Nemaha.

Nebraska



Thousands women suffer daily brekache. headnche, dizzy spells, languor, nervousness and a dozen other symptoms of kidney trouble, but lay It to other Make no mistake. Keep the kidneys well, and these aches and troubles will disap-

Anthony Cadrette, 77 Mechanic St., Leominster, Mass., says: "My sight failed, I had sharp pain in my back and bearing-down pains through the laps. I was nervous, fretful and miserable. The urine was greatly disordered and I began to have the swellings of dropsy. I was running down fast when I started using Doan's Kidney Pills. A wonderful change came and after using them faithfully for a short time I was well.

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

For school girls mothers lean toward the practical shirt waist frock.

There is more Catarrh in this section of the country than all other diseases put together, and country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly falling to cure with local treatment, pronounced it incurable. Science has proven calarrh to be a constitutional disease, and therefore requires constitutional disease, and therefore requires constitutional freatment. Mally Constant Cure, propriately by ment. Hall's Catarra Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only con-stitutional cure on the market. It is taken in-ternally in deses from 16 drops to a leaspoonful. It acts directly on the blood and microus surfaces of the system. They offer one hindred dellars for any case it fails to cure. Send for circulars and testimontal. Address, F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c. Hall's Family Pills are the best.

When making pie crust use little water and fold often.

Many of the new coats have the extremely plain coat sleeve.

The earliest riser of the bird family is the greenfinch, which sometimes begins to sing at 1 o'clock on a summer morning.

The choicest beef is secured from a steer that is not only fat, but well supplied with lean. Quality of flesh is not always indicated by weight.

Theatrical criticism is severe in Warsaw. A prominent actress says that one evening while she was playing there, two bombs were thrown on the stage.

Lisbon has an anti-handshaking society. Members who violate the rules are fined 2s and the money is expended for lottery tickets for the benefit of the other members.

Newspapers in Berlin, not liking the Frenchiness of "entente cordials" have adopted the German equivalent of "Annaeherungsbestrebungen."

By careful measurement it has been determined that the largest raindrops are one-fifth of an inch in diameter.

Coal is comparatively a modern product. History shows that it was first used in England during the ninth century. In 1318 the king prohibited its use on the ground that it was injurious to health, but the high price of wood finally compelled the Londoners to use it again.

HARD TO SEE

Even When the Facts About Coffee Are Plain.

It is curious how people will refuse to believe what one can clearly see.

Tell the average man or woman that the slow but cumulative poisonous effect of caffeine-the alkaloid in tea and coffee-tends to weaken the neart, upset the nervous system and cause indigestion and they may laugh at you if they don't know the facts.

Prove it by science or by practical demonstration in the recovery of coffee drinkers from the above conditions, and a large per cent of the human family will shrug their shoulders, take some drugs and-keep on drinking cof-

fee or tea. "Coffee never agreed with me nor with several members of our household," writes a lady. "It enervates, depresses and creates a feeling of languor and heaviness. It was only by leaving off coffee and using Postum that we discovered the cause and cure

of these ills. Postum is not used altogether to the exclusion of ordinary coffee is, many persons do not know and do not seem willing to learn the facts and how to prepare this nutritious beverage. There's only one way-according to directions-boil it fully 15 minutes. Then it is delicious." Name given by Postum tle book, "The Road to Wellville," in whos "There's a reason."

TOPICS OF THE TIMES. A CHOICE SELECTION OF INTER-ESTING ITEMS.

Comments and Criticisms Based Upon the Happenings of the Day-Historis cal and News Notes.

The busy b's of Russia are bombs, bayoners and bullets.

Instructors favor simplified spelling. Saves trouble for all concerned.

Being an American seems to be a inliable offense on the Isle of Palms.

The country seems to be getting along very well under that famine of chorus

midst of It.

eating breakfast food. The Empress Dowager of China has | the door.

joined the reformers. Why shouldn't

the Czar move to make it unanimous? "Unifigssaerntuinalffimajungar sigu-Jak" is Eskimo for "I love you." Now

so long!

The cussedness in a boy is now bing removed by an operation on the brain. The old fashioned way was to take it out of his blde.

well exclaim: "I told you so!" The American people are as ready to be humburged as they ever were.

The Russian government officials have announced their aims. Now if the terrorists would announce theirs the officials would have a chance to dodge.

