

### To Lydia E. Pinkham's **Vegetable Compound**

Bloomdale, Ohio.—"I suffered from terrible headaches, pains in my back and right side, and was tired all the

was tired all the time and nervous. I could not sleep, and every month I could hardly stand the pain. Lydia E. Pinkham's Vegeta-ble Compound re-stored me to health again and made me 40 again and made me feel like a new wo-man. I hope this letter will induce other women to avail themselves of

this valuable medicine."-Mrs. E. M. FREDERICK, Bloomdale, Ohio.

Backache is a symptom of female Backache is a symptom of remate weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so safely and surely as Lydia E. Pinkham's Vegetable Com. pound. Cure the cause of these dis-tressing aches and pains and you will become well and strong. become well and strong.

The great volume of unsolicited tes-timony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has restored health to thousands of women.

If you have the slightest doubt that Lydia E. Pinkham's Vege-table Compound will help you, write to Mrs. Pinkham at Lynn, Mass., for advice. Your letter will be absolutely confidential, and the advice free.

# VESTERN CANAB*i*

What Prof. Shaw, the Well-Known Agri-sulturiet, Says About It:



70.000 Americans crop of wheat, oats and barley, in addition to which the cattle experts was an immense item, Cattle raising, dairring, mised farming and grain growing in the provinces of Manitoba, Sakat-chewan and Alberta. Froe homestead and pre-emp-tion arcea, as well as lands held by railway ad land companies, will provide homes for millions. Adaptable sell, healthful cli-mate, splendid schools and churches, and good railways. For settlers' rates, descriptive to reach the country and other par-ticulars, write to Sup't of immi-gration, Ottawa, Canada, or to the following Canadian Goy't Agents' Nº D

our market will im-rove faster than your armers will produce the piles. Wheat can be rown up to the 60th par-lel [800 miles north of ne International bound-r?]. Your vacant land III be takon at a rate

e have enough

n, Ottawa, Canada, or Ing Canadian Gov't An , Box 116, Watertown, South I stt. Room 4, Bee Building, O i nearest you.) where you saw this adverti

The Army of Constipation Is Growing Smaller Every Day. CARTER'S LITTLE give relief-0007 C 17 MEL

Comrades. Come out! Oh, little comrade of the tresses flying free: Rejoice in air and sunlight that were made for you and me. To tarry is a folly and to worry is a sin, Our boat is on the river and the tide comes in.

What roads were ever fairer than the gipsy trails we love. The mossy rock beneath us and the flying cloud above? We mock the squirrel's chatter and the calling of the crows. Our feet are on the mountains and the west wind blows.

Comrades.

The snow-encumbered forest rims a frost-

and the short of t

But when we're done with roving under heaven's mighty dome A desper joy is waiting in our bounded realm of home; The lamplight throws a halo round a aunny little head. It's cogy by the hearthside when the flame glows red. -Arthur Guiterman in Woman's Home Companion.

POOR RICHARD'S MAXIMS

Franklin's Proverbs of Thrift Especi-

ally Applicable at This Time.

From the Indianapolis News. If a postal savings bank is established on the proposed lines, it might be well to recognize on the deposit card and on

the bonds that are to be issued the wholesome maxims of Franklin, the first American philosopher. Poor Richard's sayings would in this way have a de-servedly wide circulation and would be servedly wide circulation and would be read by the plain people greatly to their advantage as they were read in the early days of the republic. Here are some of the maxims, taken from the Pennsylvania almanac for 1758, of which Benjamin Franklin, under the pseudonym of Richard Sanders, was editor and publisher. Many words will not fill a bushel. God helps them who help themselves. The used key is always bright. The sleeping fox catches no poultry. "Time enough," always proves little enough.

enough. He that riseth late must trot all day and shall scarce overtake his business

and analy scales of the solution of the soluti

ballies that is a so so only that povering the povering of the povering of the povering the povering the povering the povering the povering to be and early to rise makes a man healthy, wealthy and wise. He that lives upon hope will die fast-

Industry pays debts. Diligence is the mother of good luck. One today is worth two tomorrows.

