The Return of Sherlock Holmes
by a conan dorle.




## Rise Liars,

 And Salute Your Queen, Ho, All Ye Faithful Followers of Ananias GIVE EAR!A Young Girl said to a Cooking School Teacher in New York: "If You
make One Statement as False as That, All You have said about Foods is Absolutely Unreliable.'

Post Sugar is fed to the infants pro-
ducing the most satisfactory results, for
the baby has food that
quickly and wan wigest
qill go off to sleep well fed the baby has food that it can diggest
quickly and will go off to sleep well fed
and contented.
When baby gets two or three months
old it is the custom of some
When baby gets two or three months
old it is the custom of some mothers to
allow the Grape-Nuts to soak is the
milk a litte milk a little longer and become mushy,
whereupon a ittle of the food can be
fed in addition to the mill contoling fed in addition to the milk containing
the washed off sugar.
it is It is by no means manufactured for
a baby food, but these facts are stated as an illustration of a perfectly digest.
ible food. It furrishes the energy and strength
for the great athletes. It Is is in commonon
use by physiclans in their own families use by physiclans in their own familiies
and among their patients, and can bo
seen on the tabbe of every first-class colseen on the tanle of every first-class col-
lege in the land.
We quote from the London Lancet
analysis as follows. The basis of nomenclature of this
areparation is evtidently an American
pieasantry, since 'Grape-Nuts' is derived pieasantry, since 'Grape-Nuts' is derived
solely from cereals. The preparatory
process undoubtedly converts the food constituents into a much more digest-
ible condition than in the raw cereal.
This is tivident from the remarkable
solubility of the preparation, no less

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tors" and "lecturers" sent out by made there, and these people in

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\left|\begin{array}{c}
\text { Now let all these choice specimens } \\
\text { take notice: } \\
\text { We will deposit one thousand or fifty } \\
\text { thousand dollars to be covered by a }
\end{array}\right|
$$

| SECOND PASTURE. <br> Editors of "Trade" papers known as grocers' papers. <br> Remember, we don't put the brand on all, by any means, Only those that require it. These members of the tribe have demanded that we carry advertising in their papers and when we do not consider it advisable they institute a campaign of vituperation and slauder, printing from time to time manufactured slurs on Postum or Grape-Nuts. When they go far enough we set our legal force at work and hale them to the judge to answer. If the pace has been hot enough to throw some of these "cattle" orer on their backs, feet tled and "bellowing," do you think we should be blaued? They gambol around with tails held high and Jump stiff legged with a very "cocky" air while they have full range, but when the rope is thrown over them "it's different." <br> Should we untie them because they bleat soft and low? Or should we put the iron on, so that people will know the brand? <br> Let's keep them in this pasture, anyhow. |
| :---: |
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$\qquad$ edd-doctor-the head of the insti-
tution-to tell these prevaricatlons (you can speak the strong-
er word if you like). This same
little hittle doctor conducts a small
magazine in which there is a de partment of "answers to corre-
spondents," many of the questions as well as answers being written
by the aforesaid doctor:
In this column sometime ago appeared the statement: "No
we cannot recommend the use of
Grape- We Grape-Nuts, for it is nothing but
bread with glucose poured over lt." Right
badge as $\qquad$
$\qquad$ turers" to descend into the ways When the young lady in Ne York put the "iron on" to this
"teacher" and branded her right
we sent $\$ 10.00$ to the girl for her we sent $\$ 10.00$ to
pluck and braver
"There's a Reason's