Large new coal fields have been found in Pennsylvania, but the consumer may as well be notified at once that the coal trust is going to control

An old soldier has set up the claim that he was once the husband of Cassie Chadwick. Why should an old soldier flad it necessary to gain sympathy for himself in that way?

Mark Twain has begun to publish his autobiography. A large number of autbitious young authors are anxious to get the chapter in which he explains how he sold his first story.

"Politicians should be consigned to an everlasting retirement," says the Rev. Dr. Stuart. You can place your own construction on this, according to your experience with politicians.

In 1905 there were 83,376 fewer insurance policies written by the New York companies than in the preceding year. That means that both the comsanies and the public are taking fewer

A Chicago judge has refused to grant a divorce to a man who wanted to get married a third time. His action will no doubt be frowned on by those who contend that a man has a right to make a fool of himself as often as he

How practical a machine the automobile has become may be judged from the trip recently completed by two men. who covered the distance from San Francisco to New York in fifteen days and a quarter. The best previous record, made by the same men two years ago, was thirty-three days, and the best record before that was sixty-six days.

If a small boy does not behave himself he ought to be spanked and the process involves no derogation to the spanker. If certain of our neighboring Central American friends become cantankerous they will have to be attended to. It is a poor argument that because this is a great and powerful nation it should submit to all sorts of affronts from small-fry States, Grownups do not fight with children, but they do administer correction when the occasion requires it.

Physical deterioration is alarming all England and health committees are running around seeking the causes and then warning people about their manner of living. One of the dangers they find to be guarded against is the teapot. Excessive use of strongly brewed "The only reason, I am sure, why tea having been proved to be fatal to the best physical condition, to reduce this danger to a minimum the tea should not be made strong and should be called for a pick and shovel, disbe drunk within two minutes. But how to prevent the working woman, for instance, from keeping the deadly teapor | er shells were shricking and bursting o. the kitchen stove and "drawing a about him. cup" whenever she feels so inclined? Co., Battle Creek, Mich. Read the lit. The climate is really first cause, the cheering poison but the second. One has to be comforted by ten in London's |"put on."

fog and chill and a health committee is powerless to change the climate.

It has been said that next to death or serious libres the most distressing thing in the household is debt. The general thrift of the members of one of our most highly respected religious so cieties is doubtless due to the fact that they are enjoined to live within their means. With this sect prudence in the expenditure of money is rightly account. ed one of the master's virtues. The secret of the rise of many a worldly estate is to be found in the undeviating Hy and garbed in black silk and lace practice of spending less than is earned. This may involve Spartan sacrifices in some instances, but it comprises the art of getting on in the world. The maxim. "Spend less than you earn," is easily Any time there is a fight on in Cuba | understood, yet the unifority of persons | it is possible to find a Gomez in the heads of families, are so constituted that, no matter what the earnings may | now," be, the standard of living rises with the Scandal is merely an evidence of hus financial resources of the family, and manity's firm belief in the doctrine of at the end of the year the debit and credit sides of the domestic account balance, or, perhaps, the household is China is getting educated, and will grievously in debt. The piling up of soon be worrying about microbes and | debt for domestic expenses is jaexensable, save in cases where no amount of prudence will keep the wolf from

Whenever an employer drops a few women and puts men in their places there is a great commotion, as if something momentous had happened-as if a you know why those Arctic nights are general attack were being made on woman labor. If a firm were to dismiss half a dozen men stenographers or typewriters and hire women nothing would be sald about it. Nobody would Jump at the conclusion that men were being proscribed. Manifestly many women have a feeling that the place they have If P. T. Barmim were alive he could | won in the labor market is held by an uncertain tenure. They need have no fears on that score. The fact that an employer here and there decides that he can have his cierical work done to better advantage by a man than by a woman proves nothing and is not worth noticing. Women cannot be driven out of any of the fields of labor which have been opened to them during the last fifty years. In that time they have largely supplanted men as teachers. They have to a considerable extent driven them out of the dry goods stores. The "counter jumper" has become almost as extinct as the dodo. Of earployment in new occupations, such as typewriting and shorthand, women have a full share. In the beginning of the telephone men had charge of the little switchboards, while women do the work now, Women may draw comfort from the reflection that if they were to throw up their jobs in factories, stores and offices it would be impossible to find men enough to fill their places. Women get various kinds of work not narely because they will accept lower wages than men, but because their labor is needed to supplement that of men. Of course, the difference in wages counts for a great deal. It often turns the scale in favor of the woman. Many women who are poorly qualified are given the preference over men no more competent than themselves slinply because they ask less. Now and then an employer will get a notion that it is will discharge a few. Occasionally labor organizations will resolve that women should stay home and not take work away from men. These incidents count for nathing. The number of women workers in this country will continue to Increase.

