

FEARFUL PAINS

SUGGESTIONS HOW WOMEN MAY FIND RELIEF.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. This is a severe strain on a woman's vitality. When pain exists something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

Thousands of women have testified in grateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes woman's special pains and irregularities.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

Miss Nellie Holmes, of 540 N. Division Street, Buffalo, N. Y., writes:

Dear Mrs. Pinkham:—
"Your medicine is indeed an ideal medicine for women. I suffered misery for years with painful periods, headaches, and bearing-down pains. I consulted two different physicians but failed to get any relief. A friend from the east advised me to try Lydia E. Pinkham's Vegetable Compound. I did so, and no longer suffer as I did before. My periods are natural; every ache and pain is gone, and my general health is much improved. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Mrs. Tillie Hart, of Larimore, N. D., writes:

Dear Mrs. Pinkham:—
"I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's Vegetable Compound."

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

Compound sooner, for I have tried so many remedies without help.
"I dreaded the approach of every month, as it meant so much pain and suffering for me, but after I had used the Compound two months I became regular and natural and am now perfectly well and free from pain. I am very grateful for what Lydia E. Pinkham's Vegetable Compound has done for me."

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

The success of Lydia E. Pinkham's Vegetable Compound rests upon the well-earned gratitude of American women.

When women are troubled with pain or irregularities, displacements or ulceration of the organs, that bearing-down feeling, inflammation, backache, bloating (or flatulency), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address Lynn, Mass.

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

The Penalty of Pride.

Mrs. Ruth Bryan Leavitt, the daughter of William Jennings Bryan, had been congratulated on the success of her brilliant one-act play, "Mrs. S. Holmes, Detective." She smiled and answered:

"But I mustn't grow conceited, must I? If I do, my next play will fail, or something quite as dreadful will happen. Nothing, you know, is so disastrous as conceit."

"I heard my father tell the other day of the disastrous conceit of a lady in Berlin. When Ahmed Effendi was the Turkish ambassador to Germany, it was his custom, at his various entertainments, to distribute Turkish sweets among the ladies present."

"At one of his most brilliant receptions Ahmed Effendi distinguished a Berlin lady by giving her twice as many sweets as he gave anyone else. That was a great honor, and scores of eyes, some jealous and some congratulatory, were fixed on the young lady as she ate of the great store of delicacies on her plate."

"She could not help feeling proud. And to mark her triumph, to underscore it, she could not help saying to the interpreter:

"Ask the ambassador why he has honored me with twice as many sweets as any of the other ladies." The interpreter put the question, got his answer, and repeated it in a loud voice.

"His excellency says, fraulein, your mouth is twice as large as any of the other ladies."

Accurate English.

That he was a stickler for pure English is shown by the following story of Dr. Johnson, the lexicographer, who was discovered by his wife kissing one of her serving maids.

"Why, Dr. Johnson," said the wife, "I am surprised."

"No," said the recalcitrant husband, "that is not exactly right, dear. I am surprised. You are astonished."

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When that tube is inflamed you have a running, sound, imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

It will give One Hundred Dollars for any case of Deafness (caused by Catarrh) that cannot be cured by Hall's Catarrh Cure. Sent for free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

An Obsolete Awakener.

An antiquary of Chicago took down from its hook a strange, old world instrument—an oaken wand ending in a T, one fork of the T a rabbit's tail, the other fork a piece of embossed brass.

"You can't guess what this is," said the antiquary. "It is an awakener; it woke up sleepers in church. Nowadays, what with vitaseop sermons, phonograph sermons and other late-day devices, church congregations keep awake better than the other ones, and awakens are obsolete. But in the past it was not so.

"In the past, men slept so much in church that bequests were made to rouse them. Pious persons left certain sums for the hire of an awakener to tipple through the church and call back from dreamland the various worshippers who had gone there. Salem, Gloucester and Boston had had such bequests.

"The attendants carried wands of various kinds. This one here is typical. Its handle, smoking up a woman's dress, would tickle her face with the rabbit's tail, recalling her from dreamland gently. But a man sleeper he would rap on the head with the embossed brass—a good hard rap that sometimes raised a bump.

