

# HAY FEVER

"Having used Peruna for catarrh and hay fever, I can recommend it to all who are suffering with the above diseases. I am happy to be able to say it has helped me wonderfully."  
—Mayne E. Smith.



MISS MAYNE SMITH.

444 E. Mound Street, Columbus, Ohio.

**HAY FEVER** is endemic catarrh. It is caused by some irritating substance in the atmosphere during the late summer months. It is generally thought that the pollen of certain weeds and flowers is the cause of it.

Change of locality seems to be the only rational cure. The use of Peruna, however, stimulates the nervous system to resist the effect of the poisonous emanations and sometimes carries the victim through the hay fever season without an attack of the disease.

A large number of people rely upon Peruna for this purpose. Those who do not find it convenient to change their location to avoid Hay Fever, would do well to give Peruna a trial. It has proven of priceless value to many people.

## 90,000,000 BUSHELS



That's the **WHEAT CROP** IN Western Canada This Year

This with nearly 80,000,000 Bushels of Oats and 17,000,000 Bushels of Barley means a continuation of good times for the farmers of Western Canada.

### Free Farms—Big Crops

Low Taxes, Healthy Climate, Good Churches and Schools, Splendid Railway Service

The Canadian Government offers 160 acres of land FREE to every settler willing and able to comply with the Homestead Regulations. Advice and information may be obtained free from A. D. Scott, Superintendent of Immigration, Ottawa, Canada, or F. J. Holmes, 315 Jackson St., St. Paul, Minn., or MacLachlan, Box 118, Waterville, South Dakota, or W. V. Bennett, 801 New York Life Building, Omaha, Neb., Authorized Government Agents. Please see where you saw this advertisement.

Sioux City Independent List.

## W. L. DOUGLAS

\$3.50 & \$3.00 Shoes

BEST IN THE WORLD

J. L. Douglas's \$4 Gilt Edge line cannot be equalled at any price



SHOES FOR EVERYBODY AT ALL PRICES. Men's Shoes, \$5 to \$15.00. Boys' Shoes, \$3 to \$12.50. Women's Shoes, \$4.00 to \$15.00. Misses & Children's Shoes, \$2.25 to \$10.00. Try W. L. Douglas Women's, Misses and Children's shoes; for style, fit and wear they excel other makes.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitute. Ask your dealer for W. L. Douglas shoes and insist upon having them. Fast Color Eyelets used; they will not wear brass. Write for Illustrated Catalog of Fall Styles. W. L. DOUGLAS, Dept. 14, Brockton, Mass.

YOU CANNOT

## CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ill, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

### Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ill ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box

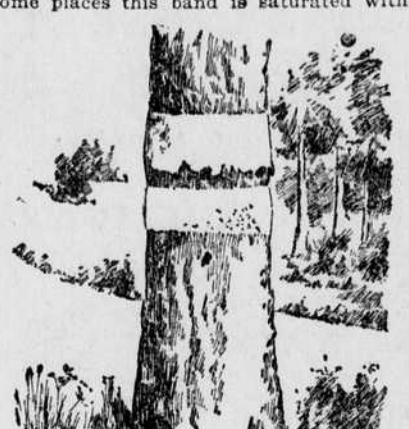
THE R. PAXTINE CO., Boston, Mass.

**PENSION** JOHN W. MORRIS, Successor to Prosecutors Claims, Late Pension Agent, Pension Office, 1374 N. 1st St., St. Paul, Minn.



### FIGHTING THE GYPSY MOTH.

The summer has shown, in different sections, how necessary it is that the gypsy moth be fought in every possible way which will lead to its final extermination. It is a good plan to begin now to examine all trees and especially the shade trees to locate the embryo egg nests and to protect the trees so as to prevent, as far as possible, the late caterpillars from climbing up the trunk. One of the best methods for accomplishing this is the band of burlap which is used in many sections. In some places this band is saturated with



kerosene oil and others use tar. In still other sections the band of burlap is saturated with the kerosene and then a lower band is placed several inches below and this also covered with oil and in some cases with a sticky preparation which will entangle the caterpillar. An excellent plan is to ascertain from your state experiment station how to fight the gypsy moth in your section for sometimes certain remedies are better in certain sections. The illustration shows how the bands are applied to the trunk of the tree.

