



### PERIODS OF PAIN

While no woman is entirely free from periodic suffering, it does not seem to be the plan of nature that women should suffer so severely. Irregularities and pain are positive evidence that something is wrong which should be set right or it will lead to serious derangement of the feminine organism.

Thousands of women, have found relief from all periodic suffering by taking Lydia E. Pinkham's Vegetable Compound, which is made from native roots and herbs, as it is the most thorough female regulator known to medical science.

It cures the condition which causes so much discomfort and robs that period of its terrors. Women who are troubled with painful or irregular functions should take immediate action to ward off the serious consequences and be restored to health and strength by taking

### Lydia E. Pinkham's Vegetable Compound

Miss Adelaide Nichols of 324 West 22nd Street, New York City, writes:—Dear Mrs. Pinkham:—If women who suffer would only rely upon Lydia E. Pinkham's Vegetable Compound their troubles would be quickly alleviated. I feel greatly indebted for the relief and health which has been brought to me by your inestimable remedy.

Lydia E. Pinkham's Vegetable Compound cures Female Complaints such as Falling and Displacements, and Organic Diseases, Headache, General Debility, Indigestion, and invigorates the whole feminine system. For the derangements of the Kidneys of either sex **Lydia E. Pinkham's Vegetable Compound** is excellent.

**Mrs. Pinkham's Standing Invitation to Women**

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised.



### "BUILT ON HONOR"

You must wear **MAYER HONORBILT SHOES**, to appreciate their superiority over other makes. They have the style and wearing qualities, and feel right from the first wear long and well, and look good to the last.



are made with great care, of the highest grade material, by skilled workmen. They are honest through and through. You get style, quality and comfort in buying **MAYER HONORBILT SHOES**.

Your dealer will supply you; if not, write to us. Look for the Mayer Trade Mark on the sole.

We also make **Leading Lady Shoes, Martha Washington Comfort Shoes, Special Merit School Shoes.**

**F. Mayer Boot & Shoe Company**  
MILWAUKEE, WIS.

### SKIN SORE EIGHT YEARS

Spent \$300 on Doctors and Remedies but Got No Relief—Cuticura Cures in a Week.

"Upon the limbs and between the toes my skin was rough and sore, and also sore under the arms, and I had to stay at home several times because of this affliction. Up to a week or so ago I had tried many other remedies and several doctors, and spent about three hundred dollars, without any success, but this is to-day the seventh day that I have been using the Cuticura Remedies (costing a dollar and a half), which have cured me completely, so that I can again attend to my business. I went to work again to-night. I had been suffering for eight years and have now been cured by the Cuticura Remedies within a week. Fritz Hirschclaff, 24 Columbus Ave., New York, N. Y., March 29 and April 6, 1906."

One of Bismarck's Discoveries. From *Il Motte per Ridere*.

One day, Lord Russell, while chatting with Bismarck, asked him how he got rid of those importunate visitors, whom it is impossible not to receive, and who, when they have been received, never think it is time to take themselves off. The chancellor replied smilingly:

"Oh, I have an easy and sure means. My wife at once understands when a person belongs to that terrible class, and when she is sure that such a person has me in his clutches, and sees that he is staying too long, she finds some way of coming to call me and of getting me away on some plausible pretext."

Bismarck had nearly finished giving this explanation to Lord Russell when his wife appeared in the doorway of the adjoining room.

"My dear," said she; "will you come and take your medicine? It is more than an hour past the time!"

**W. L. DOUGLAS**  
**\$3.00 & \$3.50 SHOES** BEST IN THE WORLD

SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.

**\$25,000 Reward** To anyone who can prove W. L. Douglas does not make as well as any other manufacturer.

THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other make is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe and every detail of the making is looked after by the most complete organization of super-students, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

**My \$3.00 and \$3.50 GILT EDGE SHOES cannot be equalled at any price.** CAUTION! The genuine have W. L. Douglas name and price stamped on bottom. Take No Substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoes sent everywhere by mail. Catalog free. W. L. Douglas, Brockton, Mass.

### Who, Indeed?

President J. L. Leary, of the Pittsburgh Peace society, on a recent visit to Germany endeavored to persuade the leading German toy-makers to stop making warlike toys—cannon, soldiers, guns and so forth—on the ground that such playthings fostered an ugly military spirit in little children.

"But I failed," said the good peace advocate shortly after his return. "I could not bring the Germans to my way of thought. They held that the abolition of war was still a long way off."

He sighed.

"I suppose," he said, "that the abolition of war will be a long way off till the young private does his own thinking—till the poor, brave lad who is only 'food for powder' considers war logically."

