

DOCTOR ENSOR SUPT. SOUTH CAROLINA STATE INSTITUTION

Endorses the Catarrhal Tonic Pe-ru-na—A Congressman's Letter.

Dr. J. F. Ensor, Postmaster of Columbia, S. C., late Superintendent and Physician in charge of State Insane Asylum at Columbia, S. C., writes:

"After using your Peruna myself for a short period, and my family having used and are now using the same with good results, and upon the information of others who have been benefited by it as a cure for catarrh and an invigorating tonic, I can cheerfully recommend it to all persons requiring so effective a remedy."—Dr. J. F. Ensor.

Hon. C. W. Butts, ex-Member of Congress from North Dakota, in a letter from Washington, D. C., says:

"That Peruna is not only a vigorous, as well as an effective tonic, but also a cure of catarrh is beyond controversy. It is already established by its use by the thousands who have been benefited by it. I cannot too highly express my appreciation of its excellence."—C. W. Butts.

Dr. R. Robbins, Muskogee, I. T., writes: "Peruna is the best medicine I know of for coughs and to strengthen a weak stomach and to give appetite. Beside prescribing it for catarrh, I have ordered it for weak and debilitated people, and have not had a patient but said it helped him. It is an excellent medicine and it fits so many cases."

"I have a large practice and have a chance to prescribe your Peruna. I hope you may live long to do good to the sick and suffering."

Only the weak need a tonic. People are never weak except from some good cause. One of the obscure causes of weakness and the one often overlooked is catarrh.

Catarrh inflames the mucous membrane and causes the blood plasma to escape through the mucous membrane in the form of mucus. This discharge of mucus is the same as the loss of blood. It produces weakness.

Peruna stops the catarrh and prevents



the discharge of mucus. This is why Peruna is called a tonic. Peruna does not give strength by stimulating the nervous system a little.

It gives strength by preserving the mucous membranes against leakage.

It gives strength by converting the blood fluids and preventing their draining away in mucous discharges.

Constant spitting, and blowing the nose will finally produce extreme weakness from the loss of mucus.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Has a Sure Agree Cure.

Kansas Man Declares Sudden Immersion in Icy Water Was Too Much for the Chills in His Case—Has Hard Work Getting Others to Do Likewise.

Jonathan King, the "gobbler hunter" of the Ozarks, has a sure-pop cure for "ager." In a region of the mountains where the chills prevail lives the old man, who won his sobriquet, "gobbler hunter," because of his prowess in killing wild turkeys. He is a man that is looked up to in his neighborhood. He owns a good farm and his heart is as tender as his outside appearance is rough. The poor mountaineers round about know of this goodness of heart as do no others. His corn crib is open to them if the winter is long and cold, and his kindness to the hands on his farm is well known to all.

But the thing that most distinguishes Mr. King is his tried and true remedy for the "ager." He never tires of telling his shaking friends about it and never ceases to urge them to get up the courage to try it once, just once, and he assures them, they will never have the "shakes" again. He tells of his own experiences with the remarkable remedy in this fashion:

"It was in the year of '76. Me and my wife and ten of the children were a shakin' to beat all, the whole summer and fall. Long toward Thanksgiving the rest of 'em quit, but I kept on eatin' calomel and quinine and shinnidene and a shakin' my clothes to tatters every other day. I was about wore to a shadder, when one

day a feller in a billed shirt come along and says:

"Why don't you scare 'em off?—meanin' the chills. 'Jump in the river and drown 'em!' says he. Then he rode on, a-laughin' at his own joke. But the thought stayed with me. The very next day I had another shake."

