WOMEN OF MIDDLE

Need Lydia E. Pinkham's Vegetable Compound

Brookfield, Mo.—"Two years ago I was unable to do any kind of work and only weighed 118 pounds. My trouble dates back to the time that wo men may expect nature to bring on them the Change of Life. I got a bottle of Lydia E. Pinkham's Vegetable Compound and it made me feel much better.

me feel much better, and I have continued its use. I am very grateful to you for the good health Lousignont, 414 S. Livingston Street, Brockfield, Mo.

The Change of Life is the most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remem-

ber that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from na-tive roots and borba tive roots and herbs. For 30 years it has been curing wo-

men from the worst forms of female ills—inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

"I have suffered with piles for thirty-six years. One year ago last April I be-gan taking Cascarets for constipation. In the course of a week I noticed the piles began to disappear and at the end of six weeks they did not trouble me at all. Cascarets have done wonders for me. I am entirely cured and feel like a new man." George Kryder, Napoleon, O. George Kryder, Napoleon, O.

Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sicken, Weaken or Gripe. 20c, 25c, 50c. Never sold in bulk. The gen-ulne tablet stamped C C C. Guaranteed to cure or your money back.

ACCOMMODATING.



Harduppe-Say, you bumped into me and knocked me down with your auto and I want damages.

Showfurr-Oh, haven't you got enough? Well, start up and I'll bump and knock you again. Then It Happened.

"What made you think he would propose to me?"

"Why, when I refused him he said he didn't care what became of him; but perhaps he wasn't serious."-Houston Post.

And lots of men would never think of falling if somebody didn't tempt

This Is a Good Breakfast!

Instead of preparing a hot meal, have some fruit;

Post **Toasties**

with cream;

A soft boiled egg; Slice of crisp toast; A cup of Postum.

Such a breakfast is pretty sure to win you.

"The Memory Lingers"

Postum Cereal Co., Ltd. Battle Creek, Mich.

CLEARING HOUSE FOR PLAYERS GOOD PLAN

Idea Suggested by "Tip" O'Neill Would Help Leaguers in Getting Men Wanted.

St. Louis Sporting News: President St. Louis Sporting News: President "Tip" O'Neill, of the Western league, whose headquarters in the midst of the official camping grounds of the American league and the Chicago White Sox, as well as several minor organizations, ought to be fruitful territory for numerous inspirations, is being credited with a burning desire for a baseball clearing house. There is nothing the matter with the scheme, but we rather believe that it is exactly the same thing suggested by the redoubtable Ted Sullivan last winter. The question of originator, however, will be considered of less importance than the thing itself, which is sure to come as soon as some energetic business man takes hold of the proposition in the right way. That such a scheme could be made of decided benefit goes without saying. At the beginning of each playing season every manager, whether his club be great or small, has at least half again as many players as he knows he will carry through the season. Sometimes the proportion is larger. He must try out new material of which he has had good reports in the hope of filling holes already in his team or that he knows are bound to appear soon. Or he may suddenly wake up to the realization that he has not the player for a certain vacancy who can be expected to fill the bill. The "clearing house" would prove, if conducted properly, the place where the manager can in a few hours provide himself with new material, which even though it may not prove satisfactory in the end, will leave him at least no worse off than before and would save him hours of labor and worry that would probably have the same result. Then, too, there are annually many players cast aside by clubs who doubtless have greater ability than those fortunate enough to stay on other teams. The discard, in more cases than not, unacquainted with the method of landing some other berth, often discouraged by his first failure, quits the game entirely and it is easy to believe that in some cases a real star is thus lost to baseball. "Tip" O'Neill, of the Western league, whose headquarters in the midst of the



A REGULAR MORGAN He—Be my partner for life. She—Give me a controlling interest?

ATHLETES FIND MOVING

Boston.—Special: S. Lawrence, of Harvard, who distinguished himself by proving to be the champion athlete in the recent all around track meet of the institution, believes that moving pictures are excellent coaches for athletes. "Not only in track athletics," says he, "but in baseball, boxing, tennis, rowing and, in fact, every sport in which man participates, the moving picture camera is destined to take the place of the coach. The coach merely tells you the things you do wrong, so that you will not do them again. The camera can do better.

"The way to train for athletics is not by dieting or massaging. It is by study."

I suffered for several months, and most of my hair came out. Finally they had a doctor to see me and he recommended the Cuticura Remedies. They cured me in a few weeks. I have weeks. I have used the Cuticura Remedies, also, for a breaking out on my hands and was benefited a great deal. I haven't had any more trouble with the scalp disease. Miss Jessie F. Buchanan, R. F. D. 3, Hamilton, Ga., Jan. 7, 1909."

