Chicago Society Woman, Who Was So Sick She Could Not Sleep or Eat, Cured by Doan's Kidney Pills.

Ave., Chicago, Orator of the West Side Wednesday Club, says: "This winter



ached in every bone and had intense pains in the kidneys and pelvic organs. The urine was thick and live. I felt a

change for the better within a week. The second week I began eating heart-By. I began to improve generally, and before seven weeks had passed I was well. I had spent hundreds of dollars for medicine that did not help me, but 66 worth of Donn's Kidney Pills re-

stored me to perfect health."
A TRIAL FREE—Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cts.



It Cures Colds, Coughs, Sore Throat, Croup, Info-enza, Whooping Cough, Bronchitis and Asthma-A certain cure for Consumption in first stages, and a sure relief in advanced stages. Use at once. You will see the excellent effect after taking the first dose. Sold by dealers everywhere. Large erst dose. Sold by dealers offices 25 cents and 50 cents.



UNITED **STATES**

IMPORTING CANADA WHEAT IS NOW A FACT

ET A FREE HOMESTEAD IN WESTERN CANADA

me of the best wheat lands on the continent, and producer. The average yield of wheat this year bout TWENTY BUSHELS TO THE ACRE. he cat and barley crop will also yield abundantly. Splendid imate, good schools and churches, excellens marketing facilities Apply for information to Superint indent of Immigra-tion, Ottawa, Canada, or to W. V. Sennett, Sil New York Afe Building, Omaha, Neb , Auth rised Government

Please say where you saw this advertisement

reazon; after that fails, fail bak on risen far above him. their faith-they may be for their better tomorrow.

Doan's Kid- anxious to disbelieve everything he and take pains at every turn is a ney Pills I sees and hears I konklude he haz safe sort of genius to tie to. [got but few branes, and don't feel az though he could afford to take enny chances.

I don't beleave in phooling around eanything. I never waz krazy to take enny unnecessary risks. If I cloudy, and I waz called upon to mourn over a could barely ded mule, I should stand in front ov eat enough to him, and do mi weeping.

> Menny people rate their importanse bi their ability to find fault with everything but themselfs

> If we never had committed enny sin we should hav missed a most blessed privilege-the privilege ov repentanse.

A proper deference on all caasbuns iz not only the very kream ov politeness, but one ov the best evidences ov a well-ordered and highly intelligent natur.

It's a good deal easier to sit up straight in enorch than it is to walk upright in the world.

The ability to turn stumbling. blocks into stepping-stones is often worth more in a pinch than a fat purse.

Nothing can bring you peace but yourself. Nothing can bring you peace but the triumph of principles.

Look out for the duv-eyed and pure chap, who iz anxious to kiss every one he meets, man and woman alike -look out for him; he kan't tell himself what he will do next.

I find Piso's Cure for Consumption the best medicine for croupy children.—Mrs. F. Callahan, 114 Hall street, Parkersburg, W. Va., April 16, 1901.

It's lots easier to slide down a banister than to climb a flight of stairs. You can slide down to ob scurity without trouble, but it takes climbing to be somebody.

TO LURE A COLD IN ONE DAY Patte Larative Bromo Quinine Tableta. Af druggists refund the money if it fails to cure E. W. Grove's signature is on each box. 25c

It's not what your grandfather did before the war-it's "Can you make

First ov all, is a rasbional being, A man is very apt to complain of ya are required to exercise yure the ingratitude of those who have

yeure faith, not on yure doubts; no The man who does his very best Marion Knight, of 33 N. Ashland one kan be held ackountable for work today is in fair way to do even

The man who likes his work well When I see a yung man who iz enough to keep everlastingly at it

Concentration does not straining every nerve and muscle toward work-means dropping everything that interfers.

IT'S THE TERROR OF ALL WOMEN

Backache Quickly Cured by Dodd's American Kidney Remedy.