"Sometimes they do double up on a feller and come every day, and it made me tearin' mad. I was tryin' to pull corn when it come on. I was already so weak I could hardly holler to the mules, and the chill made me feel too measly mean to live. I was ready to do anything to get rid of that pesky ager. I was jest despr'it. Leavin' the team a-standin' in the field, I made a beeline for the river. When I got to it I didn't stop to think whether I wanted to jump in or not. I jest jumped without carin'. I was already froze, and the water was icy and powerful cold, and the shock like to a-busted me, I'll own, but I gritted my teeth so hard they couldn't chatter and soused myself clean under several times. Then I crawled out, drippin' like a drowned rat, and lit out fer the house to change my clo'es, and then I found that the chill was plumb gone. Yes, sir, plumb gone. And as sure as I live I hain't had the ager since. It's the only sure cure I've ever known of fer the shakes, and, like many other great discoveries, it was found out by accident."

Each Had the Wrong Bottle.

How Thompkins' Hair Restorer Cured His Wife's Cough, While Her Remedy Started the Hair Growing on His Bald Pate—The Hired Girl's Part.

Here's a story John W. Gates tells: "Did you hear about Thompkins and his wife? No? Well, Thompkins' wife had a cough, so she told him to get her a bottle of cough medicine. When he was buying it the druggist remarked incidentally that he had some of the best hair restorer that ever gladdened the head of a baldheaded man. Thompkins is baldheaded, but he pretended he didn't hear. He bought a cigar and talked politics with two or three of the boys for a while and just before he left for home he said kind of carelessly to the druggist:

"Say, old man, got any stuff that's good for the hair—make it—er—sort of grow, you know?"

"Oh, yes," said the druggist. "Well," said Thompkins, "guess I'll take a bottle. My brother-in-law is a regular dude and likes such things."

The two bottles were about the same size, but that wasn't the druggist's fault. Thompkins opened them both when he got home. That night after he had undressed he happened to think that it might be a good thing to try a little of the hair restorer. In the dark he got hold of his wife's cough medicine and he plastered it

all over his bald head. It was good and sticky and it hung right on. Mrs. Thompkins had a violent fit of coughing during the night and in feeling around the closet for her medicine got hold of the hair restorer. She took a big dose and then hollered:

"Fire!"

Thompkins awoke with a yell. There had been a little slit in the pillow case and he had rolled around with his sticky head until he had made a great hole in the case and had all the feathers worth mentioning flaring out from his cranium so that he looked like the banshee in an Irish folklore tale. He came rushing to Mrs. Thompkins' assistance. She thought it was the evil one taking a half-holiday and again hollered, this time louder than ever:

"Fire! Police! Fire!"

The hired girl ran out into the night with nothing on but a sweater and a pair of rubber boots and turned in a general alarm. It cost Thompkins \$16.50 to make it all right with the firemen, but he says the experience was cheap at the price, as the cough mixture started his hair growing again. Incidentally his wife's cough has disappeared.

Gives a Pretty Liberal Receipt.

"Self-Made Merchant" Tells His Son a Few Things That Lead to Success—"Get Up with Determination If You Want to Go to Bed with Satisfaction."

You've got to believe that the Lord made the first hog with the Graham brand burned in the skin, and that the drove which rushed down a steep place was packed by a competitor. You've got to know your goods from A to Z, and from snout to tail, on the hoof and in the can. You've got to know 'em like a young mother knows baby talk, and to be as proud of 'em as the young father of a twelve-pound boy, without really thinking that you're stretching it four pounds. You've got to believe in yourself and make your buyers take stock in you at par and accrued interest. You've got to have the scent of a bloodhound for an order, and the grip of a bulldog on a customer. You've got to feel the same personal solicitude over a bill

of goods that strays off to a competitor as a parson over a backslider, and hold special services to bring it back into the fold. You've got to get up every morning with determination if you're going to go to bed with satisfaction. You've got to eat hog, think hog, dream hog—in short, go the whole hog if you're going to win out in the pork-packing business.

That's a pretty liberal receipt, I know, but it's intended for a fellow who wants to make a good-sized pie. And the only thing you ever find in pastry that you don't put in yourself is flies.—From "Letters from a Self-Made Merchant to His Son," by George Horace Lorimer. By permission of Small, Maynard & Co., Publishers, Boston, Mass.

FORGOT HIS WEDDING DAY.

Busy Wall Street Man Makes a Dash for Chicago One Day Late.