Kept with Barnum's Circus.

P. T. Barnum, the famous circus most of my hair came out. Finally they had a doctor to see me and he recommended the Cuticura Remedies. They cured me in a few weeks. I have weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cuticura Remedies. They cured me in a few weeks. I have used the Cut

by dieting or massaging. It is by studying yourself and by working out the scientific method best adapted to your scientific method best adapted to your style of anatomy, as you would work out a proposition in physics or geometry. My success has been due to studying photographs of myself snapped while in action. If I could get an entire series of photographs of myself during one event, such as the moving picture machine would furnish, so that I could study each successive motion in detail. I could add two inches to my detail, I could add two inches to my pole vault record."



COMPLIMENTARY.

Miss Oldun-What did Mr. McCaller say when you told him I was engaged at present, Norah? Norah—He said, ma'am, the fools weren't ail dead yet!

The Living Past. (After Paul Verlaine's "Sagesse.")
Above the room, so blue and calm,
The sky I see,
So light the breeze it barely shakes
The rustling tree.

Far off a bell, in airy tower, Is tinkling faint; And O'er my head a nightingale Pours her complaint.

My God! how peaceful and how pure This windless down! How still the sound that just reveals The distant town.

But I sit here with shadowed soul; My tears fall fast. Oh, heavy heart, how mayst thou kill The living past? -Arthur J. Clark in Manchester, Eng. News.

The new metal filament lamps are not nearly so fragile as the carlie:

A TIMELY WARNING

Backache, headache, dizzy spells and distressing urinary troubles warn you of dropsy, diabetes and fatal Bright's disease. Act in time by curing Doan's Kidney Pills. the kidneys with They have cured



thousands and will cure you. Mrs. L. B. Burke, 219 So. Lilly St., Moscow, Idaho, says: "I was almost crazy with excruciating pain through my kidneys. The kidney secretions were highly colored,

scanty and looked like blood. For over month I was in bed, totally helpless. Doan's Kidney Pills benefited me wonderfully. They have my en-dorsement at all times."

Remember the name-Doan's. For sale by all dealers. 50 cents a ox. Foster-Milburn Co., Buffalo, N. Y.

WHERE HE SAVED MONEY.



"You say it costs less to run this automobile than that trotting horse you owned?"

"Yes; I used to bet on the trotting horse.'

Try to Come Back.

Not long ago Lord Kinnaird, who is always actively interested in religious work, paid a surprise visit to a mission school in the east end of London and told a class of boys the story of Samson. Introducing his narrative, his lordship added:

"He was strong, became weak, and then regained his strength, enabling him to destroy his enemies. Now, boys, if I had an enemy, what would you advise me to do?"

A little boy, after meditating on the secret of that great glant's strength, shot up his hand and exclaimed: "Get a bottle of 'air restorer."

HOW A DOCTOR CURED SCALP DISEASE

"When I was ten or twelve years old I had a scalp disease, something PICTURES GOOD COACH like scald head, though it wasn't that. I suffered for several months, and

> P. T. Barnum, the famous circus man, once wrote: "I have had the Cuticura Remedies among the contents of my medicine chest with my shows for the last three seasons, and I an cheerfully certify that they were very effective in every case which alled for their use."

A Liking for "Hamlet." "Do you like Hamlet?" asked the hostess of her unlettered, if gushing, "Indeed I do," was the reply. "I am

excessively fond of it, but I always prefer a savory to a sweet one." There was a momentary confusion,

and then the hostess realized that the

admiration of the guest was of a cul-

inary, not literary, character. "I gave her ham with an omelette for breakfast next morning," said the hostess, when telling the story .-Scraps.

Partly Made Over. "Weren't we engaged last summer?" inquired the girl. "Your face is familiar," faltered the

"Well, I'll forgive you for not recognizing me. My hair and figure are

DR. MARTEL'S FEMALE PILLS.

Seventeen Years the Standard. Prescribed and recommended for Women's Ailments. A scientifically prepared remed, of proven worth. The result from their use is quick and permanent. For sale at all Drug Stores.

His Bad Break. Whooper humiliated his wife terribly last night."

"Oh, the minister read two chapters from the Acts, and Whoopler went out between them."—Puck.

There are two kinds of unhappy people on the world—those who are sad because they are not known, and those who are misterable because they are

Youth is invariably present in the old age of a great man. He never completely loses life's first allxir. Prof. Harris-Bickford.

WALSH STANDS HIGH IN PITCHERS' WORLD

Chicago's South Side Spitball Artist Has Record Which Fades Them All.

Chicago.-Special: Is there a pitcher In the American league who can be placed in the same class with Edward Walsh, the South Side spitball pitcher, right now? Is there?

