

Uncle Abraham, a recent promotion from the plow to the pulpit, "on de one side er dis here meetin' house is

driving," he commented approvingly. "Yes, he's a good one." "How much would you sell him

Lay a Soft-Shelled Egg?

him."-Judge's Library.

"Now, pa," said his wife, "you prom-

ised me you would quit cursing." "Marie," said the ex-governor, "I'm ot cussing-this is just the way

• road leading to destruction, on de udder is a road gwine to hell and damnation. Which you gwine pursoo? Dar is the internal question: Which is you gwine pursoo?"

"Law, Brer Abraham," spoke Sister Eliza from the back pew, "I speck 'I'm er gwine home too de woods!"-Lippincott's.

other form of lime.

activities of yesterday.

it has some food with lime in it.

'Seventy-five dollars." "Mein Gott! Is he silk lined?"-Everybody's.

Accounted For. "The boy has the aviation fever. "That accounts for the rise in his anywhere in this country, on the first of May!" temperature."

Because, Willie, the chicken don't know how to create a hard-shelled egg unless

So chicken-raisers often provide limestone gravel, broken oyster shells or some

Why is a child "backward" and why does a man or woman have nervous pros-

If the food is deficient in Phosphate of Potash the gray matter in the nerve cen-

Phosphate of Potash is the most important element Nature demands to unite

A chicken can't always select its own food, but a thoughtful man can select suit-

Let the chicken wander free and it finds its own food and behaves sense

tration or brain-fag? There may be a variety of reasons but one thing is certain.

tres and brain cannot be rebuilt each day to make good the cells broken down by the

Grape-Nuts food is heavy in Phosphate of Potash in a digestible form.

"There's a Reason" for

**Grape-Nuts** 

Postum Cereal Company, Limited, Battle Creek, Michigan

Shut it up and feed stuff lacking lime and the eggs are soft-shelled.

Why Should a Chicken

Let's step from chickens to human beings.

albumin and water to make gray matter.

able food for his children, wife and himself.

Flat Hunters' Geography. "Where is Van Dieman's Land?" "The van demon's land? Gosh, it's

of life who have been subjected to the most rigid physical examination before acceptance. Having passed this exam-ination and received positions which in most cases assure a salary much great-er than the recipients could earn in the United States, they begin to learn how philanthropic an employer Uncle Sam really is. The new employes are trans-ported free of charge to the scene of their labor. On their arrival they find themselves in a modern town or camp, every building of which is constructed of the best materials and contains every modern improvement. The newcomer in most cases receives free quarters, and though he must pay for his meals, these are of the best quality and are provided absolutely at cost. The householder who must pay rent finds that Uncle Sam has again anticipated his needs and pro-vided the maximum of comfort at the again anticipated his needs and pro-vided the maximum of comfort at the minimum of expense. Food, clothing and all the necessarles of life, that is, those not already provided free of cost, are sold at such reduced rates that the high cost of living in the canal zone is but a northern echo. If any one doubts this, let him consult the New York Evening Post for January 22 last, in which comparative tables of the cost of food in New York and Panama are pre-sented, wholly to the advantage of the latter. But Uncle Sam has gone farther in his paternalism and provides free in-struction of all kinds, free amusement centers, free transportation, and as if

struction of all kinds, free amusement centers, free transportation, and as if to eliminate the last chance of worry, assures every worker that if he be-comes ill, there will be the best ac-commodation provided for him at the government hospitals, with wages con-tinued, no matter how long the illness, and all care and attendance absolutely free. This removes that corroding fear free. This removes that corroding fear so widespread in our northern indus-trial centers, to which many scientists now attribute a large percentage of disease with its consequent poverty and distress

The above is a partial enumeration only of the advantage of working for Uncle Sam in this new tropical outpost.

## **CONFESSED MURDERER'S** "VICTIM" FOUND ALIVE

for Crime, When His Supposed Enemy Appears.

prison on an 18 year sentence, suddenly swear away his life.

Before Sedan. Here in this leafy place Quiet he lies. Cold, with his sightless face Turned to the skles; 'Tis but another dead; All you can say is said.

Carry his body hence-Kings must have slaves; Kings climb to eminence Over men's graves; So this man's eye is dim; Throw the earth over him

What was the white you touched, There at his side? Paper his hand had clutched Tight ere he died: Message or wish, maybe-Smooth the folds out and see.

Hardly the worst of us Here could have smiled. Only the tremulous Words of a child; Pratile, that has for stops Just a few ruddy drops.

Look! She is said to miss, Morning and night, His-her dead father's-kiss; Tries to be 'bright, Good to mamma and sweet, That is all, "Marguerite."

Ah. if beside the dead Siumbered the pain! Ah. if the hearts that bled Slept with the slain! If the grief died-but no; Death will not have it so. —Austin Dobson.

Explained, From Harper's Weekly, "Who's Watkins in mourning for?" asked Winkleby. "I just saw him down stairs, and he's black all over. Even got black edges on his cuffs."

"He's not in mourning for anybody," said Hoppeligh. "He's been spending a week in Pittsburgh."

Preacher in Prison Three Years appeared and had his identity clearly established by dozens of reliable witnesses. Both principals are preachers. The Rev. Ernest Lyons confessed to the murder of the Rev. James Larry Ohio.

Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and such unquestionable testimony as the above proves the value of this famous remedy and should give every one confidence.

posed Enemy Appears. HAD ACTED FOR REVENGE Suffolk, Va. Special: The fallibility of courts, the unreliability of circum-stantial evidence and the depravity of perjured witnesses all figure with pe-culiar force in a court drama which had its denouement here. A man for whose murder another man already has served three years in prison on an 18 year sentence, suddenly

talk!"-Philadelphia Saturday Evening Post.

She Knew.

Miss Gusher-Oh, please tell me! Do you think poets have to be born? The Poet's Wife-Yes, borne with.



What Saved Her From An Operation.

Upper Sandusky, Ohio. - "Three years ago I was married and went to house-



keeping. I was not feeling well and could hardly drag myself along. I had such tired feelings, my back ached, my sides ached, I had bladder trouble aw-fully bad, and I could noteatorsleep. I had headaches, too, and became almost a nervous wreck. My doc-

tor told me to go to a hospital. I did not like that idea very well, so, when I saw your advertisement in a paper, I wrote to you for advice, and have done as you told me. I have taken Lydia E. Pinkham's Vegetable Compound and Liver Pills, and now I have my health.

know enough to take your medicine, they would get relief."-Mrs. BENJ. H. STANS-BERY, Route 6, Box 18, Upper Sandusky,

"If sick and ailing women would only

If you have mysterious pains, irregularity, backache, extreme nervousness, inflammation, ulceration or displacement, don't wait too long, but try Lydia

E. Pinkham's Vegetable Compound now. For thirty years Lydia E. Pinkham's