FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Read What They Say.

Miss Lillian Ross, 530 East 84th Street, New York, writes: "Lydia E. Pinkham's Vegetable Compound overcame irregularities, periodic suffering, and nervous headaches, after everything else had failed to help me, and I feel it a duty to let others know of it."

Katharine Craig, 2355 Lafayette St., Denver, Col., writes: "Thanks to Lydia E. Pinkham's Vegetable Compound I am well, after suffering for months from nervous prostration."

Miss Marie Stoltzman, of Laurel, Ia., writes: "I was in a run-down condition and suffered from suppression, indigestion, and poor circulation. Lydia E. Pinkham's Vegetable Compound made me well and strong."

Miss Ellen M. Olson, of 417 N. East St., Kewanee, Ill., says: "Lydia E. Pinkham's Vegetable Compound cured me of backache, side ache, and established my periods, after the best local doctors had failed to help me."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Scarcely Worth Mentioning.

From the Chicago Tribune.

"I expect to make a few books with me, said the aeronaut, "as the trip is likely to be a long one."

"They'll be useful for ballast, too, I presume," observed the reporter.

"Not in the least," rejoined the aeronaut, "I shall take nothing but light fiction."

WE SELL GUNS AND TRAPS CHEAP & buy Furs & Hides. Write for catalog 105 N. W. Hide & Fur Co., Minneapolis, Minn.

It is a conceit of the Galveston Times that "when a woman who trots around all day marries a man who runs around all night, it is only a question of time until one of them exceeds the speed limit."

SIOUX CITY P'T'G CO., 1,268—46, 1908

Speed of Flight of Pigeons.

From the Outing Magazine.

Of our game birds the most gregarious and most beautiful passenger pigeon, now unhappily practically extinct, is or was doubtless the most rapid of continuous flyers; yet to a total length of about 16¾ inches, its wings' length is about 7 8-10 inches, a proportion less favorable for speed than with certain other less rapid species of its family. Their sustained speed certainly exceeded a mile a minute, and some authorities have estimated it as high as 120 miles per hour. The fact is often quoted that the wild rice of the Carolinas was sometimes found in the stomachs of birds shot in Canada, showing both marvelous speed and endurance.

BOY KEPT SCRATCHING.

Eczema Lasted 7 Years—Face Was All Raw—Skin Specialists Failed, but Cuticura Effected Cure.

"When my little boy was six weeks old an eruption broke out on his face. I took him to a doctor, but his face kept on getting worse until it got so bad that no one could look at him. His whole face was one crust and must have been very painful. He scratched day and night until his face was raw. Then I took him to all the best specialists in skin diseases, but they could not do much for him. The eczema got on his arms and legs and we could not get a night's sleep in months. I got a set of Cuticura Remedies and he felt relieved the first time I used them. I gave the Cuticura Remedies a good trial and gradually the eczema healed all up. He is now seven years old and I think the trouble will never return. Mrs. John G. Klumpp, 80 Niagara St., Newark, N. J., Oct. 17 and 22, 1907."

That Famous Swim.

From the Bohemian Magazine.

"It is a very dangerous thing, I have found, to tell stories to the present younger generation," a Sunday school teacher recently remarked. "Now, I have always been fond of illustrating the gospel lessons with little stories which helped to point the moral, and a favorite with me was one of a young Roman athlete who used to swim the Tiber three times every morning. This generally made a hit with the boys in my class, but one Sunday a new lad with Irish eyes appeared, and at the conclusion of this story he snickered audibly.

"'You seem to think that this story is rather funny, Patrick,' I remarked severely. 'Will you tell us in what respect?'

"'Seems like he might have made one more trip and got his clothes, Miss,' he replied with a cheerful grin."

From Success Magazine.

Harry is 6 years old. "Pa," he asked one day, "if I get married will I have a wife like ma?"

"Very likely," replied his father.

"And if I don't get married, will I have to be an old bachelor like Uncle Tom?"

"Very likely."

"Well, pa," he said, after a moment's deep thought, "it's a mighty tough world for us men, ain't it?"