You can talk about your Johnsons, Benders, Coombses, Morgans, Fords and the rest, but do they compare with the form that the big fellow on the South Side is displaying these days? Since returning to the South Side grounds Walsh has pitched 35 in-

He has allowed two runs. He has been touched for 15 hits. He has fanned 25 men. He has given three bases on balls.

Isn't that a great record for a man with a seventh-place team back of him?

Wonderfully Bad Luck.

Wonderfully Bad Luck.
Yet he has lost two games, has tied one and has won but one contest. Talk about your tough luck. Here is a pitcher who has allowed but two runs in 35 innings, almost four complete games. Yet every run cost him a game. It's wonderful.
The form that Walsh is displaying these days is the wonder of the league. The Sox won from the Washington Senators in the third game of their series by the score of 4 to 9. And Walsh completed 25 innings without allowing a run.

Wash completed 25 innings without allowing a run.
Can you beat it?
He started his wonderful pitching streak when he opposed the Detroit Tigers on July 30. Tyrus Cobb won that game. It was a 1 to 0 contest. You remember that Cobb tore all the way home from second while Chick way home from second while Chick Gandil held the ball. And Walsh was

That day he was touched for six hits. He fanned four men, but did not give a base on balls. Not Scored On.

Not Scored On.

The next day he stepped on the slab for one inning, and Tyrus Cobb smashed a home run drive to the left field fence. It should not have been a homer. Pat Dougherty misjudged that ball, or the fleet-footed right fielder of the Tigers would have jogged to the bench instead of about the bases. Well, at that, Walsh remained long enough to fan one man.

The next game he was in was that 16-inning battle with the Athletics. Six hits were made off him that day, but not a run. He fanned 10 of the aspiring pennant chasers, and allowed three of them to amble to first.

His fourth game was Sunday.

He pitched magnificent ball. He allowed two hits, but nothing resembling a run. In fact, he breezed all the way. His control was absolutely perfect. Not a man did he walk, and but one man get three balls. That was Killifer in the ninth, and then the spitter turned and fanned him.

Catch those figures?

In 25 innings Walsh has not been

Catch those figures? In 25 innings Walsh has not been

JOHN L. DECIDES TO TAKE UP FARM LIFE

Old Prize Fighter, After Making a Fortune on the Stage, Will Seek Quiet.

farm near Boston, there to enjoy life with his family. John L. has been touring the country under the management of Frank Hall the past few years, doing a vaudeville stunt. and in that time has accumulated a fortune. It is just six years since Mr. Hall took hold of Sullivan, and July 1, 1911, they will separate as business partners, probably for all time, as Mr. Hall intends to settle down in Chicago, while John L. will go back east. It is the intention of the ex-champion to conduct a physical culture place on his farm similar to the one established by William Muldoon near New York city. John L. has ideas of his own regarding the development of athletes and the building up of a business man, and he intends to follow them when he establishes his place near Boston. John L. has had a varied career since he became champion of the world back in 1882. But there is one thing that can be said for him and that is he was always on the square, and for that reason the public supported him in every way possible. During the last few years John L. stopped drinking entirely and during the Jeffries-Johnson contest at Reno, Nev., a reconciliation was brought about between the big fellow and Bat Masterson, also Jim Corbett, with whom he had been at outs for many years. At the present time John L. is touring the far west, and he will gradually work east again. The fans will be sorry to see him disappear from public life, but they will wish him every success in his new venture, and wish him long life.

HOW EGOTISM WAS PUNISHED.

By William Jennings Bryan.

From the New York World. HE year after coming to Nebraska, in 1888, I made 50 speeches against the republican candidate for governor, and in each one made it quite clear why he should not be elected. He was elected, however, by the usual majority. On the following St. Patrick's day I was to make a short speech and Governor Thayer (whom I had tried to defeat) presided. It was a varied program, consisting of songs and speeches. It was the first time I had been in the presence of the governor and I wondered whether he felt any resentment toward me for all the work I had done against him. nor, and in each one made it quite clear

work I had done against him.
At last my turn was reached. The governor, having been prompted by another man, arose and said: "The next person on the program is W. J. Bryan," and as I came forward he stepped toward me and extended his hand. I felt greatly pleased that he did not

harbor resentment against me and grasped his hand warmly, as he drew me toward him and whispered: "Do you speak or sing? He had never even heard of me.

At the Boarding-House Table.

From Harper's Weekly.

"For a spring chicken, madame," said Dawson, "I must confess that I consider this a pretty tough bird."

"Yes, Mr. Dawson," replied the landlady, amiably, "but you must remember that we had a pretty tough spring."