### THE RUIN OF TRADE.

The writer is located near some of the famous New Jersey summer resorts and his attention was recently called to the dishonest work of some of the farmers in that section. The law in this section does not permit the taxing of farmers in any way for selling their goods in town hence they have the advantage of the huckster who is obliged to buy what he sells again and to pay a high price for a license. Under such circumstances it would seem as if the farmers ought to offer to the consumer the very best he could grow. The reverse is the case, however, for many of them have so deliberately cheated the public that it is fast becoming a rule with the consumer not to buy of farmers. They cheat on measure, weight and on quality topping baskets with the best and filling in the middle with the poorest. The result is that the honest farmer is looked upon as a cheat and is obliged to market his goods in the cities when, if his brother were honest, he could have a fine trade at home. We do not believe, judging from reports, that this dishonesty is confined to New Jersey farmers by any means. Why the farmer should think that he can get away with such work for an indefinite period it is hard to understand, but the sooner he learns that honesty is the best policy the sooner he will be able to realize a fair profit from his work.

### THE FALL POULTRY WORK.

Before it is time to place the poultry in winter quarters we should see that proper quarters are prepared. Do not make the mistake of ignoring the run or yard for fowls that have had a free range during the summer, and especially the pullets who have never known confinement, will be very much disturbed when brought up for the winter and confined to a small area. It is a better plan to provide a liberal run than to put too much expense on the house. So far as the latter is concerned it need be only dry and comfortable and this does not, of necessity, mean any great amount of expense. If in a very cold climate make the scratching and attachment and thus provide the run at moderate cost. If in a milder climate arrange a yard so that it may be protected on the cold side with corn stalks, limbs of evergreen trees or boards, running them over the top a few feet thus making an enclosure into which the sun will shine and into which the wind is not likely to come. Do not make the mistake of thinking that no yard is necessary for poultry during the winter.

### DOES IT PAY TO STORE POTATOES?

Whether it pays to store potatoes for marketing later in the season depends very largely upon market conditions although the condition of the crop will have much to do with it. If it has come through the season without rot it is safe to store it provided other conditions are as they should be, although it is generally considered that the prevalence of rot has made it almost impossible to store potatoes with any degree of safety. If the market conditions are such that the crop cannot be sold at a fair profit it might be possible to store at least a portion of the crop without much trouble and get enough more for it later to compensate for the work and time spent. As a general rule, however, with the liability of the tubers to rot after being dug and stored it is better to market the crop as soon as possible after digging if a price at all fair can be obtained.

### STORING CORN STOVER.

One needs only drive through a country district at any time during the winter in order to get some idea of how much good corn fodder is wasted by American farmers. When the matter is brought up the excuse generally is that there is more than the animals can consume during the winter so why care for what cannot be used? This may be good logic, but we doubt it; at least what is the sense of permitting the whole mass to be partially spoiled because a portion of it is not likely to be used. Again, if one has a surplus of corn fodder there is no reason why a portion of it cannot be used in a variety of ways so that some good may be done. A lot of it can be used for windbreaks around the various farm buildings; that which the cows have hooked over may be thrown in the pig pens to make better bedding and absorb some of the surplus moisture. There are a dozen ways in which this surplus can be used if farmers will only look about a little. Select the portion which is to be fed to the stock and put in some place under shelter where the elements will not take any portion of the virtue then use the rest in the manner suggested or in some way which will suggest itself to you.

