THE SAFE LAXATIVE FOR ELDERLY PEOPLE

Most elderly people are more or less troubled with a chronic, persistent constipation, due largely to lack of sufficient exercise. They experience difficulty in digesting even light food, with a consequent belching stomach gases, drowsiness after eating, headache and a feeling of lassitude and general discomfort.

Doctors advise against cathartics and violent purgatives of every kind, recommending a mild, gentle laxative tonic, like Dr. Caldwell's Syrup Pepsin, to effect relief without disturbing the entire system.

Dr. Caldwell's Syrup Pepsin is the perfect laxative, easy in action, certain in effect and, withal, pleasant to the taste. It possesses tonic properties that strengthen the stomach, liver and bowels and is a remedy that has been for years the great standby in thousands of families, and should be in every family medicine chest. It is equally as valuable for children as for older people.

Druggists everywhere sell Dr. Caldwell's Syrup Pepsin in 50c and \$1.00 bottles. If you have never tried it send your name and address to Dr. W. B. Caldwell, 201 Washington St., Monticello. Ill., and he will be very glad to send a sample bottle for trial.

There's music in the squall of baby-to its mother.

Which wins? Garfield Tea always wins on its merits as the best of herb cathartics.

Mrs. Hewligus, what is your husband's attitude on the woman suffrage question?"

"One foot in the air, of course. He's one of the chronic kickers."

Easy to Lick Russia. A couple of little newsies stood in front of the Youngstown (O.) Telegram bulletin recently reading the rinted lines and making comments on the press reports.

lee, it says here 'at there's liable to be some o' troubles 'ith Russia on account ob de treaty," said one.

"What's de difference?" said the "Dis country don't need to

"Oh, I don't know," said the first speaker, "it might bring on a war."
"Huh!" sniffed the second boy. "Unele Sam could lick Russia wid de Salvation Army."

Joke on the Doctor. physicians in Mankato had agreed that during their Chautauqua assembly they would employ a call boy, and each was to pay his share of the expense. This boy was to call any doctor who was wanted, without disturbing the speaker, as it was embarrassing to him and looked as if they were doing it to advertise without expense. So it all went well until the afternoon when Strickland W. Gilliland spoke. As he was talking away a certain doctor had a call from the platform, and he walked out rather stentatiously. Some of the people who knew of the arrangement laughed or snickered, and the speaker got it. He said: "Don't laugh, folks. That is the way my brother got his start."

Lamb's Tenure of Life Not Long. A party of privileged sightseers were admitted to a private view of a between performances, and among other things were shown what was called a "Happy Family," that is to say, in one and the same cage there was a toothless lion, a tiger, somewhat the worse for wear, and a half-famished wolf. Beside these wild animals, curled up in one corner, was a diminutive lamb which shivered as it slumbered.

And everybody roared.

"How long have the animals lived together?" asked one of the party. "About twelve months," replied the showman.

"Why," exclaimed a lady, "I am sure that little lamb is not as old as "Oh," said the showman, quite un-

moved, "the lamb has to be renewed occasionally."

DIFFERENT NOW. Since the Slugger, Coffee, Was Aban-

Coffee probably causes more biliousaess and so-called malaria than any one other thing—even bad climate. (Tea is just as harmful as coffee because it contains caffeine, the drug in coffee).

A Ft. Worth man says: "I have always been of a bilious temperament, subject to malaria and up to one year ago a perfect slave to cofee. At times I would be covered with boils and full of malarial poison, was very nervous and had swimming in

"I don't know how it happened, but I finally became convinced that my sickness was due to the use of coffee, and a little less than a year ago I stopped coffee and began drinking

"From that time I have not had a boll, not had malaria at all, have gained 15 pounds good solid weight and know beyond all doubt this is due to the use of Postum in place of cofas I have taken no medicine at

"Postum has certainly made healthy, d blood for me in place of the blood that coffee drinking impoverished and made unhealthy." Name given by Postum Co., Battle Creek, Mich.

Postum makes red blood. "There's a reason," and it is exfined in the little book, "The Road Wellville," in pkga.

er read the above letter? A new appears from time to time. They genuine, true, and full of human

The Infinite Motherhood

For thus saith the Lord, . . . As one whom his mother comforteth, so Will I comfort you.-Isaiah, lxvi, 12, 13.

