Thousands of Women ARE MADE WELL AND STRONG

Success of Lydla E. Pinkham's Vegetable Compound Rests Upon the Fact that It Really Does Make Sick Women Well

Thousands upon thousands of Ameriean women have been restored to health by Lydia E. Pinkham's Vegetable Compound. Their letters are on file in Mrs. Pinkham's office, and prove this statement to be a fact and not a mere

Overshadowing indeed is the success of this great medicine, and compared with it all other medicines and treat-

ment for women are experiments. Why has Lydia E. Pinkham's Vegetable Compound accomplished its wide-apread results for good? Why has it lived and thrived and

done its glorious work for a quarter of a century?

Simply and surely because of its sterling worth. The reason no other med-icine has even approached its success is plainly and positively because there is no other medicine in the world so good for women's ills.

The wonderful power of Lydia E. Pinkham's Vegetable Compound over the diseases of womankind is not because it is a stimulant-not because it is a palliative, but simply because it is the most wonderful tonic and reconstructor ever discovered to act directly upon the uterine system, positively CURING disease and displacements and restoring health and vigor.

Marvelous cures are reported from all parts of the country by women who have been cured, trained nurses who have witnessed cures, and physicians who have recognized the virtue in Lydia E. Pinkham's Vegetable Compound, and are fair enough to give credit where it is due. If physicians dared to be frank and open, hundreds of them would acknowledge that they constantly prescribe Lydia E. Pink-ham's Vegetable Compound in severe cases of female ills, as they know by experience that it will effect a cure. Women who are troubled with painful

or irregular menstruation, backache, bloating (or flatulence), leucorrhœa, falling, inflammation or ulceration of the uterus, ovarian troubles, that "bearing-down" feeling, dizziness, faintness, indigestion, nervous prostration, or the blues, should take immediate action to ward off the serious consequences and be restored to health and strength by taking Lydia E. Pink-ham's Vegetable Compound. Anyway, write to Mrs. Pinkham, Lynn. Mass. for advice. It's free and always helpful.

Most Unkind. "My words don't seem to have much weight," protested the young wife dur-ing an argument at the breakfast

'Never mind, my dear," rejoined the brutal other half, "your biscuits more than make up for the shortage."

CUTICURA OINTMENT.

The World's Greatest Skin Cure and Sweetest Emollient-Positively Un-

rivaled. Cuticura Ointment is beyond question the most successful curative for torturing, disfiguring humors of the skin and scalp, including loss of hair, ever compounded, in proof of which a single anointing with it, preceded by a hot bath with Cutieura Soap, and followed in the severer cases by a dose of Cuticura Resolvent Pills, is often sufficient to afford immediate relief in the most distressing forms of itching, burning and scaly humors, permit rest and sleep, and point to a with potatoes and on the other manufacture of the permit rest and sleep, and point to a mother cow pea crop to be turned under. speedy cure when all else fails. It is especially so in the treatment of in- with rye to be plowed under the following. fants and children, speedily soothing and healing the most distressing cases.

Premise and Conclusion. Chicago Tribune: "Whatever people want is right," says Editor Bryan. Then whatever the people don't want, and have said two or three times by their votes that they don't want is wrong, is it not, Mr. Bryan?

FARMERS' TRIBUNE.

It is announced that the Farmers' Tribune has again changed hands, this time the control passing to H. G. Mc-Millan of Cedar Rapids, U. S. attorney for the northern district of Iowa. Something over a year ago the Farmers' Tribune moved from Des Moines to this city, a considerable cash bonus being paid by local men. Mr. McMil-lan, it is to be hoped, will make a success of his new venture. The question whether Mr. McMillan will remove the paper to Cedar Rapids, where he is the publisher of the Daily Republican, is not yet determined.

The fisheries of Japan annually yield about 3,000,000 tons of fish, worth \$30,000,000 to the Japanese fishermen. American fisheries produce about 1,-000,000 tons a year.