"We hear a good deal about the busy men of New York," said one of them, "but I have a friend in Wall Street who has broken the record."

"I was in his apartment a few nights ago after the theater, and he was chat'ing with me about the deals of the day, and as he chatted he was running over a bundle of memoranda. All at once he stopped as if he had been shot."

"Great Scott!" he exclaimed, "I'm to be married to-morrow to a woman in Chicago, and I had forgotten the date completely. Say, old man, come with me and help me to pack up. Of course, I can't make it now to save my life, even if I hired a special engine and car, for the wedding is set for to-morrow morning at 10 o'clock!"

"While he began pitching his things into his trunk I wrote out a message to his sweetheart and hurried it to the telegraph office. My friend left on the first train out and after his arrival in Chicago he wired back:

"It's all right. She has the measles."—New York Sun.

TOO MUCH FOR SENATOR CLARK.

He Realized Excessive Business Cares Would Shorten Life.

The troubles of the rich received a forcible illustration in a recent conversation between Senator Clark of Montana, and one of his friends. The Senator said he had once received from an English syndicate an offer of \$80,000,000 for his mining property.

"Why didn't you take it?" asked his friend.

"I want to live a little longer," was the ambiguous answer.

"What do you mean?"

"Well," said the Senator, slowly, "it may seem strange to you, but if I had sold out for \$80,000,000 I wouldn't be alive to-day. I firmly believe. Just think what it means to invest \$80,000,000! All the work and worry suffered by all mankind since the death of Adam would not be equal to the work and worry involved in trying to invest that amount and invest it right. No, sir; I want to live, and I declined the job. I'm too old for work like that."—New York Times.

Why Women's Teeth Decay.
A philosopher declares that the reason why women's teeth decay sooner than men's is because of the friction of the tongue and the sweetness of the lips.

Odd English Land Tenure.

At Broughton, near Brigg, in Lincolnshire, England, some lands are held by the following tenure: Every year on Palm Sunday a person from Broughton enters the church porch at Caister having a green silk purse containing two shillings and a penny, tied up at the end of a cart whip, which he cracks three times on the porch, and stays there until the second lesson begins. Then he enters the church and cracks the whip again, finally depositing the purse and contents.

American "Centenarians."

The United States census for 1900 finds 3,536 persons in the United States who are 100 or more years of age. The value of these figures may be questioned, and perhaps may be best estimated by the fact that 72.8 per cent of the whole number are negroes, many of whom have no reliable evidence as to the date of their birth. They are but 11 per cent of the total population. It seems improbable, too, that this country should have over 3,500 when Germany, with a population of nearly 35,000,000, has only 778, and England, with 32,000,000, only 146, and France, with 40,000,000, has only 213.

Fencing for Parish Shop Girls.

The latest development of the scheme for providing rational and healthy exercise for Paris working girls—dressmakers, milliners and others—is a class for fencing. After singing, dancing and declamation, "Mimi Pinson" is now being taught to handle the foils, and a few nights ago, at an exhibition at the Conservatoire Populaire, the young women showed that they could thrust and parry in quite remarkable fashion. The one thing that annoys them is that they are compelled to hide their pretty faces behind unprepossessing masks, but this, in the opinion of the fencing mistress, is a small drawback compared with the splendid results of the vigorous exercise upon girls who are imprisoned all day in stuffy shops and ill-ventilated workrooms.

Those versed in Woodcraft can tell a dogwood tree by its bark.

Sometimes when a man gets rich, his wife's extravagance runs to health resorts and operations instead of fine clothes.

Laundering the Baby's Clothes.

Many mothers are ignorant of the serious injury that may result from washing the clothing of an infant with strong washing powders and impure soap. For this reason it should be laundered at home under the mother's directions and only Ivory soap used. To throw the little garments into the ordinary wash shows great carelessness.—E. R. Parker.

Many a spinster is sorry she learned to say "no."

Car Magnate Can't Stand Cars.

