

## A KENTUCKY WOMAN

How She Gained Fifteen Pounds in Weight and Became Well by Taking Dr. Williams' Pink Pills.

Women at forty, or thereabouts, have their future in their own hands. There will be a change for the better or worse, for the better if the system is purified by such a tonic as Dr. Williams' Pink Pills. Mrs. D. C. Wedding, of Hartford, Ky., writes as follows concerning the difficulties which afflicted her:

"I was seriously ill and was confined to my bed for six or eight months in all, during two years. I had chills, fever, rheumatism. My stomach seemed always too full, my kidneys did not act freely, my liver was inactive, my heart beat was very weak and I had dizziness or swimming in my head and nervous troubles.

"I was under the treatment of several different physicians but they all failed to do me any good. After suffering for two years I learned from an Arkansas friend about the merits of Dr. Williams' Pink Pills and I decided that I would try them. The very first box I took made me feel better when I had taken four boxes more I was entirely well, weighed fifteen pounds more than when I began, resumed my household duties, and have since continued in the best of health. I have recommended Dr. Williams' Pink Pills to many people on account of what they did for me, and I feel that I cannot praise them too strongly."

Dr. Williams' Pink Pills restored Mrs. Wedding to health because they actually made new blood and when the blood is in full vigor every function of the body is restored, because the blood carries to every organ, every muscle, every nerve, the necessary nourishment. Any woman who is interested in the cure of Mrs. Wedding will want our book, "Blain Talks to Women," which is free on request.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by Dr. Williams Medicine Co., Schenectady, N.Y.



### AN EXCELLENT HOUSE PLANT.

Those who have successfully grown the rubber plant, one of the easiest of the ornamental plants to grow indoors during the winter, will be interested in the Gold-Dust Dracaena because it is quite as easy to grow as the rubber plant and is so different in form that it will make a decided acquisition to the plant collection. Not only is it distinct from the rubber plant but it is different in form from the other varieties of the same family; it is more compact in habit develops from the base hence makes a pretty plant even when very young. The leaves are abundant, broad and rich dark green in color spring



lined liberally with spots of rich yellow from which peculiarity the plant gets its popular name. As the plant gets older these spots gradually change to a creamy white thus adding to the peculiarity and beauty of the plant. The plants are not expensive and may be obtained from any florist. It is planted in fairly rich soil with sufficient drainage in the bottom of the pot the variety will succeed in the hands of any one who grows the ordinary house plants with success.

### ABOUT THE SMALL FARM.

So much is being printed concerning the desirability of the small farm over the large one, we have often urged it in this department, there is abundance opportunity for one to get a wrong conception of the situation and make costly and almost fatal mistakes. With some readers the impression seems to prevail that the advice is to turn to gardening on a few acres and let the rest of the farm shift for itself. This might be profitably done in some cases and in some sections but in the majority of cases it would be suicidal. There are many farms in the country on which corn is the main crop. A man may have fifty to 100 acres in corn and make a crop of thirty or forty bushels per acre while if he had twenty acres in corn he could readily increase his yield and, perhaps, put the balance into meadow and make much more actual profit with much less work than he did on the larger area. Here is an instance of where he would gain by the change. On the other hand he might turn one-half of the fifty acres into truck garden stuff and by reason of the added expense for help and fertilizers and his distance from market make less money and do more work than he did on the fifty acres in corn even with the low crop average. The matter of a reduction of the cultivated area must needs be looked at very closely and, if the change is made, do it on the lines which will increase the profit and reduce the labor and expense else it is not a profitable move.

### FEEDING GREEN BONE.

There is some misconception regarding the use of bone for poultry. Much dry ground bone is used which is of little value to the poultry. On the other hand the green cut bone, which is readily broken into pieces suitable for the poultry to consume, by the use of the bone mill, supplies the fowls with considerable nitrogenous food in addition to furnishing the alkaline for the eggs and the other things shells so that, in winter, when the fowls cannot get the necessary materials for these purposes on the range, the green bone is absolutely necessary to them for best results if one is looking for eggs. In addition, the cost is very small and the bone can be had from the local butcher, as a rule, at little or no cost so that the expense is the cost of the mill and the labor of operating it. Be sure the green bone is fed in your henry this winter if you would get proper egg returns.

