

A Food to Work On

Work! Work!! Work!!!

Lots of energy is needed to keep up the pace. In the struggle, the man with the strong body and clear brain wins out every time.

The man of to-day needs something more than mere food; he needs a food that makes energy—a food to work on.

Although some people may not realize it, yet it is a fact, proved and established beyond doubt, that soda crackers—and this means **Uneeda Biscuit**—are richer in muscle and fat-making elements and have a much higher per cent. of tissue-building properties than any other article of food made from flour.

That this is becoming known more and more every day is attested by the sale of nearly 400,000,000 packages of **Uneeda Biscuit**, the finest soda cracker ever baked. An energy-giving food of surpassing value—sold in a package which brings it to you with all the original flavor and nutriment perfectly preserved. *Truly the food to work on.*

Whoever you are—whatever you are—wherever you work—**Uneeda Biscuit**.

NATIONAL BISCUIT COMPANY

5c

Impoverished Soil

Impoverished soil, like impoverished blood, needs a proper fertilizer. A chemist by analyzing the soil can tell you what fertilizer to use for different products.

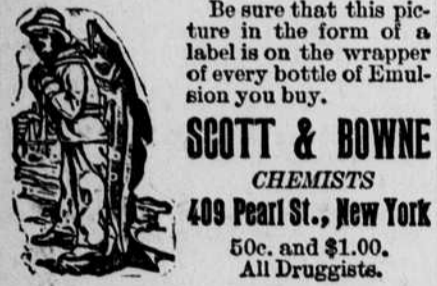
If your blood is impoverished your doctor will tell you what you need to fertilize it and give it the rich, red corpuscles that are lacking in it. It may be you need a tonic, but more likely you need a concentrated fat food, and fat is the element lacking in your system.

There is no fat food that is so easily digested and assimilated as

Scott's Emulsion of Cod Liver Oil

It will nourish and strengthen the body when milk and cream fail to do it. Scott's Emulsion is always the same; always palatable and always beneficial where the body is wasting from any cause, either in children or adults.

We will send you a sample free.



Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy.

SCOTT & BOWNE
CHEMISTS
409 Pearl St., New York
50c. and \$1.00.
All Druggists.

First Publication Oct. 11.
SHERIFF'S SALE.

By virtue of an order of sale, directed to me from the Clerk of the District court of Holt County, Nebraska, on a judgment obtained before the judge of the district of Holt County, Nebraska, on the 15th day of September, 1906, in favor of the First National bank of Flandreau, South Dakota, as plaintiff, and against S. P. Carr, real name unknown and Mary Carr, his wife, real name unknown, as defendants, for the sum of ninety-four dollars and ninety cents, \$94.90, and the costs taxed at \$17.90 and accruing costs, I have levied upon the following real estate taken as property of said defendant, to satisfy said order of sale, to-wit:

The east half of the southeast quarter of section 9, and the west one half of the south west quarter of section 10, all in township 32, range 11 west of the sixth P. M. in Holt County, Nebraska.

And will offer the same for sale to the highest bidder for cash, in hand, on the 12th day of November, A. D. 1906, in front of court house, in O'Neill, Holt County, Nebraska, at the hour of 10 o'clock A. M. of said day, when and where due attendance will be given by the undersigned.

Dated at O'Neill, Holt County, on the 10th day of October, 1906.
C. E. HALL,
Sheriff of said County.

16-5

First Publication Oct. 18.
PROBATE NOTICE.

In the matter of the estate of Catherine C. Mann, deceased:

Notice is hereby given that the creditors of said deceased will meet the Executor of said estate, before me, County Judge of Holt County, Nebraska, at the county court room in said county, on the 13th day of November, 1906, on the 15th day of January, 1907, and on the 15th day of April, 1907, at 10 o'clock a. m., each day, for the purpose of presenting their claims for examination, adjustment and allowance. Six months are allowed for creditors to present their claims, and one year for the Executor to settle said estate, from the 15th day of October, 1906.

This notice will be published in The Frontier, for four weeks successively, prior to the 13th day of November, 1906.

[SEAL] C. J. MALONE,
County Judge.

First Publication Nov. 1.
NOTICE

The State of Nebraska, Holt County, ss.

