

# Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the CALIFORNIA FIG SYRUP CO.

SOLD BY LEADING DRUGGISTS - 50¢ per BOTTLE

T-t-two of a K-k-ind. A tall man, impatiently pacing the platform of a wayside station, accented a red headed boy of about 12.

"S-s-say," he said, "d-d-do y-you know ha-ha-how late this train is?"

The boy grinned but made no reply. The man stuttered out something about red headed kids in general and passed into the station.

A stranger, overhearing the one-sided conversation, asked the boy why he hadn't answered the man.

"D-d-d-ye want see me g-g-get me fa-face punched?" stammered the boy. "D-d-dat big g-g-guy'd tink I was no-mo-mocking him."

Cigar salesmen—Experience unnecessary. Salary \$60 to \$100 per month and expenses. Wonderful "easy selling" plan. Metropolitan Cigar Co., Milwaukee, Wis.

**GREGORY'S SEEDS** are the kind you can depend on. Catalogue FREE. J. J. H. GREGORY & SON, MARLBOROUGH, MASS.



**Accounted For.**  
Elsie—I thought you said it was a sleighing party?  
Ernest—It was.  
Elsie—But you went in an automobile.  
Ernest—I know we did. Our sleighing consisted of running over two dogs and a chicken.

**We Sell Guns and Traps Cheap.**  
Buy Furs & Hides, or tan them for robes & rugs. N. W. Hyde & Fur Co., Minneapolis

"Ten or Twenty, Maybe."  
She kissed him from the window of the Florida special.  
"Now, remember," said he, "the minute you reach Ormond, telegraph."  
"All right," she answered, gratefully.  
"And how much shall I telegraph for?"

**PILES CURED IN 6 TO 14 DAYS.**  
PAZO OINTMENT is guaranteed to cure any case of itching, Blisters, Bleeding or Protruding Piles in 6 to 14 days or money refunded, 50c.

**He Knew.**  
De Booze—Yes, the first time I drank whisky I suppose I made a wry face, but after that it grew on me.  
De Whittly—The rye face? Yes, indeed, it did.

**This Will Interest Mothers.**  
Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, cure Constipation, Feverishness, Teething Disorders, Stomach Troubles and Destroy Worms; 30,000 testimonials of cures. All druggists, 25c. Sample FREE. Address Allen S. Olmsted, Le Roy, N. Y.

**Ain't He Wise?**  
Whit—How does the new mare travel?  
Skit—Fine. Took my girl out slight riding yesterday, and she went great. My arms are sore from holding her in.  
Whit—Holding whom in?

Nothing can be better than Nature's mild laxative, Garfield Tea. Made of Herbs, it overcomes constipation and indigestion, purifies the blood and eradicates disease.

**Sis Hopkins' Sayings.**  
By Rose Melville.  
They say a good many Wall street brokers are eating at the dairy lunch these days.  
Pa says when a man offers you a cigar, don't ask him if he has another. He may think you want both of 'em.

"Wotcher cussin' so fer?"  
"Oh! jest to git it out of me system."

**Along the New Line to the Pacific Coast**  
Through the Dakotas, Montana, Idaho and Washington, the building of this railway opens up a country full of money-making possibilities. Rich farm lands are now selling at \$10 per acre and upwards. They are bound to increase in value within the next few years. Three new towns—Lemmon, Butte County, South Dakota; Hettinger, Adams County, N. Dakota; and Bowman, Bowman County, North Dakota—have recently been established. Three months ago the sites of these towns were open prairie lands. Today at each place a well-built town, with a population of close to 500, is established; many trades and professions are represented. But there is plenty of room for more along the Pacific Coast extension of the

## Chicago Milwaukee & St. Paul Railway

In the Dakotas, and in Montana, along the new line, the soil is a dark loam with a clay subsoil; good water is plentiful; rainfall is ample to raise the crops; the climate is healthful; the air is dry and invigorating; winters are mild; growing seasons are long. The deeded lands sell at \$10 per acre, and upwards. Last season many farmers made enough money from their first year's crops to pay for their land. The Judith Basin, in central Montana, offers exceptional opportunities in farming, particularly in wheat and alfalfa raising. The fruit-grower will find a good field along the new line in Washington. Apples, pears, plums, cherries, apricots and small fruits grow well there. Last year hundreds of acres of bearing orchards produced crops which brought from \$500 to \$600 per acre.

