is too late," whispered Prue, then threw herself into Robin's arms in a kind of desperation that was half rapture. "He will betray you, but they must take me, too; I will not be separated from you."

"He will not come here for me," said Robin, cool and practical in the presence of danger. "It will be best for me to go at once, before he has time to call assistance. I can surely beat off half a dozen of his lackeys singlehanded. If I give him time to set a posse of constables in wait for me, I may have more trouble with them. Farewell, heart of gold. I will send a safe messenger to you soon. Oh send a safe messenger to you soon. Oh I must see you again very soon. I have

must see you again very soon. I have so much to say to you—"
"Yet, wait," said Prue, detaining him. "Let me think. I would not risk your life unnecessarily. Stay here and I will return instantly."

She was back in a few minutes, accompanied by a gorgeous vision of rich brocade and costly lace. These embellishments fitly set off a stately figure that had once been slenderer and a that had once been slenderer and a charming face that showed few of the ravages of time and indeed had more than replaced the graces of youth by the archness and gaiety time had but

"Barbara, this is my friend, Captain de Cliffe," said Prue. "We met in the north country. Permit me to present him to you."

In the north country. Permit me to present him to you."

Lady Barbara's evident astonishment did not affect the ceremoniousness of her deep curtsey, to which Robin, not less surprised by Prue's maneuver, responded with a gravely respectful salute:

"Methinks I have heard of your meeting with this gentleman—on Blackmoor." said Barbara, with twinkling eyes. "I, myself, claim a distant kinship with the De Cliffes; what branch do you belong to, captain?"

"I am an unworthy twig of the senior branch," replied Robin.

"Ah, that accounts for your strong resemblance to the late earl," said Barbara, seating herself near the window and so compelling him to face the light, while she cooly scrutinized him. "And if the present earl were a handsome fellow, you would be like enough for brothers. As it is—"

"As it is, he hates me like a brother." said Robin negligently, "and in that the resemblance between us is not be be denied."

"Dear Barbarba," cried Prue, "let me

"Dear Barbarba," cried Prue, "let me make a confession to you. Captain de Cliffe is also known as Robin Free-mantle, the highwayman."

de Cliffe is also known as Robin Freemantle, the highwayman."

"And when I told you so t'other day you pretended to be surprised." cried Barbara reproachfully. "Little did I ever expect that my Prue would so deceive me."

"'Twas not to deceive you, dear Barbara, but a roomful of curious gossips, all ready to fall upon poor little me and tear my secret to shreds. Scold me as much as you will, some other time, dearest Bab, but help us now."

"Us?" cried Barbara, turning her shrewd eyes from one to the other with sudden enlightenment. "Aha," she smiled knowingly, and Prue, blushing and faltering, found no word to explain away her unvoiced suspicion. "I am glad, at any rate," she went on rather dryly, "to find Sir Geoffrey's nose out of joint. But if you want help, why did you not ask Beachcombe, who seems all too willing to return to your feet and who has already if I

who seems all too willing to return to your feet, and who has already, if I am not mistaken, once rescued this gentleman from Newgate?"
"Barbara, he wishes nothing so much as to get him back there. Scarce an hour ago he proposed to me to decore hour ago he proposed to me to decoy him here that he might seize him and rob him of valuable papers. No doubt he would kill him if he resisted, or throw him into prison. So now, dear Barbara, help me to devise some way of getting him away from here unob-

That is not difficult," Barbara assured her. "My new chair is amply large for two. If Captain de Cliffe will give me his arm, we will walk out of this house together and he can escort me home."

"But Bab, if that wretch is on the watch, he may attack you. Remember, he has seen Rob—Captain de Cliffe, here and if you had seen his face as I did, when he looked in at the door. Oh, you may be sure that even you would not be safe at his hands, if you stood between him and the object of his hatred.

of his hatred."

"I have a better plan," said Barbara, laughing mischievously, "and one that promises more diversion. You are tall, captain," she looked him over with an approving eye, "a proper man, i faith! Do you think you could be trusted to take the place of one of my chairmen? They are all six-foot men, chosen to match in size. I am very fastidious in such matters. Three men, chosen to match in size. I am very fastidious in such matters. Three are new to my service, but the fourth is a faithful lad, who can be trusted to hold his tongue. In his livery you can defy my Lord Beachcombe and his myrmidons and walk away under their noses."

their noses."