"There is a young private in the west—I heard of him the other day—who is logical enough. I wish there were more like him."

"His regiment had been fitted out with new uniforms, and the colonel inspected the men in the dapper clothes one morning. After inspection he made a little speech.

"And I expect each one of you"—so the speech ended—"I expect each one of you to honor this new uniform by behaving like a general."

"The private smiled and said, fairly loud: "I wonder who'd do the fighting then, sir?"

**Quaker Reflections.**  
Philadelphia Record.

The fireman doesn't mind being told to go to blazes.

The budding genius often develops into the blooming idiot.

The charity that begins at home generally makes few friends.

With the average woman poison is more to be desired than avoidpoison.

The fellow who is out for the dust must have a certain amount of sand.

The actor seldom thinks he has a good part unless he is the whole thing.

Hard cash is so hard that it will even make an impression on a heart of stone.

You can't convince the fellow with wheels in his head that he is out of the running.

No, Maude, dear, you can't send shoes through the mail simply by stamping your feet.

Some men are masters of the better half, but on shipboard some are merely quarter-masters.

The Australian government gives her aged a pension of nearly \$2.50 a week.

Most women despise a liar until he mentions their beauty.

**Western Canada**  
New and Liberal Homestead Regulations

**WESTERN CANADA**  
FREE

**Now Open for Settlement**

Some of the choicest lands in the grain growing belts of Saskatchewan and Alberta have recently been opened for settlement under the Revised Homestead Regulations of Canada. Thousands of homesteads of 160 acres each are now available. The new regulations make it possible for entry to be made by proxy, the country that many in the United States have been waiting for. Any member of a family may make entry for any other member of the family who may be unable to make entry for himself or herself. Entry may now be made before the Agent or Sub-Agent of the District by proxy (on certain conditions) by the father, mother, son, daughter, brother or sister or any other bona fide relative.

"Any even numbered section of Dominion Lands in Manitoba or the North-West Provinces, excepting 8 and 26, not reserved, may be homesteaded by any person the sole head of a family, or male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less."

The fee in each case will be \$10.00. Churches, schools and markets convenient. Healthy climate, splendid crops and good laws. Grain growing and cattle raising principal industries.

For further particulars as to Rates, Routes, Best Time to Go and Where to Locate, apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn., or J. MacLachlan, Box 116, Watertown, South Dakota, and W. V. Bennett, 801 New York Life Building, Omaha, Neb., Authorized Government Agents.

Please say where you saw this advertisement.

### RHEUMATISM RECIPE

PREPARE THIS SIMPLE HOME-MADE MIXTURE YOURSELF.

Buy the Ingredients from Any Druggist in Your Town and Shake Them in a Bottle to Mix This Harmless Preparation.

A well-known authority on Rheumatism gives the readers of a large New York daily paper the following valuable, yet simple and harmless prescription, which any one can easily prepare at home.

Fluid Extract Dandelion, one-half ounce; compound Kardon, one ounce; Compound Syrup Sarsaparilla, three ounces.

Mix by shaking well in a bottle, and take a teaspoonful after each meal and at bedtime.

He states that the ingredients can be obtained from any good prescription pharmacy at small cost, and, being a vegetable extraction, are harmless to take.

This pleasant mixture, if taken regularly for a few days, is said to overcome almost any case of Rheumatism. The pain and swelling, if any, diminishes with each dose, until permanent results are obtained, and without injuring the stomach. While there are many so-called Rheumatism remedies, patent medicines, etc., some of which do give relief, few really give permanent results, and the above will, no doubt, be greatly appreciated by many sufferers here at this time.

Inquiry at the drug stores of even the small towns elicits the information that these drugs are harmless and can be bought separately, or the druggists will mix the prescription if asked to.

**The Absent Minded Professor.**  
From *Woman's Home Journal*.

Among seven distinguished men who were to speak at the opening exercises of a new school was a professor well known for his lapses of memory. But his speech was clear that night, and as he seated himself his loving wife felt that he had fully earned the burst of applause that followed, and she clapped her little hands enthusiastically. Then her cheeks crimsoned.

"Did you see anything amusing about the class of my address, my dear?" asked the professor as they started for home. "It seemed as if I heard sounds suggestive of merriment about me."

"Well, dear," said she, "of all the people who applauded your address, you clapped the loudest and longest."

**Just in Time.**

Senator Hopkins was discussing at the Oyster Bay station a political error.

"Those people admitted their error," the senator said, "but they admitted it in such an odd, funny way. It was like the case of the Blenheim spaniel."