"If you want this awakener—it is from Gloucester, and it is dated 1763—I can let you have it for \$8."

Of One Mind.

The visiting clergyman, addressing the little folks at the children's service, became impressive. "O children," he said, "in Africa there are 19,000,000 square miles of territory without a single Sunday school, where little boys and girls can spend their Sunday afternoons. Now, what should we all try to save up our money for?"

The children (unanimously): "To go to Africa."

TORTURED WITH ECZEMA.

Tremendous Itching Over Whole Body—Scatched Until Bled—Wonderful Cure by Cuticura.

"Last year I suffered with a tremendous itching on my back, which grew worse and worse, until it spread over the whole body, and only my face and hands were free. For four months or so I suffered torments, and I had to scratch, scratch, scratch, until I bled. At night when I went to bed things got worse, and I had at times to get up and scratch my body all over, until I was as sore as could be, and until I suffered excruciating pains. They told me that I was suffering from eczema. Then I made up my mind that I would use the Cuticura Remedies. I used them according to instructions, and very soon indeed I was greatly relieved. I continued until well, and now I am ready to recommend the Cuticura Remedies to any one. Mrs. Mary Metzger, Sweetwater, Okla., June 28, 1905."

A Long Wait.

From the New York Weekly. Policeman—"Here, move on! Why don't you go home?"

Tramp—with dignity—"I'm waitin' for me coachman."

The Original Porous Plaster.

It's Allcock's, first introduced to the people sixty years ago, and to-day undoubtedly has the largest sale of any external remedy—millions being sold annually throughout the whole civilized world. There have been imitations, to be sure, but never has there been one to even compare with Allcock's—the world's standard external remedy.

For a weak back, cold on the chest or any local pain, the result of taking cold or over-strain, there's nothing we know of to compare with this famous plaster.

The Slow Line.

The bookkeeper entered briskly flushed with the autumn air. "How is this, George?" said the cashier. "You are earlier than usual today."

"Yes, I know," replied the other. "The cars weren't running, and I had to walk down."

RHEUMATISM STAYS CURED

Mrs. Cota, Confined to Bed and in Constant Pain, Cured by Dr. Williams' Pink Pills.

Rheumatism can be inherited and that fact proves it to be a disease of the blood. It is necessary, therefore, to treat it through the blood if a permanent cure is expected. External applications may give temporary relief from pain but as long as the poisonous acid is in the blood the pain will return, perhaps in a new place, but it will surely return. Dr. Williams' Pink Pills cure rheumatism because they go directly to the seat of the disorder, purifying and enriching the blood.

Mrs. Henry Cota, of West Cheshire, Conn., is the wife of the village machinist. "Several years ago," she says, "I was laid up with rheumatism in my feet, ankles and knees. I was in constant pain and sometimes the affected parts would swell so badly that I could not get about at all to attend to my household duties. There was one period of three weeks during which I was confined to the bed. My sufferings were awful and the doctor's medicine did not help me.

"One day a neighbor told me about Dr. Williams' Pink Pills and I decided to try them. After I had taken them a short time I was decidedly better and a few more boxes cured me. What is better, the cure was permanent."

Remember Dr. Williams' Pink Pills do not act on the bowels. They make new blood and restore shattered nerves. They tone up the stomach and restore impaired digestion, bring healthful, refreshing sleep, give strength to the weak and make miserable, complaining people strong, hungry and energetic. They are sold by all druggists, or will be sent postpaid, on receipt of price, 50 cents per box, six boxes \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

Didn't Make a Sale.

A florist in a large department store is noted for his overbearing manner to those under him. One day he approached a junior assistant, from whose counter a woman had gone away.

"You let that lady go away without making a purchase?" he asked, severely.

"Yes, sir."

"And she was at your counter fully ten minutes?"

" doubtless, but then, you see—"

"Exactly. I saw that in spite of all the questions she put to you rarely answered her and never attempted to get what she wanted."

"Well, but—"

"I shall report you for carelessness."

"Well, I hadn't what she wanted."

"What was that?"

"Half a dollar. She's a book canvasser getting subscribers to the 'Life of Washington'."