### WINTER FEEDING OF SWINE.

Some people feel that it makes no difference where or how the hogs are fed provided they have enough feed. This is not logical reasoning for unless the swine are fed in a manner and in a place so that they can eat comfortably the food does not benefit them as it would under other conditions. When cool weather begins we arrange our troughs under cover and place them on one side of a platform raised several inches from the floor care being taken not to get them too high or the hogs will slip in getting up particularly as they get heavy. The idea of the platform is that after they have finished feeding they will get down on the lower level where the bedding is and where there is more room. In this way there is little opportunity to soil the troughs, we place them a little high so that the heavy hog would be somewhat troubled to get its feet in the trough, and nothing to tempt them to stay on the platform after they have finished eating. Troughs placed in the manner described also give one an opportunity to keep them much cleaner than would be possible in any other way. The plan is worth looking into and few hog houses are so arranged that they cannot be planned to provide for this manner of feeding.

### MAN AND WOMAN FARM COMFORTS.

It must be confessed that on many farms throughout the country the man plans things as far as possible so that his work can be conveniently done and with as little labor as possible. This is very proper and it is commendable if he will also plan the house so that his wife will have convenience as well. A man does not dream of the number of steps a woman takes in a day in caring for her house. From dining room to kitchen and back perhaps fifty times a day; to the garden then on one side of a platform, up stairs and down cellar over and over again. It is as hard or harder than plowing all day and yet few of us men think so. Often times a little rearrangement of the rooms, and at small expense, would solve the whole problem. Here are a few small hints in the sense that they cost little either in time or money, improvements which will save the wife steps. Place range, sink and work table as close to each other as possible without risk of bumping into one or the other. Have the entrance to the cel-

lar from the kitchen and the well just outside the kitchen door or, better still, so arrange that the pump can be in the kitchen; if one can have a driven well this is easily managed. Arrange tables where it is light and have one or more permanent tables low so that the wife can sit down and do some of the work. If you want other suggestions for her comfort ask your wife, she'll supply them with alacrity and with considerable pleasure.

### SOW WHEAT AS LATE AS POSSIBLE.

There has always been a question in the minds of wheat raisers whether it is better to prepare the soil thoroughly for wheat independent of any previous crop or to sow it on ground that has just raised a crop of corn. While experience must largely guide one in this matter, it seems logical to suppose that the prepared soil will give the best returns although, after all, it is largely a question of fertilizers or of the natural strength of the soil. Our experience has been that when the soil is properly prepared early, disked and harrowed and harrowed again and a liberal supply of fertilizer applied we get a little better result than when we simply drill the wheat in the corn stubble after harvest. In October doubling the quantity of seed and largely increasing the quantity of fertilizer. The amount saved represents the difference in the cost of the fertilizer. Either way we find it most profitable to do the wheat in the corn stubble after harvest. We sometimes sow as early as the 20th of September. Try both plans on a small plot and see how they work out.

### USE THE DRIVEN WELL.

If it is not possible to have wind mill power on the farm and one must depend upon the well by all means have a driven well rather than a dug well. There is no reason why this can be done for the expense is but a little more than for the dug well, you can have it as deep as necessary to get a good and unfailing supply of water and, best of all, can have it placed where you will. We have a driven well which was put in by taking up a portion of the kitchen floor, there is no cellar under the kitchen. It is really a covered addition to the kitchen and gets sufficient heat from the latter so that pipes do not freeze. There is no opening through which vermin can fall and no well to be cleaned out periodically. Moreover, we had the pipes driven deep enough so that we get very much better water than our neighbors who have dug wells, and there is never danger of water famine. This fall we are having a similar well driven in a portion of the barn and the best way to trouble on the farm question. It's worth double the cost of a dug well.