In county court: Notice is hereby given that, petition having been filed in the county court of Holt County, Nebraska, for the appointment of an Administrator of the estate of John W. Dahlin deceased, late of said county. The same is set for hearing at 2 o'clock p. m., on Monday, the 10th day of November, 1906, at the office of the County Judge, in O'Neill, in said County, at which time and place all persons interested in said estate may appear and be heard concerning said appointment.

Given under my hand and official seal this 29th day of October, 1906.
[Seal] C. J. MALONE,
County Judge.

FRED L. BARCLAY
STUART, NEB.

Makes Long or Short Time Loans on Improved Farms and Ranches

REED BROS.
Shortorder House...

An up-to-date place serving meals all hours
Opposite P. O. O'NEILL, NEB.

Mr. Tom Laham
will open a shoe-making and repair shop at the store of
SHAHEEN & SAUNTO
Monday, Oct. 15.
Half sole, man's size.....75c
Half sole, woman or boys....50c
Work guaranteed first-class.

Coffees "Coated"
with stale eggs, glue and other things are not fit to drink.
Lion Coffee
is pure, uncoated coffee—fresh, strong, well flavored.
The sealed package insures uniform quality and freshness.

Is It Your Own Hair?

Do you pin your hat to your own hair? Can't do it? Haven't enough hair? It must be you do not know Ayer's Hair Vigor! Here's an introduction! May the acquaintance result in a heavy growth of rich, thick, glossy hair! And we know you'll never be gray.

"I think that Ayer's Hair Vigor is the most wonderful hair-grower that was ever made. I have used it for some time and I can truthfully say that I am greatly pleased with it. I cheerfully recommend it as a splendid preparation."—Miss V. Brock, Wayland, Mich.

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
Ayer's
SARSAPARILLA,
PILLS,
CHERRY PECTORAL.

The Real Need.
"He said he would lay the earth at my feet," said the sentimental girl.
"Yes," answered Miss Cayenne. "It sounds good, but it is not practical. You already have the earth at your feet. What you want is a three or four story house over your head."—Washington Star.

Why He Loved Her.
Minister—Bobby, do you love your teacher? Bobby (six years old)—Yes, sir. Minister—That's right. Now tell me why you love her. Bobby—Because the Bible says we must love our enemies.—Philadelphia Inquirer.

What Distinguishes Man.
The difference between man and the so called "lower animals" is that he alone cooks his food and wears artificial clothes. And these are the two that injure his health.—St. Louis Globe-Democrat.

100
Envelopes
with your name and address printed on them
ONLY 50C
The cheapest way to buy for those wanting small quantities
The Frontier.
Chamberlain's Cough Remedy
Cures Colds, Croup and Whooping Cough.

A HEARTY LAUGH.

It is a Blessing, This Reflex of a Sunshine Soul.

The cold, chilling atmosphere which sometimes pervades a reception or other social gathering is often entirely dissipated by the hearty, ringing laughter of some simple, genuine soul who is bubbling over with fun. The stiffness and constraint which a minute before embarrassed the whole company are relieved as if by magic.

There is something in genuine, spontaneous humor which removes all restraint, scatters embarrassment, relieves tension and welds souls together as no introduction or conversation can. It puts the shy at ease, dissipates prejudice, gives confidence to the timid and reassures the shrinking soul. The cheery smile or the spontaneous laugh awakens sympathy and arouses feelings of friendliness. It seems to melt all barriers.

Oh, what riches live in a sunny soul! What a blessed heritage is a sunny face, to be able to fling out sunshine wherever one goes, to be able to scatter the shadows and to lighten sorrow laden hearts, to have power to send cheer into despairing souls through a sunny and a radiant heart! And if, haply, this heritage is combined with a superb manner and exquisite personality, no money wealth can compare with its value.

This blessing is not very difficult of acquisition, for a sunny face is but a reflection of a warm, generous heart. The sunshine does not appear first upon the face, but in the soul. The glad smile that makes the face radiant is but a glimpse of the soul's sunshine.—O. S. Marden in Success Magazine.

UNIQUE FEATS.

Odd Physical Tricks That People Here and There Can Do.

A group of traveling men were discussing unique feats and physical tricks that people here and there can do.

"I know a Chicagoan," said one, "who can whistle a tune and hum its accompaniment at the same time. He whistles through a flat, not through the usual round hole, and the deep, musical accompaniment together with the shrill sweetness of the whistle makes a mighty attractive thing to hear."