A SPECIALIST IN COURAGE. ************

www.www. "Stonewall" Jackson's brother-inlaw, Gen. D. H. Hill of North Carolina. was known as the "Christian, Calvinist and Soldier." He was a graduate of West Point, and attained the rank of lientenant-general in the Confederate service. The stories told of his grim bravery and grit are almost countless. Once, says Major Robert Stiles, in "Four Years Under Marse Robert," in enumenting upon the flight of a body of cavairy before overwhelming numbers, General Hill remarked, incident-

"It takes a good man to stand and fight heavy odds when he has only two legs under him; but if you put six legs under him to run away with, it requires the best kind of a man to stand and fight."

Soon after taking command at Leesburg he wished to know the number, caliber and character of the Federal guns across the river. He gathered a large escort and rode up and down the river bank in a manner calculated to attract the fire of artillery.

When the enemy accepted his invitation and the suell came singing over and burled itself in the earth hard by, mounted and dug it up with his own hands, apparently unconscious that oth-

The incident impressed his men to a marked degree, and showed that his indifference to personal peril was not

ABOUT WOMEN AND OLD AGE.

Elderly Female of To-day Different from Her Foremother.

"But there are no old ladies nowadays " exclaimed a man the other day "At least," he added, "not what I call old ladles. When I was a boy I have distinct recollections of periodical visits to certain elderly females, principally relatives, who invariably occupied comfortable armchairs in the best place by the fire or at the window, and who did nothing but knit or embroider all day long. Surrounded by an admiring famcaps, these worthy old ladies used to strike terror into my bayish soul, and I regarded them with an awe scarcely less that what would be due to royalty.

"And yet these old ladies could not have been so very old, either, for the age limit was no longer then than It is

No, the old buly of a generation or so ago has vanished and there are but few specimens of her left. Whether the disappearance is for good or evil succeeding generations may be able to tell. But it used to be that after a woman was married and had children she was virtually hild on the shelf. She was an "old lady" by the time she reached her fiftieth birthday. But what about the women of to-

day? The woman of 40 is but just at the prime of life, while the woman whose years number half a hundred would be deeply insulted to be laid up; on the shelf, even though she were considered an object of deepest veneration by her family. She does not settle down to the chimney corner and cover her silvery locks with a cap. She keeps up her interest in current events. When her children grow up she Joins a club or devetes her leisure hours to chart

A woman may sometimes overdo the matter and appear too youtliful for her years, and here, of course, she makes i bad mistake. "Just as young as sie feels" is an excellent maxim to live a. to, but a little natural dignity is more graceful. Remember Mine, Recamber. the famous French beauty, who lived to be over 90 and retained her magnetic hold over her associates until the very last. Philadelphia Ledger.

FRIENDS ON EVERY SIDE.

A little girl in red, so small that she had not mastered the intricate art of fressing herself unassisted, recently started from Jersey City for the home of her parents in Bismarck, N. D. A writer in the New York Sun describes the beginning of her journey as follows:

She carried a Maltese kitten in her arms. Candy was sticking out all over her like prismatic quills, and whenever she moved about silver coin of all kinds in all her pockets-and she had lets of them-made her jingle merrily.

She is Freda Petroska of Warsaw, Poland, five years old. Her father and mother came to America three years ago and bought a farm in North Dakota, leaving Freda with her grand mother. After they had got the farm into good shape and paying they sent berier not to have women around and for Freda. An aunt of the little girl spoke English well, and had taught her the language, and she spoke it with a slight accent.

> She had passage in the steerage of a Hamburg-American liner, but when the cabin passengers heard about her, traveling all alone and tagged for her destination, as all lone baby voyagers are, they asked permission to bring her up into the cabin, and this request the captaln granted.

> The ship's cat had a litter of kittens on the first day out from Hamburg, and Freda claimed and got one kilten the moment she saw them.

The fittle glrl expressed the belief that there was no more silver and copper money left in the world after soe had filled all the pockets she had orus inally and the half-dozen more that the stewardess made for her.

Conductors on the trains on which Freda journeyed out to her new home helped to make her toller. At Ellis Island the money changer gave her more coin, the cateror supplied her with eaough things to last her several days, and inspectors added nickels and dimes to her overburdened satchel.

