Nebraska Advertiser Nемана, … nеввияка Don't kiss the baby, Wait till she
grows up. The less a man says, as a rule tho
less he has to take back. Why is law like a kimono? asks a
Chicago judge. Because it is some. Chicago Judge
times filmsy.
If Joaquin Miller really has money enough, why should he wari to so ta
the United States senate? The $\left.\begin{array}{c}\text { best miscroscopes } \\ \text { about } \\ \text { magnify }\end{array}\right\}, 000$ times and make a tiny about 16,000 times and make a tiny
pile of flour look like a pile of stones. A woman can never understand how It is possible for a smart man like her
husband to get the short end of it in husband to
a lawsult.
$\overline{\text { dellghtful season for the devil }}$ at the bathing resorts with so many the deep
Some men are born great, some achieve greatness, and some can im.
part a curvilinear motion to a leather vered sphere.
The Michigan nonogenarian who is seeking a divorce may not know of
any other way in which he can hope to break a recor
The New York physiclan who does not approve of prunes is no friend of
the theological seminaries or of som of the boarding houses.
A professor at the University of
Berne, Switzerland, is Mile. Gertrude Wher. She is 26 and lectures on physies and chemistry.
German manufacturers are using
potatoes in the making of lead pencils If a German can do that a Yankee car Bont de Castellane has obtalned the
right to a rehearing of his wife's di right to a rehearing of his wife's d
voree suit, and thus has earned th gratitude of the yellow press attaln the century mark as far as aga is concerned, but we do not see hov
he can if the cost of provisions con tinues to ?ncrease.

And now a New Jersey man has per Hight. But to what end? The light so intense that people have to shu thelr eyes to avold the glare
The department of agriculture is
about to investigate the manufactur of absinthe In this country. Tha ought to be the work of the depart
ment of chemistry James Lewis, of Terrell. excused from jury service the other was
day on the groand day on the groand that he was the fa-
ther of 22 children. ther of 22 children. The court pro
ably thought he had lost his sense
proportlon ably though
proportion.


## Distrustful. "He Insists that he will not nes any

 money in his campalgn.""Yes," answered Senator Sorghum, "but I cannot be sure whether he is
tremendously consclentions or merely cautlous and economical." The New York Life's Business Nearly The New York Life Insurance Combusiness during the half year just ended was over seventy million dollars.
As the new law allows no life company to write over one hundred and
fify millions per year, it would ap pear that this company is working nearly up to the limit. The New
York LIfe galned such headway beYore the law was passed and suffered
o little, comparatively, from the strong investigation, that the question with its management has been how to keep business down to the limitt, rath-
er than how to reach it. No other company is writing nearly as much as the law allows. The New York
Life has evidently become a preerred company.
The company's payments to pollicy
holders during the six months end ing June 30 were $\$ 21,660,761$. it interesting to note that thls amount
was almost equally divided between was almost equally divided between
payments under pollcies maturing by payments under pollcies maturing by policy holders. Thus, while deathclaims were $811,180,626$, the amount
pald for matured endowments, annupatd for matured endowments, annu-
ittes, trust fund installments, for purhased80,135. Modern Hfe insurance, as practiced by the best companies, embraces a wide field, and covers many
contingencles. It is money saved for contingencies. It is money saved for
the aged, as well as money provided maturely.

The Goat Comes Firs Switzerland is the only country in ahead of all other animals, and even of human befngs. If a boy plagues if a person meets a and sent to Jall. a person meets a goat on a path,
and drives him aside he can be arrested. If a goat enters the yard of a person not hits owner and is hit with club or
stone the person gullty of the offence stone the person guilty of the offence
must pay 30 cents. If a railioad train sees a goat on the track the train must halt until the animal can be
coaxed to remove himself. There's many a boy in America who wishes he

Two Advertising Truths. A soap millionaire and an actor
manager were talklng business. "I," sald the actor manager, "have discontinued the use of posters. My announcements appear in the newspapers exclusively. I have learned
that those who don't read the papers don't go to the theater." " "You are wise," sald the soap mil-
Honaire. "And I do like you. Long since I alscarded every form of ad finding that they who didn't read fning that they who didn't read
dally paper had no use for soap."
Teats of Bravery.
"Do you think men have
Do you think men have more cour"Certainly not," lessor. "Everybody knows there is more peril in the first liee cream soda
than in the first straw hat." (6) MEAT OR CEREALS

