

Same Old Game at Oxford.

young Oxford student one day received an unexpected visit from his pretty sister and was indignant that she came without a "Look here," said the young fellow. "I will not have any of the boys see you in my rooms, so if any one knocks

at the door you just get behind the screen." In a few minutes a knock was heard, and the girl ran behind the screen as her brother went to open the door. An old gentleman stood there, who, after apologizing for his intrustion, said:

"I am just home from Australia, and many years ago I occupied these rooms. Would you allow me to look at them once

'Certainly," said the student, "come in." "Ah!" exclaimed the old man, "every-thing is just the same. Same old table, same old fireplace, same old screen,"— then catching sight of the girl—"same old dodge." "Sir," exclaimed the student, "that is my

By Jove, sir," was the rejoinder, "same

MIRS. Winslow's SOOTHING STRUP for Children teething; softens the gums, reduces inflammation at lays pain, cures wind colic. Zi cent a bottle

Why They Balk.

"I don't see why it should be so hard to Berve a subpoena on a rich man in New York." There's an impertinent question most

of them hate to answer."
"What's the question?" " Where did you get it?" "

A GUARANTEED CURE FOR PILES. Itching, Blind, Bleeding Protruding Piles. Druggists are authorzed to refund money if PAZO OINTMENT fails to cure in 6 to 14

HAD ATTAINED ITS MAJORITY.

"That piece," said the young man who plays the plane by ear, "is a minor." "Is it possible?" exclaimed his acquaintance

'Couldn't you recognize it?" "Oh, yes, I recognized it. My impression was that it was of age long

Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by any other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

KEMP'S BALSAM cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.



Partine is in powder form to be dissolved in pure rater, and is far more cleaning, heading, sermicidal and comomical than liquid autosptics for all TOILET AND WOMEN'S SPECIAL USES For sale at druggists, 50 cents a box.

Trial Box and Book of instructions Proc. THE R. PAXTON COMPARY

Nasal CATARRH Ely's Cream Balm'

ses, soothes and heals the) diseased membrane. It cures catarrh and drives ELY BROS eway a cold in the head suickly.

Cream Balm is placed into the nostrils, spreads seed congressma. mediate and a cure follows. It is not drying-does not produce sneezing. Large Size, 50 cents at Drugglats or by mail: Trial Size, 10 cents.

BLY BROTHERS, 56 Warren Street, New York 17, 1901.

THE SCIENCE OF LIVING.

Dr. George F. Butler Tells How to Eat and How to Assimilate.

Dr. George F. Butler, medical superintendent of the Alma Springs Sanitarium, Alma, Mich., in the October number of "How to Live," gives some interesting as well as sensible rules for acquiring and keeping health. He says: "Without we eat and drink, we die! The provocative to do both rests with the appetite, which, in process of time, becomes a very uncertain guide; for the palate will often induce a desire and relish for that which is most mischievous and indigestible. The old saying of 'eat what you like' is now shunned by everybody of 20 years' experience. Still, without appetite, it is very difficult affair to subsist-for

the pleasure depends chiefly upon the relish. The relish may become, as has been stated, a vitiated one, but it is quite possible to make the stomach, by a little forbearance and practice, as enamored of what is wholesome and nutritious as of that which is hurtful, and not concoetible."

Again he says: "The delicate should feed carefully, not abundantly; it is not quantity which nourishes, but only that which assimilates.'

"Be careful of your digestion" is the keynote of the doctor's argument. He says: "Health in man, as in other animals, depends upon the proper performance of all the functions. These functions may be shortly said to be three: (1) tissue change; (2) removal of waste; (3) supply of new material. For the activity of man, like the heat of the fire by which he cooks his food, is maintained by combustion; and just as the fire may be prevented from burning brightly by improper disposition of the fuel, or imperfect supply of air, and as it will certainly go out if fresh fuel is not supplied, and may be choked by its own ashes, so man's activity may be lessened by imperfect tissue change, and may be put an end to, by an insufficient supply of new material and imperfect removal of waste products.