KING EDWARD'S TREE HAS TO BE FELLED

New York.—Its life ended, the big English oak, known as the Prince of Wales tree, which was planted in the Mall in Central park in 1860, by King Edward VII, then prince of Wales, has been cut down. "Jack" Griffin, a park foreman and a loyal Irishman, wielded the ax that felled the English tree. Several attempts had been made by arbor culturists to save it, but to no avail. Its final destruction followed several public letters which suggested the danger of the tree falling and injuring persons.

While traveling in this country the then prince of Wales, using the incognito of Baron Renfrew, acted upon a suggestion of A. H. Green, then controller of the parks, and planted in Central park an English oak and an American elm. Many men in public life were present at the planting. Mr. Green held the saplings upright in the holes, which had been dug, and the prince heaved the dirt in around the roots. The American elm still is in a flourishing condition.

From the Baltimore American.

"Mummified remains of beings who existed hundreds of years ago have been dug up during the work of excavating that has been going on in the old catacombs of Quanajuato, Mexico," said Dr. S. Burg. "The people whose bodies were discovered must have lived long before the settlement of the republic, and the finds have occasioned much interest among scientific men. Some of the bodies were decked with beads and ivory trinkets that were in vogue before the coming of the Spaniards, so that these people must have lived in that part of the country centuries ago. The mummies were discovered under an old cemetery while the excavations were being made by some prospecting miners."

The St. Louis Times notes a difference between following the crowd to the polls and following the gang.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Two "Bully" Ones.

From the Argonaut.

At the convention of the Irish race last month in Dublin two speakers, who had come from the United States, contributed the following sentences in the course of their speeches. One of them, in giving some details of personal history, informed his hearers that "he had left Ireland 53 years before, a naked little boy, without a dollar in his pocket." Said the other: "Until last week I had never set foot in the land of my birth."

Never try to cement your friendship with a woman by means of paste jewels, is the warning given men by the Topeka State Journal.

Winter Drainage Suggestion.

From the Outing Magazine.

Winter drainage is not the same as summer drainage, and it must be attended to very carefully at this closing up season. In summer we simply want capacious tiles running through the soil, capable of keeping it from being waterlogged; and we want a sloping of drives so that swift showers shall be carried quickly by surface ditches. But in winter there is often a body of melting snow very suddenly let loose, that will wash the best soil off your land, tear gutters through your strawberry beds and possibly even heave out your young trees. It is extremely important, just as you wind up your work, to cut surface drains of a temporary sort, where the slopes are likely to be washed, and so as to catch the flush of water before it accumulates and throw it out of your garden and off your lawn. These superficial drains can be closed in the spring, or if left at all, can be modified to very shallow and almost unnoticeable sluices.

PERFECT HEALTH

After Years of Backache, Dizziness and Kidney Disorders.

Mrs. R. C. Richmond, of Northwood, Iowa, says: "For years I was a martyr to kidney trouble, backache, dizzy spells, headaches and a terrible bearing down pain. I used one remedy after another without benefit. Finally I used a box of Doan's Kidney Pills and the backache ceased. Encouraged, I kept on and by the time I had used three boxes not a sign of the trouble remained. My health is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Carriers of Moral Disease.

Dealing with "carriers of disease" at the sanitary conference in Liverpool recently, Sir James Crichton Browne passed from the physical dangers presented by books and newspapers to a criticism from the mental and moral point of view.

"There is unhappily in circulation in these days," he said, "literature that altogether apart from prudery or any puritanical prejudice must be pronounced pernicious to health. Mingling with the main and limpid stream are turbid currents here and there, effluents of debased or sordid minds, and loaded with putrescible material and uncanny spores.

"The difficulty is that we have no adequate means of separating this foul stuff and getting it into the septic tank. There are novels in demand—'hot novels,' I am told they are called—that pander to vicious tastes and excite unholy passions. There are scurrilous journalistic rags about—one sees them sometimes on the tables of the affluent of sporting proclivities—that should only be fingered by decent people with tongs while being consigned to flame.

"These are public nuisances which cannot be ignored when we are taking stock of the carriers of disease, for not more surely does sewer gas produce febrile disturbances and anemia and predispose to erysipelas and gangrene than do these emanations of cesspool literature discompose and debilitate the mind and prepare the way for hysteria, moral paralysis and nerve degeneration.

"This kind of literature is dangerous to the public health and should be dealt with like adulterated food."