I cannot praise Piso's Cure enough for the wonders it has worked in curing me. -R. H. Seidel, 2206 Olive street, St. Louis, Mo., April 15, 1901.

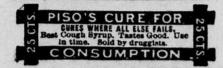
Nothing is impossible to a willing

"Yes" Churches **School Houses** and Homes

ought to be decorated and made beautiful and healthful by using Alabasting

A Rock Gement in white and beaus not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. Plain tinting and whitening, and the most elaborate relief, stencil work and frescoing may be done with it. Other finishes (bearing fanciful names and mixed with hot water) do not have the cementing property of Alabastine. They are stuck on with glue or other animal matter, which rots, feeding disease germs, rubbing, scaling and spoiling walls, clothing, etc. Such finishes must be washed off every year—costly, filthy work. Buy Alabastine only in five-pound packages, properly labeled. Tint card, pretty wall and ceiling design, "Hints on Decorating, and our artists' services in making color plans, free.

ALABASTINE COMPANY, Grand Rapids, Mich., or 105 Water St., N. Y.





THE AYLESBURY DUCKS

The breed of ducks known as Aylesbury's are from England, where they rank first as the Pekin does in this country. American breeders who have raised the Aylesbury have much to say in their fav-or, particularly where the market demands and it requires much more skill to raise ducks than the ordinary poultry. Where one can raise all the food eaten and the market demands ducks the chances are in favor of the work being profitably con-The main characteristic of the Aylesbury's are the whiteness of the flesh,



the rapidity with which they may be fatand are great foragers, feather early and, if given half a chance, will get a good living on the range during the summer, thriving under the minimum quantity of grain. It is, however, essential that the ducklings be given a good start by keep-ing feed before them at all times and furnishing them with an abundance of water for drinking. The breed is recommended for trial by breeders who have had experience in duck raising.

MAKING A CLAY SOIL PROFIT-

ABLE.
Those whose farms are loamy soils whether loamy sand or loamy clay, do not realize what the man with the sandy soil or he with the clay soil has to contend with. In the one case there is the diffi-culty of making the soil hold the applied fertilizer, as one owner of such a soil re-marked, "it is like a bottomless well," the man with the clayey soil has his troubles in its being wet and unworkable part of the time and so hard he cannot plow it the rest of the time. Here are two ex-tremes of soil and yet the one remedy may be applied to both, that of adding humus. It is impossible to carefully advise one just how such soils should be handled in detail but it may be said, in a general way, that crops which will furnish humus to turn under the most frequently should be used. While there is, of course, a choice of humus material, anything which will ansewr the purpose will help. On the clay soil one would not go far wrong, if the soil was poor, to get it into cow peas the entire crop to be turned under, follow this with corn and the next year divide plot in two parts and crop one part h potatoes and on the other make Make the rotations as short as possible having the humus crop come every other year for a few years.

GROW MORE HAY, FEED MORE STOCK.

There are two classes of farmers who need to learn that the foundation stone of soil fertilty is stable manure. He that uses commercial fertilizers almost exclusively and he who is cropping a virgin soll to death. The writer has no quarrel with commercial fertilizers for they are used extensively right here on our own farms, but thirty years of working the soil has taught us that the basis of soil fertilizing is the stable manure and thet we may obtain this fertilizer in the cheapest way by raising feed and giving it to the cattle Take the cotton states for example; it is only within comparative recent years that farmers in that section have realized that they were fast depleting their soils of all fertility because of the lavish use of commercial fertilizers coupled with the fact that cotton followed cotton making two or more crops notoriously hard on the soil. The gradual introduction of cows, the lay-ing down of meadows and the raising of food for the stock has changed matters so that the yield of cotton is greater per acre and, in many cases, there is surplus hay to sell to advantage. The same state of affairs obtains in a greater or lesser degree in other sections and the general farmer who has sufficient stock to furnish him with the stable manure for his soil ept only the commercial fertilizer needed for special crops, is on the road to suc-

