Now Does the Work of Three Average Women.

From the Ledger, Mexico, Mo.

Mrs. Lucinda Johnson lives in Mexico, Mo. The Ledger has just succeeded in ob-taining an interview with her. This is the substance of her story: In the winter of '92 and '98 Mrs. Johnson

In the winter of '92 and '93 Mrs. Johnson was, like many of her friends, attacked with la grippe. Yes. we've most of us had it and know its wrecking powers, when it gets in its work on a good constitution. Well, Mrs. Johnson, along about Christmas, was prostrated. All the medical aid here in the city only "brought her around," as an "heros and roota" female sympathizer expressed it, and she was left in a debilitated and exhausted condition, and experienced a constant pain in her left side. She was wholly unfit for her domestic duties and was unable to do any work about the house, even after the la grippe fever and its characteristic sickness had left her. She is a constant member of the church, and one Sunday, between the Sunday school and church services, being barely able to be conveyed there, she heard of a miracle that Dr. Williams' Pink Pills for Pale People bad performed, and she resolved to try them. It was like the drowning man gravbing at the last straw. It was her last and only chance to save her life. She procured one box of these pills from the south side druggists. French & Garrett, in this city, and by the time she had used half the box she and her watchful friends noticed a marked improvement in her condition. Taking the rest of the tox of pills and one more box she recovered remarkably in an exceedingly short time. Before she had used the first improvement in her condition. Taking the rest of the tox of pills and one more box she recovered remarkably in an exceedingly short time. Before she had used the first box she resumed her household duties, and has been steadily at work for the last eighteen months. It took only a few boxes, perhaps five or six, to entirely cure her. Since then she was attacked by rheumatism, caused from careless exposure, but by at once taking the Pink Pills for Pale People she drove that painful and dreadful malady away. She told the reporter that whenever she felt that she was going to be ill, she took one or two of the pills, and sho never got sick. Mrs. Johnson is perfectly healthy now and promises to live to a ripe old age. Her friends have never ceased to talk about her almost miraculous recovery and are loud in their praise of the Pink Pills for Pale People, and all who have tried them say they would not be without them under any conditions.

Dr. Williams' Pink Pills are not looked upon as a patent medicine. An analysis of

Dr. Williams' Pink Pills are not looked upon as a patent medicine. An analysis of their properties snows that they contain, in condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxis, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous heedache, the after effects of la grippe, palpitation of the heart, pale and sallow complexions, and the tired feeling resulting from nervous prostration, all diseases resulting from vitiated humors in the blood, such as scrofula, chronic erysipelas, etc. They build up the blood and restore the glow of health to pale and sallow checks. They are for sale by all druggists, or may be had by mail from Dr. Williams' Med. Co., Schenectady, N. Y., for 50c per box, or six boxes for \$2.50.

Doubtful Arrangement.

In his desire to use fine language the darkey sometimes allows his ideas and statements to become a trifle confused, as well as confusing.

Some years ago a handbill announce

jug a "colored pienie" to be held in a grove near a southern city was freely circulated. After various highly enticing announcements relative to the delights in store for the partakers in this entertainment the bill concluded with the following puzzling note printed in

"Good behavior will be strictly and reservedly enjoined upon all present, and nothing will be left undone which will tend to mar the pleasure of the company."-Youth's Company.

DENVER, Sept. 10.—My journey from Chicago was over the Chicago, Burling-ton & Quiney railroad, one of the best managed systems in the country, I should say, judging by the civility of the employes, the comfort I experienced, the e..cellence of its roadbed, and the punctuality of arrival. I actually reached Denver ahead of time. The Burlington Route is also the best St. Paul, Minneapolis, Omaha and Tansas City.

Witty and Clever.

Chicago Times-Herald: When Prot Aytoun was wooing Miss Wilson, the daughter of "Christopher North," edi-tor of Blackwood's Magazine, he obtained the lady's consent conditionally on that of her father being gained. This Aytoun was too shy to ask, and he prevailed upon the young lady to for it herself. "We must deal tenderly with his feelings," said hearty old Christopher; "I'll write my reply on a slip of paper and pin it on your tack." "Papa's answer is on the back of my dress," said Miss Jane, as she entered the drawing room. Turning her round, the delighted suitor read these words: "With the author's com

Yung sinner, reckolect one thingwhatever yu git dishonestly yu hav got to devide with the devil, and he allwuss takes the lion's share.