This proposition was quite to Prue's taste and Robin, who was too anxious to get away without causing her any serious trouble, to care much in what guise he fared forth, gratefully consented. So James was despatched to call Lady Barbara's man Thomas, to whom she conveyed her commands in the fewest possible words, and the two ladies withdrew while the exchange of costume was effected and the stolid Thomas, too well accustomed to his mistress' whims to raise the to his mistress' whims to raise the least question, resigned his crimson coat and gold laced hat, his silk stockings and buckled shoes, and even his powdered bob-wig, to the new chairman.

By this time Prue's usual afternoon court was assembling in far greater numbers than the little house could easily accommodate, and the rustle of brocades and the ripple brocades and the ripple of gay voices filled the air. Outside the library Barbara hesitated. "I think I will not go back to your visitors, Prue, my tongue is apt to slip out of my control and I might say something compromising," she said. Then, seeing the door open into the empty dining room, she went in, drawing Prue after her.

8. Be married! Widows and widowers should be married with the least possible delay.

9. Be moderate in the consumption of even tea or coffee, not to say tobacco and alcoholic beverages.

10. Avoid places that are too warm, especially steamheated and badly ventilated

mence.

"No, no," she cried, "don't stop to kiss me now, but go, while yet the way is open."

She had her hand upon the lock when it turned gently and the door opened a few inches. The eyes of Lord Beach-combe and Robin met over Prue's head and the flash of mutual animosity struck through her like an electric current. She glanced quickly from one to the other, and the secret of their kinship revealed itself so convincingly in the two faces that she did not even feel surprised. It seemed as if she must always have known that they were brothers.

The door closed again so swiftly

with find go back to your visitors, Prue, my tongue is apt to slip out of my control and I might say something the door open into the empty dining room, she went in, drawing Prue after her.

"Is it serious, child?" she demanded, with a hand on each shoulder and Prue's eyes vainly attempting to meet her searching gaze unfilinchingly. "Is it possible that the heart that has resisted 101 and skilled assault can have surrendered to the 'Stand and deliver' of a brigand? Come, tell me everything!—if you are in love with him—"

"Mine tag boack to your visitors, Prue, should be married with the least possible delay.

She moderate in the consumption of even tea or coffee, not to say tobacco and alcoholic beverages.

"Is it serious, child?" she demanded, with a hand on each shoulder and Prue's eyes vainly attempting to meet her searching gaze unfilinchingly. "Is it possible that the heart that has resisted 101 and skilled assault can have surrendered to the 'Stand and deliver' of a brigand? Come, tell me everything!—if you are in love with him—"

"Mine tag pour to go went to go went tag or coffee, not to say tobacco and alcoholic beverages.

"The door of mutual animosity struck through her like an electric current. She glanced in the consumption of even tea or coffee, not to say tobacco and alcoholic beverages.

"In the go went tag or componing." She into the empty dining the door open into the empty dining the door open into the empty dining the

egan with such an admission. "Love!

began with such an admission. "Love! what nonsense—for a highwayman?" and she laughed, though with less than her usual abandon.

"Yet he is a charming fellow," said Barbara insinuatingly. "He might have caught your fancy—but, in fact," in a gay tone, "I'm glad he has not, for to own the truth, I am more than half disposed to carry off your highwayman and hold him prisoner for a day or two. "Twill be safer for him and his advenand hold him prisoner for a day or two. "Twill be safer for him and his adventures will surely keep me entertained for a while—and, who knows? I might amuse myself by making a conquet of this gentle savage!"

"Oh! Barbara, fie!" cried Prue, to whom the picture of Robin under the influence of another woman's fascinations was far from agreeable. "It is condescension enough for you to save

condescension enough for you to save

"Condescension i' faith," laughed "Condescension i' faith," laughed Barbara. "At least I can promise that my condescension shall end—where charity begins—at home! Eh, Prue? Well, I hear my new retainer in the hall, so fare thee well, dear Gossip," and with a kiss on either cheek, she rustled out and was respectfully assisted into her chair by Robin, who then took Thomas' vacant place at the rear pole.

rear pole.