SAVING UNSALABLE VEGETABLES advantage even though the stock is having the benefit of the range; they will en-joy the variety. Those who grow winter winter feeding; hundreds of bushels of small potatoes are yearly fed to swine during the summer when they are having all the green food they need, which ought to be saved for feeding later in the sea
is objectionable because the wet floor is son. If one has a rather cool but dry cellar and plenty of sand that is dry it is not hard to store those things away. If a rough place in which to care for them. Such things as cababges are easily cared for in the open ground and it will not be hard to care for potatoes and carrots and other root crops if they are stored where it is dry and cool after first wiping away any moisture that is on them. The writer has paid as high as twenty-five cents a bushel for potatoes too small to market and found them well worth the price for winter feeding to both swine and poultry. One cannot afford to overlook anything in the way of feed which may be utilized for cold weather feeding, nor can they afford to feed this sort of stuff during the

summer simply to get it out of the way. THE DIFFERENCE BETWEEN PROFIT AND LOSS.

The writer has had considerable to say,

cents for a clean, plump carcass. Then remember that the difference in price is a carcass with white skin. It is not everywhere that ducks can be profitably raised often greater and that a good share of it is profit both to the producer and the middleman. In other words, it pays to get the fowl in the best possible condition to attract the consumer. The cost of plumping out the bird is by no means equal to the additional price received for it because you get added weight at the added price. So plain is this to some poultrymen that they make it their business to buy live chickens in the open market. buy live chickens in the open market, those that are thin, take them home, fat-ten them and send them back to the same market and they make it pay. Try the plan of marketing only the best and if you cannot get the best then you ought not to be in the poultry business.

SUBSTITUTE FOR COW PEAS.

The success of southern farmers with cow peas has given the impression to many farmers farther north that the cow pea cannot be grown on their farms. It is true the late sorts will not amount to much but there are several early varieties which succeed well far north. If, for any reason, one does not want to grow cow peas there are both the red and crimson clover which are fine soil renovators and which are invaluable where they can be raised. There may be some trouble raising the crimson clover, at first, but the crop is well worth working hard to get. The red clever is more easily grown and if one wants a crop to gather nitrogen and to turn under in order to get that nitrogen the bird. The birds are hardy and strong and are great foragers, feather early and, if given half a chance, will get a good in the soil, and does not want to grow ed and hopeless when I began using cow peas, the Canada field peas will anbound by the country of the purpose admirably. In some section me eight years ago and I've been well tions the Canada field peas are sown with oats or rye and makes a desirable crop for feeding or for turning under. Those who have not experimented with Canada field For sale by all dealers. Price 50 cents peas have missed something easily grown per box. and of great value.

SELLING CROPS BY SAMPLES.

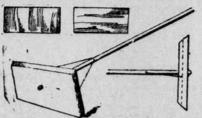
If one grows good winter vegetables, potatoes more particularly, it is an ex-cellent plan to dispose of them by sample. The same applies to well grown orchard fruits. Try the plan of selecting a number of the best tubers or specimens of apples for example, a half peck will do, and go into town with them. Call at the homes of consumers, saying that you are a grower and that you are taking orders for the potatoes in barrel lots of which those you show are fair samples. In the majority of cases it will be found that a single day will suffices to sell out a pretty good crop. Now upon the delivery of the goods strictly according to sample depends the suc-cess of the plan for future seasons. Make a point to have the goods you deliver a little better than the samples and you have a satisfied and a regular customer. If one expects to have first class butter, eggs or poultry or any other farm product for delivery during the winter try and get the trade of your satisfied customer. The chances are nine out of ten you can and you will have started a first class trade which can be kept so long as your goods are up to the mark. This is but the application of a well known principle in com-mercial lines so do not sneer at it as ar innovation that cannot be applied to farm crops. It can and successfully, too, if you'll try it along the lines suggested.