I cum akrost lots ov humble and resigned partys in this world. only let them hav their own way in all things

"AMONG THE OZARKS."

The Land of Big Red Apples, is an attractive and interesting book, handsomely illustr ted with views of South Missouri scenery, including the famous O den fruit farm of 3,000 acres in Howell county. It pertains to fruit raising in that great fruit belt of America, the southern slope of the Ozards, and will prove of great value, not only to fruit-growers, but to every farmer and homeseeker looking for a farm and a Mailed free.

Address J. E. LOCEWOOD, Kansas City, Mo.

FACTS FROM ALL LANDS. There are eleven daily newspapers in

China-nine printed in Chinese, one in English and one in French Norway and Sweden have been under

ne king since 1814, but at present there are demands for a separation.

The cellar in the bank of France resembles a large warehouse. Silver coin is stored there in 800 large barrels. Twenty-five miles of the Congo railhad been flying for some time, and all ad are already completed. The road will be ninety-three miles in total our decks were cleared; but we heard



INTERNATIONAL PRESS ASSOCIATION.

RAND. MENALLY & CO. .

(CHAPTER IV .- CONTINUED).

for I am in habit and feeling a French-

woman; but there were many of my

countrymen in Paris, and I picked up from them the trick of the tongue

which astonished you so much yester-

what it was; it was your wit and presence of mind-"

mean?" she said, quickly. And then, after laughing at his confusion, "But

now it's your turn to give me some

life to make a story of. Why, I went to

"Oh!" he said, "there's nothing in my

"But that's a romance in itself," she

Dick blushed, perhaps from embar-

rassment, perhaps also from pleasure, for he was anxious to be less of a

stranger to her, and was flattered at

her appearance of interest. So, of course, he became foolish and procras-

"I'm sure there's nothing you'd care

to hear," he said, hoping for the en-couragement of a contradiction. "Why, that's how I began," she re-

olied. "If you steal my forms of speech shall take yours and answer, as you

did just now, that it is not a matter of

personal interest at all, but a mere story

answered. "I mean, I beg your pardon, but I couldn't have said anything so

"I'm certain I did not say that," he

"So rude as what I have just said to

you?" she asked, with a mischevious

pretense of innocence.
"Oh!" he groaned, "I'm no good with words. I can't handle them!" And he

made a sudden gesture as if to grasp a

more downright kind of weapon.

The action and the flush which ac-

companied it became him quite well,

and she glanced up at him with secret approval. He had, in fact, gained, not

lost, ground; but in his confusion he

did not suspect the fact, and was more

troubled than ever when the door

opened at this moment and the colonel

came in.
"I hope," he said, bowing, "that I did

Camilla was grave again in an in-

stant; and Dick saw, with quick grati-

tude, that however much she might

have been playing with him before, she

had no intention of putting him to

something of his life at sea," she re-

plied to her brother-in-law's inquiry:

and was about to give me his opinion

of the relative merits of the English.

French and Spanish sailors. You see

there is nothing that you may not

"I shall have the pleasure of joining in

the conversation. Dinner is ready, and

we will, if you please, Capt. Estcourt,

hear your observations at the table."

Madame de Montaut took Dick's arm

and they passed into the dining-room.

"That was kindly done," he murmured

'Follow it up, then." she answered.

"And what, in effect, is your opinion," asked the colonel, "upon this question?"

He had seen, but not heard, their bit

of byplay, and was in hopes of catching

But Dick was now inspired to do his

best, and showed presence of mind against a merely male antagonist.

coolly, "on second thoughts I'm not entitled to criticise the French or Span-

lards, for I have never met either of

to miss the greater number of such

You have had the misfortune, then,

"I was at Copenhagen and Algiers,"

"Oh!" exclaimed Camilla, anxious to

defeat her brother-in-law's inquisitive-

day produced upon me a more vivid im-

pression than any that I ever spent-at

Camilla enjoyed an inward smile.

"Please go on," she begged.

