Tired Nervous Women Make Unhappy Homes



equaintances.

Mrs. Geo. A. James, a life long resident of Fredonia, N. Y., writes:

Mrs. Pinkham's Invitation to Women.

female weakness are invited to communicate promptly with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be

located and the quickest and surest way of recovery advised. Out of her

vast volume of experience in treating

female ills Mrs. Pinkham probably has the very knowledge that will help

Her advice is free and

Women suffering from any form of

MRS.NELLIE MAKHAM

I suffered so I did not care what became of me, and my family despaired of my re-covery. Physicians failed to help me. I was urged to try Lydia E. Pinkham's Vegetable Compound and I want to tell you that it has entirely cured me. I think it is the finest medicine on earth and I am recommending it to all my friends and accumantances. A nervous irritable woman, often on the verge of hysterics, is a source of misery to everyone who comes under her influence, and unhappy and miserable herself.

Such women not only drive hus-bands from home but are wholly unfit

to govern children. The ills of women act like a fire brand upon the nerves, consequently seven-tenths of the nervous prostration, nervous despondency, the "blues", sleeplessness, and nervous irritability of women arise from some

resident of Fredonia, N. Y., writes: Dear Mrs. Finkham:--"I was in a terribly run down condition and had nervous prestration caused by female trouble, in fact I had not been well since my children were born. This con-dition worked on my nerves and I was ir-ritable and miserable. I had tried many remedies without getting much help but Lydia E. Pinkham's Vegetable Compound brought me back to health and strength. It has also carried me safely through the Change of Life. I cannot too strongly recommend your medicine." organic derangement. Do you experience fits of depression with restlessness alternating with ex-treme irritability? Do you suffer from pains in the abdominal region, backache, bearing-down pains, nervous dyspepsia, sleeplessness, and almost continually cross and snappy? If so, your nerves are in a shattered con-dition and you are threatened with nervous prostration.

Proof is monumental that nothing in the world is better for nervous troubles of women than Lydia E. Pinkham's Vegeta' le Compound, made from native roots and herbs. Thousands and thousands of women can testify to this fact.

Mrs. Nellie Makham, of 151 Morgan St., Buffal N. Y., writes:-Dear Mrs. ⁵inkham:-"I was a vreck from nervous prostration. y ur case Her always help.ul.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs and today holds the record for the largest number of actual cures of female diseases of any medicine the world has ever known, and thousands of voluntary testimonials are on file in the laboratory at Lynn, Mass., which testify to its wonderful value.

Lydia E. Pinkham's Vegetable Compound; a Woman's Remedy for Women's Ills.



Some of the Advantages

The phenomenal increase in railway milcage-main lines and branches—has put almost every portion of the country within easy reach of thurches, schools, markets, cheap fuel and every modern convenience. The NINETY MILLION BUSHEL WHEAT CROP of this year month of this year

The NINETY MILLION BUSHEL WHEAT CROP of this year means \$60,000,000 to the farmers of Western Canada, apart from the results of other grains and cattle. For advice and information address the Superintendent of Immigration, Ottawa, Canada, or the authorized Canadian Government Agent, W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson 8t. St. Paul, Minn.; I. M. MacLachlan, Box 116 Watertown, South Dakota, and W. V. Bennett, Watertown, South Dakota, and W. V. Bennett, Biose say shere you saw this advertisement. Please say shere you saw this advertisement. The Dumbwaiter. In a restaurant once a dumbwaiter Broke away on its waiter the top: Broke away on its waiter the top: And while dumbly the waiters all waited; The waiter has up a dumbwaiter. In a restaurant once a dumbwaiter Broke away on its waiter the top: And while dumbly the waiters all waited; The waiter its up a dumbwaiter Is to waiter, as all waiters know." —Harper's Weekly.

He Knew. From Lippincott's

A teacher in an isolated school situated in the cattle country of Wyoming, where the chilren learn their leters from the brands on cattle before they learn the al-phabet, was endeavoring to teach her pupils the different sounds of a as denoted

by the marks above the letter. "Now children," she inquired hopefully, pointing on the blackboard to the letter and the mark signifying the long sound, "what is this?" There was a long and discouraging sil-

ence; then an embryo cowboy cried excit-edly as he waved his hand: "I know, teacher; that's Bar A."

\$100 Reward, \$100.

\$100 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure new known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Unre is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its cura-tive powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

Friendless.

