

# HER WEAKNESS GONE

## HOT FLASHES AND SINKING SPELLS CONQUERED AT LAST.

Mrs. Murphy Tells Her Fellow-Sufferers How She Got Rid of Serious Troubles by Simple Home Treatment.

"I had been bothered for several years," said Mrs. Murphy, "by stomach disorder, and finally I became very weak and nervous. Flashes of heat would pass over me, and I would feel as if I was sinking down. At such times I could not do any household work, but would have to lie down, and afterwards I would have very trying nervous spells. "Didn't you have a doctor?" she was asked.

"Yes, I consulted several doctors but my health did not improve. One day a friend asked me why I did not try Dr. Williams' Pink Pills. She assured me that they had proved of the greatest benefit in the case of her daughter. In fact, she praised them so enthusiastically that my husband got me a box."

"And what was the result?" "Before I had taken half of the first box my condition was greatly improved. The quickness with which they reached and relieved all my troubles was really surprising. After I had used only three boxes I had no more heat-flashes or weak spells. Thanks to them, I have become a well woman."

Mrs. Mary D. Murphy lives at No. 1903 Force street, Fort Wayne, Indiana. Dr. Williams' Pink Pills, the remedy which she found so satisfactory, furnish directly to the blood the elements that give vigor to every tissue of the body. They can be depended on to revive failing strength, and to banish nervousness. Their tonic properties are absolutely unsurpassed.

As soon as there is drag, or dizziness, or pallor, or poor circulation, or disordered digestion, or restlessness, or pains, or irregularities of any kind these famous pills should be used. They have cured the most obstinate cases of anemia, dyspepsia, rheumatism, neuralgia, nervous prostration and even partial paralysis.

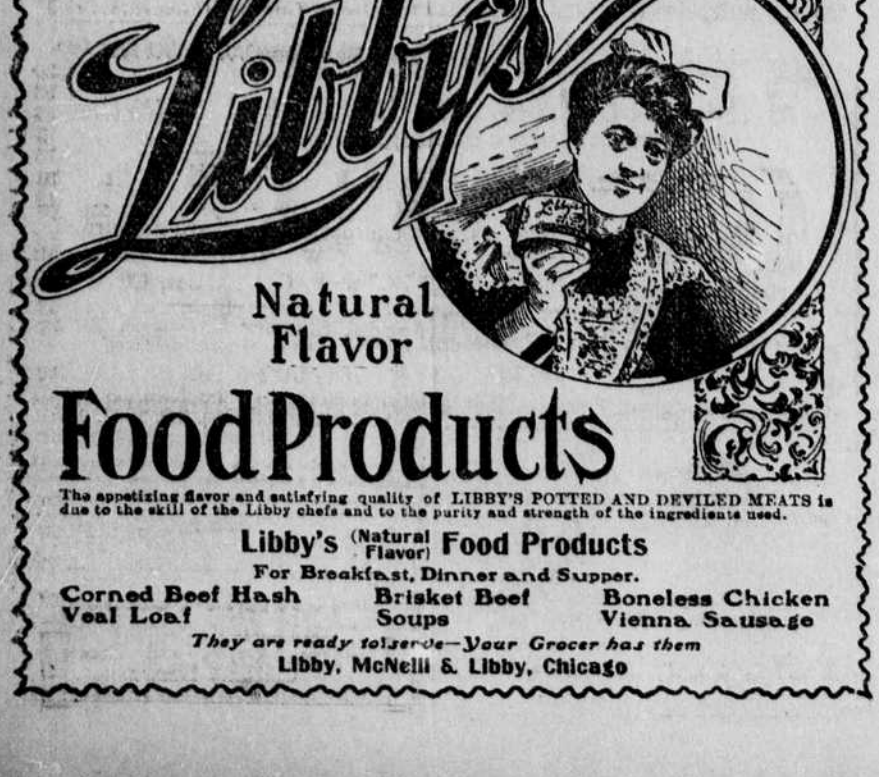
If you desire information specially suited to your own case write directly to the Dr. Williams Medicine Company, Schenectady, N.Y. Every woman should have a copy of Dr. Williams' "Plain Talks to Women," which will be mailed free to any address on request. Any druggist can supply the pills.