"THE MARRYING SQUIRE."

Justice Geo. E. Law, of Brazil, Ind., Has Married 1,400 Couples.

Justice Geo. E. Law, of Brazil, Ind., has fairly earned the title "The Marrying Squire," by which he is known far and wide, having already married some 1,400 couples.

Ten years ago he was Deputy County Treasurer. "At that time," said Justice Law, "I was suffering from an annoying kidney trouble. My back ached, my rest was broken at night, and the passages of the kidney secretions were too frequent and contained sediment. Three boxes of Doan's Kidney Pills cured me in 1897, and for the past nine years I have been free from kidney complaint and backache."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Widows.

Widows exist in all countries, thus counterbalancing the matrimonial decadence which might otherwise result from timid men. Widows are clinging by temperament and attach themselves readily to any object that can't help itself. It is generally considered unlucky to meet a widow on a dark piazza by the light of the moon. In many countries to be kissed by a widow means endless trouble. Widows are frequently accompanied by children, whose number is constantly able to increase. They roam at large over the principal sections, and no man is safe when they are near. All the perfect men now dead have married widows, thus forming a continuous contrast to the miserable specimens who still live. It has been said "Beware of widows," but this is unnecessary, for no man can really help himself.

Wm. Winslow's Soreness Remedy for Children

For relief of the most serious inflammation of the eyes, cures wind colic. 25 cent a bottle.

McGinnis and the Union Label.

Mr. Joseph A. McGinnis was for unions all the way. He favored larger wages and a somewhat shorter day.

A walk-out always pleased him, though he didn't have a cent. But when the delegate said strike, McGinnis always went.

He liked the shopping for his wife because he liked to know.

That's what the union articles were purchased with his dough.

Has it got the union label? McGinnis used to say.

Has it got the union label? Show it to me if you're able.

If it hasn't got the label, take the bloomin' thing away.

McGinnis had no children, though he hoped to have some day.

And his wife who "seen her duty" was opinionated the same way.

So when the stock arrived one day and brought a bouncing boy.

McGinnis was elated—he was overcome with joy.

He looked the baby over—his face wreathed in a grin.

When all at once a thought occurred which filled him with chagrin—

Has it got the union label? McGinnis used to say.

Has it got the union label? Show it to me if you're able.

If it hasn't got the label, take the bloomin' thing away.

Now Joseph A. McGinnis was a man of good repute.

He went to church on Sunday in his union tailored suit.

Like many other union men, he led a blameless life.

And when he died, the neighbors said: "The blow will kill his wife."

He reached the nearby gates on time, as upright spirits do.

"Welcome!" was Peter's greeting, and I have a harp for you."

Has it got the union label? McGinnis used to say.

Has it got the union label? Show it to me if you're able.

If it hasn't got the label, take the bloomin' thing away.

—Wm. F. Kirk.

An Electric Tree.

William Kronenberg, an eccentric scientist living in the mountains near Brunt Cabin, Pa., is making experiments with a new variety of tree that he calls the electric light plant.

Noticing the phosphorescent light he found around decayed tree stumps, he conceived the idea of using it for the benefit of mankind. Taking an ordinary wild grape vine at several stumps, he was gratified, after several years' culture to see the fruit emit a rich white glow.

Mr. Kronenberg has one plant which gives off sufficient light to read by, and he is wiring his log cabin with the grape vine. He says if he can develop the electric light plant sufficiently it will come into general use on account of its cheapness and safety.

A Way Out.

From the New York Weekly. Angliomanac—"That way it goes. If we hunt foxes, folks say we're cruel; if we hunt unsexed bags, folks laugh at us. What can we hunt, without exciting indignation or ridicule?"

Small Boy—"Rats!"

THE FARMER IN WESTERN CANADA.

The Quality of No. 1 Hard Wheat Cannot Be Beaten.

The Canadian West in the past five or ten years has given a set back to the theory that large cities are the backbone of a country and a nation's best asset. Here we have a country where no city exceeds 100,000, and where only one comes within easy distance of that figure, according to the census just taken and where no other city reaches a population exceeding 15,000. The places with a population over 5,000 can be counted upon the fingers of one hand, and yet the prosperity that prevails is something unprecedented in the history of all countries past or present.

