

WHO SHE WAS

SKETCH OF THE LIFE OF LYDIA E. PINKHAM

And a True Story of How the Vegetable Compound Had Its Birth and How the "Panic of '73" Caused it to be Offered for Public Sale in Drug Stores.

This remarkable woman, whose maiden name was Estes, was born in Lynn, Mass., February 9th, 1819, coming from a good old Quaker family. For some years she taught school, and became known as a woman of an alert



and investigating mind, an earnest seeker after knowledge, and above all, possessed of a wonderfully sympathetic nature.

In 1843 she married Isaac Pinkham, a builder and real estate operator, and their early married life was marked by prosperity and happiness. They had four children, three sons and a daughter.

In those good old fashioned days it was common for mothers to make their own home medicines from roots and herbs, nature's own remedies—calling in a physician only in specially urgent cases. By tradition and experience many of them gained a wonderful knowledge of the curative properties of the various roots and herbs.

Mrs. Pinkham took a great interest in the study of roots and herbs, their characteristics and power over disease. She maintained that just as nature so bountifully provides in the harvest-fields and orchards vegetable foods of all kinds; so, if we but take the pains to find them, in the roots and herbs of the field there are remedies expressly designed to cure the various ills and weaknesses of the body, and it was her pleasure to search these out, and prepare simple and effective medicines for her own family and friends.

Chief of these was a rare combination of the choicest medicinal roots and herbs found best adapted for the cure of the ills and weaknesses peculiar to the female sex, and Lydia E. Pinkham's friends and neighbors learned that her compound relieved and cured and it became quite popular among them.

All this so far was done freely, without money and without price, as a labor of love. But in 1873 the financial crisis struck Lynn. Its length and severity were too much for the large real estate interests of the Pinkham family, as in this class of business suffered most from fearful depression, so when the Centennial year dawned it found their property swept away. Some other source of income had to be found.

At this point Lydia E. Pinkham's Vegetable Compound was made known to the world.

The three sons and the daughter, with their mother, combined forces to

restore the family fortune. They argued that the medicine which was so good for their woman friends and neighbors was equally good for the women of the whole world.

The Pinkhams had no money, and little credit. Their first laboratory was the kitchen, where roots and herbs were steeped on the stove, gradually filling a gross of bottles. Then came the question of selling it, for always before they had given it away freely. They hired a job printer to run off some pamphlets setting forth the merits of the medicine, now called Lydia E. Pinkham's Vegetable Compound, and these were distributed by the Pinkham sons in Boston, New York, and Brooklyn.

The wonderful curative properties of the medicine were, to a great extent, self-advertising, for whoever used it recommended it to others, and the demand gradually increased.

In 1877, by combined efforts the family had saved enough money to commence newspaper advertising and from that time the growth and success of the enterprise were assured, until today Lydia E. Pinkham and her Vegetable Compound have become household words everywhere, and many tons of roots and herbs are used annually in its manufacture.

Lydia E. Pinkham herself did not live to see the great success of this work. She passed to her reward years ago, but not till she had provided means for continuing her work as effectively as she could have done it herself.

During her long and eventful experience she was ever methodical in her work and she was always careful to preserve a record of every case that came to her attention. The case of every sick woman who applied to her for advice—and there were thousands—received careful study, and the details, including symptoms, treatment and results were recorded for future reference, and to-day these records, together with hundreds of thousands made since, are available to sick women the world over, and represent a vast collaboration of information regarding the treatment of woman's ills, which for authenticity and accuracy can hardly be equaled in any library in the world.

With Lydia E. Pinkham worked her daughter-in-law, the present Mrs. Pinkham. She was carefully instructed in all her hard-won knowledge, and for years she assisted her in her vast correspondence. To her hands naturally fell the direction of the work when its originator passed away. For nearly twenty-five years she has continued it, and nothing in the work shows when the first Lydia E. Pinkham dropped her pen, and the present Mrs. Pinkham, now the mother of a large family, took it up. With women assistants, some as capable as herself, the present Mrs. Pinkham continues this great work, and probably from the office of no other person have so many women been advised how to regain health. Sick women, this advice is "Yours for Health" freely given if you only write to ask for it.

Such is the history of Lydia E. Pinkham's Vegetable Compound; made from simple roots and herbs; the one great medicine for women's ailments, and the fitting monument to the noble woman whose name it bears.

The Language of the Umbrella.

From Spare Moments. There is a language of umbrellas as of flowers. For instance, place your umbrella in a rack, and it will often indicate that it will change owners. To open it quickly in the street means that somebody's eye is going to be in danger.

To shut it quickly signifies that a hat or two will probably be knocked off. An umbrella carried over a woman, the man getting nothing but the drippings of the rain, signifies courtship.

When a man has the umbrella, and the woman the drippings, it indicates marriage. To swing your umbrella over your shoulder signifies "I am making a nuisance of myself."

To put an alpaca umbrella by the side of a silk one signifies "Exchange is no robbery."

To lend an umbrella indicates "I am a fool."

To return an umbrella means—well, never mind what it means; nobody ever does that.

SKIN ERUPTIONS 35 YEARS.