Ome today is worth two tomorrows. Have you something to do tomorrow, do it today. The cat in gloves catches no mice. Little strokes fell great oakes. Employ thy time well if thou meanest to gain leasure. Since thou are not sure of a minute do not throw away an hour. Trouble springs from idleness and grevous toil from needless ease. Fly pleasures and they will follow thee.

thee

Three removes are as bad as a fire. Want of care does more damage than want of knowledge.

want of knowledge. Not to oversee workmen is to leave them thy purse open. If thou wouldst have a faithful serv-ant and one that thou likest, serve thyself. For the want of a nall the shoe was

lost; For the want of a shoe the horse was

lost; For the want of horse the rider was

lost, Being overtaken and slain by the

enemy; All for the want of care about a

All for the want of care about a horseshoe nail. What maintains one vice would bring up two children. Many a little makes a mickle. Fools make feasts and wise men eat

them.

them. Wise men learn by others' harms. When the well is dry they know the need of water. Weuldst thou know the value of money try to borrow seme. He that goes a-borrowing goes

-sorrowing. Pride is as loud a beggar as want and a great deal more saucy. Fride that dines on vanity sups on

We Can Not Part. Dear Love, we can not part. It is too late To disunite our closely woven fate. We can not part; as roots that intertwine Once cut asunder wither and decay So were it death to part thy life from

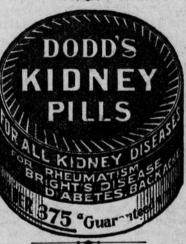
mine. Together we have drunk the wine of life, Shared all our griefs, our hopes, and our delight. Fathomed great deeps, and climbed to

delight. Fathomed great deeps, and climbed to dizzy heights. Lit up love's forch and watched its bea-con blaze Down the dark world and brighten all its

ways. We can not part. The seasons come and

go And life's poor puppets wander to and fro, But thou and I, beloved, eternal stand, As God decreed, in love's enchanted land, Beyond the reach of time's relentless hand.

We can not part. -Pall Mall Gazette.



Concerning Comets. Oh, de comet come a-blazin', But he ain't no good to me; He's sumpin' right amazin', But he don't help folks to see. An' yet we makes 'miration An' fohgits de moon so bright, Dat takes her reg-lar station When we really needs de light,

Dar's always dis here danger, Dat makes trouble in de end; In fussin' bout the stranger We neglects de trusty friend. Some folks, like comets glowin', Is boun' to quit you soon. De kind dat's worth de knowin' Is substantial like de moen.

For Red, Itching Eyelid

Falling Eyelashes and All Ey at Need Cars Try Murins Eye Asoptic Tubes-Trial Size-S II Ask Your Druggist er Writ Murins Eye Remedy Co., Chi HA That

### Hopper Calls the Turn.

Hopper Calls the Turn. From the New York Worl 5. If there is anything that De Wolf hopper has a horrer of it is what he calls a male salesperson. He was in a Broadway hat store the other morning buying a new straw lid for the summer season. He found a tile to his liking and the clerk had taken it away to be shaped to the co-median's head. Hopper stood there hatless and ruminating. As he waited there in uffish thought another customer, mad clear through, came hustling up to him. "He actu-ally took me for a clerk," said Hop-per at the Lambs' when he was telling about it afterward. "See here," exclaimed the indignant one, "this hat of mine doesn't fit." The tall comedian calmly looked him over from head to foot, then he drawled: "Neither does your coat!" Query: Who had the other's goat?

Pettit's Eye Salve for 25c.

Relieves tired eyes, quickly stops eye aches, congested, inflamed and com-mon sore eyes. All druggists or How-ard Bros., Buffalo, N. Y.

### The "Bo'n Oratah."

From the Lyceumite. It is narrated that Colonel Breckin-ridge, meeting Majah Buffo'd on the streets of Lexington one day, asked: "What is the meaning, suh, of the con-

o'se befo' the co't house?" To which the majah replied: "General Buckneh, suh, is making a

WRESTLING TRUST IS An Etude in lvory. A gleam of amber through the sunset's And on the keys your hands that softly **MANAGING ALL BOUTS** 

St. Louis Writer Finds Good

**Reasons for Suspecting That** 

Whether the wrestling game is above

uspicion is a question that has arisen

in connection with the rapid rise of

the sport. Frequently it has been intimated that there was a "wrest-

ing trust." That the rumor is not un-

No Real Contest.

sere on their own account.

Et Tu, Frank Gotch!

All Is Not Right.

And on the keys your hands that solidy creep, Aimlessly wandering like little sheep, Lost in a pasture-land of long ago. Dusk and the shadows sifting to and fro. And far away upon some twillit steep, Fast in the dew-washed asphodel asleep. Drunken in dreams that stir as drifted snow. Where now the wind is but a shepherd's

And overhead the clouds a scattered

fleece, Swift as the scud and restless at the sea. Dr where borne home across that pallid mead, I see no more the lovely vales of Greece,— Only your hands that are of ivory! —The Delineator.