### HELPING THE DEPARTMENT OF AGRICULTURE.

While there are many things in the department of agriculture to criticize the trouble is not due to those in charge but to the "system" as Mr. Thomas Lawson

might term it. That is, the congress makes the laws and the people in the several departments have no voice in the matter but to enforce the laws as they find them. For example the free seed distribution humbug has no greater enemy than the secretary of agriculture for no man more than he knows what a farce it is. Yet the law is there and he has no alternative but to obey it. There are other things quite as serious of which the papers of the country made more or less mention yearly. No man at the head of the department of agriculture has done more for the farmers, within his powers, than the present secretary and he would do much more, if the people would help him get some of the foolishness out of the department. This can be done by getting at the lawmakers and doing it with enough vim to make them understand that the foolishness must stop. No better start can be made than by a concerted attack, through your congressman, against the free seed distribution. So strong was the fight last winter that it was nearly done away with and a stronger fight this fall and winter will abolish this evil.

### ANOTHER EGG PRESERVATIVE.

Many poultrymen object to the use of water glass for the preservation of eggs because of its expense hence will be interested in the use of vaseline which has been tried and pronounced of great value. The use of this vaseline which will prevent the air from reaching the inside of the egg is all that is necessary to preserve it. Those who have tried vaseline pronounce it perfect. The plan of working it is to select strictly fresh eggs; no other egg can be successfully preserved by any means. Coat the egg thickly with vaseline and then pack them away in shallow boxes in layers with bran and keep them in some cool place. It is said that eggs in this way will keep in condition as long as those preserved by water glass and the expense is about one-half.

### SELECTING SEED POTATOES.

Much of the trouble in getting a good crop of first class potatoes is due to the use of home grown seed selected without intelligence. In some cases it were better not to use the home grown seed at all although there is no objection to it if the variety is doing well and is not running out, of course, they have their tubers at the time the crop is dug and plan your selection on this line. During the growing season, so far as possible, mark the hills that are the most vigorous and when the tubers are dug select the seed potatoes from these hills provided, of course, they have turned out well. Select the medium sized tubers and always those without a flaw. Never under any circumstances select the seed from the hills which have done poorly for the chances are nine out of ten the following year they will do no better. This is a simple method of selecting seed potatoes yet there is no surer way of getting what you want.

### CLEAN UP THE HOG YARDS.

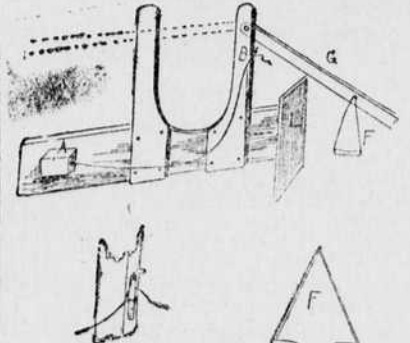
There is no doubt but what the main diseases with which swine suffer are those known as transmissible diseases and these invariably come from the dirty pens and yards. We have never believed that it was necessary to have hog wallows although we will admit that it requires some trouble to prevent swine from making a wallow. If you consider it inseparable from hog raising then make it a part of your work to see that the wallows are cleaned frequently and that the enclosure in which the hogs run is sown to rye or cow peas once a year and plowed under the following spring. During the winter see to it that the swine have plenty of water to drink but none to muss in. Nothing is better for disinfecting purposes than a two per cent solution of the tar solutions made for this purpose. Once in awhile the swine themselves should be sprayed with a mild solution of this tar. Try this plan of keeping things clean and you'll have healthier hogs.