Pamphlets describing these openings are free for the asking.  
F. A. Miller, General Passenger Agent, CHICAGO  
Geo. B. Haynes, Immigration Agent, 95 ADAMS STREET, CHICAGO

## PRESIDENT'S WIFE SERVES MILK TOAST AT AFTERNOON TEA

The Five O'clock Brew Has Become a Social Necessity in Washington.

Washington, D. C. Feb. 4.—"Do away with the 6 o'clock tea table and you will eliminate the most distinctive feature of Washington social life," recently declared a woman who has lived in the atmosphere of officialdom through several successive administrations. Coincident with the advent of the Pauncefortes, whose regime the American embassy evokes the happier memories of the 19th century, the younger members of the "seasoned" members of Washington's socially elite.

Invariably one of the ever popular Pauncefortes girls was in attendance in the drawing room at the appointed hour, should Lady Pauncefort herself be absent, and always a few of the younger secretaries would assist. A feature of the Pauncefortes teas was nothing less than a huge tureen of piping hot milk toast—a delicious dish made of well-browned, crisped bread, over which was poured a creamy mixture of boiled sweet milk, seasoned with a dash of nutmeg and a taste of sugar.

The bread was cut in small squares and each guest was regaled with a platter of milk toast, or, if she preferred, the usual little cakes or thin bread and butter, supplemented by good thick slices of English plum cake were at her disposal. Unintentionally the fame of the tea at the British embassy has been maintained, but meantime other aspirants for tea-table honors have appeared. Ever since Mrs. Roosevelt went into the White House the 5 o'clock tea table has been in daily service.

**Serves Milk Toast.**  
Mrs. Roosevelt is another hostess who serves milk toast at her informal afternoons. On the occasions of her "set" days a certain ceremony obtains, but Mrs. Roosevelt's intimates know well when to find her, and, surrounded by her special coterie the wife of the president presides at the table, brews the tea and serves the guests without the assistance of the maids.

Mrs. Longworth also is a devotee of the afternoon cup. Mrs. Longworth draws about her the liveliest men and women of the smart set. Placed in the corner of the drawing room of the home in I street stands a beautifully arranged table and at one end rises a steaming samovar, for tea at the Longworth domicile is served a la Russe. Sometimes a good friend will be at her side, but most times Mrs. Longworth presides alone, the indispensable butler, who is a personage to consider in the household, keeping a vigilant eye on the progress of the tea. She has a wonderful toothsome sandwiches and palatable confections, and from time to time crisp bon mots which have had their inception over a cup of tea at the Longworth home find their way into the current conversation of the day.

## THE BEST WAY TO ARRANGE THE HAIR

Hairdressing Should Be Properly Studied and Made the Most Of.

Parisians consider that the hair has more to do with the expression of the face as a whole than any other feature, and they also hold that no one can be unattractive if she possesses beautiful hair. But, given this asset of beauty, it should be properly studied and made the most of. The masculine type of woman, who runs to severely cut tulle manes in which the hair hangs on the side, though she frequently does. The only type of face that is shown to advantage by the parting of the hair in the center is the straight-nosed, full-browed, oval face—a type commonly recognized as a beauty.

A woman whose nose has an upward turn should confine herself to the high coilure, as this gives a piquant effect. The coronal part is often becoming to her. In fact, it is the coiffeuse's idea that when one is in doubt as to the hair arrangement it is safe to use the coronal part. This may be safely arranged so as to impart the impression of height when required, or of breadth and in all cases it adds an air of dignity which is almost invariably becoming.

**Influenced by Costumes.**  
The style in hairdressing is generally influenced by the costumes of the period.

Though much is said by poets about the beauty of a woman's brow, there are few foreheads that can afford to be unadorned. An effect which brings the front hair forward, allowing it to rest in studied carelessness until it nearly meets the eyebrows, is a relief for the sight that is none the less smooth or white after the first flush of youth has passed. However, care should be taken not to have too much hair on the brow.