The reason for this marvelous prosperity is not hard to seek. The large majority of the \$10,000 people who inhabit Manitoba, Saskatchewan and Alberta have gone on to the farm, and have taken themselves to the task of not only feeding and clothing themselves, but of raising food for others less happily circumstanced.

The crop of 1906, although not abnormal, is an eye-opener to many who previously had given little thought to the subject. Ninety million bushels of wheat at 70 cents per bushel—\$63,000,000; 76,000,000 bushels of oats at 30 cents per bushel—\$22,800,000; 17,000,000 bushels of barley at 40 cents per bushel—\$6,800,000; makes a total of \$92,600,000. This is altogether outside the root products; dairy produce, and the returns from the cattle trade; the best sugar industry and the various other by-products of mixed farming.

When such returns are obtainable from the soil it is not to be wondered at that many are leaving the congested districts of the east, to take upon themselves the life of the prairie farm and the labor of the husbandman.

With the construction of additional railroads, new avenues for agricultural enterprise are opening up, and improved opportunities are offered to the settler who understands prairie farming, and is willing to do his part in building up the new country.

This is the theme that Mr. J. J. Hill, the veteran railroad builder in the West, has laid before the people in a series of addresses which he has given at various points during the past few months, and, having been for so long identified with the development of the West, there are few men better qualified than he to express an opinion upon it. Take care of the country, says he, and the cities will take care of themselves.

The farmers of the Western States and the Canadian West are more prosperous than ever before, and when it comes to measuring up results, the Canadian appears to have somewhat the better of it. His land is cheaper, in fact, the government continues to give free homesteads to settlers, and the returns per acre are heavier when the crop is harvested. Farming land in the Western States runs from \$60 to \$150 an acre and up, whereas equally good soil may be purchased in Canada for \$8 to \$15 per acre, within easy reach of a shipping point, and much of this is available for free homesteading. The quality of the Canadian No. 1 hard wheat cannot be beaten, and the returns to the acre are several bushels better than on this side of the line. The soil and climate of that country being peculiarly adapted to wheat growing.

The fact is evidently appreciated by the large number of American farmers who have in the past two or three years settled in the Canadian West. The agents of the Canadian government, whose address may be found elsewhere, advise us that for the fiscal year 1904-5, the records show that 43,543 Americans settled in Canada, and in 1905-6 the number reached 57,796. From all of which it appears that at present there is a good thing in farming in Western Canada, and that the American farmer is not slow to avail himself of it.

Kerosene may be removed by the use of fuller's earth. Cover the stain with a thick layer of hot fuller's earth and let it remain twenty-four hours, then brush off.

J. Bold Step.

To overcome the well-grounded and reasonable objections of the more intelligent to the use of secret medicinal compounds, Dr. R. V. Pierce, of Buffalo, N. Y., some time ago, decided to make a bold departure from the usual course pursued by the makers of put-up medicines for domestic use, and so has published broadcast and openly to the whole world, a full and complete list of all the ingredients entering into the composition of his widely celebrated medicines. Thus he has taken his numerous patrons and patients into his full confidence. Thus too he has removed his medicines from among secret nostrums of doubtful merits, and made them *Remedies of Known Composition*.

By this bold step, Dr. Pierce has shown that his formulas are of such a nature that he is not afraid to subject them to the strictest scrutiny.

Not only does the wrapper of every bottle of Dr. Pierce's Golden Medical Discovery, the famous medicine for catarrh, torpid liver or biliousness and all catarrhal diseases wherever located, have printed upon it, in plain English, a full and complete list of all the ingredients composing it, but a small book has been compiled from numerous standard medical works, of all the different schools of practice, containing very numerous extracts from the writings of leading practitioners of medicine, endorsing in the strongest possible terms, each and every ingredient contained in Dr. Pierce's medicines. One of these little books will be mailed free to any one sending address on postal card or by letter, to Dr. R. V. Pierce, Buffalo, N. Y., and requesting the same. From this little book it will be learned that Dr. Pierce's medicines contain no alcohol, narcotics, mineral agents or other poisonous or injurious ingredients and that they are made from native, medicinal plants of great value, which are some of the most valuable ingredients contained in Dr. Pierce's Favorite Prescription for weak, nervous, over-worked, "run-down," nervous and debilitated women, ever employed, long years ago, by the Indians for similar ailments affecting their squaws. In fact, one of the most valuable medicinal plants, which enters into the composition of Dr. Pierce's Favorite Prescription was known to the Indians as "Saw-wed." Our knowledge of the uses of not a few of our most valuable native medicinal plants was gained from the Indians.