The street was thronged with the The street was thronged with the equipages of Prue's visitors and, mingling with the crowd, Lord Beachcombe, closely followed by half a dozen lusty fellows, exchanged greetings here and there, without relaxing his vigilant watch upon the entrance. He scarcely vouchsafed a glance toward Lady Barbara, and as she swung past him in her gorgeous sedan chair, with her four tall chairmen at full trot, she was so elated that she had half a mind to stop and speak to him. But wisdom prevailed speak to him. But wisdom prevailed with her, for once, and she contented herself with waving her jeweled fan in saucy greeting. He responded with a careless wave of the hand, and the next minute she was out of sight.

CHAPTER XXIII.

THE PARSON SELLS A SECRET. As the afternoon progressed, Lady Drumloch's little house filled to overflowing. Reports of the adventures of the diamond necklace had brought a crowd of flattering, envious and above all, curious acquaintances round the duinty table where the cousins dis-

pensed chocolate and coquetry.

Some vague rumors had reached
Lady Drumloch, through Lowton, of a Lady Drumloch, through Lowton, of a nocturnal exploit by which Prue had distinguished herself in some mysterious way, but she was in absolute ignorance of the actual facts, and had great difficulty in controlling her own curiosity, while maintaining an appearance of urbane indifference under the crossfire of questions, congratulations, thinly veiled censure and half incredulous comment by which the guests ulous comment by which the guests displayed their varied interest. It was in vain that Peggie used her ready wit to turn the conversation into safer channels; in vain that Prue vowed the channels: in vain that Prue vowed the whole thing a ridiculous exaggeration, and refused to be made a heroine or to be coaxed or goaded into compromising admissions. The necklace, she declared, had been accidentally carried away by some person employed at Mariborough House, who, becoming terrified by the possession of the dangerous treasure and wishing' to be rid of it, had conveyed it to her as a sure means of getting it back to the rightful owner; that she had brought it to the duchess and together they had returned it to the together they had returned it to the queen; and there, so far as she was concerned, Prue regarded the incident as closed, and was quite tired of an-swering silly questions and explaining things that really needed no explanation. Would they please not worry her about it any more, but talk of some-

Still, it was not easy to change the corrent of conversation, for each new comer had some fresh rumor to be contradiced, some new extravagance to be laughed at or some malicious inference to be drawn from Prue's unwonted re-

serve, and her grandmother's ill-con-cealed annoyance.

But if the afternoon wore away slowly to Peggie and Prue, it was a long drawn torture to Lord Beachcombe, whose watch upon the house was never relaxed, notwithstanding the gibes of the gay throng as it passed in and out, marveling what kept Prue's quondam lover hanging round Lady Drumloch's door, and the rising murmurs of his followers, whose numbers had been re-

inforced by numerous loungers on the lookout for mischief or profit.

A constant stream of guests, arriving and departing, passed before him; still no one at all resembling Robin Freemantle appeared. Dainty ladies in Freemantle appeared. Dainty ladies in brocade and jewels passed in and out of the door, their servants being obliged to force a way for them through the gathering crowd of idlers. Beaux as dainty and as gaily costumed, handed them into their equipages, lisping quaint oaths and shaking their jeweled canes in the faces of the overbold; still no Robin Freemantle. One after another the carriages rolled away, the chairmen trotted off with their the chairmen trotted off with their fair burdens, the casual onlookers dis-persed, and left the street to Lord Beachcombe and his noisy retinue.

At last he could control his impatience no longer. Hurriedly directing his men to keep vigilant watch for their quarry, he once more knocked for admitance and demanded a word with Lady Brooke. James, the imperturable, would have conducted him up to the drawing room, but he stalked haught-ily to the library and abruptly opened the door—to find the room deserted.

(Continued Next Week.)

Japanese Health Rules.

From the New York Sun.

The following rules for the general guidance of the people in health matters have been printed and widely distributed by the Japanese government:

1. Spend as much time out of doors as possible. Bask much in the sun and take plenty of exercise. Take care that your respiration is always deep and regular.

2. As regards meals, eat meat only once a day, and let the diet be eggs, cereals and vegetables, fruits and fresh cow's milk. Take the last named as much as possible. Masticate your food carefully.