The success of one's face depends more than is generally appreciated upon the hair, and in which the tresses are arranged about the head. The silhouette is altogether changed by the lowering or heightening of the mass of hair. Generally speaking, a woman with high cheek bones and moderately full face looks well with her hair dressed high and drawn narrowly from the ears. Naturally, a high forehead will avoid the pompadour, and this style of dressing is most unbecoming to the heavy featured woman of the Spanish type, unless well drawn forward and irregularly.

**The Short Woman.**  
Some faces are set off by a careless arrangement, others require strict neatness and only the individuals can settle which is her type. A short woman may add several inches to her height if she likes to dress her hair high. And the woman with the Roman nose may adopt the extremely low or the extremely high coilure and be sure that this gives her a classical profile. The knot in the middle of the back of the head makes the measuring line from the tip of the nose to the back of the head very long.

No matter what care is expended on the dressing of the hair, the result will after a time be satisfactory unless the hair is not kept in good condition. It is surprising how many women devote willingly two hours or thereabout daily to their general toilet, and will begrudge a quarter of an hour a day to the actual care of the head. Brushing and combing smoothly and massaging the scalp are said to be all that the hair requires. Coarse brushes are recommended, for they are supposed to stimulate the scalp and to cut out the dead or half dead strands.

**Wrecked.**  
A large and robust Irishwoman appeared in a New York court recently to prosecute a case in which her husband was charged with having beaten her. The defendant, a small, stoop-shouldered man, had the appearance of having been run through a threshing machine, and seemed scarcely able to stand. The judge surveyed the two with an amused light in his eyes.

"You say this man beat you?" he asked the woman.  
"He did not," the prosecuting witness said, with emphasis, folding her powerful arms. "He knocked me down."  
"You mean to tell me you were knocked down by that physical wreck?" the judge queried.

"This only since he struck me that he's been a physical wreck, your honor," she explained.

**Rheumatism.**  
It has been said that to know what Rheumatism really is, one must imagine oneself squeezed in a powerful vise; one turn more and Neuralgia will be felt; and the few final twists will give an idea of the condensed misery of Gout. Be that as it may, Rheumatism is one of the most excruciatingly painful diseases which afflict humanity. It is not always dangerous, unless it extends to the heart, and then the risk is greatly increased. This disease, although not always immediately dangerous, as already observed, will, if not checked, gradually undermine the patient's health; while it wastes the muscles, disorganizes the joints, and renders the sufferer a cripple. Innumerable remedies have been suggested for the relief and cure of this most painful disease; but the safest and surest application in the world is St. Jacobs Oil, which never fails to cure Rheumatism, unless there be serious complications with established organic disease, and even then relief will be almost instantaneous.

**Perfectly Willing to Help Out.**  
Philadelphia Record: There is a good story going the rounds in Pittsburgh of a young man, formerly a stock broker, who dropped many thousands in speculation during the early spring. One night shortly after going to bed, the Pittsburgher was awakened by strange sounds. At his first motion to jump up he was greeted by a hoarse voice, "If you stir you're a dead man!" It said, "I'm looking for money."  
"In that case," pleasantly answered the erstwhile speculator, "kindly allow me to rise and strike a light. I shall deem it a favor to be permitted to assist in the search."

**Mrs. Winslow's SOOTHING SYRUP for Children** (teething) softens the gums, reduces inflammation, allays pain, cures wind colic, & cleans the bowels.

**Signor Caruso, the famous singer,** who is now singing at a fabulous salary, had no encouragement to cultivate his voice when he was a boy. His father, a mechanic, was against him becoming a professional vocalist, and did his best to persuade him to take up some other occupation.

Caruso's first salary did not amount to more than ten pence a week, a sum which he received for singing in the choir of a church at Naples.

Willie—Tell me about the time you was at a shark.  
Old Salt—No, no, my boy; the recollection is too horrible.

