Treating Wrong Disease.

Many times women call on their family physicians, suffering, as they imagine, one from dyspepsia, another from heart disease, another from liver or kidney disease, another from nervous exhaustion or prostration, another with pain here and there, and in this way they all present alike to themselves and their easy-going and indifferent, or over-busy doctor, separate and distinct diseases, for which he, assuming them to be such, prescribes his pills and potions. In reality, they are all only *symptoms* caused by some uterine disease. The physician, ignorant of the *cause* of suffering, encourages this practice until large bills are made. The suffering patient gets no better, but probably worse, by reason of the delay, wrong treatment and consequent complications. A proper medicine like Dr. Pierce's Favorite Prescription, *directed to the cause* would have entirely removed the disease, thereby dispelling all those distressing symptoms, and instituting comfort instead of prolonged misery. It has been well said, that "a disease known is half cured."

Dr. Pierce's Favorite Prescription is a scientific medicine, carefully devised by an experienced and skillful physician, and adapted to woman's delicate system. It is made of native medicinal roots and is perfectly harmless in its effects *in any condition of the system.*

As a powerful invigorating tonic "Favorite Prescription" imparts strength to the whole system and to the organs distinctly feminine in particular. For overworked, "worn-out," "run-down," debilitated teachers, milliners, dressmakers, seamstresses, "shop girls," house-keepers, nursing mothers, and feeble women generally, Dr. Pierce's Favorite Prescription is the greatest earthly boon, being unequaled as an appetizing cordial and restorative tonic.

As a soothing and strengthening nervine "Favorite Prescription" is unequaled and is invaluable in allaying and subduing nervous excitability, irritability, nervous exhaustion, nervous prostration, neuralgia, hysteria, spasms, chorea, St. Vitus's dance, and other distressing, nervous symptoms commonly attendant upon functional and organic disease of the uterus. It induces refreshing sleep and relieves mental anxiety and despondency.

Dr. Pierce's Pleasant Pellets invigorate the stomach, liver and bowels. One to three a dose. Easy to take as candy.

THE BEST COUGH CURE

Cough syrups are all cheap enough, but if you should get a gallon of cough syrup that does not cure for the price of a small bottle of

Kemp's Balsam

the best cough cure, you would have made a bad bargain—for one small bottle of Kemp's Balsam may stop the worst cough and save a life, whereas the cough "cure" that does not cure is worse than useless.

Sold by all dealers at 25c. and 50c.

W. L. DOUGLAS

$3.50 & $3.00 SHOES FOR MEN

W. L. Douglas $4.00 Gilt Edge Line cannot be equalled at any price.

W. L. DOUGLAS MAKES & SELLS MORE MEN'S $3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.

$10,000 REWARD to anyone who can disprove this statement.

I would take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas $3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other $3.50 shoe.

W. L. Douglas Strong Made Shoes for Men, $2.50, $2.00. Boys' School & Dress Shoes, $2.50, $2, $1.75, $1.50

CAUTION.—Insist upon having W.L.Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom.

Fast Color Eyelets used; they will not wear brassy.

Write for Illustrated Catalog.

W. L. DOUGLAS, Brockton, Mass.

MAKE EVERY DAY COUNT

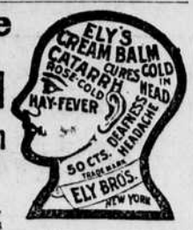
no matter how bad the weather. You cannot afford to be without a TOWER'S WATERPROOF OILED SUIT OR SLICKER

When you buy look for the SIGN OF THE FISH

TOWER'S FISH BRAND

A. J. TOWER CO. BOSTON U.S.A. TOWER CANADIAN CO. LTD. TORONTO CAN.

A Positive CURE FOR CATARRH



Ely's Cream Balm

is quickly absorbed. Gives Relief at Once.

It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail; Trial size 10 cts. by mail.

Ely Brothers, 56 Warren Street, New York.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN,

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 hours. At all Druggists, 25 cts. Sample mailed FREE. Address, A. S. OLMSTED, Le Roy, N. Y.

Mother Gray, Nurse in Children's Home, New York City.

Angora Goats pay big; fine climate to get health and make money. Address J. M. Crawford, Lake Valley, New Mexico.

Cradle Song for America.

From the Philadelphia Public Ledger.

