PUBLISHED EVERY THURSDAY BY
HE FRONTIER PRINTING OOMPANY

OFFICIAL PAPRR OF

the government
ments. By an act of the legisla.
ture these two states are opposed
to the government in its efforts to
put down rebellion in its colonies put down rebellion in its colonies
and therefore put themselves in a
way to merit very little aid from the way to merit very little aid from the
government. Besides an appropriation is asked to sid the St. Louis
fair.
The impatient people that are tirading the legislature because it
has not come to a focus on the senatorial matter will do well to possess their souls in patience. The
selection of two United States sena tors is an important matter tha
shou!d not be rushed through hur should not be rushed through har
riedly. The history of the present
session indicates that who were
go to the senate was not cut an
dried b
gether.
Inter Ocean: The young man's
chance in this country today is bet chance in this country today is bet-
ter than ever before in the history of the world. There are, in fact
more good opportunities now than there are young men fit to seize them, though fit young men are by
no meanse scarce. There is abso lutely no excuse for the pessimists who declare that the young man is, by the new commercial conditions,
denied a place in the world's work, denied a place in absolutely no excuse for the young man
the struggle.

Boston Journal: An English trade review pays an eloquent tribute to one of the salient features
McKinley tariff when it warns Welch tin plate manufacturers that they "may shortly find American as in others in Great Britain, and it was only a few short years ago the
Journal's free trade contemporaries were vociferously assuring their
never coald be produced in America-that American tin plate mills were al "myths."
Followed by the proper mark of
punctuation, an exchange exclaims "The principal one of the hazers really the torturers-at West Point
the one who appointed the fighters, the one who appointed the fighters,
is also president of the West Point Yonng Men's Christian association!' If anything ever occurred in the life
of the One from whose name this of the One from whose name this
great society of men pretends to derive its calling that corresponded
with the barbaric work at West with the barbaric work at West
Point it is not recorded in Holy writ. Tragic mockery.
Hastings Tribune: William Jennings Bryan, the so-called hater of
trusts and monoplies, has practically trusts and monoplies, has practically
joined the band himself as it were, for he has placed the circulation of his paper "The Commoner" in the
control of the biggest news trust in the country, The Westren News company. It's all right for Mr. Bryan
to get on top of $\boldsymbol{\pi}$ political stamp

and shout: "Down with the
trusts," ratil he is black in the face but when he does this he should be more discrete than to practically be-
come one of them at the very first opcome one of them at the very
portunity that presents itself.
 for the minister to stop long endmga
to explain that this commandment
simply means that you must not hold up a man at the point of a gun
and pick his pockets or that a poor
euss should not take a ham from ouss should not take a ham in the
his neighbors smoke house ing
night to feed a starving family and to further explain that an organized raid for the filehing of millions of
dollars from the poeckets of all the
peat doliars fromathe poekets of ail
people is Christlike and strietly
cording to the gospel of Hanna. On the same line of argument the
esteemed Independent should have added that the law spoken from Sinai did not refer to populist charge on county printing, overlap charge on county printing, overlap
contracts, connive with connty easurers to blot out judgments head off an appeal to higher cour


## HINTS IT $\begin{aligned} & \text { ToTHE } \\ & \text { cook }\end{aligned}$

(Contributed)
Grans, as commonly served, after ten or twenty minates cooking, with
the addition of large quantities of the addition of large quantities of rise to fermentation in the stomach
leading to dilation of that organ and leading to dilation of that organ and
the train of evils which follow. The starch of the grain, not being suffic-
ently cooked, ferments easily, and If grains are to ase thats work. If grains are to be served for
beakfast they should be cooked the breakfast they should be cooked the
day before. I know of no grains day before. I know of no grains
on the market which should be on the market which should be
served with less than an hour's cooking. You may read on the package, "Can be cooked in five
minutes," but they are little or no minutes," but they are little or
The ordinary grain preparation may be cooked in the inner cup of
double boiler, in a kettle on the back of the stove, where they will not burn, or in a pudding pan in the
oven; in the two latter ceses they
will need to be replenished with will need to be replenished with
water and stirred occasionally. If
they are coosked in granite vessels they are cooked in granite vessels
they may be set away in a cool place
in the vessel in which they are in the vessel in which they are
cooked. If iron- or tinware is used cooked. If iron- or tinware is used
they should be emptied into an earthen vessel. They may be heated for breakfast by setting the ve
containing the preparation in containing the preparati
kettle or pan of hot water.
Oatmeal should be cooked nd a half hours; wheatling, Ralson breakfast food, et
hours; rolled wheat
hours cooking; cracked whest, from
one hour; cornmeal mush, seven
in an iron kettle nest to the fir
three to four hours.
Breakfast porridges should alway
equires mastication, such as graham
whole wheat or oatmeal crackers, or
"zwieback." The last mentioned
may be made by putting slices o
light bread-white or graham-int
there until a delicate brown clear
through. They will be crisp and
palitable if made from good bread
Poor bread makes poor "zwieback."
Sioux City Times: Mr. Bryan
also thinks he knows what Prince
sn't likely to try the prescription,
however, having no inchuation to
take chances of winding up his ca-
reer as the oditor of a weekly

## OLD ON LIFE.

Man Walks Twenty MHlos,
Bratin Protraung. a case of remarkable vitality parallel
to that recorded in a letter from a sol-

dier in the Transvaal which is engag| ing |
| :--- |
| nal |

"Ye
proof of the we had another wonderfilul
proof of the remarkable endurance and
vitaility of savage races. It is not very
nice tamily reading, but 1 must tell it
to you, as it seems to be such a really
marvolous instance of endurance. Yes-
merday morning a Kaffir was admitted
into our lines with his head lacerated
most terribly. He actually walked into
blessed minute. He shouted 'Vic tory' and
So said the excited lady from Kansas, as she routed from his
conch the manager of the joint smashing aggregation as they wer
stopping at Des Moinns the other stopping at Des Moinrs the other
night. Sane people will think thi message is from the devil. The
methods of Mrs. Nation will never enlist the efforts of more than a few hysterlcal people. The strongest gusted with such work and any body inclined to be friendly to th temperance movement would be driven to drink. The woman has an
idea that she is being lead by the divine hand, but if the Lord wanted to close the doors of Americes's
saloons no more effectual way of keeping them open could be employed than by turning a temper
ance crank loose with a hatehet.
It disgnats It disgusts temperance people greater injury to the cause advo greater injury to the cas.
eated than to the saloon.

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## 

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