Cashier-"You'll have to bring a prop-erty holder to identify you before we can transfer this stock. Got any rich friends

Applicant-"No, sir; I'm an automobile cop.

MIRS. Winslow'S SOOTHING STRUP for Children testhing: softens the grans, reduces inflammation, el-sys pain, cures wind colic. 26 cent: a bottle.

When "Old Hutch" Lost.

From the Chicago Record-Herald. "B. P. Hutchinson used to say no burglar ever could get into his house without waking him," said a Central station detective the other day; "but it remained for Chief Simon O'Donnell to put one over on the famous trader. "You know, Mr. Hutchinson was fa-mous in Chicago's commercial life years

mous in Chicago's commercial life years ago and was known popularly as 'Old Hutch.' He prided himself on the fact that burglars had never gotten into his house, and often boasted of the fact to his intimates. One day, while he was at lunch with Chief O'Donnell and a number of other friends, the company fell to discussing a crime that had been committed the night before. "'I'd like to see anybody get into my house,' Mr. Hutchinson said. 'Why, I hear every tick of the clock all night.' "'T'll bet you dinner for this crowd,' said the chief, 'that I can produce a man who will enter your house and you will not know of his visit till morning.'

morning. "Mr. Hutchinson accepted the wager, and it was agreed that he was to let the chief have a latch key so that the burglar could get in without being dis-turbed by some patro'man. Mr. Hutch-inson also agreed to leave some article of value in the parlor where it could be found readily. The chief said the robbery would be committed within the

following week. Three days later Mr. Hutchinson awoke in the morning and discovered that both sheets of his bed, which had that poin sneets of his bed, which had been in place when he retired, were gone. So was the antique gold clock he had left on a mantel. He hurriedly dressed and hastened after breakfast to the chief's office. O'Donnell saw him coming, and, as he entered the office greeted him with:

The Dumbwaiter. In a restaurant once a dumbwaiter Broke away on its waiter the top; And while dumbly the waiters all waited; The dumbwaiter came to a stop. "Get some weight, you dum waiter:" then shouted

WORN TO A SKELETON.

Town.

THE ONE PIECE GOWN.

The lingerie robe promises to have an

unprecedented success this season. It is almost invariably a one piece frock. It may not be what one would call they were I should think they would strictly a princess gown, for often the remember how they used to feel them-walst line is definitely marked by rows selves when they are little. It is one of insertion, sometimes forming a cor-selet effect. The one piece frock is found in all summer fabrics for any-thing that is intended to be a little dressler than the tailored silk shirt waist suit. From comparatively plain designs it ranges into marvels of filmy

waist suit. From comparatively plain designs it ranges into marvels of filmy lace and handwork. Fine batiste is used exclusively for thin frocks and the manner in which it is worked up with hand embroidery, lace or tucks or sometimes all three together, gives a variety in design worthy of admiration. A few choice models show the clever treatment followed in making up these most delectable summer gowns. One

most delectable summer gowns. One of these, for instance, is inset with an openwork surrounded by hand em-broidered sprays of flowers. This forms the bib front and runs into long panels in the skirt. The pointed vest and skirt flounce are inset with valencien-nes lace and the entire frock is laid in

ways in white, but where color is used it must be handled delicately or avoid-ed. One design, not shown here, has straps crossed on the bolice and around the skirt worked with rose-buds of the very palest pink and green shades. The gown has a corselet and the skirt worked with rose-buds of the very palest pink and green buds of the very palest pink and green buds of the very palest pink and green shades. The gown has a corselet and blav at making the very palest pink and green the very palest pink and green shades. The gown has a corselet and the very palest pink and green buds of the very palest pink and green the very palest pink and gree



SAYING "DON'T."