The power of the cradle song in the making of a musical race, and the possibility that American husbands will have to be depended upon to bring about a revival of the "Rock-a-Bye Baby," was brought up today by Frank Damrosch, as the luncheon of the Mendelssohn Glee club in Delmonico's was reaching the "Home, Sweet Home" point.

Mr. Damrosch said that the folk songs of Germany, France, Russia and other countries expressed the yearnings of the people, and that they came from the cradle songs of the mothers of men. "We have no folk songs in America," he said. "The nation is young, and the race is just forming. There is, too, an absence of the cradle songs. May it not be that the time has come for the new man, who will find the best in music in such organizations as this, and transmit it to his home, where it will in time develop into the cradle song?"

But the luncheon had been so rich with melody, ranging from "Hail, Hail, the Gang's All Here," to MacDowell's "Crusaders," and the feast had been so complete that there were singers at the tables who expressed grave doubts of the policy of starting any cradle song movement at least for several days.

A LAND OF OPPORTUNITIES.

Inducements Held Out by Western Canada Are Powerful.

A recent number of the Winnipeg (Manitoba) Free Press contains an excellent article on the prospects in Western Canada, a portion of which we are pleased to reproduce.

The agents of the Canadian Government, located at different centres in the States, will be pleased to give any further information as to rates, and how to reach these lands.

"Just now there is a keener interest than ever before on the part of the outside world in regard to the claims of the Canadian West as a field of settlement. At no previous time has there been such a rush of immigration, and the amount of information distributed broadcast is unprecedentedly great.

"In the majority of the States of the Union and in Great Britain the opportunities for home-making and the achieving of even a modest competence are at the best limited. Moreover, according to the social and industrial conditions prevalent in those communities, the future holds out no promise of better things. It is not strange, then, that energetic young men should turn their eyes to Canada's great wheat belt, where every man can pursue fortune without the hindrance of any discouraging handicap.

"The inducements held out by Western Canada are powerful and made manifest by the great movement now in progress. That the prospects are considerably more than reasonably certain is borne out by the history of the country and its residents. The promise of gain is powerful, but when added to it there is the prospect of a corresponding social and civil elevation, it should prove irresistible to young men of a particularly desirable class for any new country.

The Canadian West is alive with opportunities for the young man who aims at becoming more than a mere atom in the civil and national fabric. Some of the eager young fellows, who arrive on the prairies daily, are destined to become more than merely prosperous farmers. In the near future great municipal and Provincial development will be in the hands of the people. The stepping stone to both financial prosperity and civil prominence is, and will be, the farm. For every professional opening there are hundreds of agricultural openings. The Canadian prairies are teeming with opportunities for the honest and industrious of all classes, but they are specially inviting to the ambitious young man who seeks a field for the energy and ability which he feels inherent within him. The familiar cry of 'Back to the soil!' is more than a vain sounding phrase when applied to Western Canada."

HINTS FROM THE HIRED MAN.

The man who yells at the horses and jerks them by the bits ought to be kicked off the farm.

The best man I ever worked for taught me the value of reading things about my work. After I had learned to be a pretty good farmer in this way, he raised my wages, because, he said, "I don't want to have to teach another man in your place." No man who is willing to work full time during the rush season, who helps the owner to plan, shows an interest in his work, and keeps himself clean in mind and body will ever be out of a job.

Don't try to drink all the whisky in town. It's too big a job for any man.

Be fair with the boss but don't be a slave. No fair man will require it.

Give the women folks a lift any time you can. They will help to smooth your way in return.

Don't be a crank.

Keep your body and clothes clean. If there is no bath tub in the house rig up one from a barrel in the barn or woodshed and buy a dozen bars of soap and a dozen bath towels. They will make you glad you are alive after a hard, hot day's work.

Be cheerful. The day will pass more quickly if your heart is singing.

"Laugh and the world laughs with you;" kick and you kick alone.

Don't be afraid to help out in chores on holidays. Give everybody a little lift at such times. It pays.

The man who brags about the big things he can do soon becomes the butt of the neighborhood.

Save a little of your wages every month. The rainy day may come.

Always keep in mind the day when you will be your own boss and hire other men.

I go to every institute meeting in our county and I generally learn something.

CREAM CAKE.

Four eggs, whites and yolks beaten separately, two teacups of sugar, one cup of sweet cream, two heaping cupfuls of flour, one teaspoonful of soda; mix two teaspoonfuls of cream of tartar in the flour before sifting. Add the whites the last thing before the flour, and stir that in gently without beating.

FOR THE POULTRY RAISER.