A Question of Interest to All Caro. Arguments on food are interesting. Many persons adopt a vegetarian diet on the ground that they do not like to
feel that life has been taken to feed them, nor do they fancy the thought on eating dead meat.
On the other hand, too great con-
sumption of partly cooked starchy sumption of partly cooked, starchy
oats and wheat or white bread, pastry oats and wheat or white bread, pastry,
etc., produces serlous bowel troubles, because the bowel digestive organs,
(where starch is where starch is digested), are over ng gas, and microbes generate in the decayed food, frequently bringing on pertonitt/s and appendictts.
Starchy food is absolutely
starchy food is absolutely essentlal
to the human body. Its best form is shown in the food "Grape.Nuts," where the starch is changed into a form of
sugar during the process of its manu facture. In this wasy, the required ood is presented to the system in a
pre-digested form and is immediately made into blood and tissue, without taxing the digestive organs.
is remarkable resuil in nourishment is obtained; the person using Grape
Nuts gains quickly in mental strength. Why in mental?
Because the food contalns deltcate Because the food contalns dellcate
particles of Phosphate of Potash obparticles of Phosphate of Potash ob-
tained from the grains, and this unites with the albumen of all food and the bulld worn out cells in the brain This is a sclentific fact that can be
easily popven by ten day's use of
Grape-Nuts. "There's a Reason"" Grape-Nuts. "There's a Reason."
Read, "The Road to Wellville," in
ples.

## THE GOLDEN CALF

## Sunday School Jesson tor July 28, 1907

Lesson

 (accoraing to the common chronology),
toward the colose or Moses forty days on
Mount sinal; six or or seven weeks after the
met kiving of the law.
PLALC. The people are stlll encamped
before Mount sinal in the Valley of Er
 Rev. 1 C1:8. $6: 10 ; 10: 14,20-22,1$
Comment and Suggestive Thought.
After the commandments had been After the commandments had been
glven by God through Moses and the given by God through Moses and the
covenant assented to by the people, Moses again went up into the mount to obtain the commandments in more
permanent form, written on tablets of stone, and to receive further Instruc tions; and also to be prepared by his
Intimate communion with God for his long and difficult work of forming the people into a nation that could dwell
in the promised In the promised land. Every quality
of mind and of spirit was to be taxed of mind and of spirit was to be taxed
to the utmost. Every minister, every teacher, every believer needs, says
Joseph Parker, "periods of solltude and communing with God; away from
the fray, the battle, the race, but rehe fray, the battle, the race, but re-
celving nourishment, nutriment, inspiration, comfort, and even words by which to express the divine thought.
And, coming back from the mountain of contemplation, he touches life with
a steadier hand, and does his duty with a completer ob
V. 1. "Saw that Moses delayed."
He was gone 40 days (Ex. 25:18), almost seven weeks, if the week with
the leaders in the lower parts of the mountaln is to be added (Ex. 24:9,16).
The absence of Moses was a time of testing both the leaders and the peo-
ple. They had just taken the oath of promised to obey him.
V. I. "Up, make us gods," or a god, "which shall go before us," and be our leader. They could not see God, and
they wanted some visible expression of God. They had several manifestations of God,- the pillar of cloud and
fire, the glory on the mountain, and fire, the glory on the mountain, and
the dally manna; but even these became so common that they did not mod. They had just come from the land of idols, heathen gods every-
where. All these gods could be seen. The attractlons of Idolatry were of
no power. They were famillar
with wie way in which the idols of the Weathen were worshiped, with feasting and rloting and unrestralned licen
tiousness, in marked contrast with the purity and self-control required by
rest V. 5. "And when Aaron saw
(this)." Saw in what light the p ple viewed the image."He built an
altar before it . . and said, to-mor row is a feast to the Lord." God was
tIII to be worshiped, but under the still to be worshiped, but under the
form of a calf. Probably Aaron
thought he was very shrewd in thus thought he was very shrewd in thus
saving for God what he could of honor and reverence.
So Jehu boasted of his zeal for the
Lord of hosts while he was worshiping the golden calves of Jeroboam (2 v. 7. "The Lord said unto Moses, Go, get thee down." Moses in
thick cloud which covered the top of
Sinai could not see or hear what was Sinai could not see or hear what was
golug on below. But it was no time golug on below. But it was no time
for him to remain apart, even in communlon with God; there was work to do below, which his mountain-top ex-
perience fitted him to do. So the three disciples who vilewed the Transfiguraton weer not allowed to remain on
the Mount, but were sent down to their daily work where the others were in vain trying to cure a demon-con-
trolled boy.
trolled boy.
To test him, God offered to destroy
the nation and make Moses the second Abraham of a new and greater people.
Moses stood the test, refected the Moses stood the test, rejected the
tempting offer, and urged upon God tempting offer, and urged upon God
three pleas for mercy. Moses hastened down the mountainside, with Soshua, who had ineen wating for him.
soon they came in sight of the abomInable idol, and the frenzied worship-
ers danclng, half naked, around it. Probably there was a power not only in his soul, but in his appearance,--
some gleams of that glory described
in Ex. 34:35.
The breaking of the tables of the covenant was enough to cause the
stoutest heart to fear.
Moses then burned the golden calf and ground it to powder. It is almost impossible to pulverize pure gold, but
the aet was made easily possible, probbly, by alloys present in the jewelry rom which the idol had been made," -Patterson Du Bols.
Then Moses put the question, "Who
is on the Lord's side?" Who will
stand for the right, whatever their
past mistakes, whoever else may re-