### STARVING MOUTLING HENS.

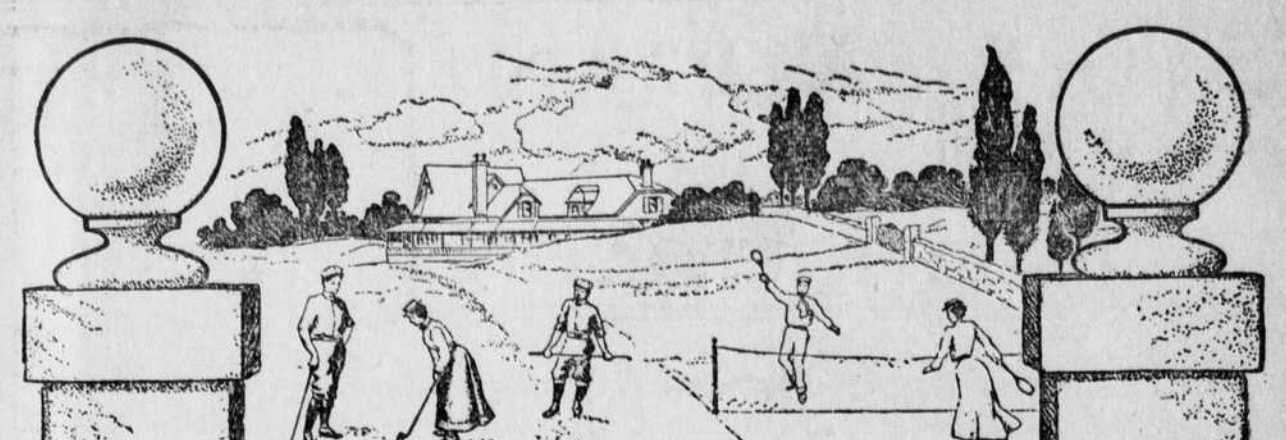
It is a common complaint to properly force the moulting hens to drop the old feathers and take on the new and the danger lies in carrying the starvation plan too far. The essence of the whole plan is to give the hens (the mature hens only) the food and rest they need during the first two weeks of moulting and at the end of that period to feed them heavily on rations which would contain considerable oil meal, meat and other oily foods and at the same time enough good grain in variety, barring corn. Keep them in vigorous condition. During the starving period, as experts call it, the feed is light grains, cracked oats and wheat being largely used and fed only once a day and that sparingly letting the hens pick up what additional food they may get on the range of limited size. The idea is to so reduce the vitality of the hens that the partly loosened feathers will fall the more quickly. There is an element of risk in this hence one must be exceedingly careful or the starving period will result in starved hens in very truth.

### A HELP IN BINDING GRAIN.

Where sheafs of grain or corn stalks have to be bound by hand the device described will be found very useful. Two upright pieces are fastened to a light plank on one end of which is fastened a square of board a foot across each way. These uprights are shaped as shown in the engraving at B. In one of them the top, is placed a lever, G, into which is fastened a swinging handle as shown at



F. The corn or grain is placed between the uprights the lever thrown over to press it down and the cord or twine, which has been previously placed in position as shown is drawn over and the other end caught and drawn around. The block A is fastened at the end of the cord to prevent the gripping for "the other end" which always is the trouble without something of this kind. The cost of this device is small and it will materially help one in the work. The illustration shows plainly how it is constructed and any handy man can make one.



## THE WINNING STROKE

If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without gripping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that **SYRUP OF FIGS** is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

**CALIFORNIA FIG SYRUP CO.**  
Louisville, Ky. San Francisco, Cal. New York, N.Y.

## PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Unionville, Missouri

### A Curious Tomb.

From the St. James Gazette.  
Hard by the newly made grave of Mr. Beit is the most curious tomb in England. It is the tomb of Lady Anne Grimston, daughter of the Earl of Thanet, who died nearly two centuries ago, and was buried in this same Tewin churchyard. Upon her deathbed she disregarded the efforts of those who sought to administer spiritual comfort. An atheist she had lived, an atheist she would die. "It is as likely that I should rise again from the dead," she said, "as that a tree should grow out of the middle of my coffin." A tree has grown out of the middle of her coffin—an oak, and by its side a sycamore. The vault is square, of brick and granite. The two trees first filled the interior before they could find a way out. When they did burst through the masonry they so spread as completely to envelop the grave.