RENOVATING THE LAWN.

writes that he is trying to get a lawn around the farm home, but is greatly troubled with weeds, which he thinks come from the weed seeds in the stable be used on lawns only once every three or be used on lawns only once every three or four years, relying mainly on a prepared commercial fertilizer or on ground bone for keeping up the growth of grass and the soil vitality. To renovate the lawn try this plan of a German neighbor. Take a wide bladed putty knife and spend an hour each night after work in digging out or cutting off helpy the grown all week thing; softens the gums, reduces inflammance at the gums, reduced the gums at the g cutting off below the crown all weed plants and whenever one is removed scatter in its place a few seeds of a good grass mixture. One will be surprised to find how quickly a lawn may be renovated by this plan and how, by the use of the seeds of grass, the places are filled in with a velvety growth. Try this plan for the rest of the season and a notable improvement will be effected.

SOWING RYE FROM HOGS. Swine raisers who have fed hogs on rye pasture know its value for this purpose plan is to prepare the field in August and sow the rye as soon as the ground is ready. This gives the soil a cover crop which is in itself beneficial. The following spring, as soon as the frost is out of the ground so that it can be worked, grass seed is sown over the field, and harrowed in and as soon as the young grass gets a fair start AVING UNSALABLE VEGETABLES
Nearly all surplus summer vegetables
an be fed to the poultry and stock to
dvantage even though the stock is have of rape and a third of grass alone so that ing the benefit of the range; they will enjoy the variety. Those who grow winter the swine may have some variety; then if the swine may have some variety; then if there is an apple orchard into which they bages and the like should use care to save the unsalable portion for late fall and the unsalable portion for late fall and the swine may have some variety; then if the swine may have some variety.

The use of shovels on board stable floors is objectionable because the wet floor is splintered after a time. A scraper which will do the work better than a shovel is to a bevel so as to make it rather sharp. Fasten this board to a handle of suitable



length; to prevent racking fasten a couple of wires from the board to the handle, holding them in place by screws through loops in the wire. This scraper may be The writer has had considerable to say. loops in the wire. This scraper may be in this department, concerning the plan of made so it will last for a longer time by marketing crops, of any kind, attractively. The success of this plan is no more readily seen than in the marketing of part of the cut shows this idea.

Speaking of Animals. "Would you say a flock of fish?"

sked a Frenchman. "No; you would say a shoal of fish," was the American's reply.

"Could you say a flock of oxen?" "No; a drove of oxen."

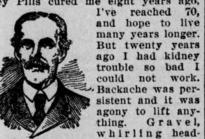
"A flock of bees?

Not After His Father.

Chicago Daily News: "Well, Willie," said the caller to the minister's small son, "are you going to follow in the footsteps of your father when you grow

Emaciated by Diabetes; Tortured with Gravel and Kidney Pains.

Henry Soule, cobbler, of Hammonds-port, N. Y., says: "Since Doan's Kidney Pills cured me eight years ago, I've reached and hope to live



sistent and it was agony to lift any-Gravel, thing whirling headaches, dizziness and terrible urinary disorders ran me down from 168 to 100 pounds. Doctors told me I had diabetes and could not live. I was wretched and hopeless when I began using

me eight years ago and I've been well ever since.
Foster-Milburn Co., Buffalo, N. Y.

Farmers and Crime.

Kansas City Journal: Here is a fact that city folks should remember when they are poking fun at the "country Reuben:" Farmers compose one-half of our population, but they only com-mit 2 per cent. of our crimes.

Would Know Soon Enough. Chicago Tribune: "Oh, what shall I do!" wailed the heroine, clasping her little hands together.

"It won't make any difference what you do," growled the heavy villian, sotto voice. "The dramatic critics will

tell you tomorrow morning you didn't do it right." In a Pinch, Use Allen's Foot-Ease. A powder to shake into your shoes. It rests the feet, Cures Corns, Bunions, Swollen, Sore, Hot, Callons, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Chicago News: Mamma-Johnny has begun to develop all the characteristics of an optimist.

Papa—Why do you think so?

Mamma—When I made him wash his neck today he said he was glad he wasn't

with kidney and gravel trouble. Cured by Dr. David Kennedy's Favorite Remedy. Rondout, N. Y. \$1.00.

