

To have nothing to hide is a thous
and times better than to keep other
from tinding out our wrong deeds.
Torture or Women.
It was a terribie torture that Mrs. Ger
tie MeFarland of King's Mountain, N. C
periodical pain, and became so weak I was
given up to die, when my husband got me
Wief. and with three bottlos I am up doing
my work. I cannot say enough in praive
women's ills. At druggista, $\$ 1.00$.
is "Puil up your socks""' It is
uttered in contradiction of something
that has been just said, or is equiva-
$\qquad$
$\qquad$
$\qquad$
paying for the expert.
A waiter in a Seattle restaurant,
Martin Kelin
guests at lins table discussing th
chances of making a fortune i
Tacoma tide lands. Having saved u
two thousnd dollars. Kellar bord
RE7
3) REPAIRING brain. TEZ physiclan, author or business man is active use of the brain. by the pores shows that brain work
breaks down the phosphate of potash, separating It from its heavier compan-
lon, albumen, and plain common bense
teaches that this elemental princlple each day, if we would replicee the loss and rebuild the brain tissue.
We know that the phosphate of potbas an aflinity for albumen and that is can be bullt. It will not answer to take drug shop, for nature rejects it. The through food directly from Natare's These facts have been made use of in the manufacture of Grape-Nuts, and ting free use of Grape Nuts for ten days where (and in tmmense quantitiea) Marutactured by the Postum Co., Bat-

Oh
fro
Ing
eve
ha
Po
ute
and
ken
and



 I have been using your medilithe
for a short period and
much rel velieved. It is indeed a much rolieved. It is indeed a
$\begin{aligned} & \text { wonderful medlcine, besides a } \\ & \text { good tonic." }\end{aligned}$

## 


$\qquad$

## WORST CASE OF ECZEMA.

$\qquad$
$\qquad$
$\qquad$
$\qquad$

$\qquad$

$\qquad$
$\qquad$
$\qquad$
$\qquad$


Absolutely Frea


## WESTERN CANADA

## Upwards of Twenty-five

 Bushels of Wheat to the Acre

NEBRASKA LAND


DROPSY sRw provntiouz


## Satem <br> @acaleta

Whe Sol THEY WJRK WHILE YOU SIEEP Drueratis
BEST FOR THE BOWELS