Passing of the Fire Engine. Harper's Weekly: The recent completion of a powerful pumping plant and a system of independent high pressure fire mains in the city of Philadelphia to take the place of horse or motor driven steam fire engines is noteworthy as indicating the trend and toward centralization in modern mechanical engineering practice. While it may be too much to say that it marks the beginning of the disappearance of the fire engine in large cities, nevertheless, it seems quite clear that such a plant can furnish more effective protection to a given area, and that, aside from its initial cost, it is less expensive to maintain. The advantage to the citizen is shown by the fact that for the district in Philadelphia protected by the new plant insurance rates have been decreased 15 cents per \$100, and with the increased efficiency of the system a further decrease of 10 cents is promised.

In outline the new pumping system may be described briefly as follows: It consists of a number of powerful pumps driven by gas engines and located in a single building 72 to 140 feet, and using an independent and never failing supply of water derived from the Delaware river. This is distributed under high pressure through a network of specially constructed mains, aggregating some nine miles in length, over the selected territory which includes about 425 acres. The hose is attached directly to hydrants of a special pattern, and it is possible to send four streams to the top of the highest skyscraper in Philadelphia. The plant is said to take the place of more than forty-five engines, and the pressure furnished and consequent efficiency is far beyond that of ordinary fire engines.

**BALD HEADS COVERED**  
With Luxuriant Hair and Scalp Scapla Cleaned and Purified by Cuticura Soap. Assisted by dressings of Cuticura, the great skin cure. This treatment at once stops falling hair, removes crusts, scales and dandruff, destroys hair parasites, soothes irritated, itching surfaces, stimulates the hair follicles, loosens the scalp skin, supplies the roots with energy and nourishment, and makes the hair grow upon a sweet, wholesome, healthy scalp, when all else fails. Complete external and internal treatment for every humor, from pimples to scrofula, from infancy to age, consisting of Cuticura Soap, Ointment and Pills, price \$1.00. A single set is often sufficient to cure.

The French government employs 17,648 people in its state tobacco factories. The great majority are women.



**Libby's**  
Natural Flavor  
Food Products

The appetizing flavor and satisfying quality of LIBBY'S POTTED AND DEVILED MEATS is due to the skill of the Libby chefs and to the purity and strength of the ingredients used.

Libby's (Natural Flavor) Food Products  
For Breakfast, Dinner and Supper.

Corned Beef Hash      Brisket Beef      Boneless Chicken  
Veal Loaf                  Soups                  Vienna Sausage

They are ready to serve—Your Grocer has them  
Libby, McNeill & Libby, Chicago

### LIVING IN THE COUNTRY.

Views of This Newspaper, with Which a Western Contemporary Agrees. Indianapolis News: Vermont is going to fight consumption systematically. The Brooklyn Eagle rightly thinks that this is worthy of remark both as indicating how vivid the awakening on this subject is becoming, and as illustrating a characteristic of the disease, namely, that it is a house disease. Vermont, we should recall, has a population of only 344,000—not more than half as many as the city of St. Louis. Moreover, it is a rural state, with no large cities, while the mountains, its pine woods, its clear streams, its pure air, have made it the summer playground and residence of the rich of the eastern states. But Vermont is afflicted with the "great white plague" to such a degree that she will begin systematic effort for the prevention and cure of it.

The cause of the prevalence of the disease there is ignorance, the offspring of which is insanitary living. In this Vermont certainly is not alone; the rural population of any state—in Indiana—needs warning. It is only the outdoor work that enables the people to make as great a stand as they do against this disease, fed and nurtured as it is by insanitary dwellings and unhealthy diet.

The sanitary arrangements of the average farm house are appalling. Drains are poor and sodden with years of neglect; sinks and vaults are allowed to become plague spots; the rooms of the house, generally small and with low ceilings, are unventilated by night or day, while kerosene lamps add their impure off-givings to the air. Sleeping apartments are too often crowded with occupants who all night breathe air kept poisonous by tightly closed windows. In Vermont this sort of thing is coming to its own so completely that now the state is forced to fight the consequences—consumption—in a systematic way. The leaf out of the book for our information is plain. We shall not only have a state sanatorium for consumptives; but a no less valuable part of the campaign is that which shall educate the dwellers in small towns and farms to a wholesome way of living as to drains, ventilation and proper food.