From the Philadelphia North American. It seems strange, when one stops to think of it, that the race always has been "fathered" by Divinity and "mothered" by the material earth, whereas the attributes of the human father and mother, if appropriately applied, would reverse this order.

For the father and the earth support, and the mother and the Infinite Being is no longer a God of wrath, as the mother, and in many an instance the mother, and in many an instance the mother does most to support than the order does most to support than the mother does most to support than the mother are supported in the stars in the skies and all the leaves on the trees of earth, we may be able to answer, but surely not and so, in this divine attribute she evidences to us the very soul and essence of Divinity. For the God of our being is no longer a God of wrath, as in the days, but a loving Comforter, knelt down to as children kneel at a mother's and the race always has been mother a comforter? Perhaps when we can count all the stars in the skies and all the leaves on the trees of earth, we may be able to answer, but surely not of Divinity. For the God of our being is no longer a God of wrath, as in the work of Divinity. For the God of our being is no longer a God of wrath, as in the work of Divinity. For the God of our being is no longer a God of wrath, as in the work of Divinity. For the god of Divinity is the work of Divinity. For the god of our being is no longer a god of wrath, we want the work of Divinity.

order.

For the father and the earth support, and the mother and the Infinite Being love, guide and comfort, albeit, in many an instance the father loves as much as the mother, and in many an instance the mother does more to support than the father.

"You did not notice any one a little while ago, but now there are three or four over there discussing the nature of hard times and here in the shadow of this great arch of a door are three or four more. And now you look and they are coming from all directions, slipping in and out of the shadow toward this light, where there is a fat, old Irish woman tending a newstand, or waiting to tend it, for as yet there is nothing on it. They seem to be men of one type at first, small and underweight and gaunt, but you realize a little later that they are not so much alike in height and weight as you first thought. They are all cold, though, that is certain, and a little impatient. They are constantly shiftling and turning and looking at the city hall clock, where its yellow face displays the hour, and looking down the street and sometimes murmuring, but not much. There is really very little said.

"What is all the trouble?" you ask some available bystander who ought to

wuring, but not much. There is ready very little said.

"'What is all the trouble?' you ask some available bystander who ought to be fairly en rapport with the situation, seeing that he is standing there.

"Nothing,' he retorts. 'They're waitin' for the morning papers. They're lookin' to see which can git to the job first.'

lookin' to see which can git to the job first.'

"Oh, you exclaim, a great light breaking. 'So they're here to get a good start. They wait all night. That's pretty tough, isn't it?'

"'Oh, I don't know. They are mostly Swedes and Germans.' (This last as though eliminating the need of human consideration.)

consideration.)
"'They're waiters and cooks and order men and dishwashers. There's some other kinds, too, but they're mostly

other kinds, too, but they're mostly waiters."

An Ironclad Boston Hierarchy.
From Collier's.

Let us likewise admit the disadvantages under which Harvard must labor. It receives every year a predestined quota from the small fashionable schools which increasingly are becoming the property of social sets. These boys are sent to school not to be formed by contact with representatives of all levels of life, but to herd with their own kind. They enter Harvard with a strongly developed sense of selection and they continue steadfast in this protective social theory. Above all Harvard has to deal with the intricate problems of Boston society, which has come to regard it as a social tributary. Boston, unlike any other city of its rank, exclusively patronizes but one university. The dominant social set, inheritors of Puritan and scholarly traditions, is so defensively organized, for the proper classification of its debutantes, a sewing circle on the lines of the most rigorous college society. There are many exceptions, individuals of force and catholic sympaticle on the lines of the most rigorous college society. There are many exceptions, individuals of force and catholic sympaticle on the lines of the most rigorous college society. There are many exceptions, individuals of force and catholic sympaticle on the lines of the most rigorous college society. There are many exceptions, individuals of force and catholic sympaticle on the lines of the most rigorous colleges society. There are many exceptions, individuals of force and catholic sympaticle on the lines of the most rigorous colleges society. There are many exceptions individuals of force and catholic sympaticle on the lines of the most rigorous colleges society. There are many exceptions and change, it is here, a personal thing to which she clings as if it were a living. The work is her child. She clings as if it were a living to which she clings as if it were a living to which she clings as if it were a living to which she clings as if it were a living being the aristocrats and their snobbisiness is not personal, or even conscious but simply an inheritance. Allied to this ironclad hier-archy is a somewhat similar set from New York city. The two elements amalga-mate at fashionable boarding schools and between them the control of the most ex-clusive Harvard clubs is amazingly com-plete.

lause and received the last congrat-lations and had laid off the American flag they had thrown across his should-ers, when he placed his hand on his mother's shoulder and said: "Never mind about the money. It

don't amount to much that way-but

Gratifying.