From McCall's Magazine

Occasionally I cannot help wondering if some mothers ever were young. If remember how they used to feel them-selves when they are little. It is one thing to take charge of children and merely guard them from falling into any great danger, and quite another to take an intelligent interest in the little ones, showing that one feels that they are not chairs or tables that must only be kept tidy and uninjured. I always remember the remark of a little boy to his mother when she took

little boy to his mother when she took him to see a very beautiful park and gardens, where there were a number of signs up requesting people not to go on different pathways or touch the plants. The little fellow was walking along, with no wish to do any of the

along, with no wish to do any of the forbidden things: so, looking up at his mother, he quietly remarked: "There seems to be a great many 'please dont's' in this garden!" Have you ever considered how many times a day you say to the little ones "Don't do this?" or "Don't do that"? Just count it up some fine day and you will did nerhans that there is very skirt flounce are inset with valencien-nes lace, and the entire frock is laid in narrow tucks. Another gown has insertions of lace and the tucks on the flounce are grad-uated in width. A row of lace insertion marks the waist line, and the bodice and .ront panel, as well as a broad band abova the flounce, are elaborate-ly hand wrought. These hand embroideries are not al-ways in white, but where color is used it must be handled delicately or avoid-ed. One design, not shown here, has straps crossed on the bodice and shades. The gown has a corselet and amusement out of it. When your small

That our American forests abound in plants which possess the most valuable medicinal virtues is abundantly attested by scores of the most eminent medical writers and teachers. Even the untutored Indians had discovered the usefulness of many native plants before the advent of the white race. This informa-tion, imparted freely to the whites, led the latter to continue investigations until to-day we have a rich assortment of most valuable American medicinal roots.

0 0 0

Dr. Pierce believes that our American for-Dr. Pierce believes that our American for-ests abound in most valuable medicinal roots cost the curve of most obstinate and fatal dis-eases, if we would properly investigate thems and in bentimation of this conviction, he points with pride 1 the almost marrelong cures effected by his "Golden Medical Dis-covery," which has proven itself to be the most efficient stomach ionic liver invigorcovery," which has proven itself to be the most efficient stomach tonic liver invigor-ator, heart tonic and regulator, and blood cleanser known to medical science. Dyspep-sia, or indigestion, torpid liver, functional and even valvular and other affections of the heart yield to its curative action. The reason why it cures these and many other affections, is clearly shown in a little book of extracts from the standard medical works which is mailed free to any address by Dr. R. V. Pierce, of Buffalo, N. Y., to all sending request for the same. request for the same.

0 0 0

Not less marvelous, in the unparalleled cures it is constantly making of woman's many peculiar affections, weaknesses and distressing derancements, is Dr. Piercers Favorite Prescription, as is amply attested by thousands of unovicited testimonials con-tributed by conternal patterns who have been cured by it of catarrhal nelvic diffuls, painful periods, irregularities, prolapsus and other displacements, caused by weakness, ulcer-ation (ulterus and kindred affections, often after any other advertised medicines, and physic, ar had failed.

0 0 0

Both fue above mentioned medicines are wholly made up from the glyceric extracts of native, medicinal roots. The processes em-ployed in their manufacture were original with Dr. Pierce, and they are carried on by skilled chemists and pharmacists with the aid of apparatus and appliances specially designed and built for this purpose. Both medicines are entirely free from alcohol and all other harmful, habit-forming drugs. A full list of their ingredients is printed or each bottle-wrapper.

Dress Makes the Man.

From the New York Weekly. Customer—"See here! I've only worr tness pants one day, and they already bag at the knees." "Dealer--"Yah, das vas recht. Does it

"Dealer- Yan, das vas recht. Does ir our patent knee-stretching pants vat mak-effery gustomer of ours look like a liter ary man. See? You vear does pants-mein freint, and folks dake you vo Sharles Dickens or Shakesbeare."

Spring always brings into special favor Nature's blood purifier, Garfield Tea. 1 is made wholly of clean, sweet Herbs It purifies the blood, cleanses the system, clears the complexion, eradicates disease and promotes Good Health. For youn and old.

A Willing Pupil.

A Willing Pupil. Her poor suitor did not discern That her gowns cost much more than he's earn; Said she, "How could you dress me?" He blushed and said, "Bless me! That's something I think I could learn." —Life.

You Can Get Allen's Foot-Ease FREE

Write to-day to Allen's Foot-Lake FREE Write to-day to Allen S. Olmsted, Le Roy N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes It' cures tired, sweating, hot, swollen, ach ing feet. It makes new or tight shoes easy A certain cure for Corns and Bunions. All Druggists and Shoe Stores sell it. 25c.

It's a terrible shock when the bride-groom finds his new wife looking at him for the first time critically instead. of tenderly.



Please say where you saw this advertisement. ITCHING RASH 18 YEARS,

Cause and Effect.

orried about something tonight. Sweet Girl-"Yes, poor pa has so many usiness cares."

Little Brother-"That isn't it. He's mad ecause the big dog he bought didn't ome."