3. Take a hot bath every day and a steam bath once or twice a week if the heart is strong enough to bear it.

4. Early to bed and early to rise.

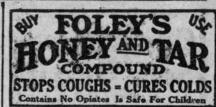
5. Sleep in a very dark and very quiet room, with windows open. Let the minimum of sleeping hours be six or six and a half hours. In case of woman eight and a half hours is advisable.

6. Take one day of absolute rest each week, in which you must refrain from even reading or, writing.

7. Try to avoid any outbursts of passion and strong mental stimulations. Do not tax your brain at the occurrences of inevitable incidents or of coming events. Do not say unpleasant things nor listen, if possible to avoid it, to disagreeable things.

8. Be married! Widows and widowers should be married with the least possible delay.

9. Be moderate in the consumption of



VOICED ALL THEIR THOUGHTS

Office Boy the Only One of the Crowd of "Mourners" Who Was Truthful in His Speech.

The treasurer of the bank was dead. Word had just been received over the telephone. It was shortly after business hours, and as if by common consent, all of the employes gathered together in a little group.

"I feel as though I had lost a brother," said the assistant treasurer. "I shall never get over it," added

the cashier. "It makes me sick," whispered the

paying teller. "It is very, very terrible," murmured the receiving teller.

"I shall think about it all night," remarked the bookkeeper.

"It's awful-awful!" said the clerks. There was a moment's silence, then the errand boy spoke.

"I wonder who'll get the job?" he chirped. Everybody gave an involuntary start. The errand boy had been a

mind reader.—Puck.

HANDS CRACKED AND BLED

St. Clair, Mo .- "My trouble began about fifteen years ago. It was what some claimed eczema. The form the disease worked under was a breaking out with watery blisters on my hands which would then dry and scale, and then would follow the trouble of cracking and bleeding, also itching and hurting. My hands were disfigured at the time, and sore. The trouble was very annoying, and disturbed my sleep. This last February it was ever so much worse than before. I did not do all my work on account of the condition of my hands. I could not put them in water without making them worse. I tried a lot of home remedies, also salves and liniments that claimed to be a cure for the trouble, but I did not obtain a cure.

"At last I saw the advertisement for Cuticura Soap and Ointment. I sent for a sample. I thought they would cure, so I sent for a fifty-cent box of Cuticura Ointment and some Cuticura Soap. A doctor advised me to keep ahead with the Cuticura Soap and Ointment and they cured me completely. No trace of the trouble re-mains" (Signed) Mrs. Mary Taylor, Mar. 29, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each ree, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston." Adv.

Queen Victoria Detested Tobacco.

The number of smoking rooms now distributed over Windsor castle would considerably astonish Queen Victoria, could she but see them. Her late majesty could never bring herself to do more than tolerate the weed in any form, and the smoking room was always relegated to a very distant part of her various residences. Nor were the guests permitted to solace themselves with a quiet smoke in their own apartments, as on their arrival they were specially warned not

to do so.

"No. indeed."

"What war?"

"The war in Tripoli."

No, Indeed. "Ladies are beginning to smoke cigarettes, aren't they?"

"But I am sure I saw a woman smoking one yesterday!" "But you said ladies."

LADIES CAN WEAR SHOES
one size smaller after using Allen's FootEase, the Antiseptic powder to be shaken into the shoes. It makes tight or new shoes
feel easy. Gives rest and comfort. Refuse
substitutes. For FREE trial package, address Allen S. Olmsted, Le Roy, N. Y. Adv. Not Informed.

"What do you think of the war?"

"I really can't say. I haven't seen any of the films."

PILES CURED IN 6 TO 14 DAYS
Your druggist will refund money if PAZO OINTMENT falls to cure any case of Itching, Blind,
Bleeding or Protruding Piles in 6 to 14 days. 50c. Thought of It.

For a thing that springs mostly from badly digested misinformation. public sentiment is amazingly often right.-Puck.



Pills are unlike all other laxatives or cathartics. They coax the liver into activity by gentle methods, they do not scour; they do not gripe; they do not weaken; but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and

corrects constipation. Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken: they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

Pettits Eve Salve QUICK RELIES

PISO'S REMEDY Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists. FOR COUGHS AND COLDS