The Ranunculous bulbosus now adorns the meadow lot,
And the Arctastaphylosus ornaments the wooded spot.
While the little Tomnetosus overflows the window-pot.

The Viola Cucullata peeps above the hrooklet's bank.
And the gentle Sagittata blooms in lonely spots and dank.
Also the Trifoliata is becoming long and

Perverseness.

love, guide and comfort, albeit, in many an instance the father loves as much as the mother, and in many an instance the mother does more to support than the father.

But these exceptions do not alter the more general order, and the greatest among the Hebrew prophets tells us it is the voice of the Almighty that spoke, saying:

"As one whom his mother comforteth, so will I comfort you."

Nowhere else in the Bible is there to be found a more sublime and satisfying picture of the Omnipotent One than here, where we are made to see the mother in the finest and most frequent of her noble roles—that of the comforter.

From the first days of babyhood on through the years with their growth of care and burdens, it is the province of the good mothers—to smooth out the wrinkles in the trouble-creased brow and smooth over many of the rough places in the oftimes steep and rocky road.

With that witchery which is to be found only in the voice of one who speaks to flesh of her flesh and blood of her blood, the voice of the mother is like an answer to a call for help; the touch of her hand is like the thrill of new hope; the wisdom of her love, though it be less reasonable than logic, opens a new door to endeavor.

How often, in every land and clime and

Waiting to Read the Want Ads.

One of the wonders of New York city is the crowd that gathers around the newspaper offices at 1 or 2 o'clock in the morning, even in cold January, to wait for the papers so as to get first chance at the want ads. This situation is briefly pictured in the American Magazine by Theodore Dreiser in a contribution called "The Men in the Dark."

Following is an extract:

"You did not notice any one a little while ago, but now there are three or four over there discussing the nature of hard times and here in the shadow of this great arch of a door are three or four more. And now you look and they are coming from all directions, slipping in and out of the shadow toward this light, where there is a fat, old Irish woman tending a newstand, or waiting in the woman's Home Companion there is an account of a dramatization of Louisa M. Alcott's "Little Women," which has recently been put on the stage. Miss Jessie Bonstelle arranged for the production, and Miss Marian de Forest, a well known writer, prepared the dramatization. For many years the attempt has been going on to obtain permission from the Alcott heirs to dramatize this famous book. The principal difficulty was in obtaining permission from "Daisy" and "Demi," the twins of the book, two nephews of Miss Alcott. "Daisy," who had grown up as Mr. Fred Pratt, objected strong-ly to the proposition, but "Demi," who in real life is John Alcott, recalling his aunt's love for the stage, was more favorable with the women."

livated and enjoyed the society of bril-liant actresses. A sympathetic and un-derstanding dramatization of "Little Women" would be a matter of pride and satisfaction to her. If she had lived in this day of the successful American woman dramatist, undoubt-edly she would have been one of them."

Miss Bonstelle, the producer, adds "When it was noised about in New England that 'Little Women' was to be staged, treasured mementoes were of-fered to make it more real—a tribute, not to the actor, or to me, the pro-ducer, but to the memory of Louisa M. Alcott. Mr. John Alcott contributed the original boots and dagger used by Jo-in ambieur performances. Other relain amateur performances. Other rela-tives and intimate friends offered col-lars, stocks, hats, bonnets and capes to

also a reason why they rarely rise to the first rank. They cannot get away from their undertakings sufficiently to see the big truth and movements which are always impersonal."

Carouso To Get a Raise.

Carouso To Get a Raise.

From the New York Times.

Enrico Caruso, who is now in Paris, told an interviewer that he had signed a four years' continental flight, says that financially the trip was a disappointment. He received \$5 a mile for his flight from New York to Fort Worth; and from Fort Worth to Pasadena, \$4 a mile and all the purses he could arrange for on the side. He thus received about \$3.000 from his backers and about \$3.000 or \$4,000 prize money. But his machine cost \$5,000 and repairs cost about \$17,000 more, so his net return was small.