Board to Go Up. Yonkers Statesman: "I see we are threatened with a lumber famine, and that all kinds of lumber is going up," said the

Mrs. Winslow's BOOTHING STRUP for Children teething; softens the gums, reduces inflammation, at tags pain, cures wind oplic. 25 centra bottle He Knew Him.

Philadelphia Press: "Jiggins has a new girl; she's dark complexioned, he

"I'll bet you a good deal he didn't say that at all."
"I'll bet you anything—"
"Hold on! You'd lose. I'm ready to bet all I own that he said 'dark com-

FARMS FOR RENT or sale on crop payments. J. Mulhall, Sloux City, la.

Charlie Boulder-Is Miss Correct so precise as is claimed? Miss Loveland-I should say so. Why,

she is such a stickler for the proprieties that she won't go buggy riding with any one except the young entomologist at the agricultural college.—Field and

Won by an lowa Man.

The Grand American Handicap at flying targets, the most important trap shooting event of the year, which was held at Indianapolis, June 27-30, was won by R. R. Barber, an amateur, of Paullina, Iowa, with Winchester Facand professional shots in America. The Preliminary Handicap and the Amateur and Professional High Averages for the tournament were won by shooters using Winchester Factory Loaded Shells. Such important victories as not hard to store those things away. If made by taking a piece of tough board an one has no such storage place and has one has no such storage place and has considerable stock it will pay to provide considerable stock it will pay to provide inches long and carefully cutting one edge. Shells convincingly demonstrate their reliability, uniformity and strong shooting qualities. They are the satisfactory, the winning kind; the only kind to shoot.

> The Game and the Girl. I know a girl whose winsome ways Charm luck and love to do her will; A cheery laugh—two roguish eyes— That's all—she wins—and always will.

> We played a game, the girl and I; I matched my skill against her spell; I knew the points—my hopes were high— I lost—though never played so well.

And then we played—I was resigned—A game of hearts—it was for life—She let me win, this girl of mine—My winsome one—my little wife.
—Alfred T. Marks.

It costs a motorcyclist \$12.50 a year for licenses to drive in St. Louis and immediate vicinity in St. Louis county.

Oyster Culture in Japan.

Baltimore Sun: The backwardness and unprogressiveness of the element of our population that opposes oyster culture are indicated by a fact stated in the National Geographic Magazine, in the National Geographic Magazine, namely, that the Japanese were cultivating oysters over two centuries ago on the only practical basis of individual control of the oyster bottoms. This intelligent people long ago saw what our politicians do not yet see—that reaping without sowing is as improvident and ruinous in aquiculture as in agriculture. It comes as a shock to our nature. ture. "It comes as a shock to our na-tional pride." says the National Geog-raphic Magazine for May, "that the Japanese should have taken up oyster culture a century before our nation was born and have recognized the most es-sential factor in ruccessful cultivation, namely, individual ownership or control of the oyster bottoms, when we remem-ber that in the most important oyster region in the world, within a short disregion in the world, within a short distance of the capital of the United States, the vital principles of oyster culture are ignored and efforts to apply them are resisted sometimes by force of arms." Happily for the Japs, among them the least intelligent are not permitted to dictate the policy of the state to their own hurt and to the injury of large public interests.

Not only do the Japs cultivate with great profit the common oyster, but they cultivate also the pearl oyster. They stimulate the pearl secretion artificially, with the result that every year they have 1,250,000 oysters under treatment and obtain annually some 250,000 pearls. Among us the raising of

250,000 pearls. Among us the raising of terrapin is an unsolved problem, so that we are facing the extinction of the that we are facing the extinction of the diamond-back and of other less valued varieties. But the Japs for years have been placing artificially grown terrapin on the market. Near Tokyo a single farm markets yearly a crop of from 50,000 to 60,000 terrapin. In view of facts like this it seems to be "up to" our people to take a comprehensive view of their valuable but neglected water areas—areas which under intelligent management are capable of proligent management are capable of producing, per acre, crops largely excing in value those grown on land. could not work. boast of our position in the van of modern progress, but in respect to the utilization of our natural resources we are far in the rear of the Japanese. In fact, we regard our oyster bottoms from the point of view of primitive savages who hold their land in common and senselestly consume its products without provision for their renewal.