"I was a boy of 15 then," he said; "a

middy on the 74-gun ship Edgar. I lay

awake a good time the night before, thinking about home and that kind of

thing. When we turned out at day-break I fell to shivering, though it was not particularly cold. We all laughed

and joked more than usual, we middles,

but I remember that our teeth were chattering most of the time. Some of

the men seemed to take it all quite na-

turally, but some were a bit solemn, and some rather excited, like us. The

senior officers were very cool, and

spoke cheerfully; one of the lieutenants,

named Bradnock, had been at the Nile

and the captain said something about

it as he came up on deck, and asked

him about taking the soundings. He

answered quite easily, and we all

thought him a very great man to have seen such service. Then at 7 o'clock the signal was made for all captains

and masters to go on board the Ele-phant, Lord Nelson's flag-ship. They

were away more than an hour and a

half, and we couldn't think what was

happening. The wind was fair, and the

current running pretty strong down the

The signal for action

King's channel.

sea." he added, rather disjointedly,

them in a general engagement."

events?" said the colonel.

said Dick; "but that's all."

own misfortunes.

"Well, to tell the truth," he replied.

"In that case," answered the colonel.

"Capt. Estcourt has been telling me

shame before a third person.

not interrupt?"

as they went.

his guest tripping.

And they took their seats.

of adventure, that's in question."

thing to wonder at."

sea when I was 12."

"No, no," said Dick, "that's not at all

"That took you by surprise, you

day."

said.

plied.

"I have never cared to revisit Ireland;

ing ships into such a dangerous pas-

"At last the boats came off again; Capt. Murray and the master of the Edgar had another man with them when they came on board. I never saw him before or since, but I shall not forget his face while I live.

"He was short and stood very square and sturdy upon his feet; he had jetblack hair and eyebrows, and a swarthy red color in his cheeks; his lips were pushed forward, and his eyes very fierce; he was like a man always on the point of speaking angrily, and following with a blow. When we saw him looking so bold and full of force, we guessed in a moment what he was there for. He had volunteered, when all the regular pilots hung back, to take the first ship down.

"I remember the captain called out 'Now, gentlemen, the Edgar leads!' and we cheered. The dark man went to the wheel, the master himself took the lead and went forward; we weighed, and stood right out for the entrance of the King's channel.

"The two lieutenants who had to stand in the chains and see to the heaving of the lead began to dispute for places; they were each claiming the larboard side, which was the one ex-posed to the enemy's fire. The captain gave it in favor of Bradnock, and he went forward, laughing.

"We soon came within shot of the first Danish ship, and she began firing single guns at us. I was not tall enough to see over the hammock nettings, so I neld on to them and pulled myself up on my toes. The enemy were nearly all hulks and batteries, and looked very

"Every time a gun went 'boom!" J felt a kind of warm shock, as if I had been struck amidships, but my hands were still cold and numbed. I longed desperately to hear the sound of our own guns, and felt quite angry that we went on without firing a shot.

'Then I was going toward the foreeastle when I heard a sudden roar and crashing sound. It was the first broadside from the Provestein, and a good many shot struck the ship all at

"Bradnock spun over and fell dead in a heap across the chains; the splinters flew all round him, and several men came running up. I heard Wilson, the starboard lieutenant, cry out, 'My turn!' in a sharp voice, and scramble on to the deck and across into the other's place.

"I felt horribly sick and dazed, and hurried away blindly, without any idea where I was going. I had got nearly to the quarter deck when a man ran into me, and I reeled violently off into the captain himself, who had just come down the ladder. I hadn't time to get my breath to apologize; he picked me up and clapped my cap down on my

"'Well, young gentleman,' he said. I thought you were a round shot at the

"I was warmer for the tumble, and his kind, jolly voice did me no end of good. He sent me with a message to as an English officer, must hate the emthe lower gun-deck, and I ran off feeling quite a man again.

"As I was on the way down a tremendous explosion seemed to rock the whole ship; we had let go our anchor and opened with the larboard broad-I felt suddenly mad with joy, my throat swelled, and the tears came into my eyes. When I reached the lower deck the guns were being run out for the second time, and I stood still to watch. The roar was awful, and the smoke filled the whole place so that i could scarcely see at first. The men were cheering and working like demons in the dim lantern light, but as only one broadside was in action a lot of them had nothing to do except now and then o pick up the wounded and take their places. Some of them might have been safe enough behind the bits, but there was only room there for a few, and no one would take an advantage over the

"It was dreadful to see them standing quietly there to be killed in cold blood as it were. Half a dozen dead and dying men were propped up against the starboard guns; some were being carried below to the surgeons.

