

**FOR FEMININE EYES**



After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucanna, Ind. Ter., writes to Mrs. Pinkham: "I had female troubles for seven years—was all run-down, and so nervous I could not do anything. The doctors treated me for different troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong and well."



**FROCK OF CLOTH OR RAJAH.**

The sketch depicts a smart frock of peacock blue rajah, but the design would also be desirable for lightweight cloth. The gown was made in semi-princess style, with a panel in the middle of the front and back, and the skirt and bodice joined at the sides by a stitched strap belt. Narrow bias bands of the material were used in trimming, and also embroidered buttons of the same color, and the yoke and undersleeves were of ecru tuckered net, embroidered in padded dots, in silk matching the gown material.

**FACTS FOR SICK WOMEN.**

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letter in confidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

Would Gladly Pay. From the Cleveland Leader. The English Winston Churchill's reputation for wit is well known, and on one occasion he made a neat little joke at the expense of a self-opinionated army officer. The incident occurred during a dinner in South Africa, and Mr. Churchill and the officer were seated side by side. Throughout the meal the latter was airing his views, until at last Churchill could stand it no longer. "Do you know," he said quietly, "I met a man today who would gladly forfeit 50 pounds for the pleasure of being able to kick you!" "To kick me, sir?" exclaimed the astonished soldier. "I must ask you to tell me his name at once!" "Oh," replied Winston, "I am not quite sure that I ought to do that." "But I insist on knowing," demanded the other, angrily.

"Well, then, I suppose I must tell you. It was a poor young fellow in the hospital who had lost both his legs by the bursting of a shell."

Different Viewpoints. The Optimist—Yes, I cast my bread upon the water and— The Pessimist—Had it come back to you damp and moldy, I suppose?

Deeply Interested. She—I understand Jigson has a financial interest in the concern he is with. He—Yes, they owe him six months' salary. Couldn't—Keep His Head Above Water. Saintry—Pharaoh received a check on the Bank of the Red Sea. Funnymann—Yes, and the bank must have busted, because immediately after poor Pharaoh went under.

Nothing at All. Binks—Jenkins declares that where he was this summer the mercury dropped to zero one night. Winks—That's nothing. Binks—What's nothing? Winks—Zero.

**Truth and Quality**

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

**DYSPEPSIA**

"Having taken your wonderful 'Cascarets' for three months and being entirely cured of stomach catarrh and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called remedies but without avail and I find that Cascarets relieves more in a day than all the others I have taken would in a year."

James McGuire, 100 Mercer St., Jersey City, N. J.



**SOUPS AND SALADS; SOME GOOD RECIPES**

**Mock Turtle Soup.** Boil a pickled beef tongue till tender, then cut in slices about one-fourth inch thick. Make a gravy of two tablespoons of butter and two tablespoons of flour, browned, adding enough beef stock to make it the right consistency. Then make small balls of the following: One-half cup boiled sweetbreads chopped fine, one-fourth cup cracker crumbs, one egg, and a pinch of salt. Slowly cook the balls in the gravy about 10 minutes, then add the sliced tongue. This is delicious and cannot be told from the genuine turtle soup.

**Veal Soup.** Take one and one-half pounds of veal; cook as you would for any other soup. Cut up good sized onion. When thoroughly cooked take out a bowl of the broth and partly cool. Then into this bowl beat one egg; then turn back into other broth. Season to taste. Dressing for above—One tablespoon sugar, butter size of walnut, salt. Bring to a boil, then add the flour, et cetera, stirring gently until it begins to thicken. Remove quickly from the fire, place in glass jar or covered dish and put in cool place. This forms a soft jelly. When ready to serve take a sufficient quantity of the jelly and beat in enough rich milk or cream to make it smooth and thin enough to spread over the salad. This can be made up in quantities and kept indefinitely.

**Red Salad.** One pint of cold boiled potatoes, one pint of pickled beets, one pint of uncooked red cabbage. Cut potatoes and beets into dice, shred cabbage fine. Dressing for above—One tablespoon sugar, one teaspoon mustard, one tablespoon salt, one tablespoon butter; mix until smooth, add three eggs beaten well, add one cup red vinegar in which beets were pickled, one cup cream.

**HUMAN VIBRATIONS.**

Frenchman Who Thinks He Has Photographed the Emotions. Dr. Baraduc, of Paris, has been lecturing, says the Health Record, at the Theosophical society's rooms in London on human vibration. He showed many photographs of these alleged vibrations by placing a sensitized film on one of the nerve centers.