But he unconsciously summed up the significance of his flight, at Pasadena, after he had heard the last of the applause and received the last congratulations and had laid off the American flag they had thrown across his should-

In Prison Until Wedded. From the New York Herald.

The Rev. George Brown, D. D., who has passed many years of his life in the South Sea islands, endeavoring to stamp out polygamy and cannibalism among the natives, says in some parts of New Britain the natives have a custom of placing young women in strict seclusion before marriage by imprisoning them in cages until they reach a marriageable age, Doctor Brown describes how, on one occasion, he inspected some of these human cages.

cages.
"The cage was quite clean," he said, "and contained nothing but a few short lengths of bamboo for holding water. There was only room for a girl to sit or with the elements conducive to caloric of July,
And that we can shed our flannels quite with safety, you and I.—May Lippincott's.

Description in the bamboo platform, and when the doors are slut it must be nearly or quite dark inside the safety of the conductive out except once a day to bathe in a wooden bowl placed close by.

The Sphinx propounded a problem. "Why does it make it rain to wash "How are those cork shoes you go: "The Sphinx propounded a problem. "Why does it make it rain to wash the windows or get a suit pressed?" she asked.

RAPIDITY IN MENTAL **GROWTH OF INFANTS**

SPRINGTIME EMOTIONS OF A CHILD OF THREE.

hood.

Very soon, however, begins the process of fusion of succeeding or contamporaneous states with one another. The flash of light is welded with the feelings from the activity of the eye muscles; the touch of the lips joins the taste of milk; the of the lips joins the taste of milk; the second summer when the mocking birds.

But not for long; out into the field where the clover was just showing its first shoot and then a robin whistling in the naked to for the maple tree called forth the shout of "mocking bird."

This much he had saved over from his second summer when the mocking birds be the connecting link between a state mocking bird.

of discomfort and the relief of the annoying state.

Infant Habits Quickly Formed. than in the regions more distant from the child's immediate necessities. In every place, however, the tendency toward association goes on with terrific rapidity. It is nothing short of astounding how

will come to work together and by a vances this rebirth into a new world further extension of this center of assothings takes place for the child. N World Pours In On the Child.

As the child grows from day to day the world outside pours in upon him through his sense organs its myriad motions, and these he must relate to these association groups, which he has begun thus early in his life. This is not always an easy process, and the imperative growth he makes often comes with severe inner struggles. New forms, new sights, new sounds, new odors, new objects, new persons and new ideas come to him in such profusion and complexity that the unity to his mind is over and over disrupted. He sees a new object and tries to relate it to the things. over and over disrupted. He sees a new object and tries to relate it to the things he already knows. It will not fit. What experience he has accumulated in the past he may have been able to reduce to a consistent whole. Here is the new thing that stands over against the old fund of experience as a stranger. Possibly it contains some aspect like a former experience, but the other parts of the object differ wholly from anything he has ever seen. Possibly through the common element he is able to make the new object a part of his mental stock, but in the process his mind has enlarged because it must also include the part that is like nothing he has ever seen. Directly the unity is reestablished and he presents a wholly consistent and satisfied mind. The moments of perplexity are, however, real rifts in his mental life, attended by all the stress and struggle that ever keeps company with the unquenchable desire to know when that desire confronts the unfamiliar and the resistant forces of nature.

A Child Turned Locas In Sair

A Child Turned Loose In Spring.

(By M. E. Haggerty, Director Psychological Laboratory, Indiana University.)

The beginning of mentality in the child and I saw a 3-year-old turned loose on the out-of-doors is very simple. A flash of light, a feeling after the long winter housing. The narof warmth, a sensation from a moving muscle, the feeling of contact of its lips, the taste of food, the visceral sensations including hunger, thirst and possibly pain, the motions of the lips, tongue and cheeks filled space invited him with impelling in feeding, the unco-ordinated movements of hands, feet and eyes, the faint response to auditory stimuli, a glint of odor and a transient taste—these passing in rapid flow and with little or no connection between succeeding stages of the stream make up all that can be called mind in the first days and weeks of child-hood.