"I couldn't bear the sight much longer, so I slipped quickly down the other side to speak to the captain of the deck. ness, "tell us about Copenhagen; that Before I got to him a chain-shot cut him is much better than hearing of our in two, and killed all the men at the gun next him. "And it really is rather interesting in itself," he replied. "At any rate that

"The heat and smoke and the smell of blood made me dizzy again, so I gave my orders to the second in command

and hurried back to the captain. "I found him telling the pilot that he might go below, but the man refused, and stayed on deck, staring flercely through the smoke at the enemy. I saw him still there when the firing ceased, and he seemed actually sorry that the action was over. I wish I could give you an idea of how his look worked upon me; I could hardly take my eyes off him; and though I've really little to judge by, as you see, I feel sure I've never met his equal for desperate courage.

"What was his name?" asked Camilla, who had been listening, breathless. "Johnstone." "He was English, then?" said the

colonel. "No, he was half Scotch, half Spanish; his full name was Hernan John-

stone, and he was said to be a wellknown smuggler." 'Did you ever hear of him again?" "Yes," replied Dick, "I did, more than once; for instance, I heard that he tried

to kidnap Bonaparte, when he was at

Flushing, by aunning down his barge in a fast rowing boat." "Ah!" said the colonel, with an 'nvoluntary start, "that is a very singular story. But what more, Capt. Estcourt; what more of this heroic ruf-

"Oh, nothing more of that kind," said

now in England, and apparently living somewhere down at Limehouse; and he's not likely to have mistaken his

The colonel leaned forward to hear this answer with an eagerness which Dick did not perceive; but Camilla saw it, and guessed the cause. This John-stone was no doubt the very man they needed for the more active part of their

enterprise.

But she was at the same time conscious of a certain feeling of reluctance It was not altogether pleasing that this assistance should have come to them through Dick, whose honor, if he had known of their object, would have been concerned in keeping such information from them. She frowned, and the colonel instantly left the subject.

"You were not at Trafalgar, then?"

"No," said Dick, to my lasting sor-row. I was then with Malcolm in the Donegal, which had gone into the Mole three days before, and only returned in time to help destroy the prizes the day after the battle." He looked rather grim as he spone.

and the colonel saw that the subject was a sore one. "Malcolm?" he asked. "What Mal-

colm was that?" "He is now Sir Pulteney Malcolm

and commands at St. Helena.' The colonel rose abruptly from the

"I beg your pardon," said Dick; "have

I touched on anything painful?" "Not in the least," replied the col-onel, recovering himself; "on the contrary, I have listened to you with the liveliest pleasure; but row, as you are taking no wine, we will, if you please, all go into the drawing-room together.'

CHAPTER V.



S THEY WENT upstairs Dick noticed with dismay that both his companions were silent and that an awkward feeling of constraint seemed to have fallen upon the party. He feared that he himself must be the cause of this, and

could not help thinking it connected, in spite of the colonel's assurance to the contrary, with the latter part of the conversation just ended. He resolved, accordingly, if he had the chance, to say something polite, and soothe, if possible, the patriotic feelings of friends.

As a matter of fact he was both right and wrong in his suppositions; he was the cause but not the offending cause, of this embarrassing silence. The colonel was pondering deeply upon the line he must immediately adopt in order to utilize the advantages which chance had so unexpectedly offered him; Camilla had divined the thoughts that were passing through her brother-in-law's mind, and instinctively resented them. It was no doubt unreasonable of her, but she was keenly troubled at the idea of Dick being tempted to take any part or interest in the enterprise to which she had devoted herself. Of course he would refuse and treat such overtures as an insult; or-if white could after all be black-if he could be led by blind devotion into the slightest acquies-cence, she would hate herself and despise him; and for some unexplained reason he was the one man of all others whom she least wished to despise just

She resolved to show the colonel the futility of his design at once, and stop him at the outset. So she waited until they were all three face to face again in the drawing-room, and then began her maneuvers with cool directness. "Capt. Estcourt," she said, "how you,

peror! thought Dick, "that's it! I was

afraid I'd been too strong." So he said aloud: "Hate is a hard

word to use; you would scarcely say that a gunner hates his target, would This from his point of view was skill-

ful, but it was not what Camilla want-"You mean," she said, "that it is your duty to hate him?"

"Duty does not necessarily imply in-clination," he replied.

Camilla was in despair. The colonel smiled, and came gliding into the conversation.

(TO BE CONTINUED.)

QUEEN VICTORIA'S MEALS.

They Are as Simple as Those the Person of Moderate Means Enjoys.