## SAVED HER LIFE.

Newton, Iowa, Woman Restored to Health.

Mrs. Ida Finch, 217 E. Main St., Newton, Ia., says: "I was suddenly taken with pain in

my back, so severe the doctor had to in-ject morphine. My kidneys were in a terrible state, the secretions contain-ing heavy sediment, scalding and passing irregularly. My feet and ankles swelled MI

ing trust." That the rumor is not un-founded is evidenced by the following from the St. Louis Post-Dispatch: Imagine a "wrestling trust!" One finds some difficulty trusting most wrestlers. But there exists a syndicate that has reached out and, in one way or another, obtained control of all the wrestlers of consequence in the coun-ity. And of some not so fortunate. Now this may be a good thing for the wrestler—It insures him regular smployment at a fixed salary and mables him to earn a living without Ernest-Roeberizing the whole sport or fiving it a most dissolute appearance to the public. But it is awfully rough on the sport sovers, as St. Louis must be realizing from the dearth of good shows of the wat variety held in St. Louis. No Real Contest. and puffy spots ap-peared beneath my smothering spells in eyes. I had 25 No Real Contest. The recent Zbyszko-Olson contest was the first in which out-of-town wrestlers of note have competed here since the "trust" introduced its own show, right under the noses of local promoters. That was when Gotch and company appeared with Jeffries and lis combination, last Christmas. Naw nobody for a moment thinks one day and thought I would die. I doctored with the best local physicians, but they were unable to help me. Then I started taking Doan's Kidney Pills and soon began to im-prove. They saved my life." ils combination, last Christmas. New nobody for a moment thinks that either the exhibitions given by Jotch and his troupe or that by Oison and Zbyszko had any of the savor of a real contest. So we haven't really seen permitted to get a match here with red corpuscies in it since the old lays when Charles Haughton was on earth. Nor is there much likelihood that we will ever be able to see a good thow unless the heads of the "trust" is fit to come into town and stage one is the town and stage one

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

## Charity and Prudence.

From Youth's Companion. The contradictions of life are many. An observant man remarked recently that he was prowling about a certain city square, when he came upon a drinking-fountain which bore two con-dicting inscriptions

flicting inscriptions. One, the original inscription on the fountain, was from the Bible: "And whosoever will, let him take the water of life freek" of life freely." Above this hung a placard: "Please do not waste the water."

Skin Beauty Promotea.

Et Tu, Frank Gotchi For today the syndicate of men headed by George Kennedy and Joe Coffey, of Chicago, has virtually con-trol of the services of every American wrestler; and it has a pretty good anderstanding with Frank Gotch. If you think this is drawing it too strong here is a bona fide reply, in part, written by Kennedy to a St. Louis man who has since offered as high as \$12,-b00 to bring a certain match here: "Here are the men I can get for your show, who are not hooked up with other dates now: Eugene Trem-bly, Canada, 135 pounds; Yussif Mah-nout, 200 pounds; Stanislaus Zbyszko, 135 pounds; Jim Essen, 225 pounds; Raoul de Rouen, 230 pounds; Charles Dutler, 220 pounds; Pat Connolly, 198 pounds; Con Kelley, 212 pounds. • I will put on Mahmout for 50 per yent of the gross receipts, transporta-ion and a guarantee that the wrestlers i hemselves get not less than \$250 for their share." Modest One. In the treatment of affections of the skin and scalp which torture, disfigure, itch, burn, scale and destroy the hair, as well as for preserving, purifying and beautifying the complexion, hands and hair, Cuticura Soap and Cuticura Ointment are well-nigh infallible. Millions of women throughout the world rely on these pure, sweet and gentle emollients for all purposes of the toilet, bath and nursery, and for the sanative, antiseptic cleansing of ulcerated, inflamed mucous sur-faces. Potter Drug & Chem. Corp., Boston, Mass., sole proprietors of the Cuticura Remedies, will mail free, on request, their latest 32-page Cuticura

Book on the skin and hair. Nothing in Common. From the Houston Chronicle. And how old are you, little girl?"

"Six." "And how is it you are out walking

without your mamma?" "Oh, mamma doesn't go in for exer-cise. Really, we have very little in common

DR. MARTEL'S FEMALE PILLS. Seventeen Years the Standard.