Nest boxes should be put in the most secluded and darkest part of the house.

The earth floor is considered better than a wooden one, for the latter is usually damp.

Don't have holes in the side of your hen house, and you will not have a hole in your pocket.

This is the season when advice is free as to how to set a hen. Many overcome it by buying an incubator.

Ten hens are enough for one active rooster, so that the chanticleer need not be accused of being a Mormon.

The constantly increasing demand for beef scraps has caused the price to advance to almost a prohibitive figure.

The turkey crop grows annually less. It seems as if turkey growing on a large scale could be made very profitable.

There is a fascination in showing birds and taking a prize from a dozen competitors. Moral: Get busy for the next show season.

Don't be cruel to the old hen that wants to set. She is simply trying to carry out "Teddy" Roosevelt's ideas against race suicide.

The simple life on the farm will have to be abandoned for the time being, for the strenuous days of the hatching season are on.

Encourage your sons and daughters to take an interest in poultry. Along with the American mother, the American hen is the backbone of the country.

When you blow about your chickens, don't give eleven hens an average of twenty-four eggs a day. There are some people who will not believe the story.

The fellow who says, "Well, I didn't expect to win, for my birds were just picked out of the yard," is the biped who makes trouble for the man in the duster.

Do not overfeed your fowls and make them lazy. There are enough gourmets on earth in other walks of life, and man is the chief being in this particular.

The main trouble in poultry culture comes from the fact that few of the thousands who take up the industry have a correct idea of the conditions that bring success.

More incubators have been sold this season than ever before. This is not inscribed as a news item, but merely to fill space. Everybody knows that the standard bred stock industry is increasing, year after year.

It is a wise hen that knoweth its own chick in these strenuous days of incubation.—American Fancier.

SOME GARDENING SUGGESTIONS.

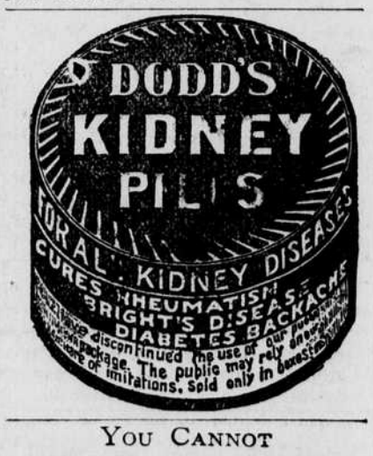
Feeding the soil is the first and most important requisite, for without rich soil that can be easily pulverized it is impossible to successfully raise plants so tender in their infancy as garden vegetables. In preparing ground for the garden carefully consider the condition of the soil and the needs of the plants. Fertility is plant food and the soil must contain nitrogen, potash, phosphate, humus and moisture in liberal quantities to fully supply the needs of the plant. Good barnyard manure, worked into the soil, and wood ashes applied as a top dressing, will supply these needs. Not only must the soil supply these food elements, but they must be thoroughly mixed with and incorporated in the soil to become available as plant food. Therefore let the ground be heavily manured and every square inch, for a foot in depth, well pulverized; the surface should be smooth and even and if the soil is very loose and light, roll the ground to make it firm and compact.

Moisture is the chief element in both plant and fruit and is hardest to supply at the time and in the manner needed; deep, rich, pulverized soil retains spring and summer rain and acts as a reservoir for this surplus moisture, until required by the plant in forming new roots, leaves and fruit. Every fine rootlet is a constant sucker, severely taxing even the best prepared soil for its sustenance, while in poorly prepared soil it literally starves to death. It has an animal nature, requiring food and drink as we do. It is almost human in its appreciation of good care. A fruit plant with its roots exposed to the wind and sun will die as soon as a fish out of water. When transplanting, keep the plants cool and moist until set in the ground. In setting, trim ends of roots and broken parts, spread roots out in their natural position and press fine, moist dirt firmly about them. With strawberries, have the dirt just even with the crown of the plant, with no roots exposed and no dirt over the top of the plant. Cultivate, hoe or rake around plants immediately after setting and every few days thereafter throughout the season. Take a little more pains with the garden this year than ever before and learn to know what a luxury a good garden planted with a large variety of carefully cultivated vegetables is. Too many farmers do not know this because they have never had one.

Their Prerogative.

Gollifer (at the party)—Of all the performances I ever saw, this is absolutely the—you didn't buy these seats, did you?

Gosch—No, we came in on complimentaries. Go ahead and roast the play all you want.