### WHEN ALFALFA FAILS.

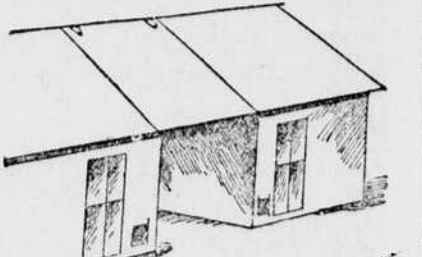
In ninety-nine cases out of one hundred when there has been a failure with alfalfa it is due to two things: a sour soil and insufficient inoculation with the alfalfa bacteria. There is nothing to do but to sweeten the soil and a partial stand of alfalfa has been obtained it is likely that from 600 to 1,000 pounds of lime per acre will be all that is needed to accomplish this purpose. Inoculation, however, is absolutely necessary if one would grow a good crop of alfalfa and the best way to inoculate is to obtain soil from a field in which alfalfa has been successfully grown for a considerable period. As we have said in this department before the cheapest way of accomplishing this is to look up the nearest man who has done the trick and buy some of his soil. A few bushels sown broadcast just before sowing the seeds of alfalfa will be sufficient. Look into the matter carefully; better still, travel a hundred miles, if necessary, in order to have a talk with some good alfalfa grower and get the points from him necessary to set you straight. One can hardly go to too much trouble to learn how to grow alfalfa with success.

### THE BARN WINDOWS.

Many of the discomforts of the horses and the cows during the winter are due to the poorly constructed barn windows and now is a good time to put them in shape. If one does nothing else they can construct a window on either the inside or outside of the building so arranged that it will close over the window now in place. An excellent window of this kind is easily made by covering a home-made frame with building paper and hanging it on the inside so that it may be closed over the window of glass on very cold nights. Then look out for the cracks in the barn directly behind the animals. If you cannot cover them with strips of board or lath you can at least stuff the cracks full of bits or strips of newspaper and in that way add materially to the warmth of the barn. Remember everything done in this way for the protection of the stock reduces your bill for food which is double considering.

### THE DOUBLE HOUSE AND SHED.

The writer is responsible for nearly all of the articles which he appeared in this department for several years in favor of the scratching shed and solely because he believes that the majority of those who keep poultry do not thoroughly appreciate all the advantages of this plan. Even those who find fault with the scratching shed admit that it is necessary to give poultry a place, during the winter, where they may have light and as much sun as possible without exposing them to the cold and wind. If this is good argument then the question is, is there anything that will supply this light and sun in connection with protection any better than the scratching shed? The plan here proposed



furnishes a maximum of light and sun, when it shines, with a minimum of expense in securing it and also reduces the cost by furnishing the shed for two flocks from separate houses with no expense except the division of the shed with wire netting. The plan is simply to build two regular houses and place a scratching shed between them and divide this shed in the middle with wire netting. Make an exit from each house to the shed and the one curtain in front suffices for both divisions this curtain to be let down when the wind blows. If the bottom board of the division is made high enough, eighteen inches will do, there is not likely to be any trouble or quarrelling between the flocks. The illustration shows the plan clearly.

**Dose Drops**  
Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of  
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.  
Fac Simile Signature of  
NEW YORK.  
EXACT COPY OF WRAPPER.

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, and has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Purgative, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS Bears the Signature of**  
*Chas. H. Fletcher.*  
The Kind You Have Always Bought  
In Use For Over 30 Years  
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

### CURES SICK-HEADACHE

Tablets and powders advertised as cures for sick-headache are generally harmful and they do not care but only deaden the pain by putting the nerves to sleep for a short time through the use of morphine or cocaine.