The inducements to adopt Nature's per-

ect Laxative, Garfield Tea, are many is made wholly of simple Herbs and guaranteed under the Pure Food and

A Wonderful Restoration Caused Sensation in a Penusylvania

From the New York Weekly. Enamored Youth-"Your father seems

-IN OREGON Lumbering MOST PROFITABLE INDUSTRY Girl's Rash Spread and Grew Worse an American Continent nals investing there. (men have organized a w : profits very larg ck for sale, constiinset Lumber Co., 206 McKay Bldg., Portland, Ors

LEARN TO BE A BARBER.

FITS CURED. Not One Cent in Advance.

Do not experiment with uncertain treat-ments. If you suffer from Flix, Epliepsy or Falling Sickness you should have prop-er treatment at once. To prove what E-LEP-TINE will do we will send full treat-ment on approval. If satisfied pay us \$1.50 in two weeks; if not satisfied, pay nothing. Give express office. Miller Medicine Co., Box 20, St. Marys, Kansas.

When writing to advertisers, please Fay you saw their "ad" in this paper.

Under Specialist's Care-Perfect Cure by Cuticura Remedies.

"When my daughter was a baby she had a breaking out behind the ears. The doctor said that she would outgrow it, and it did get somewhat better until Learn at home during your leisure hours in three to five weeks by The Tonsori Sys-tem; when qualified there is always a po-sition open for you at from \$15 to \$25 per week. We teach you by mail and save you from \$25 to \$50 besides loss of time. Address The Tonsori Co., 1411A, Broadway, Kansas City, Mo. she was about fifteen years old, and neck and ears, under the chin, and then it got on the face. That was about worse all the time. We were then advised to try the Cuticura Remedies,

and now I don't see any breaking out. M. Curley, 11-19 Sixteenth street, Bay City, Mich., May 20, 1906,"

When writing to advertisers, please ray you saw their "ad" in this paper. SIOUX CITY P'T'G CO., 1,191-21, 1907 ging a delusion.

A CASE OF BAD BOWELS

Are you happy? Not if your liver and bowels don't work.

Happiness depends on the bowels. Every time you eat, you

put into your body not only good material for repairs and

fuel, but a mass of useless stuff that has to be removed

promptly or it will clog your machinery, poison your blood.

Mrs. Charles N. Preston, of Elkland, Pa., says: "Three years ago I found

that my housework was becoming a bure den. I tired easily, had no ambition and was fading fast. My complexion got yel low, and I lost over 50 pounds. My thirst was terrible, and 200 there was sugar in

the kidney secretions. My doctor kept me on a strict diet, bul as his medicine was not helping me, 1 began using Doan's Kidney Pills. They helped me at once, and soon all traces three years ago. She took treatment of sugar disappeared. I have regained with a specialist and seemed to get my former weight and am perfectly well.

Sold by all dealers, 50 cents a box Foster-Milburn Co., Buffalo, N. Y.

Trying to Get Rich.

A man named Rich is a fugitive from astice with a reward on his head in alifornia. All the officers out that California. way are trying to get Rich.

The low neck is becoming to nearly all little girls-and the one here illustrated being especiely attractive, as it is very easiy made. It is of fine Per-sian lawn, having a square yoke of insertion 1½ inches wide. The skirt is fitted to this with fullness in the front and back, and an inverted plalt under each arm, having the insertion set in the skirt with three tucks on each side and completed by a deep hem. The sleeves are made full, and have a cuff of the insertion.

inset bands on the skirt of palest pink batiste, laid in the narrowest pin tucks, and it is also elaborately but judiclous-rise before your eyes, instead of saying ly inset with fine lace. Many of these one plece robes have

the insertion running up and down but the effect is equally happy when the lace runs around instead of up and down. Such a one has quite wide strips of princess lace from which tucked flounces of the material spread, each one fastened to the lace strip below, but each flaring more until it reaches the floor, ending in a number of narrow tucks

WORLD'S SEVEN WONDERS.

 The pyramids in Egypt.
Hanging gardens at Babylon.

3. The mausoleum at Halicar-

nassus. 4. Temple of Diana in Ep-

The plot of Diana in Ep-hesus.
The colossus of Rhodes built to Apollo.
Statue of Jupiter in the temple of Olympia.
The Pharos of Alexandria.

TO KEEP HAIR CURLED.

