SISTERS OF GOOD SHEPHERD

Use Pe-ru-na for Coughs, Colds, Grippe and Catarrh—A Congressman's Letter.

IN every county of the civilized world the Sisters of the Good Shepherd are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

With so many children to take care of and to protect from climate and disease, these wise and prudent Sisters have found Peruna a never-failing safeguard.

Columbus, O., July 10, 1900.

The Peruna Medicine Co., City:

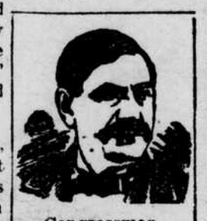
Gentlemen—"A number of years ago our attention was called to Dr. Hartman's Peruna, and since then we have used it with wonderful results for grip, coughs, colds, and catarrhal diseases of the head and stomach.

"For grip and winter catarrh especially it has been of great service to the inmates of this institution."—Sisters of the Good Shepherd.

The following letter is from Congressman Meekison, of Napoleon, Ohio:

The Peruna Med[illegible]

Gentlemen—I have used several bottles of Peruna and feel greatly benefited thereby from my catarrh of the head, and feel encouraged to believe that its continued use will fully eradicate a disease of thirty years' standing. — David Meekison.



Congressman Meekison.

Dr. Hartman, one of the best known physicians and surgeons in the United States, was the first man to formulate Pe-ru-na. It was through his genius and perseverance that it was introduced to the medical profession of this country. Send to the Pe-ru-na Drug Manufacturing Company, Columbus, Ohio, for a free book written by Dr. Hartman.

Use Magnetic Starch—it has no equal.

Dr. Bull's COUGH SYRUP

Cures a Cough or Cold at once.

Conquers Croup, Whooping-Cough, Bronchitis, Grippe and Consumption. Quick, sure results. Dr. Bull's Pills cure Constipation. 50 pills 10c.

If afflicted with sore eyes, use **Thompson's Eye Water.**

For Top Prices Ship Your GAME AND POULTRY To Headquarters G. W. Ecken & Company. Butter, Eggs, Veal, Hides and Furs. Potatoes, Onions in Carload Lots. Omaha, Nebraska.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 DAYS' treatment FREE. DR. H. H. GREEN'S SONS, Box E, Atlanta, Ga.

THE MOST LIVE CHICKS from a tray full of eggs. That's what you want and that's what you get with the **Sure Hatch Incubator.** Thousands in use. Send for handsome free catalogue containing 100 poultry raising views. Sure Hatch Incubator Co., Clay Center, Neb.

Catholic Agents OUTFIT FREE

WANTED—Men or Women, Town or Country. SOMETHING NEW. Write a once. Address C. P. & L. CO., Caxton Bldg., Chicago, Ill.

FREE ELECTRIC BELT OFFER

WITH TEN DAY'S FREE WEARING TRIAL in your own home, we furnish the genuine and only HEIDELBERG ALTERNATING CURRENT ELECTRIC BELTS to any reader of this paper. No money in advance; very low cost; positive guarantee. COSTS ALMOST NOTHING compared with most all other treatments. Cures when all other electric belts, appliances and remedies fail. QUICK CURE for more than 50 ailments. ONLY SURE CURE for all nervous diseases, weaknesses and disorders. For complete sealed confidential catalogue, cut this ad out and mail to us. SEARS, ROEBUCK & CO., Chicago.

A TOUR OF THE WORLD BY YOUR OWN FIRESIDE

The Stoddard Illustrated Lectures & Ten Superb Volumes & 4,000 Views.

This work has had an enormous sale; sold on easy payments.

Geo. L. Shuman & Co. 315 Dearborn Street Chicago

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED

160 ACRE FARMS IN WESTERN CANADA FREE

If you take up your homes in Western Canada, the land of plenty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to M. V. Bennett, 801 N. Y. Life Bldg., Omaha, Neb.

W. N. U.—OMAHA. No. 1—1901

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

Ambition is often but another name for happiness, work and disappointment.