Suffered Severely with Eczema All Over Body—A Thousand Thanks to Cuticura Remedies.

"For over thirty-five years I was a severe sufferer from eczema. The eruption was not confined to any one place. It was all over my body, limbs and even on my head. I am sixty years old and an old soldier, and have been examined by the Government Board over fifteen times, and they said there was no cure for me. I have taken all kinds of medicine and have spent large sums of money for doctors, without avail. A short time ago I decided to try the Cuticura Remedies, and after using two cakes of Cuticura Soap, two boxes of Cuticura Ointment, and two bottles of Cuticura Resolvent, two treatments in all, I am now well and completely cured. A thousand thanks to Cuticura. I cannot speak too highly of the Cuticura Remedies. John T. Roach, Richmond, Ross Co., Ohio, July 17, 1905."

One of the Family. "Are you the editor that takes in society news?" inquired the caller, an undersized man, with a tired and timid appealing look on his face.

"Yes, sir," replied the young man at the desk. "I can take in any kind of news. What have you?"

"Why, it's this way," said the caller, lowering his voice. "My wife gave a small party last night, and I am willing to pay to have this report of the affair put in the paper."

"We don't charge anything for publishing society news," observed the young man at the desk, taking the proffered manuscript and looking it over.

"That's all right," was the reply. "You don't understand. I wrote this up myself, and I put in a line or two that says, 'Mr. Halfstick assisted his distinguished wife in receiving the guests. This is the way I want it to go on, and I don't care if it costs a dollar a word. I want my friends to know, by George! that I still belong to the family.'"

A TERRIBLE EXPERIENCE. How a Veteran Was Saved the Amputation of a Limb.

B. Frank Doremus, veteran, of Roosevelt Ave., Indianapolis, Ind., says: "I had been showing symptoms of kidney trouble from the time I was mustered out of the army, but in all my life I never suffered as in 1897. Headaches, dizziness and sleeplessness first, and then dropsy. I was weak and helpless, having run down from 180 to 125 pounds. I was having terrible pain in the kidneys and the secretions passed almost involuntarily. My left leg swelled until it was 34 inches around, and the doctor tapped it night and morning until I could no longer stand it, and then he advised amputation. I refused, and began using Doan's Kidney Pills. The swelling subsided gradually, the urine became natural and all my pains and aches disappeared. I have been well now for nine years since using Doan's Kidney Pills."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Wealth at Cowes. From the Outlook. Cowes has been enveloped with an air of unattainable wealth. The semblance is greater this year than ever, and as it is the only regatta which is very much talked about, its reputation has bruted a whole mischievous idea of the game of yachting.

An Imported Chaser. In South Africa candles are used for lighting purposes in the homes, and when a young Boer maiden has gentlemen visitors, the mother sticks a pin in the candle, and when it is burned to the pin the callers understand that it is time for their departure.

Mrs. Early, a society matron of Washington, recently made a visit to the Transvaal, and was so impressed with the custom of the Boers that she determined to introduce it into her own home. Consequently the electric lights were removed and candles substituted in the drawing room.

Mr. Staylate, a frequent though not always welcome caller, was one of the first visitors to call after the inauguration of the new custom. He witnessed the placing of the pin in the candle by Mrs. Early, and after she had gone ventured to inquire:

"Why, Miss Early, why does your mother stick a pin in the candle?"

"Oh," responded the young woman with an air of apparent innocence "mother learned that in South Africa as a way of sending home the boers."

Not Easily Moved. Mary Johnson is a colored religious fanatic. The negroes are all convinced that her faith far exceeds her works. In fact, her daily life does not at all accord with her pronounced religious views. One day she was haranguing a big, lazy-looking negro, trying to convert him. She wound up by saying:

"You must come to church—you must paphalah to leave this world."

The negro shifted his position indolently and replied: "Ah didn't paphalah to come here, ah ain't gain to paphalah to leave."

RUN DOWN FROM GRIP

Dr. Williams' Pink Pills Have Cured This Form of Debility in Hundreds of Cases.

"Four years ago," says Mrs. F. Morrison, of No. 1922 Carsona street, South Side, Pittsburg, Pa., "I took a cold which turned into the grip. This trouble left me all run down. I was thin, had backache much of the time, had no appetite, my stomach was out of order and I felt nervous and unstrung."

"While I had the grip I had a doctor, but I really suffered more from the condition in which the influenza left me than I did from the disease itself. I felt generally wretched and miserable and the least exposure to cold would make me worse. I couldn't seem to get any better until I began to take Dr. Williams' Pink Pills."

I very quickly noticed a benefit after I began taking them and they restored me to good health and strength. Dr. Williams' Pink Pills are a wonderfully good medicine. Thanks to them I am now in fine health and have had no return of my former trouble. I recommend the pills to everyone who is ailing and take every opportunity to let people know how good they are."

Dr. Williams' Pink Pills cured Mrs. Morrison because they actually make good, red blood. When the blood is red and healthy there can be no debility. The relation between the blood and nervous system is such that the pills have a very decided action upon the nerves and they have cured many severe nervous disorders, such as partial paralysis, locomotor ataxia and St. Vitus' dance, that have not yielded to ordinary treatment. Their double action, on the blood and on the nerves, makes them an ideal tonic.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

Too Much Refining. From the New York Weekly. Proud Mother—"Don't you think my little son looks very refined?" Blunt Doctor—"Yes, indeed; looks as if he could be knocked over with a feather."