He usually places the film at night and leaves it till morning. The vibrations of the subject throw the nitrate of silver on the film into a corresponding form of vibration, which is found registered on the film when developed, just as the light reflected from an object through the lens of a camera registers the form of that object.

Dr. Baraduc had also many pictures taken in the ordinary way by means of the camera. In these various states of emotion are shown. Sudden anger appears as a sort of whirling shower of sparks and vapor. A state of high spiritual contemplation produces a misty globe of light some way above the sitter's head.

In one picture the etheric double of a woman kneeling in prayer is shown. According to the doctor the etheric cosmic forces are continually streaming into us and becoming individualized, or streaming out, being disindividualized, mingling again with the general stream.

One photograph showed the vibration of telepathic communication—some had been registered on the film when disindividualized. In one taken as the doctor's wife passed away, the line or bond which had always appeared between them is seen for the first time broken.

**Taller Anyhow.** Mr. Henpeck—All artists say that five feet five inches is the divine height for women. Mrs. Henpeck—I am five feet eight inches. Mr. Henpeck—You are more than divine.

**FIVE RECIPES FOR PIES AND CAKES**

**Breakfast Turncake.** Three cups of flour, three teaspoonfuls baking powder, one heaping teaspoonful of butter, one cup of milk. Roll out about an inch thick and spread on hot griddle. Cover with a basin and turn in 10 minutes. Cover again and bake 10 minutes more.

**Gold Cake.** Take the yolks of eight eggs left from an angel food, one coffee cup of sugar, one-half a cup of butter, cream butter and sugar and beaten yolks, one-half cup of sweet milk, one-half teaspoon soda in milk, and one teaspoon cream tartar, or you can use one heaping teaspoon of baking powder in two cups level full of flour sifted four times. One teaspoon of vanilla, frost, and if you wish a beautiful cake, put freshly grated coconut on top of the frosting.

**Graham Fruit Roll.** To one and a half cups sifted graham flour add three cups sifted white flour, mixed with two cups sweet milk, one teaspoon soda, and two of cream of tartar, roll the dough into two oblong sheets about a quarter of an inch thick, put the layers of fruit between and over them, using one cup of raisins chopped and one cup of dried currants, roll closely, pinching the ends firmly together to secure the fruit. Bake in moderate oven one hour.

**Currant Cake.** Cream well together one large tablespoon of lard and one of butter. Add one cup of light brown sugar, yolks of three eggs, one teaspoon each of cloves, cinnamon, nutmeg, ginger; add two cups of currants that have soaked for a few minutes in water, then add three cups of flour that has been sifted. Add last one heaping cup of sour or butter milk, with one small teaspoon of soda dissolved in a little hot water; then beat your whites of eggs till stiff and add last. Frosting—Scald one goblet of milk and add the whites of two eggs, one tablespoon of cornstarch, half cup of sugar; flavor to taste.

**Hint for Huckleberry Pie.** When baking huckleberry pie if a teaspoon of vinegar is added it greatly improves the flavor.

**STOCKINGS MUST MATCH.** Word has long since come from Paris to the effect that the stockings must be of silk and match the gown. That is a discouraging bit of news, for the price of silk stockings in this country is not what it is in Paris. Of course we have that mercerized variety, which wears far better and looks "almost as well," but she of the slender income who wishes to be strictly "a la mode" must economize most rigidly on food and such trifles if she wishes to obey the latest dictate from the center of fashion!

But they must also match the gown. This will necessitate having not "one to wash and one to wear," but one pair for every gown, possibly one for every day in the week.

She can avoid this difficulty of course, by having all her dresses of the same color, but in time that would undoubtedly grow monotonous.

**HINTS FOR SALADS.** To keep the salad oil trust clear and sweet, add a tablespoonful of salt to a quart of oil. The oil will not taste of the salt, as the latter will not dissolve, but will sink to and settle at the bottom of the cruet.

Salads which the oil should be added first and thoroughly spread before adding the other ingredients and mixing.

Salads which are moist and cooling—particularly cucumber—should have an extra pinch of pepper added to counteract the chilling effect on the eater's stomach.

Cold string bean salad should have a double dose of vinegar, as beans possess in great degree the nutritious and healthful food salts which develop to perfection in acid.

Whenever it is possible pure lemon juice should be substituted for vinegar as being far more wholesome than the latter.

Endives—the pale, cool, succulent curly chicory—salad should be scalded and then chilled to make it more digestible for elderly folk, children or weak digested invalids.

Nicaragua is the largest state in Central America. Its area is 51,650 square miles.