C. H. Crabtree, Des Moines, Iowa, will on reques explain all about the Gladiator Gold-Mining company; extremely interesting; write me.

It is not what we are but what people think we are that counts in this life.

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. Grove's signature is on the box. 25c.

That the only good Indians are dead Indians, does not apply to the Indian only.

$148 will buy new Upright piano on easy payments. Write for catalogues. Schmoller & Mueller, 1313 Farnam street, Omaha.

Keep your bedroom window open all night.

Education is composed of little things.

Garfield Tea has permanently cured countless cases of chronic constipation, and many diseases arising from a clogged system; it cleanses the system and purifies the blood.

Hit a block with a club and it's shinny; hit a head and its felony.

A vigorous growth and the original color given to the hair by PARKER'S HAIR BALSAM.

HINDERCORNS, the best cure for corns. 15cts.

Watch the three D's—drinking water damp, and drains.

LOSS OF MEMORY

is often derived from an unlooked for source—the Kidneys. Odorous urine or that which scalds or stains is an infallible proof that you are progressing towards Bright's Disease or one of the other forms of Kidney Trouble all of which are fatal if permitted to grow worse.

$50 reward will be paid for a case of backache, nervousness, sleeplessness, weakness, loss of vitality, incipient kidney, bladder and urinary disorders, that cannot be cured by MORROW'S

KID-NE-OIDS

the great scientific discovery for shattered nerves and thin impoverished blood.

NEBRASKA AND IOWA people cured by Kid-ne-oids. In writing them please enclose stamped addressed envelope.

Mrs. Lilly Pratt, 1010 U St., Lincoln, Neb.
Mrs. Robt. Henderson, W. Market St., Beatrice, Neb.
Mr. H. L. Small, 1810 Ohio St., Omaha, Neb.
William Zimmerman, 2315 White St., Dubuque.
Frank Rand, 2nd St., East Dubuque.
Mrs. Emma Hancock, 326 15th St., Dubuque.
N. D. Nagle, 815 Iowa St., Dubuque.

Morrow's Kid-ne-oids are not pills, but Yellow Tablets and sell at fifty cents a box at drug stores.

JOHN MORROW & CO., CHEMISTS, Springfield, O.

FARM AND GARDEN

MATTERS OF INTEREST TO AGRICULTURISTS.

Some Up-to-Date Hints About Cultivation of the Soil and Yields Thereof—Horticulture, Viticulture and Floriculture.

Effect of Lime on Acid Soils.

At the Rhode Island College of Agriculture tests were made to ascertain the value of lime on acid soils. Some of the results were as follows:

HEMP.

The growth of this plant is decidedly helped by liming.

BARLEY. (From Germany.)

The following is a record of the weights of total crop taken immediately upon cutting:

	Pounds.
Unlimed sulphate of ammonia plot	0.20
Limed sulphate of ammonia plot	0.25
Unlimed nitrate of soda plot	0.10
Limed nitrate of soda plot	0.95

	Pounds.
Unlimed sulphate of ammonia plot	2.00
Limed sulphate of ammonia plot	7.75
Unlimed nitrate of soda plot	4.75
Limed nitrate of soda plot	12.30

BARLEY. (Mansbury.)

	Pounds.
Unlimed sulphate of ammonia plot	0.65
Limed sulphate of ammonia plot	6.50
Unlimed nitrate of soda plot	2.55
Limed nitrate of soda plot	7.50

The experimenter says: "Regardless of the fact that a long interval of time had now elapsed since lime was applied, the limed plots, as in former years, gave, in every instance, greater returns than the unlimed ones. Nitrogen in nitrate of soda proved decidedly superior to nitrogen in sulphate of ammonia."

OATS.

The trial of oats was made for the purpose of ascertaining if benefit from lime would be still noticeable several years after its application. The oats were cut at maturity and weighed immediately without drying. The results follow:

	Pounds.
Unlimed sulphate of ammonia plot	10.25
Limed sulphate of ammonia plot	13.25
Unlimed nitrate of soda plot	12.00
Limed nitrate of soda plot	15.25

SPRING RYE.

