

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.

900 DROPS

CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL PITCHER

Pumpkin Seed -
Aloes -
Rhubarb Sals -
Sassafras -
Sage -
Sulphur -
Cinnamon -
Mint -
Clove -
Nutmeg -
Ginger -
Licorice -
Malt -
Starch -
Sugar -
Water

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of
Chas. H. Fletcher
NEW YORK.

At 6 months old
35 Doses - 35 CENTS

EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinadale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."

Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I find it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

Dr. Howard James, of New York City, says: "It is with great pleasure that I desire to testify to the medicinal virtue of your Castoria. I have used it with marked benefit in the case of my own daughter, and have obtained excellent results from its administration to other children in my practice."

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought
In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY ST., NEW YORK CITY.

Familiar Sound.
Bill—Do you remember that \$10 you borrowed from me at the beginning of Lent?
Jill—I do.
"Isn't it time you paid it back?"
"No."
"You promised to pay it back."
"Yes, but I didn't promise to pay it back while it was Lent."—Yonkers Statesman.

Splendid Idea.
Rodrick—What use will the Russian soldiers be when the war is over?
Van Albert—Why, they will be so used to receiving lickings they would make good baseball umpires.

Rather Rough.
Bessie—Yes, all girls admire neat men.
Jack—Oh, I don't know. A girl is always tickled when a chap who needs a shave kisses her.

His Little Joke.
Mr. Peck (reading)—Miss Strong-mind has decided not to wear dresses any longer.
Mrs. Peck—My goodness! What is she going to wear?
Mr. Peck—Dresses; but she says they are long enough now.

Not Difficult.
Rounder—I have faithfully kept the resolution I made on New Year's day.
Muggins—Indeed! What was it?
Rounder—I resolved not to make any more resolutions.

Not Altogether Hopeless.
Edyth—I actually had three men at my feet last week.
Mayme—Oh, well, don't get discouraged. Perhaps you may yet find a chiroprapist who will be able to afford you relief.

Handicapped.
Myer—You say your grandfather had three doctors and they were unable to agree as to the nature of his disease?
Gyer—Yes. You see, they were unable to get together and hold a consultation.

Severe Sacrifice.
Gunner—Here's where some scientist rises to remark that if you eat onions you will live forever.
Guyer—What would be the use of living forever when no girl would ever let you kiss her?

The Mean Man.
"Oh," says Mrs. Gossip, "what a beautiful spring hat your wife has! Isn't it a dream?"
"On the contrary," replies Mr. Tight-ghost, "I happen to know from experience that it is a perfect nightmare."—Tacoma News.

Was Misunderstood.



Loafer—Can you give us a job, gov'nor?
Foreman—Yes; what's your name?
Loafer—Simpson, mister.
Foreman—Right; go and help load that pig iron.
Loafer (indignantly)—S-i-m-p-s-o-n—Simpson, gov'nor, not Samson.—The Tatler.

Sized Him Up.
First Tailor—Why did you refuse to take that man's measure for a suit until he had made a deposit in advance?
Second Tailor—I took his measure before he came into the shop.—Cleveland Leader.

Geometrical.
"Don't know her? Why, she lives in the same square with you."
"Yes, but she's not in the same circle."—Cleveland Leader.

A Clutch.
Gotham Fowle—How did you get along so well with that ugly Miss Skadds this evening?
Freleigh Givin—I talked about how homely all the other girls were.—Cleveland Leader.

It All Depends.
"Is marriage a failure?"
"You can never tell till you've seen the wedding presents."—Cleveland Leader.

Soft Fellow.
Miss Ascum—Have you really broken off your engagement to him?
Miss Flytte—Oh, yes, I just had to. He was getting too sentimental; began to talk to me about matrimony.—Philadelphia Press.

Larger Scale.
"They are getting gold out in quartz."
"To hear him talk you would think they were getting it out in bushels."—Illinois State Journal.

A sporting authority says that Jim Jitsu will give a woman a slim waist. He does not say what it will do to her husband.

There are plenty of women who are dressing on less than \$65 a year, Mr. Atkinson, and earning the money themselves.

What a merry old world this would be if all jokers were as good natured and intelligent in their pleasantries as we are in ours.

Observe the remarkable inflation in Japanese finances. Ten years ago a Japanese day laborer's pay was only 6 cents. Now it is 16 cents!

Mrs. Chadwick's inability to remember all her borrowing operations is immaterial. Her creditors can supply her with a complete list of them.

Rev. J. Frank Cordova, the Jersey minister who goes to jail for eloping with a choir girl, finds that the course of fool love never does run smooth.

A Massachusetts man has been working for three years on a crazy quilt. Will the women of Massachusetts insist, after this, on the equality of the sexes?

The case of a man in Paris is puzzling the physicians. It is said he has "shrunk two feet." That is about as many feet as a normally constituted man can shrink or otherwise deform, is it not?

Wireless telegraphy, for all its great promise, does not take the heart out of the cable companies. The Commercial Company is preparing to lay its fifth cable between Canso, Nova Scotia, and Waterville, Ireland.

Mr. Rockefeller's salary as President of the Standard Oil Company is only \$20,000 a year, but by making his lunch on pie and a glass of milk he is able to save out of that several millions for charitable and educational work.

Japan will not need to worry about a merchant marine when this war is over. She has got quite a handsome nucleus in the forty blockade runners flying the flags of various nations and carrying Russian supplies which she has captured and now anchored within her harbors.

Carlisle Industrial School appears prominently in the eyes of the public during the football season. Let us not forget the real work it does during the rest of the year. A few weeks ago Commissioner Leupp presented diplomas to the largest class of Indiana that has been graduated in recent years.