## Lane's Family Medicine

the tonic-laxative, cures sick-headache, not merely stops it for an hour or two. It removes the cause of headache and keeps it away.  
Sold by all dealers at 25c. and 50c.

if afflicted with sore Eyes, use **Thompson's Eye Water**

### Teaching a City's Poor.

From Everybody's Magazine.  
In the city of New Orleans are approximately 100,000 white men and boys. Of these, 1,500—three out of every 200 you meet on the street—are dependent for their education this year, for the opportunity to learn to read and to write and so to advance their station in life—for all this absolutely dependent on one woman. This woman, whose importance to the city is so great that if by any sad chance her activity were to cease, 1 1/2 per cent. of its white male population would find itself deprived of hope, is not rich, but poor. She is so poor that before she can give an hour and a dollar for the helpless ones who need her, she must give another hour to pay her own expenses for the day. She is so poor that she has even earned her own education as she has given it out, studying sometimes but a day ahead of her pupils. She is frail, crippled, very weak; she goes about in a steel harness and on crutches. Though she is still under middle age, her hair is white as snow, from days and nights of unremitting suffering. From morning till mid-afternoon she teaches in a private school to earn money for her charities. From mid-afternoon until evening, if able to work, she devotes herself to the needs of those poorer than she. From supper time till 9, till 10, till midnight if need be, she faces the multitude of men and boys—boys of 9 and men of 50—who have come to her for help. Sometimes two in a seat, sometimes on boards between the seats, sometimes on the edges of platforms and the tracks of stairways and against the walls of the hallways, they crowd her school house, while she and her assistants are every-where among them, hearing recitations, giving aid and counsel, explaining, arguing, laughing, encouraging—stirring the solid, sodden mass of the city's poor with the leaven of hope and possibility.

Experiments are being made in Norway with fish as food for poultry. If successful a new and profitable industry will be established.

### RIGHT HOME.

**Doctor Recommends Postum from Personal Test.**

No one is better able to realize the injurious action of caffeine—the drug in coffee—on the heart, than the doctor.

When the doctor himself has been relieved by simply leaving off coffee and using Postum, he can refer with full conviction to his own case.

A Missouri physician prescribes Postum for many of his patients because he was benefited by it. He says:

"I wish to add my testimony in regard to that excellent preparation—Postum. I have had functional or nervous heart trouble for over 15 years, and part of the time was unable to attend to my business.

"I was a moderate user of coffee and did not think drinking it hurt me. But on stopping it and using Postum instead, my heart has got all right, and I ascribe it to the change from coffee to Postum.

"I am prescribing it now in cases of sickness, especially when coffee does not agree, or affects the heart, nerves or stomach.

"When made right it has a much better flavor than coffee and is a vital sustainer of the system. I shall continue to recommend it to our people, and I have my own case to refer to." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

# Mica Axle Grease

## Makes the Load Lighter

An ounce of grease is sometimes the only difference between profit and loss on a day's teaming. You know you can't afford a dry axle—do you know as well that Mica Axle Grease is the only lubricant you can afford? Mica Axle Grease is the most economical lubricant, because it alone possesses high lubricating property, great adhesive power, and long-wearing quality. Hence, the longest profitable use of your outfit is to be had, only when the lubricant is Mica Axle Grease.

Mica Axle Grease contains powdered mica. This forms a smooth hard surface on the axle, reduces friction, while a specially prepared mineral grease forms an effective cushioning body between axle and box. Mica Axle Grease wears best and longest—one greasing does for a week's teaming. Mica Axle Grease saves horse power—consequently saves feed. Mica Axle Grease is the best lubricant in the world—use it and draw a double load. If your dealer does not keep Mica Axle Grease we will tell you who does.

**STANDARD OIL COMPANY**

## PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without rippling apart. Write for free booklet How to Dye, Bleach and Mix Colors. **NONRUE DRUG CO., Unionville, Missouri.**

### A Positive CURE FOR CATARRH

**Ely's Cream Balm**  
Is quickly absorbed. Gives relief at once.  
It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail; Trial size 10 cts. by mail.  
Ely Brothers, 56 Warren Street, New York.

Sale Ten Million Boxes a Year.  
THE FAMILY'S FAVORITE MEDICINE  
**Ascarel**  
CANDY CATHARTIC  
10c, 25c, 50c.  
BEST FOR THE BOWELS