**In a Pullman.**  
Detroit Free Press: Mr. X.—That girl keeps fidgeting around all the time. Why doesn't she keep still?  
His Wife—She can't. There's a mirror on each side of her.

**Always Ready.**  
Public Ledger: "Miss Passay has a queer habit of nodding her head and interjecting 'yes, yes' when anyone talks to her. Funny, isn't it?"  
"Yes, I think she got that habit waiting for some man to propose."

**Melbourne Times: Singleton**—"How did you come to fall in love with your wife?"  
Littleton—"I married her for her money, and afterward discovered that she possessed twice as much as she claimed to have."

**COMPLETELY RESTORED.**  
Mrs. P. Brunzel, wife of P. Brunzel, stock dealer, residence 3111 Grand Ave., Everett, Wash., says: "For fifteen years, I suffered with terrible pain in my back. I did not know what it was to enjoy a night's rest and arose in the morning feeling tired and unrefreshed. My suffering sometimes was simply indescribable. When I finished the first box of Doan's Kidney Pills I felt like a different woman. I continued until I had taken five boxes. Doan's Kidney Pills act very effectively, very promptly, relieve the aching pains and all other annoying difficulties."  
Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists. Price 50 cents per box.

**Still Hopeful.**  
Washington Star: "If this municipal ownership idea goes through," said one ward politician, "there won't be any use in being an alderman."  
"You can't tell what may happen," answered the other. "Maybe we can get more out of running the railroad than we could by handling franchises."

**To Wash Lace Collars.**  
Shave Ivory Soap in boiling water; add a pinch of soda and drop the collar in, stirring it until the dirt is removed. Rinse in a pint of hot water to which has been added a teaspoonful of gum arabic and a few drops of coffee or real Indian tea. To iron, pick out and press on white flannel, press with a moderately hot iron.  
ELEANOR R. PARKER.

**Good Times on the Coast.**  
Portland Oregonian: Every trans-Pacific steamship line is crowded for freight space on the vessels and there are more tramp steamers pressed into service than ever before.

Mrs. Winslow's soothing ointment for children (teething) softens the gums, reduces inflammation, soothes pain, cures wind colic. 25 cent a bottle.

In the Vatican library there is a treatise on dragons, a manuscript in a single roll 300 feet long and a foot wide.

### A JUSTIFIED BURGLAR.

By Harry Haines. (Copyright, 1905, by W. R. Hearst.)

Arnold Todd must have become accustomed to it, for periodically burglars relieved him of all his pocket money, diamonds and other personal bric-a-brac without ever being caught in the act or leaving any clue to their discovery. Nothing was ever taken belonging to Mrs. Todd, but as that woman pathetically said, she had nothing they could take except her wedding ring, which was on her finger, or her clothes, which would not have repaid the trouble of recovering them. The man in the field may think he has a warm time of it under the broiling sun, but he has the benefit of whatever air may be moving; the wife, on the other hand, confined to the kitchen has little or no chance for fresh air. Why not fix a place, such as is shown in the illustration, so she can, at least a portion of her kitchen work in the cool shade. It need not be so elaborate as the arrangement shown in the cut, although this is not so expensive as it



SHADE FOR THE HOUSEWIFE.

If there is any member of the farmer's household who needs comfort during the summer it is the woman who does the household and prepares the meals. The man in the field may think he has a warm time of it under the broiling sun, but he has the benefit of whatever air may be moving; the wife, on the other hand, confined to the kitchen has little or no chance for fresh air. Why not fix a place, such as is shown in the illustration, so she can, at least a portion of her kitchen work in the cool shade. It need not be so elaborate as the arrangement shown in the cut, although this is not so expensive as it

looks, for it consists simply of a substantial frame work, the end and the two sides filled in with wire netting, which may be removed during the winter if desired. With this particular arrangement inside curtains are used, or additional shades, for the spot is a sunny one. If partially in the shade the curtains need not be used, but a vine trailed to weave in and out on the wire netting. The additional arbor is a matter of choice. Take the first structure as a standard, and inside of it arrange a table or two with convenient chairs, making the tables sufficiently wide to hold all the housewife wants to use in preparing for baking or for a meal. Just imagine the comfort she would have in this cool, shady spot, away from the close, hot kitchen with the range going at full speed. Cannot one imagine she would get a better meal under such conditions. The cost is much smaller than one thinks and is worth figuring over and then building the structure at once.

