

Graft seems to be indigenous to all places and all climes.

Russia is short of shells. When it shells out it will be shorter.

An English scientist has discovered that every hen's egg contains a quantity of deadly bacteria. Boll your eggs.

A Chicago justice fined a man for selling "embalmed" milk. Embalmed milk leads to embalmed babies.

If any of those \$50,000 jobs that Paul Morton didn't take are still open will the owners of them please write?

A woman may be afraid of a mouse, but she isn't afraid to undertake to boss a man for life who is twice her size.

It's a good thing for kings and rulers in Europe that the bomb-throwing fraternity know nothing of the game of baseball.

It is highly humiliating to a man who thinks he knows it all to find himself accepted without question as a jurymen.

That New York man who sleeps fifty days at a clip ought to be in great demand as a dummy director in those high finance corporations.

A single letter makes a big difference. Part of the Russian navy is interred in the Japan Sea and another part interned at Manila.

King Alfonso refused to be worried over that bomb incident in Paris. He probably thought it was just the French way of making him feel at home.

The Czar has given Governor General Treppoff power to suppress the revolutionists. The Governor General now has a job at which, if he works faithfully, he can earn his salary.

If the wife of the German crown prince has the same trouble in keeping her crown on straight with hatpins that the ordinary woman has with her hat she is entitled to a great deal of sympathy.

After reading the descriptions of the bridal trousseau of the Duchess Cecilia the average woman will be unable to see any reason why she should not be perfectly happy. The man don't count any more, anyhow.

Alfonso, recently appointed a general in the English army, is the first Spanish king that ever set foot in England. If he will come over here we will try to get him an honorary appointment as colonel on the staff of some governor.

That the activities of the coyote in the West influence the price of mutton in the East is one of the conclusions derivable from a study recently made by the Department of Agriculture; for the pariah of the plains is fond of mutton, and where coyotes are numerous sheep-raising languishes. Science in these days is discovering many such cases of interdependence.

Out of the wreck and ruin Russia will come less arrogant, much meeker and all the better for being thrashed. It will probably no longer seek to play the role of shaper of world destinies, but the world will be none the worse for that. The chief mission of Russia will be to reshape its own institutions, and if this is done wisely the war will be viewed as a Russian blessing before the end of the present century.

No one needs to be told that there is iron in the blood, but it has remained for a French chemist, Monsieur Barruel, head of the chemical laboratories of Paris, to make commercial use of the fact. He used to practice medicine, and was accustomed to bleed his patients in the old-fashioned way. He extracted the iron from the blood drawn from human arms and kept it in the form of minute globules or pearls. At last he had enough to make an iron ring, which he wears on one of his fingers.

In the shocking cases of perfidy and of unfaithfulness to the marriage vow among our wealthier classes, the root of the matter lies, as in so many other sorts of sin, in idleness. The absence of strenuous, compulsory occupation is in itself a temptation to crime. The idle man or woman whose sole interest in life is the pursuit of pleasure inevitably becomes sated with its different forms. All of the ingenuity which can be expended upon inventions of new sorts of food, new ways of serving, new entertainments, really avails little. After all is said and done a banquet is only a banquet, a cotillon is only a cotillon, and even operas and

theaters after a few years begin to seem strangely and dully alike. A new emotion, a new sensation—something which money cannot buy—this becomes the only fresh and desirable thing on earth.

With the arrival of the commencement period this year there came the annual protests from various quarters over the tendency toward adopting a profession already overcrowded, the line of argument being based on the point from which the situation is considered. Among those to sound a note of distress is the Engineering News, which suggests that if the movement in the direction of strictly technical instruction continues there is a likelihood that the profession of engineering will be seriously overcrowded. The same sentiments are shared by the legal profession, the medical profession and others whose members view with alarm the army of graduates turned out annually, and who marvel that the aspirants for professional honors did not pursue some of the other branches which to them appear to furnish greater opportunities. Within the last few years there has been an undeniable tendency toward adopting one of a half dozen professions. Doctors and dentists, lawyers and engineers, have been turned out in wholesale numbers, and their number increases in greater proportions annually. That this tendency should be viewed with alarm is not surprising, although much of the fear appears to be unwarranted. The opportunities to-day may not be as great as formerly, but they are still there for the man possessed of ability and willing to labor for success. Competition is the strongest spur to the ambitious individual. The one who can perform his allotted duties more satisfactorily than can his fellow man finds his services in greater demand. With the employment of his faculties comes a development of talents that increases his value and secures his position in the professional world. The laggard must fall behind, however slight the strife for existence. Of all the men who leave educational institutions each year only a certain percentage make a success in life, but it would be incorrect to attribute all the failures to the overcrowding of the profession adopted. The man determined to win gains recognition; the one contented to drift along remains in obscurity and views with alarm the advent of more ambitious persons into the field which he has neglected.