Queen Victoria is rather simple in her tastes, as a rule. For instance, a kind of natural soup very often finds its way on to the menu. The wine served with it is white sherry, which her majesty usually drinks from a beautiful gold cup formerly belonging to Queen Anne. Boiled beef and pickled cucumbers—a favorite dish with Prince Albert-invarlably follow the soup, while a baron of beef is likewise a constant feature. It is noteworthy that the Queen still adheres to the old practice of having the cook's name called out as each dish is brought to the table. This custom dates back to the days of George II., and had its origin in a conspiracy against one We ton, formerly an assistant, whom the king had raised to the dignity of chief "mouth cook." His late comrades, jealous of his preferment, endeavored to disgrace him by tampering with the dishes. Upon Weston proving the existence of this plot to his royal master, the latter gave orders that in future, as each dish was brought on, the name of its cook should be called out, in order that praise or blame might be bestowed where due.

Work of Colored People.

I. Garland Penn, chief of the negro department at the Cotton States and International exposition, visited the Tuskegee normal and industrial institute, Tuskegee, Ala., and personally inspected the exhibit to be made by that institution. The exhibit will cover a representation of twenty-six departments, and will be in every detail the work of colored boys and girls. The exhibit from the state normal and industrial institute at Normal, over which Professor W. H. Council presides, will also be a conspicuous exhibit of the negro department.

How Apes Sleep.

It is stated by the attendants at the London Zoological gardens that no ape our decks were cleared; but we heard Dick, laughing; "only I was told lately will sleep flat on its back, as adult man by a brother office; that Johnstone was often does. Highest of all in Leavening Power.-Latest U. S. Gov't Report

| Baking | Powder ABSOLUTELY PURE

She Was Tenderly Raised.

There is a pretty little girl of 5 years in Northwest Baltimore, says the Sun of that city, who has been tenderly raised. Her mother has guarded her against witnessing acts of viclence or cruelty, and she is in ignorance of the methods employed in killing fowls for the table. Several days ago, unknown to the careful parent, the little girl strayed into the rear yard of her home, where a servant was killing a number of chickens by wringing their necks. The child watched the proceedings with great interest for several minutes, and then in a glow of excitement ran to her mother. "Mama!" she cried, "just come and see the fun. Mary is wind-ing the chickens up." ing the chickens up.'

State of Ohio, City of Toledo, Lucas

State of Ohio, City of Toledo, Lucas
County—ss.
Frank J. Cheney makes oath that he
is the senior partner of the firm of F.
J. Cheney & Co., doing business in the
City of Toledo, County and State aforesaid, and that said firm will pay the
sum of One Hundred Dollars for each
and every case of Catarrh that cannot
be cured by the use of Hall's Catarrh
Cure.
FRANK J. CHENEY.
Sworn to before me and subscribed in
my presence this 6th day of December,
A. D. 1886.
A. W. GLEASON,
(Seal.)
Notary Public.
Hall's Catarrh Cure is taken internally and acts directly on the blood and
mucous surfaces of the system. Send
for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by druggists; 75c.
Hall's Family Pills, 25c.

No Dust.

No Dust.

The disposition to see a pleasant side to everything is often commented upon as a most desirable possession, but it is possible to exaggerate and imagine a benefit which does not exist.

A party of tourists were detained at a hotel near a lake by a severe rainstorm. Finally it was decided to cross the lake, and one lady of the party agreed to the plan cheerfully.

"Oh, it will be much better to take the boat even if it does, rain," she said, "and one thing, we shan't have any dust on the boat this morning."— Youth's Companion.

Coe's Cough Balsam Is the oldest and best. It will break up a Cold quicker than anything else. It is always reliable. Try in

Were Blue Bloomers.

Washington Post: Miss Coleman, the Ohio girl who is said to have gone to church wearing a pair of red bloomers, has denied the story. They were blue bloomers. Well, a couple of stacks of blues only make it a little more costly for any person who desires to call her

Starve was once to die any manner of death. Wycliffe's sermons tell how "Christ starved on the cross for the redemption of men.'

"I have tried Parker's Ginger Tonic and believe in it," says a mother, and so w any when familiar with its revitalizing prope As the flower is before fruit, so in faith

Just how it does it is not the question. It is enough to know that Hindercorns takes out the coins, and a very pleasing relief it is. 15c, at druggists We can do more good by being good than

in any other way. Piso's Cure cured me of a Throat and Lung trouble of three years' standing.—E. Cady, Huntington, Ind., Nov. 12, 1844.