**CASTORIA**

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since his infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

**What is CASTORIA**

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

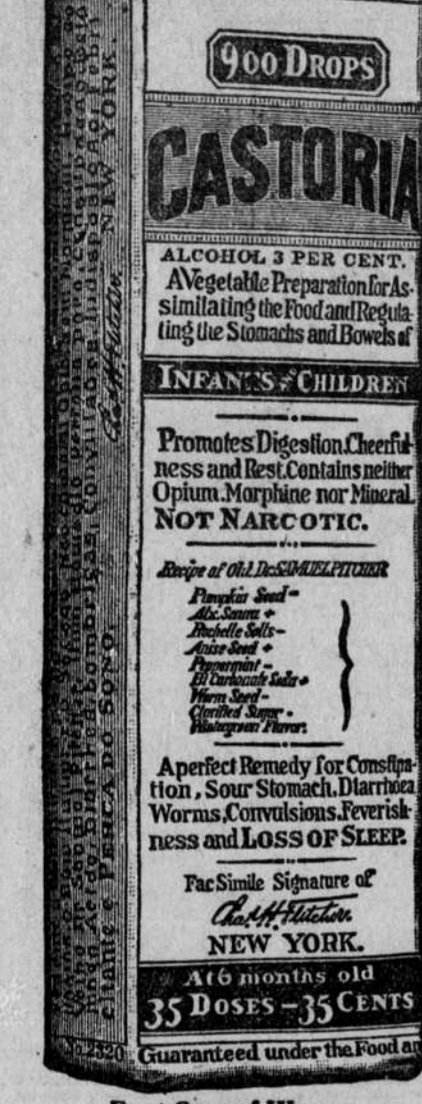
**GENUINE CASTORIA ALWAYS**

Bears the Signature of *Chas. H. Fletcher*

**The Kind You Have Always Bought**

**In Use For Over 30 Years**

THE CENTRAL COMPANY, 77 MURRAY STREET, NEW YORK CITY.



**PUTNAM FADELESS DYES**

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois

**"SPECIAL MERIT" SEAMLESS SCHOOL SHOES**

**SCHOOL SHOES** without seams—think of it—seamless school shoes! They are strong and sturdy, have seamless uppers, tough soles and double leather toes. By far the most durable and lasting shoes obtainable.

"Special Merit" Seamless School Shoes "wear like iron." They wear just twice as long as ordinary shoes with seams.

Made in all styles and sizes, for every day and Sunday wear—for boys and girls. Your dealer will supply you; if not, write to us. Look for the Mayer Trade Mark on the sole.

**FREE**—If you will send the name of a dealer who does a lot of business in Seamless School Shoes, we will send you, post paid, a beautiful picture of George or Martha Washington, size 11x12. State which picture you want.

We also make Leading Lady Shoes, Homoeopathic Shoes, Martha Washington Comfort Shoes and Verma Cushion Shoes.

**F. Mayer Boot & Shoe Co.**  
MILWAUKEE, WISCONSIN

**Which One?**

Chicago Tribune: "What is the name of this line?" asked the stranger on the front platform, steadying himself as the car bumped along the tracks, lurching from side to side.

"Out here," answered the motor-man of the suburban trolley car, taking a chew of tobacco, "they call it the dairy line."

"Why do they call it that?"

"Because if you bring a bucket of sour cream aboard it'll be better when you get to the end of the run."

128 acres rich, smooth, level land, 3,000 bearing apple trees, \$80 per acre. Near Rogers, Benton county, Ark., William Pearce, owner.

**A Budding Philologist.**

Bobbe, aged 5, saw a cow grazing in his mother's flower garden, and shouted, "Scat! scat!"

The cow didn't seem to be much intimidated, and calmly ate on. Three-year-old Mary, dancing with excitement, exclaimed: "Tell him to 'scow,' Wobble, tell him to 'scow!'"

Agents—Wanted to handle line of post cards. Splendid money making proposition, 500 cards free for samples. The Hillson Co., 110 Broad St., Boston.

**So Many Spoons.**

Nina—Yes, dear, on this occasion my great-grandfather courted my great-grandmother, my grandfather courted my grandmother and my father courted my mother.

Fred—Great Cupid! Did you say it was a spoon?

Nina—Why, certainly. What did you think it was?

Fred—I thought perhaps it was a spoon chest.

**Not for Her.**

Miss Sambo—No, indeed, I wouldn't go to no theater.

Mr. Johnson—Why not?

Miss Sambo—A gemman frien' done told me dat play was one er de kin' dat 'ud make you hair curl, an I has trouble sufficient dat way now.