Two lines of discussion are suggested by the comment of President James of the University of Illinois upon college athletics, one relating to the effect of training upon those who take part in intercollegiate sports and the other to the general influence of such sports upon the habits and pastimes of the whole body of students. It is an old story that excessive training is injurious, and it is frequently said that the college athletes instead of showing exceptional physical vigor after graduation appear to suffer from a loss of vitality. President James is reported to have made an investigation into this branch of the subject, but we have only his generalizations, not the statistics upon which they are based. At most, however, only a relatively small number of students are affected by the overtraining, and while their experience may serve as a warning and call for regulation, it does not determine the more important question of the influence that is exerted by athletics on the college life. But President James states the case as though the devotion of the few to a sort of professionalism excluded the many from rational exercise. He says: A score of men in college after untold hardships are picked to represent the college on a football team. They are kept under continuous strain for months. All the rest of the college men play merely the part of "rooters," taking no exercise at all. The great wrong here is that the incentive to general and most desirable athletic work on a sane scale is lost. That may be a fair description of present conditions, but not many years ago there was a great string of candidates for every university contest, and the competition between classes not only developed the class crews, nines and elevens, but led to a wide participation in the preliminary practice work. In other words, all this competition afforded the general incentive, and the idea of exclusion is a difficult one to grasp, except in so far as it refers to the choice of candidates. The mere rooter might take exercise if he would, and he would probably be indifferent to any incentive except some form of compulsion. It is pertinent to ask, therefore, what the new incentive is to be. At the same time it would appear that the most regrettable feature of the recent developments is a growing tendency to professionalism as it is seen in the employment of coaches and the scramble for good athletic material. The spirit proper to college sport is being sacrificed to the overwhelming desire for victory.

Courts may be depended upon to sustain taxes, but on all other matters it is a guess.

Some one has estimated that John D. Rockefeller's wealth in silver dollars would weigh as much as two first class battleships; in \$1 bills it would make a double girdle around the earth and leave a remnant 1,560 miles long.

The chest and bust can probably be developed more quickly by deep breathing than any other method. A good breathing exercise is to hold alighted candle in front of one's self, draw in a deep breath and blow it out quickly; relight the candle, draw in another deep breath and blow so lightly that the flame is scarcely disturbed, repeating this operation several minutes.

Gratitude Well Expressed.
Sault Ste. Marie, Mich., Aug. 14.—Mr. C. L. Smith, painter and decorator, whose home is at 309 Anne street, this city, makes the following statement:

"I was laid up with some kind of pains. Some said it was Lumbago, others Sciatica, and others again Rheumatism. A few of my friends suggested that it was lead poison, but whatever it was it gave me a great deal of pain, in fact, almost completely crippled me. I had to use two canes to walk about and even then it was a very painful task.

"A friend advised me to try Dodd's Kidney Pills and I began the treatment. After I had used the first box I was able to throw away one of the canes and was considerably improved. The second box straightened me up so that I could go about free from pain without any assistance and very soon after I was completely cured, well and happy, without a pain or an ache. Dodd's Kidney Pills seemed to go right to the spot in my case and they will always have my greatest praise."

The juices of a lemon squeezed into a half pint of Jamaica rum is an old-fashioned preparation for whitening the skin.

You Can Get Allen's Foot-Ease FREE.
Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, sweating, hot, swollen, itching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All Druggists and Shoe Stores sell it. 25c.

Remove the particles of dirt from the face before going to bed, especially if you have been out in the open air.

The sting of a wasp may be eased by rubbing on the wound a slice of a freshly cut onion.

A Connecticut firm recently made to order a shotgun for a man who aims with his left eye, the right one being sightless. The stock and lower frame of the gun were twisted so that he may shoot without discomfort.

The marigold is a little weather prophetic. If the day is going to be fine, the flower opens about five or six o'clock in the morning; but, if wet weather is in store, the marigold does not open at all.

Large India rubber forests have recently been discovered in the province of Jujuy, in the north of Argentina. In some districts there are as many as fifty thousand rubber trees to the square mile. The climate of Jujuy is much better and healthier than in Para, Brazil, and for this reason alone the Argentine rubber industry is destined to have a prosperous future.