THE DAY OF THE FARMER
Occupation Properly Recognized
The farmer who is not an amateur
is a really increasing factor in to-
is a really increasing factor in to-
day's life. In fact, farming is rapidly day's ine. One of the professions. We
becoming on
have our agricultural schools, just as we have our law schools.
It is getting to be a business as well. Farmers have their trusts, like
other manufacturers. It is a far cry from the New Eng-
land farmer, trying to arrange an exploded granite quarry into a stone wall that he may have room in which
to plant his crop, and that master of to plant his crop, and that master of
capital, sclence, and black earth ten
teet deep who plows with a traction lect deep who plows with a traction
engine and reaps with a ten horse
team team. And between these two types
of farmers the drift is steadily toward
the latter the latter.
The comic paper does not laugh at
the "granger" as frequently as it use to laugh. It wants his subscription. The capitallst does not foreclose
mortgages on the prairle farm now He borrows money of its owner.
And, what is vastly more impo And, what is vastly more impor:
tant, the entire country looks with a respect bordering upon apprehension
on this rit type of American who has decidel views of railroads, trusts,
and, in fact, on every sublect and, "green bug", to the lecturer at his
the
Ce Chautauqua. This rise of the farmer
into national significance is welcome in view of the Inundation of great
elties by immigrants who have sig. cities by immigrants $w$
nificance only en masse.
The farm is the nursery of individ-
ualism. If you are a clife ualism. If you are a cliff dweller in the city send your boy there this sum-
mer and let him see what it means to create wealth with the help of nature rather than with the ticker. You will help make him a better Ame
The World To-day Magazine.
Unkind Advice.
Two Irishmen were eat'ng their
lunch, when one asked the lunch, when one asked the other:
"Pat, an' what be you thinking about?" Pat replied: "Shure, Mike, I was a-
thinking how I would be getting me clothes over me wings when I would
get to heaven."
"You you would be getting your hat over
your horns when you get to the other your horns when you get to the othe
place," answered Mike.-Ally Sloper

Damaged by Moon's Rays.
In hot countries meat expose the direct rays of the moon putrefles
much more rapidly than if kept in the Does Your Head Ache? If so, get a box of Krause's Headach
Capsules of your Drughist. 25..
Norman Lichty Alfg. Co., Des Moines, Can Go Long Without Food.
The condor can fast for 40 days

QUICK REMEDIES FOR CRAMP. Not Hard to Get Rellief From This
Painful Affliction. Do your little growing folks wake
in in the night with cramp in their up in the n!ght with cramp in their
toes or legs? If so, tell them to slide down to the foot of the bed and press
their toes hard against the footboard. This seldom fails to bring rellef. Even the tinlest tot can do this for herself
when she wakes up in alarm at the whe pain in her leg. Should this fall, and sometimes
when the cramp is up by the knee, it is not efficient, tell the sufferer to press the sole of her cramped the instep of the other. Press good and hard, and the pressure, to-
gether with the warmth and electricity drawn from the well foot, will cer-
tainly bring rellef unless the case is ty," stubborn kind of cramp, which sometimes selzes the little folks when hey are nervous, or if they have
eaten something which does not agree with them, to tie a broad band (fa swer,) tightly above the cramped part. Rubbing, unless one knows just how 0 manipulate the muscle, often doe
more harm than good. The doctors more harm than good. The doctor If your children suffer frequently alcohol rub at night is a good pres

Big Deposits of Limestone
n the Tombigbee river, Al is enough limestone to supply a ce
 Men enfoy dolng anything they
don't have to do for a living.


Hivisicminivi ELECTROTYPES
 WOMEN WHO CHARM
Health Is the First Essential Toward Making a Woman Attractive.


There is a beauty and attractive-
ness in health which is far greater
than mere regulerity is than mere regularity of feature.
A sickly, irritable, and complaining
deman alw
deression wits carries a depression with heri she is not only
unhappy herseif but is
and damper to
tho all jopy and happine
family and triends.
It is the bright, healthy, vivacious
woman whoalways charms and carries woman whoalways charrys and carries
sunshine wherever she goes. If a woman finds that her energies
are flagging and that everything tires
her her if her fominine serysthing filises
pertorm it
allotted duties there is perrorm its alloted duties, there is
neroumness, hleeppessness,
naintness.
backachehe, headache, backache, headache bearing dorwn
pains. and irregularities, caunsing constant misery and men annoholiia,
she homid, remember that $L y$ dia
she

 where other treatment may have
Miss Elizabeth Wyon, of No, 205
8th Avenue, New York City, writes :

 writes:




 Mrs. Plakham's Invitation to Women.



 has the very
help your case
and always helpt