Now that summer days are said to be on their way the woman whose locks refuse to stay curled as she would have them is looking about for some lotion guaranteed to perform the miracle. One tablespoonful of bruised guince One tablespoonful of bruised quince seed bolled in one pint of distilled water and then strained through cheesecloth and one and one-half ounces of alcohol and the same amount of cologne added will, if applied to the hair before curling, keep it sufficiently wavy for two or three days or a week before renewing the application.

SODA TO REDUCE FLESH

The woman who does not care just how she gets thin nor what effect it will have on her can easily lose ten pounds in a week or two by taking hot soda baths. Four pounds of common soda dissolved in a tub of hot water will do the work. The water must be as hot as can be endured and the temperature increased as the body becomes accus-tomed to it. Such a bath is weakening but it starts the perspiration which is a great flesh reducer and if a certain amount of exercise is taken the next day may not after all make one feel exhausted.

These baths should be taken just befors going to bed. If they are too weakening they should of course be discontinued

"Don't, Bobby," give him some pleces of broken boxes, and let him have a seat in the garden or the back kitchen, and set him to work to make a dog and set him to work to make a dog house. Of course no such thing as a dog house will be the result of his la-bor, but he will think he is making one, and it will keep him amused for some time. Mothers should try to suggest amuse-

ments more often for the children. The little ones get tired of finding games for themselves, and wander aimlessly about, meddling first with this and then with that, to be checked in most cases with the hated word "don't." The mind of an adult is so much fuller of ideas, and children, as a rule, are so ready to grasp them that a little thought and exertion on the part of the mother now and then would not only keep the chil-dren amused and good natured but out of missing for

oren amused and good natured but out of mischief too. I spent the afternoon recently with the mother of two little boys, who said "Don't do that" so often that at last the elder turned to her and said, with a grieved and puzzled look on his little face, "What can we do, mamma?"

CUTTING BUTTON HOLES.

It is a very delicate piece of work to cut button holes in a satin waist, and they should always be of an exact size, something quite difficult to make even with scissors for that purpose. If one will get a sharp chisel, a heavy block of wood and a small hammer, the heatest and prettiest kind of button-holes can be cut in this manner; it makes a clean cut. In selecting a chisel of the right size, take one which is a trifle wider than the button. For heavy woolens the chisel is much better than

The ear ready for slander makes the lips ready to slay.

scissors.

NEW KIND OF MATERIAL. A German woman went into a

city department store the other day and asked for the follow-

ing: "For a shoke I want three ducks mit a wait a little while and three ducks."

The clerk tried in vain to inter-The clerk tried in vain to inter-pret her wants, so called a floor-walker, who was equally unsuc-cessful. A clerk who understood German was sent for. The wom-an wanted some tucked material

for a yoke with small spaces be-tween each cluster of tucks. *****************

Signature of Char H. Hutcher: Bears the



Libby's **Corned Beef**

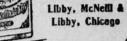
is a mild cured and perfectly cooked corned Beef, and carefully packed in Libby's Great White Kitchens. It is prepared as carefully as you would make it in your own kitchen.

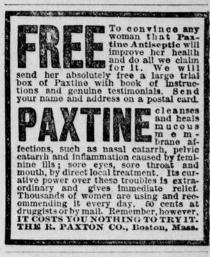
It has the characteristics and delicious flavor of the right kind of corned beef.

For Quick Serving.-Libby's Corned Beef, cut into thin slices, arranged on a platter and garnished with Libby's Chow Chow makes a tempt

ing dish for luncheon, dinner or supper. GODE

Ask your grocer A upon getting Libby's









cure is pleasant, quick, easy, cheap, never fails. Cascarets, the world's greatest bowel cleaner and liver tonic. Cascarets are guaranteed to cure constipation, lazy liver, bad blood, bad breath, sour stomach, biliousness. and all summer and winter bowel troubles. Don't be unhappy-buy a box today. AN druggists, 10c, 25c, 50c. Write for health booklet and free sample. Address Sterling Remedy Company, Chicago or New York.

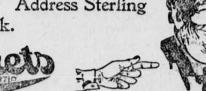
throw your liver out of gear, and make you act mean to those you love.

Your stomach is sour, your skin yellow, your breath offensive, and you hate

yourself and all mankind. Winter or summer it's all the same, when you

are unclean inside, you are unhappy and so is everybody near you. The

CURED BY



From the Denver Post.