**IMMIGRATION FROM SOUTH EXPECTED.**  
U. S. Farmers Are Recognizing Splendid Opportunities Offered by Western Canada.

St. Paul, Minn., February.—Present indications are that the Canadian Northwest will draw an exceptionally heavy movement of new settlers from the United States this year. It should surpass the banner record for 1907. This is not only based on the fact that the Americans have come to realize generally that the Canadian Northwest offers splendid opportunities, but also because the railroads have awakened to the fact and are offering rates to the Canadian Northwest which are exceptionally favorable.

The lines which lead to St. Paul from the east and south are offering homeseekers' rates to the Canadian Northwest this year which are on a parity with those in existence to the southwest for a couple of seasons.

These rates can be obtained from any agent of the Canadian Government, who will be pleased to give all information possible regarding those districts which offer the greatest inducements to settlers. The weather throughout Western Canada has been remarkably good this year. A telegram from the winter wheat belt of Southern Alberta dated at Cardston, Alberta, January 29th, says:

"This winter up to January 25th, was nothing short of a marvel, in fact, it was the finest anyone can remember for twenty-five years, though there have been others nearly as good. The days were fine, sunny and warm with light frosts at night. Overcoats and gloves, etc., were discarded by most people in the day time. There was so little frost in the ground that post-holes could be dug without any trouble after the first inch was broken through. Winter wheat remained fresh and green although there has been no snow since the September storm. If there is an early spring, winter wheat should gain a great start."

Amongst the reports of the yield last year the following extracts are taken:

H. Howe, of Magrath, Alta., writing on November, 1907, says: "I have 70 acres in crop, 50 acres of wheat and 7 acres of oats. My average yield of oats was 35 bushels to the acre, and of wheat 45 bushels. The value to me was \$35 per acre."

J. F. Haycock, of Magrath, writes in November: "I had 65 acres in winter wheat which went 60 bushels to the acre; oats averaged 80 bushels. I also had 12 tons of hay worth \$10 per ton. I got 600 bushels of potatoes from 3 acres of land; I got 8 tons per acre from 5 acres of sugar beets."

J. F. Fradshaw, of Magrath, had 1,030 acres of winter wheat last year which averaged 39½ bushels to the acre. The value of his farm products per acre was: Wheat, \$31.60; oats, \$11.20, and barley, \$25.15.

## Tonsilitis

is swelling and inflammation of the glands at the side of the throat.

# Sloan's Liniment

used as a gargle and applied to the outside of the throat reduces the swelling and gives instant relief.

For Croup, Quinzy Sore Throat, Bronchitis, Asthma, Pain in Chest or Lungs this liniment is unsurpassed.

Sloan's Liniment is indispensable when travelling because it is penetrating, warming, soothing, healing and antiseptic.

Price 25¢, 50¢ & \$1.00  
Dr. Earl S. Sloan, Boston, Mass. U.S.A.

## How to Exercise the Bowels

Your Intestines are lined inside with millions of little suckers, that draw the Nutrition out of food as it passes them. But, if the food passes too slowly, it decays before it gets through. Then the little suckers draw Poison from it instead of Nutrition.

They do not waste any precious fluid of the Bowels, as Cathartics do. They do not relax the Intestines by greasing them inside like Castor Oil or Glycerine. They simply stimulate the Bowel Muscles to do their work naturally, comfortably, and nutritiously.

And, the Exercise these Bowel Muscles are thus forced to take, makes them stronger for the future, just as Exercise makes your arm stronger.

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**MY CASCARET POCKET** MY WATCH POCKET

Cascarets are as safe to use constantly as they are pleasant to take. They are purposely put up like candy, so you must eat them slowly and let them go down gradually with the saliva, which is itself, a fine, natural Digestive.

They are put up purposely in thin, flat, round-cornered Enamel boxes, so they can be carried in a man's vest pocket, or in a woman's purse, all the time, without bulk or trouble.

Price 10c a box at all druggists.

Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "CCC."

**FREE TO OUR FRIENDS!**  
We want to send to our friends a beautiful French-designed GOLD-PLATED BROWN BOX hard-enameled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as measure of good faith and to cover cost of Cascarets with which this lovely trinket is loaded. Send 1c-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

**One at a Time.**  
Johnny—Say, Jimmy, wot yer got dat roller skate on one foot and an ice skate on de other fer?  
Jimmy—Gee! I never skated on ice before an' I'm learning one foot at a time.

