## The Backbone <br> of a <br> Mighty Nation

is good food-food for brain, tood for orawn, tood that is strengthening, that gives energy and courage. Without a proper
appreciation of this great fundamental truth no nation can rise to greatness.

As an article of food, soda crackers are being used more and more every day, as is attested bi, which have come to be recogpackages ot Uneeda nized as the most perfect soda cracker the world has ever known.

And so Uneeda BIscult will soon be on every table at every meal, thus in very truth becoming the backbone of the nation.

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TVane Manks


Scientificic Fimerican.



Costs 10 cents and equals 20 cents
worth of any other kind of bluing. Won't Freeze-Spill, Break Nor Spot Clothes ilis.
around in the water.
$\geqslant \xrightarrow{\text { At Al Into Crocerr. }}$


QUEER MARRIAGE CUSTOM. The Malay Briae Has to Have
Teeth FHud Awar.
Some of the national marriag

 traditional, but otherwise we tnduluge in
no rean mandenss anart from the throw-
ing of rice and ola shoes.


 more expressive than our simple wed
ding ring, tiste outward
riage, whin or mar
while in Burma the plercling o riage, whilile fin Burma the piercling
the ears
considerations prelude to matrimonta In Malay, however, the poor bride

experiences a bad quarter of an hou | $\begin{array}{l}\text { betore her marriage, inasmuch as she } \\ \text { has on hare her teeth liled down amost } \\ \text { to the level of her gums, a process }\end{array}$ |
| :--- |


 dance and fess
don Standard.

##  <br> 

 genulne curlosity. They are generally
pritet in tiack on thin cardboard, the
pred average wath and breadth beling about
that of the tinger or a hum
some cases they are only half ang in
sind sore cases they are only haif an inch
broand and aoot three and a halt thch-
es in length. The length, no odds what


 darlins and higl omflialas bear on man
ures of mythological ereatures. He Had Been There.
Trene's clergyanan was holding dren's service at a continental resort
dorng the lesson he had occasion to
catechise his hearers on





Cordialty.
Cordiality is the least expensive and farthest going of all commoditiese, and
its practitloners represent our its practitioners represent our best suc-
cesses. It is the evey which unlocks the social and business doors, bringing men
closer together, helping them to better closer together, helping them to better
work together, lightening their burwork together, lightening their bur-
dens and changing the twillght of trouble into the sunlight of happlness,
"Gumption," by N. C. Fowler, Jr.

## It is an eternal and Ineositable

thon that to do good we must be good.
When any one is a truly good mad then even if he takes no part whatever
In holy wars against the sin of the
world world his mere unconsclous influence
becomes a blessing to others.-Woman's Life.
Life is to be fortifed by many friend-
ships. To love and to be loved is the greatest happ
ney Smith.

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