"I knew a barber," said the second drummer, "who had a unique way of cracking nuts. He would place a nut between the back of his head and a stone or brick wall, and then he would give himself a sharp rap on the forehead with his fist. The nuts would crack open every time."

"A Manayunk man," said the third, "can give his head a jerk that turns back his eyelids. He has to turn them down again with his fingers. This is an ugly feat, and I'm glad it is rare."

"I knew at school," said the fourth drummer, "a boy named Bucky Adams who could play tunes by snapping his fingers. The thumb and first two fingers of each hand would work away busily, and forth would come the clearest, sweetest, faintest music. I used to sit with Bucky Adams, and many a tedious school session would be made shorter and pleasanter with this odd gift."—New York Press.

Pure Olive Oil.

If olive oil congeals in freezing weather, it is a sign that it is adulterated with lard. Very few bottles of so called olive oil will stand this simple test—in fact, we seldom get the pure thing, and, if we did, the chances are that we could not eat it. At least, that was the experience once upon a time of one woman who used a great deal of mayonnaise dressing upon her table and had supposed that she doted on olive oil. An Italian friend bestowed upon her a flask of the peculiarly green fluid. To her surprise, not one of her family, herself included, could bear its taste. There was a tang to it which showed them that they had never eaten olive oil before and that they never wanted to eat it again. So they gave the flask away.—New York Telegram.

Thackeray's Apology.

Thackeray once wrote in a note to a friend, alluding to an incident occasioned by one of his articles in Punch: "I thought over the confounded matter in the railroad and wrote instantly on arriving here a letter of contrition and apology to Henry Taylor for having made what I see now was a flippant and offensive allusion to Mrs. Taylor. I am glad I have done it. I am glad that so many people whom I have been thinking bigoted and unfair and unjust toward me have been right and that I have been wrong, and my mind is an immense deal easier."

A Great Idea.

"My new play is sure to make a hit," said the great actress. "It gives me an opportunity to display twenty new gowns."

"Gracious!" exclaimed her friend. "How many acts?"
"Only four, but in one of them the scene's at a dressmaker's."—Philadelphia Press.

Talents.

As to the great and commanding talents, they are the gift of Providence in some way unknown to us. They rise where they are least expected. They fall when everything seems disposed to produce them, or at least to call them forth.—Burke.

Evolution.

"There is an old proverb that a man becomes what he eats."
"Then I suppose all the cannibals will be missionaries in time."—Cleveland Leader.

Philosophy does not regard pedigree. She did not receive Plato as a noble, but made him so.—Seneca.

Chicago & Northwestern Railway

TRAINS EAST

†Passenger, No. 4, 3:00 a. m.
*Passenger, No. 6, 9:40 a. m.
*Freight, No. 116, 3:35 p. m.
†Freight, No. 64, 12:01 p. m.

TRAINS WEST

†Passenger, No. 5, 3:35 p. m.
*Passenger, No. 11, 10:25 p. m.
*Freight, No. 119, 5:32 p. m.
†Freight, No. 63, 3:35 p. m.

The service is greatly improved by the addition of the new passenger trains Nos. 4 and 5; No. 4 arrives in Omaha at 10:35 a. m., arrives at Sioux City at 9:15 a. m. No. 5 leaves Omaha at 7:15 a. m., leaves Sioux City at 7:50 a. m.

*Daily; †Daily, except Sunday.

E. R. ADAMS, Agent



THE COMFORTABLE WAY.
(Wilmar & Sioux Falls Ry.)

Going East.

LEAVE O'NEILL ARRIVE SIOUX CITY
7:00 a. m. 164 Passenger 11:50 a. m.
7:10 p. m. 324 Mixed 6:00 a. m.

Going West.

LEAVE SIOUX CITY ARRIVE O'NEILL
5:00 p. m. 163 Passenger 9:50 p. m.
5:00 a. m. 325 Mixed 5:30 p. m.

Close connections at Sioux City for all points. For rates and further information call on or address—

H. E. WESCOTT, Agent.

R. R. DICKSON

Lawyer

REFERENCE: FIRST NATIONAL BANK, O'NEILL

E. H. BENEDICT
LAW & REAL ESTATE

Office first door south of U. S. Land Office

J. C. HORISKEY

Staple and Fancy Groceries

Flour, Salt, Country Produce

JOHN HORISKEY
Drayman

Your property handled without smashing it and delivered when and where you want it.