YOU CANNOT

CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as **nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes** by simply dosing the stomach.

But you surely **can cure** these stubborn affections by local treatment with

Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness.

Paxtine represents the most successful local treatment for **feminine ills** ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box

THE R. PAXTON CO., Boston, Mass.

Mrs. Mittie Huffaker.

HAD GIVEN UP ALL HOPE. CONFINED TO HER BED WITH DYSPEPSIA.

"I Owe My Life to Pe-ru-na," Says Mrs. Huffaker.

Mrs. Mittie Huffaker, R. R. No. 3, Columbia, Tenn., writes:

"I was afflicted with dyspepsia for several years and at last was confined to my bed, unable to sit up.

"We tried several different doctors without relief.

"I had given up all hope of any relief and was almost dead when my husband bought me a bottle of Peruna.

"At first I could not notice any benefit, but after taking several bottles I was cured sound and well.

"It is to Peruna I owe my life today.

"I cheerfully recommend it to all sufferers."

Our Triumphant Athletes.

From the New York Sun.

For the fourth time since the Olympic games were revived in 1896 the strong men of the United States have triumphed over the athletes of the rest of the world. The games ended yesterday in the Stadium at Athens and the team that displayed the shield of this nation for an athletic emblem carried off the greater part of the honors. In 1896 at Athens, in 1900 at Paris, in 1904 at St. Louis and in 1906 at Athens once more the United States has been triumphant. Perhaps it is cause for regret that the United States failed to carry away the trophy for the Marathon run. Anyhow, it fell to a neighbor of ours, as Herring of the Dominion of Canada was the fastest man over the historic course.

LIMB RAW AS PIECE OF BEEF.

Suffered for Three Years with Itching Humor—Cruiser Newark, U. S. N., Man Cured by Cuticura.

"I suffered with humor for about three years off and on. I finally saw a doctor and he gave me remedies that did me no good, so I tried Cuticura when my limb below the knee to the ankle was as raw as a piece of beef. All I used was the Cuticura Soap and the Ointment. I bathed with Cuticura Soap every day, and used about six or seven boxes of Cuticura Ointment. I was thoroughly cured of the humor in three weeks, and haven't been affected with it since. I use no other Soap than Cuticura now. H. J. Myers, U. S. N., U. S. S. Newark, New York, July 8, 1905."

Too Truthful.

Norman Hapgood, the distinguished journalist and essayist, was discussing American newspapers.

"It is not enough that our papers shall tell the truth," he said. "Truth telling in itself is not particularly wise nor praiseworthy. Indeed, it is something the reverse.

"Thus a young man called on a young lady one spring morning very early. He had his automobile along. He wanted to give the young lady a morning spin through the country.

"A little girl, the young lady's niece, answered the bell.

"'Is your auntie in?' said the young man.

"'Yes, sir,' said the little girl.

"That's good. Where is she?' he went on.

"'She's upstairs,' said the little girl, 'in her nighty, looking over the balustrade.'"

The British Premier in Stone.

From Good Words.

A statue in Wells Cathedral representing "The Fruit Stealer" is almost an exact copy of the features of Right Hon. Sir Henry Campbell-Bannerman. Although the title might be improved upon, the likeness certainly could not. The statue is carved on a capital in the nave of the beautiful church, and is some six hundred years old.

$100 Reward, $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has ben able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Three in Motion.

From Answers.

"Does your wife have a great deal of trouble getting servants?"

"Well, that depends upon what you mean by 'trouble.' She always has three servants—one at the house, one going and one coming."

Odd Form of Tree Grafting.

From the Pacific Fruit World.

Some owners of forests of valuable woods are trying experiments in the southern part of Mexico with walnut trees. It is not generally known outside the trade that there are many kinds of walnut woods and that only part of them have so far been considered valuable from the commercial point of view. Now the scheme is to make these less valuable or worthless walnuts commercially valuable. And the process is a curious one.

It consists of opening the roots of the trees and inserting one or more nuts, which are quite small, from the best varieties of walnut trees. It is said that these nuts, which are carefully sealed in wax or a stiff, waterproof stopper, impart a new or closer grain and coloring to the tree.

The Southern Indians of Mexico have for centuries been in the habit of securing curious effects in coloring on fine woods by inserting in the above manner nuts of other trees into the roots of the living tree. An enterprising planter in Tabasco has been following out this Indian idea with curious results. He mentioned this to other haciendados, and now several of them are experimenting with the coarser kinds of walnut trees with encouraging results.