### SICK FOR TEN YEARS.

Constant Backache, Dropsy and Severe Bladder Trouble.  
Fred W. Harris, of Chestnut St., Jefferson, Ohio, says: "For over ten years I suffered from kidney disease. The third year my feet and hands would swell and remain puffed up for days at a time. I seemed to have a constant backache. Finally I got so bad that I was laid up in bed with several doctors in attendance. I thought surely I would die. I changed medicine and began using Doan's Kidney Pills when I was still in bed. The relief I found was so great that I kept on until I had taken about ten boxes. The kidney secretions became natural and after years of misery I was cured. I have increased in weight, and show no symptoms of my former trouble." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

### A Little Too Late.

From the New York Weekly.  
Old Lady—I have determined to leave my fortune to the man who saved my life when I was a little girl.  
Lawyer—Noble woman! All the world will ring with your praises. Who is the man?  
"James Jameson, a poor carpenter. He lived."  
"Ah, yes, I remember him. He starved to death forty years ago."

### To Ladies Only.

The wish to be beautiful is predominant in every woman, and none can say she does not care whether she is beautiful or not. Dr. T. Felix Gouraud's Oriental Cream, or Magical Beautifier elicits a clear transparent complexion, free from Tan, Freckles or Moth Patches, and so closely imitating nature as to defy detection. It has the highest medical testimony as well as professional celebrities, and on its own merits it has become one of the largest and a popular specialty in the trade. Fred T. Hopkins, Sole Proprietor, 27 Great Jones street, New York. For sale by all druggists and fancy goods dealers throughout the United States, Canada and Europe. No. 9

### All That is Necessary.

From the Chicago Record-Herald.  
"I hear you are going to start a magazine."  
"Yes; I've got my plans practically all made, and we'll probably have the first number out in a month or two."  
"Why, you have never had any experience as an editor or publisher, have you?"  
"No, but it's a sure thing. I have a friend who can set me nearly all the automobile advertising there is going."

### No Substitute.

In the course of an oral examination one day at the Maryland University Medical school a professor addressed a bright pupil and said: "James, if you were called in to see a patient who needed quinine, what would you give as a substitute for that in case you could not get it?" James thought a minute and replied: "Why, I would give him quinine, of course."  
"But suppose you could not obtain that drug?" said the professor.  
James thought the matter over again and said: "I'd give him quinine, professor, sure."  
The old professor became exasperated and said: "It is plain that you are seeking to evade the question. Now, I want you to suppose that there is not any quinine within 5,000 miles."  
James hung his head in deep thought and finally answered: "Professor, I'd give him quinine if I had to go all the way to the north pole to get it."

### Tricks of Two Trades.

From Judge.  
"Where are you going, my pretty maid?"  
"I'm going a-milking, sir," she said.  
"May I go with you, my pretty maid?"  
"Fray what is your business, sir?" she said.  
"I am what they call a financier."  
"Yes, hurry and come along," said she.  
"And you may water the stock for me."

### Dr. Winslow's Soothing Syrup for Children.

Soothing the gums, relieving inflammation, allaying pain, cures whooping cough.

### 900 DROPS

**CASTORIA**  
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. J. C. WELLS, PITTSBURGH

Pumpkin Seed - Sixteen -  
Rhubarb Sals -  
Ames Seed -  
Preparant -  
Oil Castor Oil Sals -  
Hemp Seed -  
Cloves -  
Nutmeg -  
Sassafras -

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

See Simple Signature of

NEW YORK.

EXACT COPY OF WRAPPER.

## MAKE EVERY DAY COUNT.

no matter how bad the weather. You cannot afford to be without a TOWER'S WATERPROOF OILED SUIT OR SLICKER. When you buy look for the SIGN OF THE FISH.

900 acres, all fenced, 500 in cultivation, 300 bottom, balance timber pasture, can be cultivated; 4 large barns, good improvements; R. R. town 2 1/2 miles; county seat 6 miles; write for photograph of buildings and plot of farm; come and see the crop; wheat yields this year 35 bu. per acre; hay 2 tons; will drive or sell at any time; acre. Other farms. Mention this paper when answering. Write R. S. Phillips, Marshallfield, Mo.

SIoux CITY P'T'G CO., 1,155—37, 1908

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature

of

Use

For Over

Thirty Years

CASTORIA