**UTILIZING GROUND FOR ORCHARDS.**  
All of us do not realize what planting an orchard means. We do not always stop to think that we are giving up soil to the orchard, which, after a few years at most, must be given entirely to the trees. We are also expending money for manure or commercial fertilizers, and all this with the hope of obtaining a profit on the investment. We do not think of the soil as a source of profit, but as a source of expense. Some of us realize these things but argue wrongly when we claim that none of the best ground on the farm can be spared for the orchard, hence we set the trees in soil that has been badly exhausted by previous crops, and then we grow because we do not get a crop. Then, some of us having read of the idea of closer planting, set the trees which are intended for the permanent orchard and between them we set all sorts of classes and mixtures of varieties, anything which will bear fruit. There is no objection to the plan of planting trees of early and quick bearing sorts between the varieties which are to form the permanent orchard, provided we set the trees for the permanent orchard not less than forty feet apart, and we set the trees of the earlier varieties between them. Then, when the permanent trees between the space remove the filler. The trouble is this tree used for the filler is not often removed and the result is an over-crowded orchard. When we learn that the filler trees are to be removed for as any crop must be fed and cared for we will have less trouble with the orchards.

**COST OF SPRAYING TREES.**  
An orchardist who is in despair because his orchard is no longer profitable says he cannot afford to spray his trees. He says the outfit for the work costs so much, the labor so much and the Bordeaux mixture so much, making a total expense which eats up the profit. This is one way of looking at it, but he fails to see that with no saleable fruit there can be no profit. A first class spraying outfit costs quite a little, but the cost of spraying is not an expensive item if we place the value of the operator's time at a low figure, as we should if his business is entirely fruit growing, for his time is part of capital invested rather than a commodity sold to the highest bidder. The cost of the Bordeaux mixture varies, of course, with the degree of strength in which it is used, but expert fruit growers have proved that the first class mixture need not cost more than 7 cents a tree for the entire season in which spraying is done. Take the cost of a first class spraying outfit, add to it the cost of labor even at the highest figure one would pay if it was hired, add the cost of the mixture and then figure out the cost per tree for the entire orchard. As an off-set place the price received for first class fruit and one will readily see the value by comparison with the receipts from the fruit borne on trees of an unsprayed orchard, the spraying proposition is a profitable one.

**WHAT BECOMES OF THE CALVES?**  
If the herd of cows is a good one and the sire used as good or better than the calves; but, if both cows and sire are scrubs turn the calves over to the butcher; don't have a hand in perpetrating scrub stock, there's too much of it already. If the calves are to be raised start in with them sensibly. Bear in mind they are to be the cows of your herd and while they ought to be treated kindly they should not become the playmates of the children. Too much petting spoils them and they become unruly as cows. Then feed them with view to the future work. See that they have the grain and the roughage to give them bone and muscle. Let them feed on the range by themselves rather than with the cows, especially if the latter are with horns. Be particular to shield them from storm during the period of calfood, and do not breed them too young. Get and keep a strong, sturdy, kindly treated calf and you'll have a first class cow.