MRS. WINSLOW'S SOOTHING SYRUP for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

SAYS N. Y. "LUXURY" STANDARD IS CAUSE OF BANK DISHONESTY

Defalcations, Emanating There, Are Corrupting Nation, Declares Examiner Moxey.

New York, Nov. .—Edward P. Moxey, of Philadelphia, the most prominent bank examiner in the treasury department, the chief witness in the prosecution of Charles W. Morse, blames bank dishonesty on the standard of luxury set by New York city. Here is what he says:

"When you can go into a restaurant at 2 o'clock in the morning and behold $60,000 worth of women's gowns at the tables and $3,000 worth of food in process of consumption, something is wrong. And when you observe half a million dollars' worth of automobiles waiting to take this one supper crowd to their homes—or elsewhere—you may be sure that there is queer bookkeeping somewhere.

"The young banker or business man in the smaller community comes to New York. He is taken in hand by his business acquaintances here and shown about the town.

"His hosts spend money on a scale which dazzles him. They take him to luxurious hotels and cafes, where they and the head waiters know each other by name, and where he is introduced to a scale of living fit only for men of millions. He wonders how his friends manage to share in this prodigality, and bit by bit he finds out. They tell him funny stories of transactions which, reduced to a proper financial analysis, are defalcations pure and simple, or, at best, plain gambling.

"'Everyone does it,' they say, 'it's part of the game.' And back to his home town goes the young banker, filled with dreams of sudden wealth and all the gay life that goes with it.

"Too often this person starts to lead the gay life before he has got the sudden wealth. He sees the rich customer of his bank rolling up to the door with a big deposit, or to get a letter of credit for a trip abroad.

"He suspects—perhaps rightly—that their money came by some such financial legerdemain as his New York friends have described with so much relish. Perhaps, he tells himself, it isn't their money at all. Why, then, shouldn't he manipulate it for his own gain; why isn't it anybody's to play with who can get his hands on it?

"Indeed," said Mr. Moxey, "the attitude of trusteeship has suffered a shocking change in recent years. I say in recent years, not because I am one of those pessimistic old fogies who think that people generally were more honest in other days, which they were not, but because it has been my experience of many years that these periods of defalcation come in cycles. Whatever the cause, there are cycles of honesty and cycles of dishonesty; and the present is a cycle of dishonesty, with its cause in modern standards of enjoyable living."

Since Pittsburg has suppressed the Salome dance, the Chicago Record-Herald is prepared to hear that satan has ordered the sinners to quit hades.

Wedding Presents.

We see that at a recent wedding at Kingston there were no presents, "by request," says a London paper. We hope this is to be the beginning of a new era. The wedding present nuisance is nearly as bad as the tipping nuisance. Like all customs of its kind it has grown too much of a tax. One does not object to parting with a doubloon or two to show one's affection for an intimate friend on his or her wedding day, but nowadays everybody who has the slightest acquaintance with one expects a gift. Comparative strangers in India invite one to their daughter's wedding at Simla or Quetta or somewhere equally get-at-able, and then sit with their tongues out waiting for the present. More misery is caused by the wedding present convention than by almost any of the lesser evils of life. Apart from the expense of it, there is the worry. However much a man may disapprove the practice of giving wedding presents he probably wants to do the thing well. The things he would like to give he knows a dozen other people will have chosen. His artistic soul revolts at the thought of fish slices and napkin rings. What he wants is something bizarre, startling and effective, at about 10 shillings, looking as if it had cost £5. That is why so many men one meets in the streets have the worried look and glassy stare.

Coincidence.

"Father," said little Rollo, "do you believe that an ounce of prevention is worth a pound of cure?"

"Yes, my son."

"How many ounces are there in a pound?"

"Sixteen."

"That's strange! There is no telling how that 16 to 1 idea is going to turn up, is there!"

There are now over 250,000 words in the English language acknowledged by the best authorities, or about 70,000 more than in the German, French, Spanish and Italian languages combined.

EXCELLENT WEATHER AND MAGNIFICENT CROPS.

Reports from Western Canada Are Very Encouraging.