'We should see to it that free elimination is maintained, for the ashes must be kept out of the system in orto have good health. The skin, kidney and bowels must do their eliminative work properly. If the bowels occasionally become torpid, try to regulate them with exercise and proper food, such as fruits, green vegetables, salads, cereals, corn, whole wheat or graham bread, fish, poultry, light soups, etc. Plenty of water is also valuable, and a glass full of cold or hot water the first thing upon rising in the morning will aid much in overcoming constipation. Regular habit, cold baths and massage are very efficacious. In case the constipation does not yield to these hygienic measures, some simple, harmless laxative may be required, such as California Syrup Figs-a non-irritating preparation of senna in fig syrup-Laxative mineral waters are beneficial in some cases, but not to be employed contin-

"Above all be an optimist, keep the heart young. Cultivate kindness, cheerfulness and love, and do not for-Cultivate kindness, get that 'we shall pass through this world but once. Any good thing, therefore, that we do, or any kindness that we show to any human being, let us do it now. Let us not defer it or negleet it, for we shall not pass this way again.

Uncle 'Rastus' Opinions.

I see by ther papers thet the guv-ment has bin sendin' aout a extra poor passle o' garden seeds an' sich a-durin' o' ther year past, an' thet's a egrejious error. Ther guv-ment ain't handin' aout any too slick an article in ther line o' jest laws, ant to preserve a gineral fair average it ort ter brace up an' give up a purty good

ort ter brace up an' give up a purty good line o' pumpkin seeds an' sich.

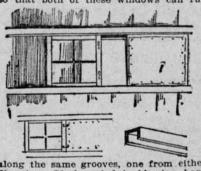
But I ruther guess we farmers are keepin' our end up, by heck! We've retaliatin' all right. When ther guv-ment sends us a extra bad passle o' beet seeds, by heck! we respond an' send back ter Washin'ton a mighty poor article a' hay-seed congressman, eh? Ho, ho! Oh! Gurgle-urgle-ve!

We are never without a bottle of Piso's Cure for Consumption in our house.— Mrs. E. M. Swayse, Wakita, Okia., April 17, 1901.



VENTILATING THE STABLE. When the ventilating of the stable must be through the windows some plan must be devised so that the ventilating can be done without letting in so much air that the animals will stand in a draught. This is readily done with the window here described. The ordinary window with the

two or three panes of glass is used but in addition a frame is made of the same size as the window, but covered with heavy unbleached muslin. Cleats are arranged to that both of these windows can run



along the same grooves, one from either direction. If the wind is blowing hard open the window of glass to the desired width, pull along the one covered with muslin and hook it to the frame of glass. Enough air will come through the muslin to give good ventilation and yet not cause a draught. According to the weather the window can be opened any width and the cloth covered one put in place. The whole arrangement is exceedingly simple and so inexpensive that there is no excuse for not having them in every barn. The illustration shows the idea clearly.

FEEDING THE COW FOR PROFIT If we admit that the cow is entitled to more than enough food to keep her alive we must ascertain what proportion of the food given is for that purpose and then, if we desire a milk return, which we do, feed so as to get such a return. Of course the properly balanced ration must be given to obtain the desired results. It is estimated that full 60 per cent. of the food consumed by the cow is needed to keep her in normal condition; that is, to live without giving any milk or adding mater ally to her weight. It is plain, therefore, that rations of considerable quantity must be rations of considerable quantity must be given or else the food must be concentrated, the major portion of it, if the cow is to be all that is desired as a dairy animal. What the ration shall be will depend largely upon what one has to feed, assuming that all of it is not bought; if this should be the case it is comparatively easy to obtain the belanced ration. Where corn to obtain the balanced ration. Where corn must form a major portion of the ration, in many cases it is the only concentrated portion, then the roughage must supply the protein. Here is where alfalfa comes in so nicely. A first class ration would be ten pounds of alfalfa, corn stover, ten pounds; corn, ten pounds, and either bran or cotton seed meal, two pounds. This is probably one of the least expensive ra-tions for winter feeding known. If timothy or corn stover must be used in place of aifalfa the quantity can be increased one-half and the bran of cottonseed meal should also be increased slightly. With the foods suggested as a basis for a cow of average weight it should be easy for one to work out by a few experiments a ra-tion suited to his particular herd.