As made up by improved and exact processes, the "Favorite Prescription" is a most efficient remedy for regulating all the womanly functions, correcting displacements, as nervous, antispasmodic, and retentive, overcoming painful periods, toning up the nerves and bringing about a perfect state of health. Sold by all dealers in medicines.

ELLY'S CREAM BALM

is a cure for constipation, and the headache, backache, sideache and general debility that come from constipation stop when the bowels do their proper work.

Sold by all dealers at 25c. and 50c.

CURES CONSTIPATION

Relief that comes from the use of pills or other cathartics is better than suffering from the results of constipation, but relief and cure combined may be had at the same price and more promptly, for

Lane's Family Medicine

is a cure for constipation, and the headache, backache, sideache and general debility that come from constipation stop when the bowels do their proper work.

Sold by all dealers at 25c. and 50c.

A Positive CURE FOR CATARRH

Ely's Cream Balm is quickly absorbed. Gives Relief at Once.

It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail. Trial size 10 cts. by mail.

Ely Brothers, 65 Warren Street, New York.

YOU CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with

Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box THE R. PAXTON CO., Boston, Mass.

Something Good.

Angry Customer—Haven't you anything good at this hotel?

Clerk—Well—we have a minister.

160 ACRES OF FARMS IN WESTERN CANADA FREE

Canadian Government

FREE FARMS

Over 200,000 American farmers who have settled in Canada during the past few years testify to the fact that Canada is, beyond question, the greatest farming land in the world.

Over Ninety Million Bushels of wheat from the harvest of 1906, means good money to the farmers of Western Canada when the world has to be fed. Cat raising, Dairying, Mixed Farming are also profitable callings. Good wood, water in abundance, churches and schools convenient, markets easy of access. Taxes low. For advice and information address the Superintendent of Immigration, Ottawa, Canada, or the authorized Canadian Government agent, W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn.; J. M. MacLachlan, Box 116 Waterloo, N. South Dakota, and V. Bennett, Box New York Life Building, Omaha, Neb., Authorized Government Agents.

Please say where you saw this advertisement.

SIOUX CITY PITTING CO., 1,166-48, 1906

Have You A Cold Room?

In most houses there is a room without proper heating facilities—to say nothing of chilly hallways. Even though the heat of your stoves or furnace should be inadequate to warm the whole house there need not be one cold spot if you have a

PERFECTION Oil Heater

(Equipped with Smokeless Device)

It will heat a room in no time and will keep it warm and cozy. Operated as easily as a lamp and perfectly safe. Wick cannot be turned too high or too low. Gives no smoke or smell because fitted with unique smokeless device. Can be carried about, which cannot be done with an ordinary stove. The Perfection Oil Heater is superior to all other oil heaters and is an ornament to any home. Made in two finishes—nickel and japan. Brass oil fount beautifully embossed. Holds four quarts of oil and burns nine hours. Every heater warranted. If not at your dealer's write nearest agency for descriptive circular.

THE Rayo Lamp is the safest and best all-round household lamp. Made of brass throughout and nickel-plated. Equipped with latest improved burner. Every lamp warranted. An ornament to any room whether library, dining-room, parlor or bedroom. Write to nearest agency if not at your dealer's.

STANDARD OIL COMPANY

Sloan's Liniment

For Cough, Cold, Croup, Sore Throat, Stiff Neck, Rheumatism and Neuralgia

At all Dealers Price 25c 50c & \$1.00

Sent Free Sloan's Book on Horses, Cattle, Hogs & Poultry

Address Dr. Earl S. Sloan 615