THAT AFFAIR AT
ELIZABETH ${ }^{\text {By }}$ Burton E. Stevenso
 $y=$
$y=z$






 Bread May Mo Matain Motat You
for a Time.


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 Dounds in weight. weeks I gained 20
I liked Grape-Nuts so well that for
four months I ate no oother food, and
elways felt as well satisfied after eatsuet.
I had no return of the miserable
sick stomach nor of the headaches,
that I used to have when I ate other
food. I am now a all my own work again, and feel that
life is worth living.
'Grape-Nuts food has been a God.
send to my family; it surely saved my life, and my two little boys have
triven on it wonderfully." Name
given by Postum Co., Battle Creek,
Mich.