**GIRL WAS DELIRIOUS**

**With Fearful Eczema—Pain, Heat, and Tingling Were Excruciating—Cuticura Aced Like Magic.**

"An eruption broke out on my daughter's chest. I took her to a doctor, and he pronounced it to be eczema of a very bad form. He treated her, but the disease spread to her back, and then the whole of her head was affected, and all her hair had to be cut off. The pain she suffered was excruciating, and with that and the heat and tingling her life was almost unbearable. Occasionally she was delirious and she did not have a proper hour's sleep for many nights. The second doctor we tried afforded her just as little relief as the first. Then I purchased Cuticura Soap, Ointment and Pills, and before the Ointment was three-quarters finished every trace of the disease was gone. It really seemed like magic. Mrs. T. W. Hyde, Brentwood, Essex, England. Mar. 8, 1907."

**The Vicar's Decision.**

From the Philadelphia Enquirer. An old vicar had a groom who had been detected stealing his master's oats. The vicar had not decided what course to take, and meantime the groom had gone to the curate to ask him to plead for him, and the sympathetic young fellow hastened to the rectory to appeal to the vicar. The old vicar heard his curate out, but looked obdurate; so, as a last resort, the curate quoted scripture as a plea for leniency, and said we were taught, when a man took our coat, to let him take the cloak as well.

"That's true," said the vicar dryly; "and, as the fellow has taken my oats, I am going to give him the sack."

**Eddie Wanted a Fan.**

Eddie, not quite three, wanted to ask his mother for a fan one very warm day. To think of the word "fan" was too much for his little brain, so with his little hands he went through the motion of fanning himself and said,

"Stumny, tin Eddie have one of them things to brush the warm off with?"

The voice of a man has been known to carry three miles through a 20-foot trumpet.

**Donald Knaw.**

Margaret, aged 10, was a beginner in history. "Mama," she asked, "what does 'behead' mean?"

"To cut off a man's head, dear."

"There was a moment of silent study; then another question.

"What does 'defeat' mean, mama?"

Little Donald, aged 4, was interested. "I know, mama," was his logical conclusion. "'Defeat' means to cut a man's feet off."

The average elevator in a large, office building travels about 20 miles an hour.

**SICK HEADACHE**

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Heartily Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Couch, Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

**CARTER'S LITTLE LIVER PILLS.**

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear *Fac-Simile Signature*  
**Brewer's Blood**  
**REFUSE SUBSTITUTES.**

**Paxtine**

**TOILET ANTISEPTIC**

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Irradiable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

**Large Trial Sample**

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

**THE PAXTON TOILET CO., Boston, Mass.**

**They're Next.**

Old Gobsa Golde clutched his head with both hands desperately.

"Automobile, yacht, diamond necklace—automobile, yacht, diamond necklace—they are the only words I ever hear. I'm sick of them."

His fair young bride gave him a glance of scorn.

"Well, get them for me," she said, "and I'll ask for entirely different things hereafter."

**The Largest Giver.**

I want to tell you of an inquiry of my little 5-year-old Helen. She attends Sunday school regularly. Returning home one Sunday, she said:

"Mama, every Sunday the man reads how much money each class gives and then he tells how much total gives, and Total gives more than any one. He must be a rich man. Who is Total, mama?"

If it's Your Eye Use P-t-t-i-t's Eye Salve, for inflammation, styes, itching lids, eye aches, defects of vision and sensitive to strong lights. All druggists or Howard Bros.

**A Greek Revival.**

From the Cleveland Plain Dealer. "I went to see the revival of one of the plays by an old Greek author who lived such a dreadfully long time ago."

"Did you enjoy it?"

"Ever so much. It was awfully quaint, and the gowns and sandals were very becoming. And I am sure I never heard such stately language."

"Erysipelas, I think."

Hoped the Day Would End Right. "A bad beginning makes a good ending."

"Well, I hope you are right; my wife's mother came to visit us this morning."

**LAWSON'S "Remedy"** and other investments are listed, including "17 years experience." Refer to any bank in St. Louis City, H. G. BARDNER, Patent Attorney, 4th and 1/2 St. Louis, Mo.

**PISO'S**

**Throat and Lungs**

Need just the protection against cold and disease that is obtained from PISO'S Cure. If you have a cough or cold, slight or serious, begin taking PISO'S Cure today and continue until you are well. Cure the cough while it is fresh, when a few doses of PISO'S Cure may be all that you will need. Famous for half a century. Pleasant to taste. Free from opium and harmful ingredients.

At all druggists, 25 cts.

**CURE**

25 CENTS