A correspondent writes the Winnipeg (Man.) Free Press: "The Pincher Creek District (Southern Alberta), the original home of fall wheat, where it has been grown without failure, dry seasons and wet, for about 25 years, is excelling itself this year. The yield and quality are both phenomenal, as has been the weather for its harvesting. Forty bushels is a common yield, and many fields go up to 50, 60 and over, and most of it No. 1 Northern. Even last year, which was less favorable, similar yields were in some cases obtained, but owing to the season the quality was not so good. It is probably safe to say that the average yield from the Old Man's River to the boundary will be 47 or 48 bushels per acre, and mostly No. 1 Northern. One man has just made a net profit from his crop of $19.55 per acre, or little less than the selling price of land. Land here is too cheap at present, when a crop or two will pay for it, and a failure almost unknown. Nor is the district dependent on wheat, all other crops do well, also stock and dairying, and there is a large market at the doors in the mining towns up the Crow's Nest Pass, and in British Columbia, for the abundant hay of the district, and poultry, pork and garden truck. Coal is near and cheap. Jim Hill has an eye on its advantages, and has invested here, and is bringing the Great Northern Railroad soon, when other lines will follow."

The wheat, oat and barley crop in other parts of Western Canada show splendid yields and will make the farmers of that country (and many of them are Americans) rich. The Canadian Government Agent for this district advises us that he will be pleased to give information to all who desire it about the new land regulations by which a settler may now secure 160 acres in addition to his 160 homestead acres, at $3.00 an acre, and also how to reach these lands into which railways are being extended. It might be interesting to read what is said of that country by the editor of the Marshall (Minn.) News-Messenger, who made a trip through portions of it in July, 1908. "Passing through more than three thousand miles of Western Canada's agricultural lands, touring the northern and southern farming belts of the Provinces of Manitoba, Saskatchewan and Alberta, with numerous drives through the great grain fields, we were made to realize not only the magnificence of the crops, but the magnitude, in measures, of the vast territory opening, and to be opened, to farming immigration. There are hundreds of thousands of farmers there, and millions of acres under cultivation, but there is room for millions more, and other millions of acreage available. We could see in Western Canada in soil, product, topography or climate, little that is different from Minnesota, and with meeting at every point many business men and farmers who went there from this state, it was difficult to realize one was beyond the boundary of the country."

The Eternal Question.

From Harper's Weekly.

In one of the public schools a teacher was explaining the word "recuperate" to the class.

"Bobby," he asked, "suppose your papa worked very hard all day. He would be tired and worn out, wouldn't he?"

"Yes, miss."

"Then, when night comes and his work is over for the day, what does he do?"

"Ah," replied Bobby, "that's what mother wants to know."

If afflicted with sore Eyes, use **Thompson's Eye Water**

HELP FOR WOMEN INSIST ON HAVING **Dr. Martel's Preparation** The Standard Remedy. (At Druggists) Send for book "Relief for Women." FRENCH DRUG CO., 50 W. 23d St., N. Y. City

PATENTS How to obtain them. Book free. 17 years experience. Refer to any bank in Sioux City. H. O. GARDINER, Patent Attorney, 4th and Pierce, Sioux City, Ia.

As to Fog.

From Judge.

The Cape Cod man and the Londoner were traveling on the same train together from Liverpool to the capital.

"Yes," said the Yankee, "we do have consir'rable fog out our way. I've seen it so thick that the landladies of our summer boardin' houses could ladle it out and use it instead o' whipped egg for the heavy part of the floatin' island."

"We 'ave 'em too, in London," said his traveling companion, "but our climate is too dirty to permit of our eatin' it. We burn so much soft coal, you see, the fog gets packed full of soot. The only thing we really can do with it is to cut it up into blocks and use it instead of peat when we want a quick fire."

And the Yankee took out the little American flag he wore in his button hole and put it away in his wallet.

One of the Essentials

of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products.

Products of actual excellence and reasonable claims truthfully presented and which have attained to world-wide acceptance through the approval of the Well-Informed of the World; not of individuals only, but of the many who have the happy faculty of selecting and obtaining the best the world affords.

One of the products of that class, of known component parts, an Ethical remedy, approved by physicians and commended by the Well-Informed of the World as a valuable and wholesome family laxative is the well-known Syrup of Figs and Elixir of Senna. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

Paxtine

TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

THE PAXTON TOILET CO., Boston, Mass.