The motions of the lips, tongue and cheeks in led space invited him with impelling solicitation and one ecstatic shout spoke his rapturous acceptance. Over the board ferunging on the roof. A shout of joy and recognition and then the swing that had hung neglected through the tortuous winter called him to stop for old friend-shood.

movement of the arm and hand is caught up into relation with the touch of the end of the fingers and the palm of the had been numerous about the place. Every bird was a mocking bird; sparrows, robins, hand; the sight of the mother or nurse grows together with the anticipation of food; the sound of a familiar voice is connected with pleasant experiences that have followed that sound in the past; the cry so characteristic of infancy gets to be the connecting link between a state of the bird, and that it was not a mocking bird.

dren had been getting the early blood root and his eager hands gathered in great How quickly these first associations begin and attain strength any nurse or mother well knows. Persons experienced in the care of children know that it is walnuts molding in the grass brought mother well knows. Persons experienced in the care of children know that it is important to establish the feeding and sleeping habits of an infant from the very hour of its birth. By the end of a fortnight such habits should be well fixed in the normal infant and it will forever after be the gainer thereby. Probably in this region of fundamental processes the act of association is more rapid than in the regions more distant from the "I'm hungry." He dropped his walnuts up the back porch steps and panted out,
"I'm hungry." He dropped his walnuts on the porch and his flowers upon the kitchen table. With hat and sweater off, his head in steaming curls, he looked the picture when he said, "I'm tired."

much really takes place in the mind of a child during the first year and again during the second and third year.

Exhausted By the Rush of Newness.

In truth there was reason. The daily round of indoor playthings had made life round of indoor playthings had made life quite the same and his mind was well or-At first the associations group them-selves about different centers. The eye ganized and unified on blocks and books, selves about different centers. The eye is one such center. The feelings from the muscles of the eyes when they are moved are at first undoubtedly without any connection with the sensation of light which is derived from the retina. When this feeling from the muscle occurs at the same time as the flash of light there is the condition for an association. If these the old familiar forms of thought two events were decided and unified on blocks and books, on rocking horse and paper dolls, on chairs and rugs, on pictures, tables, fire place, telephone and the members of the family, on the daily course of meals and saleep, but here the perfect cycle of the day's events was blown up by the influx of a new world of things. A score of the condition for an association. If these two experiences occur together for a were interrupted and new adjustments number of times they will become so remust be made and always in that most number of times they will become so related to each other that when one occurs expensive way, to the accompaniment of it will tend to revive the other even though that other may not at the time went into that morning's run is compressive. Thus the child will come to expect the flash of light when he feels the movement of the eye muscles. By an elaboration of this association the two eyes will come to work together and by a series when the flash of the distant college.

Went into that morning's run is comprehensible to an adult only when he thinks what it meant to him to take his first trip to New York or into the mountains or to the distant college.

Yet day after day as the costs.

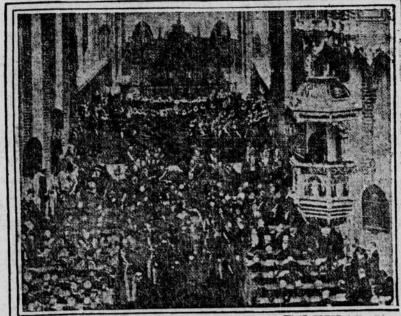
further extension of this center of asso-clation the things which a child sees will come to be related to the things that he come to be related to the things that he feels with his hands. He will through this process come to know that the rattle along the way demanding new adjustments, new associations, the whole ments, new associations, the whole ments, new associations to a genuine reconstruction of whole that he feels with his hand is the same ments, new associations, the rattle that he sees with his eyes, any by amounting to a genuine reconstruction of a still further extension of the process he will come to understand that this rattle will come to understand that the same as will come to understand that this rattle which he sees and feels is the same as the one that makes the noise which he hears. These extensions of child experience are easily observed in the autward can doubt that if to grow from stage to the one that makes the noise which he hears. These extensions of child experience are easily observed in the outward behavior of any growing child.

tion goes on with termine speed constitutes the stage with terrific speed constitutes the fullness of life that then the life of the constitute of the stage with the speed constitutes the fullness of life that then the life of the constitute of the stage with the speed constitutes the fullness of life that then the life of the constitute of the stage with the speed constitutes the fullness of life that the speed constitutes the fullness of life that the speed constitutes the fullness of life that the speed constitutes the speed child veritably overflows while for the most of us the cup is never full to the brim. For some of us the bottom is hard-

Is This Perpetual Motion?

conversation come
Is that her jaws are trained to move from using chewing gum.