PREPARING FOR HATCHING. Many poultrymen begin with their incubators in February in order to get the early hatched chicks which are so desir-able and the same plan may be carried out good home made brooders are readily constructed at small cost. Perhaps the most simple one is that known as the direct draft which consists in placing the lamp in one corner of the box, from the outside and arranging a narrow gutter, so to speak, of tin along the long way of the box with the opening about two inches from the end; this forms a flue through which the heat from the lamp passes into the box. The box should be well lined with building paper before the padding is put in against which the chicks are to huddle for warmth. Anyone who has seen the old hen hover the chicks will have an idea of the requirements for a er. The main precautions will be arrange the lamp that it will not brooder. set things afire and to arrange the box so that the chicks will not come in contact with the heated flues nor run any risk of being smothered. Many an old hen who has been carried into winter quarters because she is a good mother will begin to get broody early and her motherhood in-clination should be allowed to work itself out to the advantage of her owner.

PROTECTING YOUNG FRUIT TREES There are a number of good plans for protecting the young trees from the ravages of mice and rabbits, during the win-ter, several of them having been referred to in this department. Where coal is burned on the farm no better use will be found for the ashes (minus the large clinkers) than in packing it around the young trees. It requires less time than to from the tree for two feet all around it, all the dried grass and weeds. Then mound up so'll eight inches and cover this with the coal ashes so that they are a foot high against the trunk and extend to a foot or more away from the bottom of the tree. This material will pack during the winter and offers no warmth to the field vermin In the spring it may be drawn away and spaded into the soil where it will do no harm even though it does no particular good. The plan is so good it is worthy at-

THE EGG PRODUCING HEN.

There is much controversy going on at present over the identical build of the hen that produces the greatest number of eggs during the year. Each poultryman has his own idea of what this form should be so that it is safe to say the argument is less important than we have been led to believe. The Standard, the guide book of breeders, prescribed a certain typical form and it is safe to be guided by this, at least to the extent of the size and weight of a bird at a given age. Beyond this it is se-riously questioned if there is much in the

for early and prolific laying. In our flocks we have a number of hens of different formation, all of them equally good layers, and we have one hen with the highest record in the lot for eggs produced each year for three years that is decidedly not of the form poultrymen claim is the recognized egg producer. We believe there is more in the question of proper size, proper vitality and proper ancestry than there is

USE THE EXPERIMENT STATIONS There is not a state experiment station in the country whose staff of experts will not welcome knotty problems from the farmers of the state. This would be the case especially this winter when they are not rushed with work. Go over the operations of the past season and jot down, in considerable detail, each operation which gave you trouble and unload these troubles on the experiment station of your state. The staff may be "book farmers," as you think, but all of them are trained men and sincerely anxious to help you. If asking about any particular crop describe your soil in detail, your method of culture, and give any other information which will enable the station people to give you an intelligent answer. If any particular crop was unusually short and you cannot account for it on natural reasons, describe your method of culture, of fertilizing, the seed, etc., and, more than all, describe wherein any treatment differed from that given in any previous not rushed with work. Go over the operfered from that given in any previous year when the same crop was satisfactory. Do not be bashful about asking for help from the stations for you help support them and they are in existence to assist you, which they will do if you will give them any sort of an opportunity.

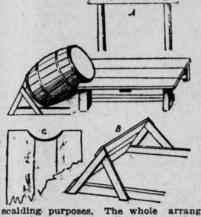
BUILDING UP THE SOIL.