HEART RIGHT

When He Quit Coffee.
Life Insurance Companies will not insure a man suffering from heart trouble. The reason is obvious.

This is a serious matter to the husband or father who is solicitous for the future of his dear ones. Often the heart trouble is caused by an unexpected thing and can be corrected if taken in time and properly treated. A man in Colorado writes:

"I was a great coffee drinker for many years, and was not aware of the injurious effects of the habit till I became a practical invalid, suffering from heart trouble, indigestion and nervousness to an extent that made me wretchedly miserable myself and a nuisance to those who witnessed my sufferings.

"I continued to drink coffee, however, not suspecting that it was the cause of my ill-health, till, on applying for life insurance I was rejected on account of the trouble with my heart. Then I became alarmed. I found that leaving off coffee helped me quickly, so I quit it altogether and having been attracted by the advertisements of Postum Food Coffee I began its use.

"The change in my condition was remarkable, and it was not long till I was completely cured. All my ailments vanished. My digestion was completely restored, my nervousness disappeared, and, most important of all, my heart steadied down and became normal, and on a second examination I was accepted by the life insurance company. Quitting coffee and using Postum worked the cure." Name given by Postum Co., Battle Creek, Mich.

There's a reason, and it is explained in the little book, "The Road to Wellville," in each pkg.

DEBATED ALL BY HIMSELF.

Preacher Candidate for Office Played a Sharp Trick on His Opponent.

"I saw by the papers the other day that a new and bloody feud had broken out in the mountains of Kentucky," said a man from that State. "No one can fully appreciate these feuds unless he has lived in the counties where the trouble is located. There are many quaint characters in the mountain portions of the State. Of course there are not many people who remember 'Parson' Hopkins, who was given a seat in Congress a number of years ago over Joe Kendall, whose father had been in Congress before his son attempted to get there.

"'Parson' Hopkins was a Baptist minister in the Tenth District and was much loved by his people. The Republicans knew that he would be the only person who could win in a contest for the place, and so they nominated him. It was many days before the chairman of the district Republican organization could find out where the parson was. At last he was located away up in a mountain county conducting a camp meeting. He refused to discuss politics until he concluded his meetings, three days later. Many Democrats who had never cast a Republican vote put in ballots for 'Parson' Hopkins and became insulted if they were told they had voted Republican. 'We are voting Baptist,' was the way they put it.

"Joe Kendall had tried every way possible to get 'Parson' Hopkins into a joint debate, but the parson would not consent. One day the parson went into a town where Kendall was to hold a meeting and unexpectedly ran into Kendall. The latter promptly challenged the parson to joint debate and Mr. Hopkins reluctantly consented. His terms, however, were that he should have the opening. The Democrats were rejoiced and declared that Kendall would wallop 'Parson' Hopkins roundly. At 1 o'clock, the hour set for the joint debate to begin, the parson was introduced by the chairman. 'Parson' Hopkins opened the meeting with prayer, then read a long selection from the Bible. Finally he entered upon his speech. When dark came he was still speaking, by which time nearly all the men had gone to their homes to look after their cattle, horses, etc., and as no arrangement had been made for lighting the meeting place Kendall never did get a chance to respond to the opening. The joke was on Kendall."—Washington Star.

Errors in a Cyclopaedia.

A man who has done a great deal of work in correcting some large dictionaries, encyclopedias and historical reference works, who has studied ten languages and who is well informed on a number of foreign lands, examined over 15,000 pages of an encyclopedia recently published in this country. Much of the work he did without the publisher's knowledge.

Though this encyclopedia was considered to have been edited carefully, he discovered over 1,000 mistakes in the first volume alone. In the following volumes he found many thousands.

In speaking of one of the most famous violin virtuosos who ever lived, it was said that in his youth he fell out with his parents and ran away to Cassel, Germany, twelve years after he died. In giving a sketch of a living European author, the statement was made that he wrote and published his first book nine years before he was born. In calling an editor's attention to this error, the editor replied: "Verily, a bright kid this! What precocity!"—Success.

Palindromes Not Uncommon.

"It is a fascinating occupation," said a philologist, "to search the language for palindromes. A palindrome is a word that reads the same backward as forward. Several hundred of these strange words are tabulated, and new ones are continually turning up in the English tongue. I can rattle off extempore a dozen or two palindromes. Thus: Bab, refer, bib, sexes, Anna, tot, bob, peep, civic, toot, dad, madam, deed, pup, deified, sees, dewed, tat, did, shahs, eye, reviver, ewe, rotator, gog, pop, gig, gag, reviver, level, non, Otto."