DYSPEPSIA

"Having taken your wonderful "Cascarets" for three months and being entirely cured of stomach catarrh and dyspepsia, I think a word of praise is due to "Cascarets" for their wonderful composition. I have taken numerous other so-called tremedies but without avail and I find that Cascarets relieve more in a day than all the others I have taken would in a year."

James McGuire, 108 Mercer St., Jersey City, N. J.

Best for The Bowels **Cascarets** CANDY CATHARTIC THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped CCC. Guaranteed to cure or your money back.

Sterling Remedy Co., Chicago or N.Y. 390

ANNUAL SALE, TEN MILLION BOXES

160 ACRE FARMS IN WESTERN CANADA FREE

45 to 50 Bushels of Wheat per Acre

have been grown on Farm Lands in

WESTERN CANADA

Much less would be satisfactory. The general average is above 20 bushels

"All are loud in their praises of the great crops and that wonderful country."—Extract from correspondence National Editorial Association of August, 1908.

It is now possible to secure a Homestead of 160 acres free and another 160 acres at $3.00 per acre.

Hundreds have paid the cost of their farms (if purchased) and then had a balance of from $10.00 to $12.00 per acre from one crop.

Wheat, Barley, Oats, Flax—all do well. Mixed Farming is a great success and Dairying is highly profitable.

Excellent Climate, splendid Schools and Churches, Railways bring most every district within easy reach of market.

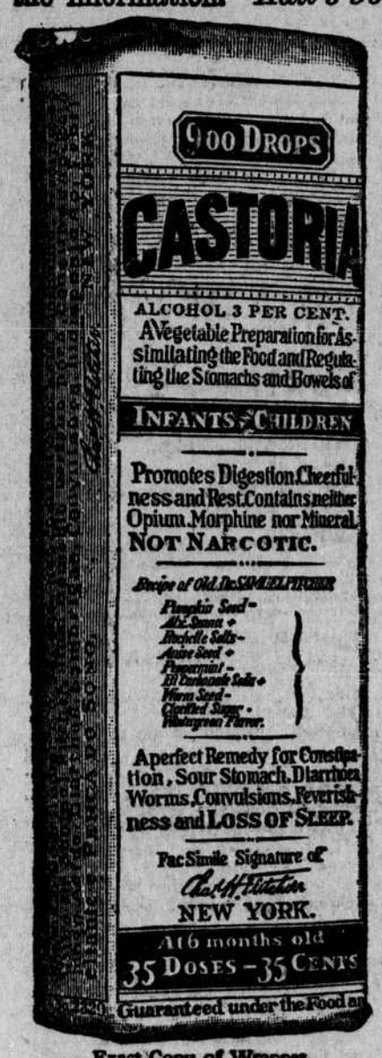
Railway and Land Companies have lands for sale at low prices and on easy terms.

"Last Best West" Pamphlets and maps sent free. For these and information as to how to secure lowest Railway Rates apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn.; J. M. MacLachlan, Box 126 Watertown, South Dakota, and W. V. Bennett, 801 New York Life Building, Omaha, Neb., Authorized Government Agents.

Please say where you saw this advertisement.

Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: *First*—The indisputable evidence that it is harmless: *Second*—That it not only allays stomach pains and quiets the nerves, but assimilates the food: *Third*—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—*Hall's Journal of Health.*



Exact Copy of Wrapper.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ills., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory."

Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."

Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."

Dr. Wm. J McCrann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."

Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."

Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join me in heartiest recommendation of Castoria."

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

WE BUY FURS AND HIDES

for spot cash. 10 to 50% more money for you to ship Raw Furs and Hides to us than to sell at home. Write for Price List, Market Report, Shipping Tags, and about our **HUNTERS' & TRAPPERS' GUIDE.** 24 Editions. $10,000 Book 450 pages, leather bound. Best thing on the subject ever written. Illustrating all Fur Animals. All about Trappers' Secrets, Decoys, Traps, Game Laws. How and where to trap, and to become a successful trapper. It's a regular Encyclopedia. Price, $2. To our customers, $1.25. Hides tanned into beautiful Robes. Our Magnetic Bait and Decoy attracts animals to traps, $1.00 per bottle. Ship your Hides and Furs to us and get highest prices. Andersch Bros., Dept. 112 Minneapolis, Minn.