Professor Roberts, who for many years was at the head of the Cornell (Ithaca, was at the head of the Cornell (thack, N. Y.) Experiment Station, in a recent address made this remark: "If I were twenty years younger I should go up and down our country emphasizing the work of plants in producing soil productivity. Instead of using a mallet, as I once did, to put a piece of land in productice state, JI should use plants. Blessed be weeds. Some are minute, but all are soil builders. They give their bodies back to the soil and add to the supply of highly available plant food. Tillage and plants I would emphasize in soil building." Farmers are indebted to Dr. Roberts for so persistently adversing, and proving too. persistently advocating, and proving, too, the value of cultivation to make available the immense amount of potash stored in the soil. At first the statement was ridi-culed, but the doctor was known to be a cautious as well as a learned man and, not given to making rash statements, so others investigated and found, to their surprise, that he was right. Then he and others took up the question of the raising of leguminous plants and the plowing of them under to add nitrogen to the soil, which had been gathered by the plants from that boundless reservoir, the air. Thus the two most expensive plant foods became the least expensive. Then came his advocacy, renewed persistently, of the cover crop so that the plantless soil during the winter is only to be found on farms whose owners are too stubborn to learn. These incidents are mentioned to point out anew the value to the soil of green manuring and of cultivation so that

ODD SCRAPS FOR POULTRY. Bearing in mind the excellent plan of trying to feed the poultry during the win-ter so as to make them feel it is summer, one should be liberal in the matter of variety, not in the main food, for this is limited to three or four grains, but in with the old hen who gets broody if one is prepared to care for the chicks which is where the difficulty is, usually. There are a number of first class brooders on the market if one has the money to buy, but remarket if one has the money to buy, but remarket if one has the money to buy, but remarket if one has the money to buy, but remarket if one has the money to buy, but remarket if one has the money to buy, but remain 100d, for this is limited to three or four grains, but in the main 100d, for this is limited to three or four grains, but in the main 100d, for this is limited to three or four grains, but in the main 100d, for this is limited to three or four grains, but in the main 100d, for this is limited to three or four grains, but in the main 100d, for this is limited to three or four grains, but in the odds and cnds which can be picked up on the farm. In sections where cow peas are grown it is a good plan to save enough of the seed so that the fowls may be a section of the chicks which is the odds and cnds which can be picked up on the farm. In sections where cow peas are grown it is a good plan to save enough of the seed so that the fowls may be a section of the chicks which is a point of the chicks which is a p have a small portion two or three a week; grind them rather fine and mix with other grains. Then root crops may be fed in the same way; two or three potatoes chopped up one day, a few turnips another day and a few carrots a third day; all help to furnish a fair amount of food of value, but, more than all, furnish a variety which will be of great benefit to the fowls in the way of an appetizer. There is no reason why any scrap vegetable or meat from the table should go to waste if one will go to some trouble to prepare them for the poultry in an ap-Always try to feed manner. these tid-bits in the middle of the fore-noon or afternoon when the fowls haven't much to do and will welcome them most. Try the plan and you will find that the full meal following these dainties will be eaten with greater zest

he who runs may read.

FARM BUTCHERING APPLIANCE Much of the disagreeable work of butch-ering on the farm might be avoided if one would take the trouble to have the necessary conveniences. As a rule make-shifts are used and the work is made much more difficult in consequence the following plan and build the structure described. First build a low and strong platform, having it large enough so that there will be no danger of those at work on it stepping off. It should be made of lumber faced on the top side and made extra strong by cross pieces underneath. The legs are short but stout and well braced. At one end cut out a piece so arrange one of the wire or tarred paper, that the barrel described may rest in this collars, and costs nothing. Proceed after this plan. With a rake or hoe pull away rel may not be overturned accidentally a rel may not be overturned accidentally a strong brace is made in the form of a frame in which the barrel rests and this is well braced. The barrel is used for



scalding purposes. The whole arrangement is simple and easily constructed. At the rear of the platform a scaffold is erected, being simply a strong piece of studding mounted on heavy posts set in the ground; this part of the structure will need to remain while the rest of it can be taken indoors if desired. The illustration shows the plan clearly. riously questioned if there is much in the idea that the hens producing the greatest number of eggs in a year are of a specified formation. We have worked on the plan of selecting our stock as nearly to the requirements of the Standard as was possible with fowls not bred for the show room. Then if any were plainly under size or showed any delicacy of constitution they were discarded. We have tried to breed so that the relation was not too close and from stock that had an ancestry