Darker practices than mere control of the wrestler's time and dates are hinted at by the enemies of the trust. If the trust is nursing a prospective big match, we are told, through wire pulling it pre-Prescribed and recommended for Women's Ailments. A scientifically rents the affair reaching an ante-climax such as might happen by having the wrestling gentleman being groomed for prepared remedy of proven worth. The result from their use is quick and permanent. For sale at all Drug

Stores.



## Libby's Vienna Sausage

is distinctly different from any other sausage you ever tasted. Just try one can and it is sure to become a frequent necessity.

Libby's Vienna Sausage just suits for breakfast, is fine for luncheon and satisfies at dinner or supper. Like all of Libby's Food Products, it is carefully cooked and prepared, ready to serve, in Libby's Great White Kitchen - the cleanest, most scientific kitchen in the world.

Other popular, ready-to-

serve Libby Pure Foods are:

**Cooked Corned Beef** 

Peerless Dried Beef Veal Loaf **Evaporated Milk** 

Baked Beans Chow Chow

**Mixed Pickles** 

Insist on Libby's at your

Libby, McNeill & Libby

Chicago

**ALLEN'S FOOT-EASE** 

Allen's Foot Ease, the antiseptic pewder for the foot. If ourse paint of the foot. If ourse and instantly takes the ships of the orns and bunkers, marting, nervous fost, and instantly takes the ships of the east couns fort discovery of the rage. Allen's Foot-Ease makes tights-fiding or new shoes feel ease, It is cortain ours for ingrowing nails, wrate-ing, callous and thed, sching feel ing, callous and thed, sching feel be not increased any ambentiate. Bon by mail for its, is stampl. EDET TRIAL PACKAGE

FREE TRIAL PACKAGE

MOTHER GRAY'S SWEET POWDERS, the heat medicine for Foverish, sickly Onlides. Sold by Dragists scorywhere. Trial Package FIREE, Address. ALLEN S. OLMSTED, Lo Roy, N. T.

grocer's.

ALL PILL, SMALL DOOR, SMALL PRICE



W. L. DOUCLAS SHOES \$5, \$4, \$3.50, \$3, \$2.50 & \$2

THE STANDARD FOR 30 YEARS. Millions of men wear W. L. Douglas shoes be-eause they are the low-est prices, quality con-dicered, in the werld. Made upon honor, of the best leathers, by the most skilled workmen, in all the latest fashions.

W. L. Douglas \$5.00 and \$4.00 shoes equal Custom Bench Work cesting \$6.00 to \$8.00. Boys' Shoes, \$3,\$2.50 & \$2

W. L. Douglas guarantees their value by stampin his name and price on the bottom. Leek for it Take No Substitute. Fast Color Eyelet Ask your dealer for W. L. Douglas shees. If no forsalein your town write for Mail Order Catalog abew ing how to order by mail. Shoes ordered direct free factory delivered free. W. L. Douglas, Brookton, Mass

DAISY FLY KILLER amental, conveni-nt, chesp. Lasts all easen. Made of met-Of all dealers or sent prepaid for 20 cents. HAROLD SOMERS. 50 DeKalb ave. ,



NATIONAL LIVE STOCK COM. CO. At either KANSAS CITY, MO. ST. JOSEPH, MO. SO. OMAHA, NEB.

PATENTS Watson B. Coleman, Wash ington, D.C. Books free, High SIOUX CITY P'T'G CO., 1,352-26, 1910 a calculati

Pride breakfasted with pienty, dined with poverty and supped with infamy. The second vice is lying; the first is running into debt.

Lying rides upon debt's back. It is hard for an empty bag to stand

Creditors have better memories than

They have a short lent who owe money to be paid at easter. Experience keeps a dear school, but feols will learn in no other and scarce-ly in that.

ly in that. Plow hard while sluggards sleep, and you will have cern to sell and to keep. He that by the plew would thrive, himself must either hold or drive.

JAPANESE "ADDING MACHINE."