When a reporter asked her what she thought of America, she said it was a very nice place.

Gems Preferred.

Harry (in the department store)-How would this book "Gems of Thought," do for Belle's birthday?

Maude-I'm afraid that Belle is more given to thoughts of gems. - Boston Transcript.

Girls Dance Together.

Dancing in India is held in the highest esteem and dates back many conturies. The girls never dance with the men, but with one another, performing all sorts of grotesque figures.

Although the toper knows that he has to die some time he draws the line at a watery grave.

Some men find it as difficult to get out of debt as others do to get in.

Cures Woman's Weaknesses.

We refer to that boon to weak, nervous, suffering women known as Dr. Pierce's

Favorite Prescription. Dr. John Fyfe one of the Editorial Staff of THE ECLECTIC MEDICAL REVIEW Says of Unicorn root (Helonius Dioica) which is one of the chief ingredients of the "Fa-

vorite Prescription":

"A remedy which invariably acts as a uter-ine invigorator " " makes for normal ac-tivity of the entire reproductive system." He continues "in Helonias we have a medicament which more fully answers the above purposes than any other drug with which I am acquainted. In the treatment of diseases peculiar to women it is seldom that a case is seen which does not present some indication for this remedial agent." Dr. Fyfe further says: "The following are among the leading indications for Helonias (Unicorn root). Pain or aching in the back, with leucorrhora; atonic (weak) condition of the reproductive organs of nomen, mental depression and irritability, associated with chronic diseases of the reproductive organs of women; constant sensation of heat in the region of the kidneys; menorrhagic (flooding), due to a weakened condition of the reproductive system; amenor hope is pressed or absent monthly periods, assing from or accompanying an abnormal condition of the digestive organs and anomal (thin blood) habit; dragging sensations in the extreme lower part of the abdoner." indications for Helonias (Unicorn root). Pain

If more or less of the above symptoms are present, no invalid woman can do better than take Dr. Pierce's Favorite Prescription, one of the leading ingredients of which is Unicorn root, or Helonias, and the medical properties of which it most faithfully represents.

Of Golden Seal root, another prominent ingredient of "Favorite Prescription," Prof. Finley Ellingwood, M. D., of Bennett Medical College, Chicago, says: "It is an important remedy in disorders of the womb. In all catarrhal conditions and general enfeeblement, it is useful."

Prof. John M. Scudder, M. D., late of Cincinnati, says of Golden Scal root:

"In relation to its general effects on the system, there is no medicine in use about which there is such general unanimity of ominion. there is such general unanimity of opinion. It is universally regarded as the tonic useful in all debilitated states. Prof. R. Bartholow, M. D., of Jefferson Medical College, says of Golden Seal:

Valuable in uterine hemorrhage, menorrhagia (flooding) and congestive dysmenorrhœa (painful menstruation)." Dr. Pierce's Favorite Prescription faithfully represents all the above named ingredients and cures the diseases for which they are recommended.

YOU CANNOT

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify

to this fact. 50 cents at druggists. Send for Free Trial Box THE R. PAXTON CO., Boston, Mass.

00790000000000000000000 NOT YOUR HEART

If you think you have heart disea 🎍 you are only one of a countless number that are deceived by indigestion into believing the heart is

Lane's Family Medicine

the tonic-laxative, will get your stomach back into good condition, and then the chances are ten to one that you will have no more symptoms of heart disease. Sold by all dealers at 25c. and 5oc.

W. L. DOUGLAS 3.50 & 3.00 Shoes

~~~<del>~~~~~~~~~~~~~~~~~~~~</del>



Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4.00 to \$1.50. Misses' & Children's Shoes, \$2.25 to \$1.00. W. L. Douglas Women's, Misses an Children's shoes; for (tyle, fit and wear

they excel other makes.
If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitute, Ask your dealer for W. L. Douglas shoes and insist upon having them.

Fast Color Eyelets used; they will not wear orassy Write for filustrated Catalog of Fall Styles.
W. L. DOUGLAS, Dept. 14, Brockton, Mass.

DROPSY NEW DISCOVERY; gives quit realist and cures worst cases. Book testimonials and 10 Days' treatment free. Dr. H. H. GREEN'S SONS, Box U. Atlante.

N. N. U. 952-45, YORK, NEBR.

If afflicted with Thompson's Eye Water