**STARTED THE EXPERIMENT PLOT?**  
On a number of occasions we have tried to convince readers of this department of the great value of an experiment plot. The writer took up with the idea twenty odd years ago, after seeing the test plots for new varieties of strawberry plants on the grounds of a nurseryman, and believes he has saved thousands of dollars in his operations since by reason of the experi-

### Little Bermuda Farms.

Country Life in America: Farms in the Bermudas are only tiny detached fields in the pleasant hollows where the accumulation of vegetable matter and of washings has made a shallow soil. In these little islands one sees fields from the size of a parlor floor to that of two acres—the latter size being uncommon. It is strange enough to the visitor from more ambitious lands to see a patch of onions or lilies or potatoes only a few feet square bravely asserting its importance in some front yard or by the highway. But although these fields are diminutive, they are numerous, and the combined output makes up a large trade in Bermudian products in the New York markets, for probably nine-tenths of the produce, except bananas, finds a market there in spite of the duties. The lands vary wonderfully in price—from very little for the exposed elevations to \$500 per acre for good pieces in the little valleys. The high price of these pieces and limited amount of land on the islands—there are less than 10,000 acres all told—has enforced a very high state of cultivation of the lands. The islands comprise a series of smart garden-hollows, and the hard-metalled, white-walled roads, white smug houses and profusion of compact garden growth all unite to make the place a diminutive pictureland.

### Thought She Couldn't Live.

Moravia, N. Y., June 5.—Mr. Benjamin Wilson, a highly respected resident of this place, came very near losing his wife, and now that she is cured and restored to good health his gratitude knows no bounds. He says: "My wife has suffered everything with Sugar Diabetes. She has been sick four years. She doctored with two good doctors, but kept growing worse. The doctors said she could not live. She fell from 200 pounds down to 130 pounds. This was her weight when she began to use Dodd's Kidney Pills, and now she weighs 190, is well and feeling stronger every day."

"She used to have Rheumatism so bad that it would raise great bumps all over her body and this is all gone, too."

"Dodd's Kidney Pills are a God-send to those who suffer as my wife did. They are all that saved her. We can't praise them enough."

"Twirl Be Worse." "Though it's tough in this world to be left in the cold, Don't complain of your lot. 'Twere worse when the gates of here-after unfold. To be left in the hot."

Catholic Standard.

### Railroad Rate Legislation.

Testifying before the Senate committee at Washington, Interstate Commerce Commissioner Prouty said in discussing the proposition to give to that commission the power to regulate railway rates: "I think the railways should make their own rates. I think they should be allowed to develop their own business. I have never advocated any law, and I am not now in favor of any law, which would put the rate making power into the hands of any commission or any court. While it may be necessary to do that some time, while that is done in some States at the present time, while it is done in some countries, I am opposed to it. \* \* \* The railway rate is property. It is all the property that the railway has got. The rest of its property is not good for anything unless it can charge a rate. Now it has always seemed to me that when a rate was fixed, if that rate was an unreasonable rate, it deprives the railroad company of its property, and the Circuit Court of the United States has jurisdiction under the fourteenth amendment to restrain that. \* \* \* I have looked at these cases a great many times, and I can only come to the conclusion that a railroad company is entitled to charge a fair and reasonable rate, and if any order of a commission, if any statute of a State Legislature takes away that rate, the fourteenth amendment protects the railway company." Adv.

### Easing His Mind.

Washington Star: "Do you think that foreign travel benefits a man's health?"  
"To some extent," answered the beef-magnate. "Anyhow, it helps to ease his mind."

### In a Pinch, Use Allen's Foot-Ease.

A powder to shake into your shoes. It rests the feet, cures Corns, Bunions, Swollen Sore Feet, Gout, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

### Fishing.

Harper's Weekly: First Fisherman—How long did it take you to catch all those fish?  
Second Fisherman—Three flasks.

Two bottles of Piso's Cure for Consumption cured me of a terrible cough.—Fred Hermann, 200 Box avenue, Buffalo, N. Y., Sent 24, 1901.

### Sympathy.

Chicago News: Tinklerhacker (the distinguished virtuoso)—My music is always moving.  
Miss Dobby—So's ours. The installment man is always getting our piano.

Dr. David Kennedy's Favorite Remedy cured my wife of a terrible disease. With pleasure I send you the marvelous efficacy. J. Sweet Albany, N. Y.

A great irrigation project involving an expenditure of about \$25,000,000 has been authorized by the secretary of state for India.



**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *Dr. J. C. Williams*

If afflicted with Thompson's Eye Water sore Eyes, use