Railway stations in Switzerland are to have a measuring-machine placed near the ticket office. The contrivances will be used in enforcing a new rule, that all children under two feet one inch in height will be passed at half fare. Children above that height of whatever age, will be treated exactly as adults. The temptation to prevaricate concerning the age of their offspring when traveling will thus be removed from the pathway of parents.

FEED YOUNG GIRLS.

Must Have Right Food While Growing.
Great care should be taken at the critical period when the young girl is just merging into womanhood that the diet shall contain all that is upbuilding, and nothing harmful.
At that age the structure is being formed, and if formed of a healthy, sturdy character, health and happiness will follow; on the other hand, unhealthy cells may be built in and a sick condition slowly supervene which, if not checked, may ripen into a chronic disease and cause lifelong suffering.

A young lady says:
"Coffee began to have such an effect on my stomach a few years ago, that I was compelled to quit using it. It brought on headaches, pains in my muscles, and nervousness."

"I tried to use tea in its stead, but found its effects even worse than those I suffered from coffee. Then for a long time I drank milk alone at my meals, but it never helped me physically, and at last it palled on me. A friend came to the rescue with the suggestion that I try Postum Coffee."

"I did so, only to find at first, that I didn't fancy it. But I had heard of so many persons who had been benefited by its use that I persevered, and when I had it brewed right found it grateful in flavor and soothing and strengthening to my stomach. I can find no words to express my feeling of what I owe to Postum Food Coffee!"

"In every respect it has worked a wonderful improvement—the headaches, nervousness, the pains in my side and back, all the distressing symptoms yielded to the magic power of Postum. My brain seems also to share in the betterment of my physical condition; it seems keener, more alert and brighter. I am, in short, in better health now than I ever was before, and I am sure I owe it to the use of your Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Your Children's Health

IS OF VITAL IMPORTANCE.
A large part of their time is spent in the schoolroom and it becomes the duty of every parent and good citizen to see to it that the schoolrooms are free from disease breeding germs. Decorate the walls with

Alabastine

Cleanly, sanitary, durable, artistic, and safeguards health.
A Rock Cement in white and delicate tints. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. The delicate tints are non-poisonous and are made with special reference to the protection of pupils' eyes. Beware of paper and germ-absorbing and disease-breeding kalsomines bearing fanciful names and mixed with hot water. Buy Alabastine only in five pound packages, properly labeled. Tint card, pretty wall and ceiling design, "Hints on Decorating," and our artists' services in making color plans, free.
ALABASTINE CO.,
Grand Rapids, Mich., or 165 Water St., N. Y.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.
SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.
Genuine Must Bear Fac-Simile Signature
W. D. Carter
REFUSE SUBSTITUTES.

PISO'S CURE FOR CURVES WHERE ALL ELSE FAILS.
Best Cough Syrup, Treats Good. Use in time. Sold by druggists.
CONSUMPTION

N. N. U. 880, 24 YORK, NEB

Ideas control the world.
Smiles are the food of love.
Doubt is hell in the human soul.
Sincerity is the face of the soul.
No man can lose what he never had.
Good humor is the health of the soul.
Beware the fury of the patient man.
Learning makes a man fit company for himself.

Preventatives of evil are far better than remedies.
For each Cassie Chadwick there are a hundred Frank Bigelows.
Light housekeeping is sometimes very heavy on the pocket-book.
A broken heart is bad enough but a broken pocket-book is worse.
Woman is more forgiving than man, but she is not more forgetful.
The books that help you most are those that make you think the most.
A man should never be ashamed to own that he has been in the wrong. Fine language is not always the exclusive property of the sincere lover.
Merit is never so conspicuous as when it springs from an obscure source.
The mind grows narrow in the same proportion as the soul grows corrupt.
Religion is a necessary and indispensable element in every human character.
The first point of wisdom is to know the false; the second to discern the truth.
A fixed idea is like the iron rod which sculptors put in their statues. It impales and sustains.
Woman's advice is not always lucid and logical, but somehow it generally strikes the nail on the head.

Aluminum horseshoes have been thoroughly tested by the Russian army. They have proved quiet satisfactory, saving the horses feet more than iron shoes do.

BY MR. S. B. HEGE.

B. & O. R. R. Passenger Agent, Washington, D. C., Tells of Wonderful Cure of Eczema by Cuticura.

Mr. S. B. Hege, passenger agent of the Baltimore & Ohio Railroad in Washington, D. C., one of the well-known railroad men of the country, sends the following grateful letter in praise of the Cuticura Remedies:
"Thanks to the Cuticura Remedies, I am now rid of that fearful pest, weeping eczema, for the first time in three years. It first appeared on the back of my hand in the form of a little pimple, growing into several blotches, and then on my ears and ankles. They were exceedingly painful because of the itching and burning sensation, and always raw. After the first day's treatment with Cuticura Soap, Ointment and Pills, there was very little of the burning and itching and the cure now seems to be complete. I shall be glad to aid in relieving others suffering as I was, and you may use my letter as you wish. (Signed) S. B. Hege, Washington, D. C., June 9, '04."

Most every person has one thing that nobody else wants, and that's a temper. If you have one keep it.

Piso's Cure for Consumption always gives immediate relief in all throat troubles.—F. E. Bierman, Leipsic, Ohio, Aug. 21, 1901.

Health is the greatest of all possessions.

"Dr. David Kennedy's Favorite Remedy gave me prompt and complete relief from dyspepsia and liver derangement." B. F. Truesdell, Jr., Harlem R. R., N. Y.

Tale bearers are as bad as tale makers.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain, cures colic. Price 15c.

Memory is the treasure house of the mind.

You Can Get Allen's Foot-Ease FREE. Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, aching, hot, swollen, itching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All Druggists and Shoe stores sell it. E. C.