Supply Co., Dept. 18, Joliet, III.

SIOUX CITY P'T'G CO., 1,098—32, 1803

SICK HEADACHE



ligestion and Too No Rating. A perfect reedy for Dizziners, FatDrowsiness, Bad Tain the Mouth, Cont Tongue, Pain in the Rich TORPID LIVER. The

SMALL PILL. SMALL DOSE. SMALL PRICE





Partine is in powder form to be dissolved in pure water, and is far more cleansing, heading, germkridal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES For sale at druggists, 50 cents a bor.

Trial Box and Book of Instructions Free.

THE R. PAXTON COMPANY BOSTON, MASS.

American watches have held their old renown. They are frequently asked for lately for Dutch India, where they give entire satisfaction, even in work

CORNO corn killing plasters; made like wafers are guaranteed to cure the most persistent corn. For sale by druggists and shoe dealers; price 25c. Sample package. 4 plasters, by mail, 10c. Best Supply Co., Dept. 13, Joliet, III.



Mull's Grape Tonic

(FREE)

Hot Weather Dangers CONSTIPATION STOMACH AND BOWEL TROUBLE

No one | Tonic is employed. As a Stomach Tonic it is unequalled.

with regu-SUFFERED ALL HIS LIFE. lar bowels and healthy

The endorsement of E. B. McCurdy of Troy, Ohio, proves that the severperson with Coastipation and Stomach Trouble is always the first to succumb to Sun Stroke, Heat Debility and Prostration Charles to Sun Stroke, Heat Debility and Prostration Charles to Sun Stroke, Heat Debility and Prostration Charles to Sun Stroke Tone Coastipation are prompt-

succumb to Sun Stroke, Heat Debility and Prostration. Cholera, Colic and Diarrhea are more fatal in Hot Weather because vitality is lower—they are the direct result of Constipation. It is a mistake to suddenly check diarrhea, the danger is Blood Poison. A physic is also dangerous as it weakens the patient and reduces vitality. Treat the cause with Mull's Grape Tonic. Constipation and its attending ills are caused by decaying or dying bowels and intestines—Mull's Grape Tonic revives and strengthens the Bowels so that they are enabled to act naturally and eject the poison from the system, everybody should take it during hot weather. It wards off disease, builds up the system and purifies the blood. Typhoid Fever and Appendicitis are unknown in families where Mull's Grape

Good for Ailing Children and Nursing Mothers.

known in families where Mull's Grape Good for Ailing Children and Nursing Mothers. FREE BOTTLE COUPON

Send this coupon with your name and address and your druggist's name, for a free bottle of Mull's Grape Tonic, Stomach Tonic, Constipation Cure and Blood Purifier, to MULL'S GRAPE TONIC CO., 21 Taird Ave., Rock Island, Ill. Give full address and write plainly. The \$1.00 bottle contains nearly three times the 50c, size. At drug stores. The genuine has a date and number stamped on the label--take no other from your druggist.

Truths that Strike Home

Your grocer is honest and-if he cares to do so-can tell you that he knows very little about the bulk coffee he sells you. How can he know, where it originally came from,

how it was blended—or with what
—or when roasted? If you buy your coffee loose by the pound, how can you expect purity and uniform quality!



LION COFFEE, the LEADER OF ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER OF A CENTURY, LION COFFEE has been the standard coffee in millions of homes.

LION COFFEE is carefully packed at our factories, and until opened in your home, has no chance of being adulterated, or of coming in contact with dust, dirt, germs, or unclean hands.

In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine. (Lion head on every package.)

(Save the Lion-heads for valuable premiums.) SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Oblo