"A gentleman sat at dinner in a restaurant, when a waiter came hurriedly to him and said:

"Excuse me, sir, but did you have a little Blenheim spaniel with you, sir?"

"Yes," said the guest, anxiously. "I left it with the boy in the hall outside. What about it?"

"I'm sorry, sir," said the waiter, "but I'll have to take back that stew. There's been some curious mistake in the kitchen. It's lucky you haven't eaten more'n half of it, sir."

**Disarmament.**  
From the *Houston Post*.

"John, what is this disarmament talk about?"

"It is a movement to prevent pretty girls wearing pins in their belts."

**Not Bad for Soup.**  
From the *Washington Star*.

Rear Admiral Mead, at a dinner at the Portsmouth navy yard, illuminated with a story an interesting discourse on food inspection.

"A sailor," he said, "brought a tin cup to an inspecting officer and exclaimed: "Taste this sir. That is all I ask. Just taste it."

"The officer took a sip.

"Why, really, my man," he said, "this is not bad soup at all."

"Yes," said the sailor, bitterly; "and yet they want to persuade us, sir, that it's tea."

**THE MILK PAIL** is kept free from staleness, sliminess and stickiness if it is washed with Borax and water in the following proportions—1 table spoonful to a quart of water.

**A Quarter for Pester.**  
From *Youth's Companion*.

Mr. Huckins was trying to make over a screen door for the Widow Jennings. The day was hot and muggy and she hung over him all day with questions, suggestions and complaints.

"Aren't you getting that too narrow?" asked the widow hovering over the carpenter in a way suggestive of some large, persistent insect.

"No, ma'am," said Mr. Huckins. "You know a few minutes ago you thought 'twas too wide, and I measured it to show you."

"Oh, yes," said Mrs. Jennings. "Well, anyway, I believe I'll sag if you don't change the hinges. Just hold it up and see."

Mr. Huckins held the door in place, and proved that the hinges were in the right spots, and after that Mrs. Jennings kept silence for a few moments.

"Oh, dear," she said, grasping Mr. Huckins' hand after the short respite, "I'm sure you planned it off so that the flies can get in at the top. Please hold it up again, and I'll just get on a chair and see if a fly could squeeze through. You may have to add a piece."

When it had been proven that not even the smallest and most enterprising fly could find entrance space, there was another short respite. After that Mrs. Jennings once more had an alarm over the possibility that the door might stick somewhere.

When at last it was hung and Huckins was ready to depart, the widow asked him for his bill.

"I don't make out any bills," said Mr. Huckins wearily, "but I'll tell you what this work'll cost. If I'd have done it under the ordinary circumstances I'd have to charge you \$2.00. But I've had to charge you an extra quarter, ma'am, for pester."

The tourist in Madagascar may travel by the Blansana, which is made from two poles six feet long and with a seat and foot rest.

### Both of One Mind.

From the *Philadelphia Inquirer*.

A fat Irish woman, bearing a number of bundles, entered a crowded tram car. The only semblance of a seat she could find was a small space at the right of a disagreeable youth. Into this space, sufficient only for an individual of ordinary size, the fleshy Irishwoman squeezed herself, much to the annoyance of the youth. After a moment or so the Irishwoman produced a cheese sandwich, which she proceeded to devour with every evidence of relish. At this the youth gave her a look of ineffable disgust, and drew the skirts of his frock coat closer to him. "I suppose, me lad," good naturedly said the woman, "that ye'd prayfer to have a gentleman sittin' next to ye?" "I certainly would!" snapped the youngster. "So would I," calmly responded the fat woman.

**Nothing Else—But.**

An artist of some repute had an old friend named Bill for his model and general servant. One day a lady called. The artist was absent, and she was received in the studio by Bill.

"Dear me!" she exclaimed, as she glanced first at an unfinished picture and then at Bill. "I declare! This picture is extremely like you!"

"It is me, madam," answered Bill decisively. "It sits for all his men. That's what he is specially good at."

"You must be a very useful person to your master," she observed. "And do you think he is especially good at old men?"

"Yes," replied Bill. "But why not? 'Cos he's got nothing to do! I orders his frames, washes his brushes, sets his palettes, mixes his colors, and then sits here for him to look at. He's got nothing else to do but to plaster on the paint!"

**Blood and Thunder.**

Two young writers have been engaged of late in composing tales of thrilling adventure.

Blood flows freely in every paragraph, ferocious attitudes are struck by almost every character, and the revolver plays as important a part as the hero in all these tales.

The other day one of these youths was putting the finishing touches to a story of this kind. The finishing touches in question involved the branding of a bewildering number of revolvers. Likewise the introduction of two bullets into the person of the hero. The author read over the copy with a thrill of satisfaction. Then he smiled broadly.