THE WAY HE FIGURED IT.



Mr. Wise-It's a fine machine, but I have to employ a man who does nothing else but keep it in the repair.

Auto Agent-Well, if it furnishes steady employment for one man, it's a great deal better auto than those that don't.

Where Size Counts.

Edna thoughtfully considered a cow that was calmly grazing in a meadow across the way. "Mamma, how old is that cow," she finally inquired. "She is four years old," answered Edna's mother. Edna considered the answer and from time to time appeared to be comparing herself with the cow. "Well," was her parting comment on the question, "I'm five and that cow is big enough to be fifty."

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chart Flitcher.
In Use For Over 30 Years. The Kind You Have Always Bought.

Last Here. The Minister-In the next world,

Tommy, the last shall be first. Tommy-Say, won't I shine when the minister comes to supper at our house up there!-Puck.

Mrs. Winstow's Soothing Syrup. For children teething, softens the gums, reduces in flammation allays pain, cures wind collo. 25c a bottle

The man whose bluff is not some-

SMALL PILL, SMALL DOSE, SMALL PRICE Genuine must bear Signature

WESTERN CANADA'S 1910 **CROPS**

Wheat Yield in Many Districts Will Be From 25 to 35 Bushels Per Acre

Land sales and homestead entries increasing. No cessation in numbers going from United States. Wonderful opportunities remain for those who intend making Canada their home. New districts being opened up for settlement. Many farmers will net, this year, \$10 to \$15 per acre from their wheat crop. All the advantages of old settled countries are there. Good schools, churches, splendid markets, excellent railway facilities. See the grain exhibit at the different State and some of the County fairs.

Letters similar to the following are received every day, testifying to satisfactor; itions; other districts are as favorably spoken of:

THEY SENT FOR THEIR SON. Maidstone, Sask., Canada, Aug. 5th, 1910.
"My parents came here from Cedar Falls, Iowa, four years ago, and were so well pleased with this country they sent to Coeur d'Alene for me. I have taken up a homestead near them, and am perfectly satisfied to stop here."

Leonard Douglas.

WANTS SETTLER'S RATH FOR HIS STOCK.

WILL MAKE HIS HOME IN CANADA "I am going to Canada a week from today and intend to make my home there. My husband has been there s is weeks and at s well pleased with the country is to the state of the s

Yours truly, Mrs. Richard Henry Ebinger. TAKES HIS BROTHER-IN-LAW'S WORD FOR IT.

Takes his brother. In. Law's worth for it.

Taylors Fails, Minn., Aug. 7, 1916,
"I shall go to Camrose this Fail with my cattle and
household goods. I got a poor crop here this year
and my brother-in-law, Azol Nordstrom in Camrose,
wants me to come there. He formerly lived in
Wilton, North Dakota. I am going to buy or take
homestead when I get there, but I do not want to
travel two times there, for I take my brother-in-law's
word about the country, and want to get your low
rate."

Yours truly

Peter A. Nelson.

WANTS TO RETURN TO CANADA. I went to Canada nine years ago and took up a terr section of railroad land and a homestead; my boys have never taken up any land yet. I hold the railroad land. I had to come back to states on account of my health. Please let me wat once if I can get the cheap rates to Ponchia.

GALVA

KNIGHT

Send for literature and ask the local Canadian Government Agents for Excursion Rates best districts in which to locate, and when to go. E. T. HOLMES, 315 Jackson Street, St. Paul, Minnesota J. M. MAC LACHLAN, Bex 116, Watertown, South Dakota

Stop Spending Money On Your Roof

W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska

Use Gal-va-nite—the first is the last cost. With a Gal-va-nite roof you will forget you ever owned one, and will save money. No more repair bills. Put it on and forget it.



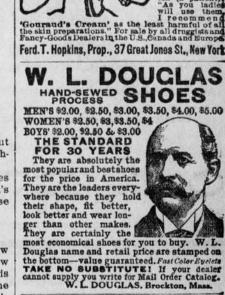
three coats of mineral asphalt on heavy wool felt, and a coat of flaked mica. Mica is a mineral product that never wears out. It protects the roofing, keeping the oils from drying up, and keeps the weather out.

Gal-va-nite is pliable and easy to handle. One man can lay it without any trouble. When laid it makes a one-piece roof.

Send for samples and Free Book.

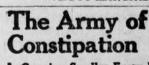
UNION ROOFING & MANUFACTURING CO. 200 UNION ROAD, ST. PAUL, MINNESOTA





A Skin of Beauty is a Joy Forever

DR. T. FELIX GOURAUD'S Oriental Cream and Magical Beautifler





SIOUX CITY PTG. CO., NO. 37-1910