An honest man is able to speak for him-

self, when a rogue is not.

FITS—All Fits stopped free by Dr. Kline's Great Nerve Restorer. No Fitsafter the first day's use, flarvelous cures. Treatise and 22 trait bottle free t-> Fit cases. Bend to Dr. Kline, 83 Arch St., Philis., Ps.

The Best Sort of Trunk.

Expressmen and those who move a great deal of baggage say that by no means the best shape in trunks is yet found, although the prevailing style of flat top is so far an improvement over the older fashion of swelling Saratogation. top. They say that one the shape of a cylinder would be far and away the best, both for its owner and its mover, and they wonder that more of them are not on the market. One very rarely sees a trunk of that sort, although it has been so much used for valises.

That Joyful Feeling

With the exhibarating sense of renewed health and strength and internal cleanliness which follows the use of Syrup of Figs is unknown to the few who have not progressed beyond the old time medicines and the cheap substitutes sometimes offered but never accepted by the well informed.

Roas have come back, not only in fur, but in chiffon, ribbons and feathers. The last named are now quite short in some cases, and have for a fastening a little fur head such as a mink to hold them close to the throat. Even the chiffon boas have these little heads as a finish. When chiffon collars are short they often terminate in a huge chou on each side of the throst, from which long ends stream down to the waist, even to the knees.

If the Haby is Cutting Testa.

Se sure and use that old and well-tried remedy, Mas.
Wisslow's Scotning Symp for Children Testining-

It is not the many oaths that makes th truth, but the plain single vow that is vow-e ed true.

"Ennson's Marie Cora Salve."
Warranted to cure or money refunded. Ask your
ruggist for it. Price 15 cents.

Music washes away from the soul the dust of every-day life.

Billiard table, second-hand, for sale cheap. Apply to or address, H. U. Akix, 511 S. 12th St., Omaha, Nex.

Talent is a cistern; genius, a fountain. The Greatest Medical Discovery

of the Age. KENNEDY'S

MEDICAL DISCOVERY. DONALD KENNEDY, OF ROXBURY, MASS.,

Has discovered in one of our common pasture weeds a remedy that cures every kind of Humor, from the worst Scrofula

down to a common Pimple.

He has tried it in over eleven hundred cases, and never failed except in two cases

cases, and never failed except in two cases (both thunder humor). He has now in his possession over two hundred certificates of its value, all within twenty miles of Boston. Send postal card for book.

A beneiit is always experienced from the first bottle, and a perfect cure is warranted when the right quantity is taken.

When the lungs are affected it causes shooting pains, like needles passing through them: the same with, the Liver or Bowels. This is caused by the ducts being stopped, and always disappears in a being stopped, and always disappears in a week after taking it. Read the label.

If the stomach is foul or billious it will cause squeamish feelings at first.

No change of diet ever necessary. Eat

the best you can get, and enough of it. Dose, one tablespoonful in water at bed-time. Sold by all Druggists.

W. N. U., Omaha-42, 1895. If it don't clear up at 11 or 3, it won't when answering advertisements kindly mention this paper.

KNOCK A sore spot, green, black, or blue, is a SPOTS Use ST. JACOBS OIL and watch the color fade OUT. IT IS MAGICAL.

Timely Warning.

The great success of the chocolate preparations of the house of Walter Baker & Co. (established in 1780) has led to the placing on the market many misleading and unscrupulous imitations of their name, labels, and wrappers. Walter Baker & Co. are the oldest and largest manufacturers of pure and high-grade Cocoas and Chocolates on this continent. No chemicals are used in their manufactures. Consumers should ask for, and be sure that

they get, the genuine Walter Baker & Co.'s goods. WALTER BAKER & CO., Limited, DORCHESTER, MASS.

borrowing from health.



If you have borrowed from health to satisfy the demands of business, if your blood is not getting that constant supply of fat from your food it should have, you must pay back from somewhere, and the somewhere will be from the fat stored up in the body.

The sign of this borrowing is thinness; the result, nervewaste. You need fat to keep the blood in health upless you want to live with no reserve force-live from hand to mouth.

SCOTT'S EMULSION of Cod-liver Oil is more than'a medicine. It is a food. The Hypophosphites make it a nerve food, too. It comes as near perfection as good things ever come in this

Be sure you get Scott's Emulsion when you want it and not a cheap substitute.

Scott & Bowne, New York. All Druggists. soc. and \$1.