FINAL SERVICE AND RESTING PLACE FOR DENMARK'S LAMENTED RULER



RUNERAL SERVICE IN ROSKILDE CATHEDRAL DENMARK.

Roskilde Cathedral will be the final resting place for the body of King Frederick VIII, of Denmark. Following the service in the chapel the body wift be interred in one of the vaults of the Cathedral on May 24 and will be guarded day and night by detachments of army and navy lieutenants,

GOT TO THE CAUSE.

And Then All Symptoms of Kidney Trouble Vanished.

C. J. Hammonds, 1115 E. First St. Fort Scott, Kans., says: "I was operat ed on for stone in the kidney but not cured and some time after, was feel



ing so bad, I knew there must be anoth er stone that would have to be cut out. 1 decided to try Doan's Kidney Pills and the kidney action improved right away. Large quantities of sediment and stone particles passed from

me and finally the stone itself, partly dissolved, but still as big as a pea. With it disappeared all symptoms of dizziness, rheumatism and headache. I have gained about 50 pounds since and feel well and hearty."

"When Your Back Is Lame, Remember the Name-DOAN'S." 50c. all stores. Foster-Milburn Co., Buffalo, N. Y.

Powerful Plea.

A man in North Carolina, who was saved from conviction for horse stealing by the powerful plea of his lawyer, after his acquittal by the jury, was asked by the lawyer:

"Honor bright, now, Bill, you did steal that horse, didn't you?"

"Now, look a-here, judge," was the reply, "I allers did think I stole that hoss, but since I hearn your speech to that 'ere jury, I'll be doggoned if I ain't got my doubts about it."-National Monthly.

His Weakness.

Howell-I see that Rowell has gone into bankruptcy again. Powell-Yes, failing is his failing.

For costiveness and sluggish liver try the unrivaled herb remedy, Garfield Tea.

The man with an imagination is always on the ragged edge of making

WIFE'S HEALTH RESTORED

Husband Declared Lydia E. Pinkham's Vegetable Compound Would Restore Her Health, And It Did.

Ashland, Ky. - "Four years ago I seemed to have everything the matter with me. I had fe-



male and kidney trouble and was so bad off I could hardly rest day or night. I doctored with all the best doctors in town and took many kinds of medicine but nothing did any good until I tried your won-derful remedy, Lydia E. Pinkham's Vegetable Compound. My husband said it

would restore my health and it has."-Mrs. May WYATT, Ashland, Ky. There are probably hundreds of thousands of women in the United States who have been benefitted by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering.

Read What Another Woman says: Camden, N. J.-"I had female trouble and a serious displacement and was tired and discouraged and unable to do my work. My doctors told me I never could be cured without an operation, but thanks to Lydia E. Pinkham's Vegetable Compound I am cured of that affliction and have recommended it to more than one of my friends with the best results." -Mrs. Ella Johnston, 324 Vine St.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



cheap. Lasts all season. Made of metal, can'tspillor tip over; will not soil or injure anything. Guaranteed effective. Sold by dealers or 6 sent prepaid for \$1.

THOMPSON'S Quickly relieved weak, inflamed eyes.

EYE WATER Sold everywhere So.

JOHN L. THOMPSON SONS & CO., Trop, N. Y.

MAN past 39 with horse and buggy to sell stock condition powders. \$75 per month. Address Room 2, 1105 Farnam Street, Omaha, Neb.

Sioux City Directory "Hub of the Northwest."

GOING TO BUILD? The Lytle Construction Company, Sioux City, lows, can help you. Store buildings, churches, schools and large residences erected anywhere.

THE BRICK WITH A NAME Mfd. by SIOUX CITY BRICK & TILE WORKS For Sale By Your Lumberman

DEALERS: GET OUR PRICES ON Selected Hard Brick—Hollow Brick-Hollow Blocks-Sewer Pipe-Drain Tile-Flue Linings—Well Curbing—Wall Coping-Impervious Face Brick-Red Pressed Brick-Fire Proofing — Silo Blox Clay Products Co., Sioux City, Ia.