Oriental Bank Clerk Beats American on Long Column of Figures. From the Tacoma Ledger. At a meeting of the Tacoma chapter

Long Column of Figures. From the Tacoma Ledger. At a meeting of the Tacoma chapter of the American Institute of Bank Clerks the other night a Japanese clerk, using a "saroban," "put it all over" a Tacoma bank clerk using a modern adding machine in casting up a long column of figures. The Japanese, with his "saroban," did the arithmeticti "stunt" in 30 sec-onds, while the bank clerk, with his modern adding machine, took 54 sec-onds to obtain a total and afterward it was found the clerk of the modern adding machine had made an error, while the Japanese with his little aba-cus or "saroban" obtained the correct result the first time. In another test the Japanese might make an error, as add the bank clerk. However, it is sig-ificant that the Japanese did not err and that he obtained a correct result far more quickly, though he used an ancient writhmetical device. The Japanese that won the contest in adding was once a clerk in a bank at Osaka, Japan. He disclaims being an expert in adding, and says many Jap-anese are much faster on the "saroban" than he. The little old-fashioned add-ing machine used by the Japanese is what we call an abacus. Years ago in our public school rooms the abacus used to hang on the wall, and it was sometimes used in the study of arith-metic. It is not used much nowadays, thought it would appear from the speed and accuracy of the Japanese that it might be employed with good results. The abacus is very ancient. It was used by the Egyptians and Greeks in a form similar to that now used in Ja-panese spread upon board and that numerals were inscribed in the dust. The victory of the Tacoma Japanese oword meaning "dust." It is said that unerals were inscribed in the dust. The victory of the Tacoma Japanese omencial commissioners visited the United States, a contest was held in a calculation contest in which he used an abacus.

which a Japanese came out ahead in a calculation contest in which he used bo'n oratah."

What do you mean by a bo'n oratah?'

tah?" "If yo' or I, suh, were asked how much two and two make, we would reply 'foh.' When this is asked a bo'n oratah he replies: 'When in the co'se of human events it becomes necessary to take an integeh of the second de-nomination and add it, suh, to an in-tegeh of the same denomination, the result, suh—and I have the science of mathematics to back me in my judg-ment—the result, suh, and I say it without feah of successful contradic-tion, suh—the result is fo'.' That's a bo'n oratah."

The man who lies awake most of the night with insomnia can usually sleep between 6 and 8 in the morning, especially if he can hear his side part-ner encouraging the oldest son to ma-nipulate the lawn mower.

Men rarely become conceited while working in the garden, no matter how much their wives boast to the neigh-bors of "hubby's" prowess as a gardner.

# he the championship occasion beaten be-fore he meets Gotch. All wrestlers are "peinted" by the trust, for bouts with When Mahmout came to this country.

How could you take it for so little! And

te'll do just as nicely for any of the other wrestlers, won't you. Fifty per cent guarantee and let the St. Louis man carry

he bag for all the expenses. Great! Jotch is a little better-lt's 60 per cent if rou'd like him. Within the last year pro-noters have several times tried to bring

prominent wrestlers here. But the wires would not be pulled so that the shows would be made to break even.

Possibility for Evil.

worked his way up to Gotch. He met worked his way up to Gotch. He met worked his way up to Gotch. He met verything in sight before he finally won the privilege of getting beaten-just as veryone knew would happen all along. But think of the box office receipts before the Mahmout lemon was entirely the Mahmout lemon

squeezed! Next it was Zbyszko, who was imported and sent around the circuit. And does it act look peculiar that Gotch could not pudge this man in Buffalo long ago, but pould throw him twice in half an hour at Chicage? The difference between a \$5,000 house and a \$35,000 gate explains, perhaps.

Smart Men, Those Trusty Ginks. There's nothing really illegal in what is ctually known of the trust's methods. But the combination stultifies the game a bit. It is perhaps not more to be consured than the theatrical trust.

The man who deserves most blame go sway with least. He is Frank Gotch. He ends his assistance to the plans of the promoters in their "date" making. With-but Gotch the "trust" would fall of its weight.

If Gotch really retires, now is the time, re gentlemen of promoting instincts, who have been raving for a chance to re-open the wresting game in this and other sities, to step in and guess who is to be best champion, and get him down on a

sontract. If you do you can get a little pin money for the winter hoard, too.

Practice That Made Perfect. From Life.

From Life. "Yes, sir," says the barber, deftly rubbing the lather into the scalp of the patron, "I was ship's barber on a trans-Pacific steamer for five years, until the ship was wrecked and I was cast away on an island in the south seas. I lived there for two years and never saw a human being, but when I was rescued I flatter myself I was a better shampooer than ever. I kept in prac-tice all the time." "How did you manage it?" asks the patron.

patron. "I shampooed the cocoanuts."

She Knew the Worst. From the St. Louis Star. Mistress (hiring servant)—I hope you know your place? Servant—Oh, yes, mum! The last three girls you had told me all about it."

His Marks.