The Diary of a Great City.
The following summary of what oc-

curs in New York City is interesting. It gives from a point of view some conception of the magnitude of the metroplis of this nation and what a concentration of things doing in a great city brings about. This is the record of New York activity: Every 40 seconds an immigrant ar-

Every 3 minutes some one is arrested.

Every 6 minutes a child is born. Every 7 minutes there is a funeral Every 13 minutes a couple get mar-

Every 42 minutes a new business firm starts up. Every 48 minutes a building catches

Every 48 minutes a ship leaves the Every 51 minutes a new building is erected. Every 1% hours some one is killed by

Every 7 hours some one fails in busi-Every 8 hours an attempt to kill Every 81/2 hours some couple is di-

Every 10 hours some one commits

Every 2 days some one is murdered.

Race Changes.

From the London Chronicle. That Mr. Howells is kind to the persons and dresses of Englishwomen marks a grateful change-in him or in them? In a former book he dedicated to the English girl a phrase which-used by a known lover of the slender and the delicate-had an unavowed cruelty. The daughters of trav-eling Englishmen, he said, had honest cabbage roses in their cheeks and their hair tumbled upon their broad backs. Elsewhere he claimed slimness as the divine prerogative of the American woman. The races change. American women have beautiful figures, with peculiarly broad hips, restoring the Greek ideal: England owns the slenderest women in the world. and Englishwomen dress as well or as ill

NO MAN IS STRONGER THAN HIS STOMACH.

HIS STOMACH.

Let the greatest athlete have dyspepsia and his muscles would soon fail. Physical strength is derived from food. If a man has insufficient food he loses strength. If he has no food he dies. Food is converted into nutrition through the stomach and bowels. It depends on the strength of the stomach to what extent food eaten is digested and assimilated. People can die of starvation who have abundant food to eat, when the stomach and its associate organs of digestion and nutrition do not perform their duty. Thus the stomach is really the vital organ of the body. If the stomach is "weak" the body will be weak also, because it is upon the stomach the body relies for its strength. And as the body, considered as a whole, is made up of its several members and organs, so the weakness of the body as a consequence of "weak" stomach will be distributed among the organs which compose the body. If the body is weak because it is ill-nourished that physical weakness will be found in all the organs—heart, liver, kfaneys, etc. The liver will be torpid and inactive, giving rise to biliousness, loss of appetite, weak nerves, feeble or irregular action of heart, palpitation, dizziness, headache, backache and kindred disturbances and weaknesses.

Mr. Louis Pare, of Quebec, writes: "For

heart, palpitation, dizziness, headache, backache and kindred disturbances and weaknesses.

Mr. Louis Pare, of Quebec, writes: "For years after my health began to fall, my head grew dizzy, eyes palned me, and my stomach was sore all the time, while everything I would eat would seem to lie heavy like lead on my stomach. The doctors claimed that it was sympathetic trouble due to dyspepsia, and prescribed for me, and although I took their powders regularly yet I felt no better. My wife advised me to try Dr. Pierce's Golden Medical Discovery—and stop taking the doctor's medicine. She bought me a bottle and we soon found that I began to improve, so I kept up the treatment. I took on flesh, my stomach became normal, the digestive organs worked perfectly and I soon began to look like a different person. I can never cease to be grateful for what your medicine has done for me and I certainly give it highest praise."

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Sir Henry Irving's birthplace at Keinten. Mandeville, which was put up at suction in London, was withdrawn at \$3,000.

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Mrs. Noobride—You never wear that
mecktie I made for you when you go out!
Noobride—No, pet; you see, I look upon
it as one of my home ties.

SIOUX CITY P'T'G CO., 1,119-1, 1906