Mrs. Winslow's SOOTHING SYRUP for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

BOILED CHICKEN.

Clean, wash and stuff as for roasting. Baste a floured cloth around each and put into a pot with enough boiling water to cover them well. The hot water cooks the skin at once and prevents the escape of the juice. The broth will not be so rich as if the fowls are put on in cold water, but this is a proof that the meat will be more nutritious and better flavored. Stew very slowly for first half hour especially. Boil an hour or more, guiding yourself by size and toughness. Serve with egg or bread sauce.

This Custom Is Now General.

It has now become a general and also a safe rule to demand brands of goods that are well known and have a reputation for quality and reliability. Nowadays the manufacurers of good goods inform consumers of this fact, and point out that safety lies in buying the brands that bear their names and trade marks.

In this respect the Mayer brands of shoes are deserving of special mention. Our readers have no doubt become familiar with these shoes and know of their excellent wearing quality by actual use. The Mayer factory turns out shoes suitable for every member of the family and for all uses. Sunday shoes and every day shoes, and they are known throughout the broad expanse of our land as the shoes of style and quality.

The "Honorbilt" are very popular fine shoes for men and "Western Lady" shoes embody the fit and style demanded by well dressed ladies. For extreme comfort "Martha Washington" shoes are highly recommended. Please bear this in mind when next buying shoes.

Between 800 and 900 British towns and villages have namesakes in the United States.

CORDIAL INVITATION

ADDRESSED TO WORKING GIRLS

Miss Barrows Tells How Mrs. Pinkham's Advice Helps Working Girls.

Girls who work are particularly susceptible to female disorders, especially those who are obliged to stand on their feet from morning until night in stores or factories.

Day in and day out the girl toils, and she is often the bread-winner of the family. Whether she is sick or well, whether it rains or shines, she must get to her place of employment, perform the duties exacted of her—smile and be agreeable.

Among this class the symptoms of female diseases are early manifest by weak and aching backs, pain in the lower limbs and lower part of the stomach. In consequence of frequent wetting of the feet, periods become painful and irregular, and frequently there are faint and dizzy spells, with loss of appetite, until life is a burden. All these symptoms point to a derangement of the female organism which can be easily and promptly cured by Lydia E. Pinkham's Vegetable Compound.

Miss Abby F. Barrows, Nelsonville, Athens Co., Ohio, tells what this great medicine did for her. She writes:

Dear Mrs. Pinkham:—

"I feel it my duty to tell you the good Lydia E. Pinkham's Vegetable Compound and Blood Purifier have done for me. Before I took them I was very nervous, had dull headaches, pains in back, and periods were irregular, I had been to several doctors, and they did me no good.

"Your medicine has made me well and strong. I can do most any kind of work without complaint, and my periods are all right.

"I am in better health than I ever was, and I know it is all due to your remedies. I recommend your advice and medicine to all who suffer."

It is to such girls that Mrs. Pinkham holds out a helping hand and extends a cordial invitation to correspond with her. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge. Her long record of success in treating woman's ills makes her letters of advice of untold value to every ailing working girl. Address, Mrs. Pinkham, Lynn, Mass.

PENSION JOHN W. MORRIS, Washington, D.C. Successfully Prosecutes Claims. Late Principal Examiner U.S. Pension Bureau. 3 yrs in civil war, 15 adjudicating claims, atty since

SIOUX CITY P'T'G CO., 1,139, 21—1906

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr SAMUEL PITCHER

Pumpkin Seed
Alx. Senna
Rochelle Salts
Anise Seed
Peppermint
Bi Carbonate Soda
Worm Seed
Clarified Sugar
Wintergreen Flavor

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of Chas. H. Fletcher. NEW YORK.

At 6 months old 35 DOSES – 35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

ALLEN'S FOOT-EASE

A Certain Cure for Tired, Hot, Aching Feet.

DO NOT ACCEPT A SUBSTITUTE.

This signature Allen S. Olmsted on every box.

For FREE Trial Package Address, Allen S. Olmsted, Le Roy, N. Y.

SIOUX CITY CREAMERY CO.

THE E. J. HATHAWAY CO., Proprietors

Pay the Highest Cash Price for Cream

Write them for prices.

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THE FAMILY'S FAVORITE MEDICINE

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THEY WORK WHILE YOU SLEEP

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AD Druggists

BEST FOR THE BOWELS