From the London Sketch. Sister Ann-Did yer get any marks at school terday, Bill? Bill-Yus, but they're where they don't show.

Wave Your Hand to Care. Get out into the morning And breathe the blessed air, Light up your soul with sunshine And wave your hand to care.

Go where the streams are singing. Stand where the skies are fair. God's bells of joy are ringing— Bo wave your hand to care. —Fank L. Stanton.

Making the Foreigner Pay. From the London Tatler. "Yes, Mrs. Snoggs, I 'oped as 'ow they would get tariff reform and make the foreigner pay, as we've got one in our top floor back and I ain't 'ad no-think of him for six weeks now."

Mrs. Winclow's BOOTHING STRUP for Children toothing, softens the guma, reduces inflammation, allayspain, cures wind colls. 20 a bottle.

A Confirmed Pessimist.

A Confirmed Pessimist. From the Catholic News. "How is your wife, John?" John (the waiter): "Well, I don't know, miss. When the sun don't shine she's miserable, and when it does she says it fades the carpet."

Dr. Pierce's Pellets, small, sugar coat-ed, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not gripe.

### Probably True. From Success Magazine.

nor injure. One tablet, taken when you need it, always remains enough.

Vest-pocket box, 10 cents-at drug-stores. People now use a million boxes monthly.

Pills are wrong

—so is every harsh

cathartic. They callous

the bowels so you must in-

crease the dose. Candy Cascarets

bring natural action. They never gripe

2,000 ACRES of best improved Oklahoma corn and alfalfa land sold at suction, July 27, 1910. Divided into 10 160-acre farms. Four 80 and 16 5-acre tracts. Ad-joining town of 1,600 inhabitants. For full particulars and description of each tract, address, C. George, Apache, Okla.

He Did His Duty. A hungry Irishman entered a restu-rant on a Friday and said to the

waiter: 'Have yez any whale?"

"No." "Have yez any shark?"

"No." "Have yez any swordfish?"

"No." "All right," said the Irishman. "Then bring me ham and eggs and a beefsteak smothered with onions. Good-ness knows I asked for fish."

From Success Magazine. A raw Irishman shipped as one of the crew on a revenue cruiser. His turn at the wheel came around and after a somewhat eccentric session in the pliot house he found himself the butt of no little humor below. "Begorrah," he growled at last, "and ye needn't talk. I bet I done more steerin' in tin minutes n' ye done in yer howl watch." "Then bring me ham and eggs and a beefsteak smothered with onions. Good-ness knows I asked for fish." The Trust Buster in Babylon. From the Washington Star. "There is Nebuchadnezzar eating grass like an ox!" said one courtier. "Let's hope for the best," replied the other. "Maybe he's trying to get even with the Babylonian beef trust."

# A Poor Weak Woman

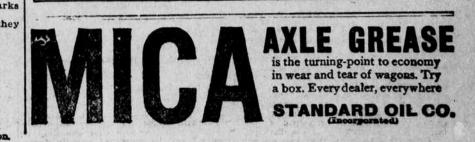
As she is termed, will endure bravely and patiently agonies which a strong man would give way under. The fact is women are more patient than they ought to be under such troubles.

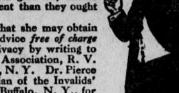
to be under such troubles. Byery woman ought to know that she may obtain the most experienced medical advice free of charge and in absolute confidence and privacy by writing to the World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y. Dr. Pierce has been chief consulting physician of the Invalids' Hotel and Surgical Institute, of Buffalo, N. Y., for many years and has had a wider practical experience in the treatment of women's diseases than any other physician in this country." His medicines are world-famous for their astonishing efficacy.

The most perfect remedy ever devised for weak and deli-cate women is Dr. Pierce's Favorite Prescription.

IT MAKES WEAK WOMEN STRONG, SICK WOMEN WELL.

The many and varied symptoms of woman's peculiar ailments are fully set forth in Plain English in the People's Medical Adviser (1008 pages), a newly revised and up-to-date Edition of which, cloth-bound, will be mailed free on receipt of 31 one-cent stamps to pay cost of mailing only. Address as above.







with strawberries and cream.

A delightful combination that strongly appeals to the

The crisp, fluffy bits have a distinctive flavour and are ready to serve from the package without cooking.

Convenient,

Appetizing,

Healthful food.

"The Memory Lingers"

Popular pkg. 10c.

Family size 15c.

POSTUM CEREAL CO., Ltd. Battle Creek, Mich.

appetite.