An Insult.

Mr. Pyphase—You've been fighting, again.
Johnny P.—Well, that big dub insulted me, an' I licked him.
Mr. P.—That's right; don't let anybody insult you. What did he say?
Johnny—He said I looked like you.—Cleveland Leader.

Where He Put It.

McBluff—See here, sir, I believe you are the man who on the crowded car last night deliberately stuck your umbrella in my eye.
De Stuff—Do you know, I was wondering what had become of that umbrella. You've brought it back, have you?—Cleveland Leader.

Any fool can write poetry, but it takes a wise guy to swap it for ready money.

In marriage one and one make one; in divorce one from one leaves two.

COMMODORE NICHOLSON RECOMMENDS PE-RU-NA



COMMODORE Somerville Nicholson of the United States Navy, in a letter from 1837 R street, Northwest, Washington, D. C., says:

"Your Peruna has been and is now used by so many of my friends and acquaintances as a sure cure for catarrh that I am convinced of its curative qualities and I unhesitatingly recommend it to all persons suffering from that complaint."

Our army and our navy are the natural protection of our country.

Peruna is the natural protection of the army and navy in the vicissitudes of climate and exposure.

We have on file thousands of testimonials from prominent people in the army and navy.

We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving for his widely known and efficient remedy, Peruna.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

A restaurant proprietor in Paris contrived to get his meat without cost. He had trained a Danish boarhound to steal joints of meat from butchers' shops; and bring them to him.

A terrier lately died at Bourne mouth, England, and as the death was sudden, a post-mortem examination was made. In the dog's stomach were found two pounds of coarse gravel, a wire nail nearly three inches long, and the key of a clock.

What To Do If Constipated

Summer Bowel and Stomach Trouble

- Q. What is the beginning of sickness?
A. Constipation.
- Q. What is Constipation?
A. Failure of the bowels to carry off the waste matter which lies in the alimentary canal where it decays and poisons the entire system. Eventually the results are death under the name of some other disease. Note the deaths from typhoid fever and appendicitis, stomach and bowel trouble, at the present time.
- Q. What causes Constipation?
A. Neglect to respond to the call of Nature promptly. Lack of exercise. Excessive brain work. Mental emotion and improper diet.
- Q. What are the results of neglected Constipation?
A. Constipation causes more suffering than any other disease. It causes rheumatism, colds, fevers, stomach, bowel, kidney, lung and heart troubles, etc. It is the one disease that starts all others. Indigestion, dyspepsia, diarrhea, loss of sleep and strength are its symptoms—pleas, appendicitis, and fistula, are caused by Constipation. Its consequences are known to all physicians, but few sufferers realize their condition until it is too late. Women become confirmed invalids as a result of Constipation.
- Q. Do physicians recognize this?
A. Yes. The first question your doctor asks you is "Are you Constipated?" That is the secret.
- Q. Can it be cured?
A. Yes, with proper treatment. The common error is to resort to physics, such as pills, salts, mineral water, castor oil, injections, etc., every one of which is injurious. They weaken and increase the malady. You know this by your own experience.
- Q. What then should be done to cure it?
A. Use the free coupon below at once. Mull's Grape Tonic will positively cure Constipation and in the shortest space of time. No other remedy has before been known to cure Constipation positively and permanently.
- Q. What is Mull's Grape Tonic?
A. It is a Grape Compound that exerts a peculiar healing influence upon the intestines, strengthening the muscles of the alimentary canal so that they can do their work unaided. The process is gradual but sure. It is not a physic. It is unlike any thing else you have ever used, but it cures Constipation, Dysentery, Stomach and Bowel trouble. Having a rich, fruity grape flavor, it is pleasant to take. As a hot weather tonic it is unequalled, insuring the system against diseases so fatal in hot weather.
- Q. Where can Mull's Grape Tonic be had?
A. Your druggist sells it. The dollar bottle contains nearly three times the 50-cent size, but if you write TO-DAY you will receive the first bottle free with instructions. This test will prove its worth.

WRITE FOR THIS FREE BOTTLE TODAY
Good for ailing children and nursing mothers.

FREE BOTTLE COUPON
Send this coupon with your name and address and druggist's name, for a free bottle of Mull's Grape Tonic for Stomach and Bowels, to
MULL'S GRAPE TONIC CO.,
21 Third Avenue, Rock Island, Illinois
Give full address and write plainly.
The \$1.00 bottle contains nearly three times the 50-cent size. At drug stores.
The genuine has a date and number stamped on the label—take no other from your druggist.