P. A. B. Widener, who owns and operates thousands of miles of street railways in a score of American cities, never rides in a trolley car when he can avoid it. For some reason the motion of an electric car nauseates him and produces the same disastrous effect as a sea-voyage on the average trans-Atlantic liner.

Catholic Priests Become Elks.

What is thought to have been the first initiation of Catholic priests into the order of Elks has taken place in New York. Rev. William H. J. Reany, chaplain, U. S. N., and Rev. James Byrne, who has a Staten Island parish, have joined the secret society which is favored especially by theatrical people. There has never been any opposition on the part of the church to the laity joining the Elks, which is regarded in the light of a fraternal society, and it is well known that thousands of Catholic throughout the country are members of the order, but this is the first instance, as far as known, where priests have become members.

Curious Productions of Nature.

There are to be seen at present in the Selkirk mountains, in British Columbia, some curious natural productions of the winter season, in the form of gigantic snow mushrooms nine feet in diameter, and consequently twenty-seven feet around. They have quite the appearance of the ordinary mushroom, and are formed by the wind driving the sticky or half-melted snow round in a circle, until it assumes this form. The mushrooms do not often attain a greater size than that mentioned; they melt or break under the weight of the overhanging table and the shape is spoilt.

A LAST RESORT.

Pure Food Should Be the First.

When the human machine goes wrong it's ten to one that the trouble began with the stomach and can therefore be removed by the use of proper food. A lady well known in Bristol, Ontario County, N. Y., tells of the experience she had curing her only child by the use of scientific food: "My little daughter, the only child and for that reason doubly dear, inherited nervous dyspepsia. We tried all kinds of remedies and soft foods. At last, when patience was about exhausted and the child's condition had grown so bad the whole family was aroused, we tried Grape-Nuts."

A friend recommended the food as one which her own delicate children had grown strong upon so I purchased a box—as a last resort. In a very short time a marked change in both health and disposition was seen. What made our case easy was that she liked it at once and its crisp, nutty flavor has made it an immediate favorite with the most fastidious in our family.

"It's use seems to be thoroughly established in western New York where many friends use it regularly. I have noticed its fine effects upon the intellects as well as the bodies of those who use it. We owe it much." Name given by Postum Co., Battle Creek, Mich.



Mrs. Tupman, a prominent lady of Richmond, Va., a great sufferer with woman's troubles, tells how she was cured.

"For some years I suffered with backache, severe bearing-down pains, leucorrhoea, and falling of the womb. I tried many remedies, but nothing gave any positive relief."

"I commenced taking Lydia E. Pinkham's Vegetable Compound in June, 1901. When I had taken the first half bottle, I felt a vast improvement, and have now taken ten bottles with the result that I feel like a new woman. When I commenced taking the Vegetable Compound I felt all worn out and was fast approaching complete nervous collapse. I weighed only 98 pounds. Now I weigh 109½ pounds and am improving every day. I gladly testify to the benefits received."—Mrs. R. C. TUPMAN, 423 West 30th St., Richmond, Va.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

When a medicine has been successful in more than a million cases, is it justice to yourself to say, without trying it, "I do not believe it would help me?" Surely you cannot wish to remain weak and sick.

Mrs. Pinkham, whose address is Lynn, Mass., will answer cheerfully and without cost all letters addressed to her by sick women. Perhaps she has just the knowledge that will help your case—try her to-day—it costs nothing.



April 1st. TUESDAYS May 5th & 19th. June 2nd & 16th

To certain points in Southwest Missouri, Kansas, Oklahoma, Texas, Arkansas, etc., at very low rates. Tickets limited to 21 days for the round trip. Stop-overs allowed on the going journey within transit limit of 15 days. For further information call on or address any agent of the company, or Thomas F. Godfrey, Pass. & Ticket Agt.

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will be paid for any Maple axle, Elm or poor birch hub found in any "NEW TIFFIN" wagon that has ever been sent from our factory. INSIST upon your dealer handling this great wagon. They run easiest and last the longest. If he will not handle them write to THE TIFFIN WAGON CO., TIFFIN, OHIO, and they will refer you to a dealer who will sell you one.

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