	Pounds.
Unlimed sulphate of ammonia plot	2.20
Limed sulphate of ammonia plot	1.35
Unlimed nitrate of soda plot	2.05
Limed nitrate of soda plot	2.45

The results indicate no benefit from lime upon the sulphate of ammonia plots, and the good growth upon the unlimed one is in harmony with previous observations, which go to show that spring rye can withstand acid conditions exceptionally well.

COW-PEA. (Whippoorwill.)

The experimenter says: Certain legumes, such as clover and alfalfa, are almost failures upon our acid soil unless lime is employed. Others, such as Serradella and the Lupines, have invariably been injured by liming, at least at an interval of a year or two after its application. The soy (soja) bean has been found to be admirably adapted to our acid soil, and, owing to the great promise of the cow-pea, especially for use as green manure, it has been thought best to test it in this particular. The following weights are those of undried material:

	Pounds.
Unlimed sulphate of ammonia plot	73.0
Limed sulphate of ammonia plot	61.0
Unlimed nitrate of soda plot	69.5
Limed nitrate of soda plot	55.5

It will be seen that lime proved injurious in connection with nitrate of soda and with sulphate of ammonia. In fact, the greatest yield was obtained upon the unlimed sulphate of ammonia plot where beets, lettuce, spinach and asparagus cannot exist. Next in order is the yield from the other unlimited plot, which from its manurial treatment is naturally less acid than the unlimed sulphate of ammonia plot. Of the two limed plots, that which is most acid gave a greater yield than the other. These results show the great adaptability of the cow-pea to acid soil.

The Evils of Free Seed Distribution.

In his annual report the secretary of agriculture states that in carrying out the mandates of congress in the line of free seed distribution, the department will exercise greater care than ever before to secure a high standard of purity and germination that will place these seeds above the reproach that they were old or inferior stock that had been palmed off on the government by unscrupulous seed dealers. The secretary also says: "There is, however, another improvement which I propose to inaugurate in the congressional distribution. The department has maintained for some years past a trial ground, in which it has made comparative tests of the standard varieties of vegetables, and also of many of the novelties which are placed on the market by American seedsmen. These experiments have shown that each year there are offered new varieties of established superiority, which the department without difficulty can secure and distribute. By proper handling, these novelties can be purchased at prices little if at all higher than those of the common varieties heretofore included in the congressional distribution. Furthermore, it will be remembered that three years ago, with the permission of congress, I set apart from the seed appropriation a fund to be devoted to the introduction of new and valuable seeds and plants from foreign countries. The plants thus introduced have been tested by the various state experiment stations, by properly qualified private experimenters, and by the department itself, most of our own experiments having been conducted on the Potomoc Flats testing grounds, placed at our disposal two years ago by authority of congress and by permission of the secretary of war.

Several plants thus introduced have, as heretofore reported, demonstrated their capacity of increasing the agricultural products of our country by millions of dollars annually. Some of these seeds should be very widely distributed. It should, therefore, be the policy of the department to introduce into the congressional seed distribution new varieties of established superiority developed in the United States or imported from foreign countries, to distribute these varieties for one or more years until they have been sufficiently brought to the attention of the people, and then to discontinue their distribution, leaving the demand thus created to be supplied through the ordinary commercial channels. In this way the department will be enabled to carry out the original intent of the seed-distribution law, will furnish seeds of the highest character, and will avoid the evil of competition with the regular seed trade.

Horticultural Observations.

It is said that the United States Department of Agriculture has received information of the existence of some new plants, which, it is hoped, may be added to those we now have. One is a cabbage now raised in Australia and New Zealand. It is said to stand drouth remarkably well and to be insect-resisting. Another plant is an African cucumber. It is said to be orange in color, about six inches long and spiny. The fruit is said to be good to eat, though the plant is grown mostly as an ornament. This was once true of our common tomato. A third plant exists in Java and is known as the podded radish. The pods are long, crisp and of good flavor and grow in great abundance.