**Cured Beyond All Doubt.**  
Doctor—When can you pay me my bill for curing you of "insomnia?"  
Patient—"I don't know, 'doc." I sleep so soundly now that my wife goes through my pockets most every night and takes everything.

**Only One "BROMO QUININE"**  
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

**Very Light.**  
Landlady (after helping him the third time to meat)—I thought you told me you were a light eater?  
New Boarder—So I am, ma'am; I eat burning torches in the dime museum.

**Mrs. Meadowgrass (reading paper)—**Ellis, what is a storm door?  
Mr. Meadowgrass—One of these yere doors that smash you in the face afore you get through it, and smacks you in the back after you're through it.

**Very Nautical.**  
Teacher—Remember, your father is the master of your family.  
Tommy (who has a boat)—Yes'm, and the spanker, too.

**160 ACRES FARMS IN WESTERN CANADA FREE**

What a Settler Can Secure in WESTERN CANADA

160 Acres Grain-Growing Land FREE. 20 to 40 Bushels Wheat to the Acre. 40 to 80 Bushels Oats to the Acre. 35 to 50 Bushels Barley to the Acre. Timber for Fencing and Building FREE. Good Lows with Low Taxation. Splendid Railroad Facilities and Low Rates. Schools and Churches Convenient. Satisfactory Markets for all Productions. Good Climate and Perfect Health. Chances for Profitable Investments.

Some of the richest grain-producing lands in Saskatchewan and Alberta may now be acquired in these most healthful and prosperous sections under the

**Revised Homestead Regulations** by which entry may be made by proxy (on certain conditions), by the father, mother, son, daughter, brother or sister of intending homesteader. Entry fee in each case is \$10.00. For pamphlet, "Last Best West," particulars as to rates, routes, best time to go and where to locate, apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 35 Jackson St., St. Paul, Minn.; J. M. MacLachlan, Box 110 Watertown, South Dakota, and W. V. Bennett, 401 New York Life Building, Omaha, Neb., Authorized Government Agents.

Please say where you saw this advertisement.

**Macaroni Wheat.**  
Salzer's strain of Macaroni or Kubanka wheat is absolutely pure and is from seed obtained from the Department of Agriculture. Our strain is Dakota grown and positively mocks black rust that terrible scorch and would be ashamed of itself if it did not return from 40 to 80 bu. of the finest wheat the sun shines on per acre in good Ill., Ia., Mich., Wis., Ohio, Penn., Mo., Neb., Kan., and other lands, and to 60 bu. per acre in arid lands. No rust, no insects, no failures.

JUST SEND 10c AND THIS NOTICE to the John A. Salzer Seed Co., La Crosse, Wis., and they will send you the most original seed book published, together with free samples of farm seeds such as Macaroni Wheat, Billion Dollar Grass, Victoria Rape, Sainfoin, the dry soil luxuriant, Bronus Inermis, the desert grassifier, Emperor William Oats, more original than the Emperor himself, etc., etc.

And if you send 14c they will mail in addition a package of farm seed never before seen by you.—John A. Salzer Seed Co., La Crosse, Wis., C. N. F.

"What's your name, boy?"  
"Mah name's Whyte's Snow."

GIoux CITY PITING CO., 1,231-9, 1908

**W. L. DOUGLAS SHOES \$3.00 \$5.00**

SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY, MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.

**NO MORE MUSTARD PLASTERS TO BLISTER**  
THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.

**Capsicum-Vaseline.**  
EXTRACT OF THE CAYENNE PEPPER PLANT TAKEN DIRECTLY IN VASELINE

**DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY**

A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN—PRICE 15c.—IN COLLAPSIBLE TUBES MADE OF PURE TIN—AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS.

A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-allowing and curative qualities of the article are wonderful. It will stop the too-haiche at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine.

Send your address and we will mail our Vaseline Booklet describing our preparations which will interest you.

17 State St. CHESEBROUGH MFG. CO. New York City