Beware of Ointments for Catarrh that Contain Mercury, as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is incalculable. The good you can possibly derive from them, Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c per bottle. Take Hall's Family Pills for constipation.

POINTS WELL TAKEN. The most acceptable form of politeness is cleanliness.

Because you say you intend to do a thing it isn't done.

About all some men are good for is to "second the motion."

You may think you are entertaining, but there are people dodging you all the time.

Don't send \$10 flowers to the funeral of a man whose family is left without any income.

The man in a dangerous location never thinks he is in a dangerous location or he wouldn't be there.

The owner of a horse and buggy tries to be modest, but he can't help showing that he feels a little superior.

The first insurance against trouble that children about is to get a promise from mother that she will not tell father.—Atchison Globe.

No one is defeated until he gives up. Hard times has a good many relatives. It is the twin brother of the blues.

"That man has fallen who has not been able to keep a good opinion of himself. Self control will succeed with one talent where self indulgence will fail with ten.

What the superior man seeks is in himself. What the small man seeks is in others.

There is no disgrace in unpreventable poverty. The disgrace is in not doing our level best to better our condition.

Poverty itself is not so bad as the poverty thought. It is the conviction that we are poor and must remain so that is fatal.

Confidence is the Napoleon in the mental army. It doubles and trebles the power of all the other faculties. The whole mental army waits until confidence leads the way.—Success.

NO DAWDLING. A Man of 70 After Finding Coffee Hurt Him, Stopped Short.

When a man has lived to be 70 years old with a 40-year-old habit grown to him like a knot on a tree, chances are he'll stick to the habit till he dies.

But occasionally the spirit of youth and determination remains in some men to the last day of their lives. When such men do find any habit of life has been doing them harm, they surprise the Oslerites by a degree of will power that is supposed to belong to men under 40, only.

"I had been a user of coffee until three years ago—a period of 40 years—and am now 70," writes a N. Dak. man. "I was extremely nervous and debilitated, and saw plainly that I must make a change."

"I am thankful to say I had the nerve to quit coffee at once and take on Postum without any dawdling, and experienced no ill effects. On the contrary, I commenced to gain, losing my nervousness within two months, also gaining strength and health otherwise."

"For a man of my age, I am very well and hearty. I sometimes meet persons who have not made their Postum right and don't like it. But I tell them to boil it long enough, and call their attention to my looks now, and before I used it, that seems convincing."

"Now, when I have writing to do, or long columns of figures to cast up, I feel equal to it and can get through my work without the fagged out feeling of old." Name given by Postum Co., Battle Creek, Mich. Read the book, "The Road to Wellville," in pkgs. "There's a reason."

Mayer HONORBILT SHOES FOR MEN

The highest degree of style, fit and workmanship are embodied in these splendid shoes. There are none that equal them in appearance and wearing quality at the price. They are BUILT ON HONOR

That's what the name means. That's what a trial will prove. By all means wear "Honorbilt" shoes. Demand them of your dealer—INSIST. Sold everywhere. If you cannot get them write to us.

We also make the "Western Lady," and the "Martha Washington" comfort shoes and a full line of men's, women's and children's shoes. Our trademark is stamped on every sole.

F. Mayer Boot & Shoe Co., Milwaukee, Wis.

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For preserving the strength and increasing the life of harness Eureka Harness Oil has no equal. Superior to other brands because free from acid and will not become rancid. Penetrates the leather and makes it weather-proof, sweat-proof, soft, strong and durable. Makes old harness look like new. Prevents rot. Gives a glossy black finish.

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Genuine Carter's Little Liver Pills.

Must Bear Signature of *Wm. Wood*

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

CURE SICK HEADACHE. SIOUX CITY PRINTING CO., 1,160-42, 1906

ORDER YOUR TYPE AND PRINTERS' SUPPLIES From the Sioux City Printing Company, Western agents for the American Type Foundry Company. Foundry rates guaranteed. Also agents for the Tabbs Manufacturing Company and Jaenecke Printing Ink Company.

The population of New South Wales on June 30 was 1,540,240, an increase of 9,540 for the quarter.

Have You an Extra Room to Heat?

There need not be a cold room in the house if you own a PERFECTION Oil Heater. This is an oil heater that gives satisfaction wherever used. Produces intense heat without smoke or smell because it is equipped with smokeless device—no trouble, no danger. Easily carried around from room to room. You cannot turn the wick too high or too low. As easy and simple to care for as a lamp. The

PERFECTION Oil Heater (Equipped with Smokeless Device.)

is an ornament to the home. It is made in two finishes—nickel and japan. Brass oil fount beautifully embossed. Holds 4 quarts of oil and burns 9 hours. Every heater warranted. Do not be satisfied with anything but a PERFECTION Oil Heater. If you cannot get Heater or information from your dealer write to nearest agency for descriptive circular.

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Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Unionville, Missouri