* * *

The number of commercial cranberry growers in the United States is over 2,000. The states most largely interested in the growing of this berry are Maine, Massachusetts, Rhode Island, Connecticut, New York, New Jersey, Michigan, Wisconsin, Minnesota, Oregon. Cranberries keep their high price year after year and the demand for them constantly widens. There are many bogs in our western states that might be utilized for the production of cranberries. The difficulty here seems to be that the growing of cranberries had a boom once and the boom collapsed, leaving a lot of bad records behind. With proper caution there is no more chance for failure in growing cranberries than anything else.

Eggs of Common Squash Bug.

The accompanying illustration shows the eggs of the common squash bug. They are shining and dark coppery or bronzy in appearance. When first laid they are whitish, but change in color. They are flattened on three sides and when viewed from the ends are triangular. Egg masses are deposited usually on the lower surface of a leaf, but very often also on the upper surface and on the stems. The nymph makes its escape by forcing a hole through one end of the egg, as shown at "b" of the illustration.

—Egg of *Anasa tristis*: *a*, from below, showing point of attachment; *b*, from side, showing place of escape of nymph; *c*, sculpture of egg; *d*, egg cluster—*a*, *b*, about five times natural size; *d*, one-fourth enlarged; *c*, greatly enlarged (original).

Peculiarities of California Products.

A report from the Agricultural Experiment Station of California states that analyses show that the protein content (flesh-forming ingredients) is uniformly higher in eastern vegetables than that yielded by the California product, and the same is true regarding the flours of that state, which contain more starch than eastern flours, the fat percentage of both being about equal.

The report also states that California apples from high elevations contain at least four or five per cent more sugar than eastern apples, and even the valley apples have two to three per cent more sugar than European apples. The American Pippin, from Amador county, grown at an elevation of 5,000 feet, showed the maximum sugar content, viz., 15.85, and with this the highest amount of acid in the juice 55 per cent. The yellow Newton Pippin grown in the same county ranked next, with 13.51 per cent of sugar, and a high acid content.

Analyses of the pine nut (pignon) of California and comparison with other nuts, shows that it is exceedingly rich in albuminoids containing nearly twice as much of this nutrient as the ordinary walnut, over 50 per cent more than that yielded by the almond, and nearly 25 per cent in excess of the protein content of peanuts and cheese. It rates lower in fat than the walnut and the almond, but higher than either peanuts, or cheese. The pine nut retails for 30 cents per pound and is largely used by candy manufacturers.

Potatoes grow best on deep, warm loams. The heavy clays and weak, sandy soils are more unsuited to their growth, though with plenty of manure the last named may give good crops. Peaty soils produce very good tubers.

After a long time, drains sometimes get out of place through some subsidence of the ground. If not attended to the injury slowly increases and at last an extremely damp state of ground is produced.

For starching fine linen use Magnetic Starch.

Some people think it is better to have loved and lost than never to have lost at all.

A HIGH MARK.

The New York Almanac for 1901, issued by Chas. H. Fletcher of New York City, has set a high mark for similar publications during the new century, and shows remarkable enterprise on the part of the publisher when we consider that it is intended solely for free distribution. The numerous publications of this character are usually gotten up with the single idea of cheapness, while the thought of expense has certainly been set aside in the case of the New York Almanac.

The artistic colorings of the cover, the accuracy of its calendars and its fund of information all go to make it well worthy of perusal and preservation. It has innumerable hints for mothers as to the care of children. A unique page is the "Baby's Record" page, which is in blank, to be filled in with baby's name, date of birth, cut first tooth, etc.

The whole is a very creditable piece of work and may be procured at any drug store or direct on request, free.

Taxes are like hurdles, you fall on them if you can't jump them.

Don't Get Footsore! Get FOOT-EASE.