DR. J. P. GILLIGAN

Physician and Surgeon

Calls may be left at Gilligan & Stout drug store or at residence 1 block north and 1/2 east of stand pipe. Phone: Office 41, res. 10

DR. P. J. FLYNN

Physician and Surgeon

Night Calls will be Promptly Attended

Office: First door to right over Corrigan's Telephone Nos.: Office, 68; Residence, 96

V. ALBERTS

MFG. & DEALER IN

Harness & Saddlery Goods

Also Agent for Biles Native Horse, 300 days treatment for \$1 and money refunded if not benefited. Also Wheeler & Wilson Ball Bearing Sewing Mach.

The O'NEILL BOTTLING WORKS

R. J. MARSH, Proprietor

Bottlers of Carbonated Beverages

CIDER MANUFACTURERS

A. J. Hammond
Abstract Company

Title Abstractors

Office in First National Bank Bldg.

REAL ESTATE

I have good farms for sale at reasonable prices and on good terms. Parties buying will be conveyed to and from land free of cost. May find me 4 blks. west First Nat'l Bank. Address is O'Neill, Neb. 20-3m B. A. JOHRING

D. W. CAMERON

Practical Cement Worker

Manufactures Cement Walks, builds Foundations, Caves, etc. In fact all cement work neatly and promptly done. Address, Atkinson or O'Neill

Moderate Price

Calumet Baking Powder
\$1,000.00 will be given for any substance injurious to health found in Calumet.



ONLY Double Track RAIL ROAD

Between Missouri River and Chicago

Direct line to St. Paul and Minneapolis.

Direct line to the Black Hills, South Dakota.

Only line to Bonesteel, S. D., the Rosebud Indian Reservation.

Through sleeping car service to Omaha, making direct connections at Omaha Union Station for Chicago and all points east. No delays, no change of cars, Northwestern all the way.

Apply to nearest agent for rates, maps and time cards, or write to—

JOHN A. KUHN,
A. G. F. and P. A., Omaha

HOTEL EVANS



ONLY FIRST-CLASS HOTEL IN THE CITY
FREE BUS SERVICE

W. T. EVANS, PROP

50 YEARS' EXPERIENCE
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Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is probably patentable. Communications strictly confidential. HANDBOOK on Patents sent free. Oldest agency for securing patents. Patents taken through Munn & Co. receive special notice, without charge, in the Scientific American.
A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, \$3 a year: four months, \$1. Sold by all newsdealers.
MUNN & Co. 361 Broadway, New York
Branch Office, 636 F St., Washington, D. C.

Scottish Sharon...

OF GREYTOWER 163330. A prize-winning bull of the Pan-American, heads the Ak-Sar-Ben home herd of Shorthorns.

Young bulls for sale.
J. M. ALDERSON & SONS,
Chambers, Nebraska

DR. E. T. WILSON
PHYSICIAN and SURGEON
(Late of the U. S. Army)
Successor to Dr. Trueblood. Surgery and Diseases of women.

SPECIALTIES:
EYE, EAR, NOSE AND THROAT
Spectacles correctly fitted and Supplied.
O'NEILL, NEB.

PUBLIC SALE
"I WILL SELL AT PUBLIC SALE," ETC.

J. W. Van Kirk
AUCTIONEER

I will cry your sales on reasonable terms. See me at my farm 1 mile north, 1 1/2 mile east, of O'Neill, or the O'Neill National bank for prices and dates. June 7-2m-pd

THE O'REILL
ABSTRACT & CO.
Compiles Abstracts of Title

THE ONLY COMPLETE SET OF ABSTRACT BOOKS IN HOLT COUNTY

SHORTHORN BULLS AND HEIFERS

SCOTCH tops on best BATES families, 35 BULLS 14 to 26 mo. old. 20 HEIFERS and 10 COWS bred to our fine Scotch bull, MISSIE'S PRINCE 75402. Over 200 head in herd to select from. These are the cattle for western men as they are acclimated. Come and see them or write for prices.

THE BROOK FARM CO.,
J. R. Thomas, foreman O'Neill, Holt Co., Neb.

Chamberlain's Colic, Cholera and Diarrhoea Remedy. Never fails. Buy it now. It may save life.