"Do you know," he said to the other Bloodshedder, "that in all my life, I've seen only two revolvers, and only one of them went off."

"That's nothing," remarked his friend. "I've only seen one in all my life and it wasn't loaded."

Motors killed twenty-two in London's streets last year.

### FIVE MONTHS IN HOSPITAL.

**Discharged Because Doctors Could Not Cure.**

Levi P. Brockway, S. Second avenue, Anoka, Minn., says: "After lying for five months in a hospital, I was discharged as incurable, and given only six months to live. My heart was affected, I had smothering spells and sometimes fell unconscious. I got so I couldn't use my arms, my eyesight was impaired and the kidney secretions were badly disordered. I was completely worn out and discouraged when I began using Doan's Kidney Pills, but they went right to the cause of the trouble and did their work well. I have been feeling well ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Hospitable.**

A poor traveler had lost his way in a rural district late one stormy night, when at last he saw a house. It was all darkness, but, hopefully, he thundered on the door. The irate householder opened a window and asked who it was making that row.

"A friend in distress," replied the weary traveler.

"Well, what do you want?"

"I want to stop here all night."

"Well, stop there!" said the householder, slamming down the window.

### WHAT IS PE-RU-NA?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as **HYDRASTIS CANADENSIS**. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with **CUBEBS** and **COPAIBA** a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as **COLLINSIONIA CANADENSIS**, **CORYDALIS FORMOSA** and **CEDRON SEED**, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

**FREE** To convince any woman that PAXTINE Antiseptic will improve her health and do all we claim for it. We will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

**PAXTINE** cleanses and heals mucous membranes affections, such as nasal catarrh, pelvic catarrh and inflammation caused by feminine ill; sore eyes, sore throat and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE R. PAXTON CO., Boston, Mass.

**20 Mule Team BORAX**

All Dealers, Sample Booklet and Parlor name "Whiz," 10c. Pacific Coast Borax Co., Chicago, Ill.

"WANT A CALIFORNIA PIE?" Yours for the asking, just drop a postal with your name and address to: CALIFORNIA CORPORATION, 7 and J. streets, Sacramento, Cal.

### TEN MILLION BOXES A YEAR

The most wonderful record in all history—*merit made it*. The great sums of money spent in advertising have only served to make CASCARETS known, but the greatest advertisement ever printed could do no more than induce a person to try CASCARETS once—a free sample, or at most, a 10 cent box.

Then comes the test, and if CASCARETS had not proved their merit beyond the highest expectations there would not today, after five years on the market, be a sale of nearly a million boxes a month. This great success has been made by the kind words of our friends. No one who has ever tried CASCARETS fails to be pleased and talk nicely about them. CASCARETS are not only easiest to buy, to carry, to take, to give, but are also the best medicine for the bowels ever discovered. Files full of voluntary testimonials

**Cascarets**  
CANDY CATHARTIC  
THEY WORK WHILE YOU SLEEP

prove that Cascarets are a perfect cure for Constipation, Appendicitis, Biliousness, Sour Stomach, Sick Headache, Insomnia, Palpitation of the Heart, Bad Breath, Bad Blood, Pimples, Piles, Worms and all bowel diseases of childhood and old age. They make mother's milk mildly purgative. Mama takes a CASCARET, baby gets the benefit. Children like to take them. They are the one perfect, unequalled family remedy. Nothing more can be said. Everybody should carry a box in the pocket and have another in the house. Don't forget "they work while you sleep," and "a CASCARET at night makes you feel all right—in the morning." The genuine tablet octagonal, stamped CCG, put up in light blue enameled metal boxes, and never sold in bulk. Sold by all druggists, 10c, 25c, 50c.

### GREATEST SALE IN THE WORLD

**900 DROPS**  
**CASTORIA**

ALCOHOL 3 PER CENT.  
A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of

**INFANTS & CHILDREN**

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. SAMUEL LITCHER  
Pumpkin Seed—  
Aloes—  
Rhubarb—  
Sulphur—  
Castor Oil—  
Ginger—  
Cinnamon—  
Cloves—  
Mint—  
Sage—  
Peppermint—  
Licorice—  
Malt—  
Sugar—  
Water—

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of  
**Dr. H. H. Litcher**  
NEW YORK.

At 6 months old  
**35 Doses—35 CENTS**

Guaranteed under the Food Act

Exact Copy of Wrapper.

**CASTORIA**  
For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

*Dr. H. H. Litcher*

Use For Over Thirty Years

**CASTORIA**

THE CENTAUR COMPANY, NEW YORK CITY.