A certain cure for Swollen, Smarting, Burning, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder. Cures Frost-bites and Chilblains. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N. Y.

How weary the shoulders of these self-thought Atlases must be?

Magnetic Starch is the very best laundry starch in the world.

When a sure-thing man takes another in out of the rain it is apt to be a questionable transaction.

How's This?

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

West & Truax, Wholesale Druggists, Toledo, O.; Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, Ohio.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all druggists.

Hall's Family Pills are the best.

Before the bud becomes a rose it must arise.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs.—WM. O. ENDSLEY, Vanburen, Ind., Feb. 10, 1900.

In Prussia an income tax is levied on all whose income exceeds $225 a year.

If you have never used Garfield Tea, the original herb medicine, send to the Garfield Tea Co., Brooklyn, N. Y., for FREE SAMPLE. Garfield Tea cures.

An old bachelor says that a widow will jump at an offer of marriage quicker than she will at a mouse.

Dyspepsia is the bane of the human system. Protect yourself against its ravages by the use of Beeman's Pepsin Gum.

Do not have your bedstead against the wall.

THE CHANGE OF LIFE

Is the most important period in a woman's existence. Owing to modern methods of living, not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms.

Those dreadful hot flashes, sending the blood surging to the heart until it seems ready to burst, and the faint feeling that follows, sometimes with chills, as if the heart were going to stop for good, are symptoms of a dangerous, nervous trouble. Those hot flashes are just so many calls from nature for help. The nerves are crying out for assistance. The cry should be heeded in time. Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life.

MRS. JENNIE NOBLE.

It builds up the weakened nervous system, and enables a woman to pass that grand change triumphantly.

"I was a very sick woman, caused by Change of Life. I suffered with hot flushes, and fainting spells. I was afraid to go on the street, my head and back troubled me so. I was entirely cured by Lydia E. Pinkham's Vegetable Compound."—MRS. JENNIE NOBLE, 5010 Keyser St., Germantown, Pa.

OMAHA & ST. LOUIS R.R. AND WABASH RR

WINTER TOURIST RATES.

SPECIAL Tours to Florida, Key West, Cuba, Bermuda, Old Mexico and the Mediterranean and Orient.

HALF RATES Rates for the round trip to many points south on sale first and third Tuesday each month.

To Hot Springs, Ark., the famous water resort of America, on sale every day in the year.

Tickets now on sale to all the winter resorts of the south, good returning until June 1st, 1901. For rates, descriptive matter, pamphlets and all other information, call at C. & St. L. R. R. City Ticket Office, 1415 Farnam st. (Paxton Hotel Bldg) or write

HARRY E. MOORES, C. P. & T. A., Omaha, Neb.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

900 DROPS CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr SAMUEL PITCHER

Pumpkin Seed -
Alx. Senna +
Rochelle Salts -
Anise Seed +
Peppermint -
Bi Carbonate Soda +
Worm Seed -
Clarified Sugar
Wintergreen Flavor.

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of Chas. H. Fletcher. NEW YORK.

At 6 months old 35 DOSES—35 CENTS

EXACT COPY OF WRAPPER.

HOUSEKEEPERS

as a rule find it very difficult to get up their linen in a satisfactory manner, chiefly owing to the

USE

of inferior starches. By using Magnetic Starch you will find it a simple matter to turn out as good work as the best steam laundries. Your grocer sells it. Try it once. It costs only 10c a package. Insist on getting

MAGNETIC STARCH

MAGNETIC STARCH. LATEST IMPROVED. TRADE MARK. REQUIRES NO COOKING. MAKES COLLARS AND CUFFS STIFF AND NICE AS WHEN FIRST BOUGHT NEW. ONE POUND OF THIS STARCH WILL GO AS FAR AS A POUND AND A HALF OF ANY OTHER. PREPARED FOR LAUNDRY PURPOSES ONLY. MANUFACTURED ONLY BY MAGNETIC STARCH MANUFACTURING CO. OMAHA, NEB.