Dover, Ky., Feb. 13th .- (Special.)-So long has Backache been the terror of the women of America that the numerous reports of the complete and permanent cures of this ailment now being made by Dodd's Kidney Pills are causing wide satisfaction and not the least remarkable of these cures is that of Mrs. W. H. Ambrose of this place, Mrs. Ambrose says:

"I had such pains in my back at can be made separately. times I could hardly move and other symptoms showed that my kidneys were affected. One box of Dodd's Kidney Pills drove away all the pains and I have never been troubled since."

Backache is the kidneys' first notice that they are out of order and need help. If they get that help in the form of Dodd's Kidney Pills all will be well. If they are neglected the disease may develop into Diabetes, Bright's Disease or Rheumatism.

The U. S. Dept. of Agriculture gives to Salzer's Oats its heartiest endorsement. Salzer's New National Oats yielded in 1904 from 150 to 300 bu. per acre in 30 different States, and you, Mr. Farmer, can beat this in 1905, if you will.



Speltz or Emmer, above illustrated gives 80 bushels grain and four tons hay besides per acre. It's wonderful. Salzer's seeds are pedigree seeds, bred up through careful selection to big yields.

Per Acre. Salzer's Beardless Barley yielded 121 bu. Salzer's Home Builder Corn... 300 bu. 121 bu. Speltz and Macaroni Wheat.... Salzer's Victoria Rape....... 60,000 lbs. Salzer's Teosinte Fodder.....160,000 lbs. Salzer's Billion Dollar Grass... 50,000 lbs. Salzer's Pedigree Potatoes.... 1,000 bu. Now such yields pay and you can have them, Mr. Farmer, in 1905.

SEND 10C IN STAMPS and this notice to the John A. Salzer Seed Co., La Crosse, Win., and you will get their big catalog and lots of farm seed samples free. [C. N. U.]

nore millionaires than the accident of birth.

The moment a man is satisfied with himself everybody else is dissatisfied with'him.

Be pleasant until 10 o'clock in the morning; the rest of the day will ful of cream of tartar and a dash of take care of Itself.

READS THE BOOK.

"The Road to Wellville" Pointed the Way.

Down at Hot Springs, Ark., the visitors have all sorts of complaints, but it is a subject of remark that the great majority of them have some trouble with stomach and bowels. This may be partly attributed to the heavy medicines.

Naturally, under the conditions, the question of food is very prominent.

fered for nine years from stomach and bowel trouble, had two operations which did not cure, and was at last threatened with appendicitis.

He went to Hot Springs for rheumatism and his stomach trouble got worse. One day at breakfast the waiter, knowing his condition, suggested he try Grape-Nuts and cream, which he did, and found the food agreed with him perfectly.

After the second day he began to sleep peacefully at night, different than he had for years. The perfect digestion of the food quieted his neryous system and made sleep possible.

He says: "The next morning I was astonished to find my condition of constipation had disappeared. I could not believe it true after suffering for so many years; then I took more interest in the food, read the little book "The Road to Wellville," and started following the simple directions.

"I have met with such results that in the last five weeks I have gained eight pounds in spite of hot baths which take away the flesh from any-

"A friend of mine has been entirely cured of a bad case of indigestion and stomach trouble by using Grape-Nuts Food and cream alone for breakfast.

"There is one thing in particular-I have noticed a great change in my mental condition. Formerly I could hardly remember anything, and now the mind seems unusually acute and retentive. I can memorize practically anything I desire." Name given by Postum Co., Battle Creek, Mich.



Cocoanut Bonbons.

Take two cupfuls of sugar, half a cupful of desiccated cocoanut, half a cupful of milk and botl all together for five minutes. Pour out part of this on a buttered plate to harden. Kidney Pills - Mrs. W. H. Ambrose Divide the remainder into two por-Tells How Her Pains Vanished Never | tions, leave one in the kettle and pour to Return When She Used the Great | the other into another saucepan. Add to this a few drops of cochineal or a little strained cranberry, to turn it a pretty pink. Stir just long enough to turn out to harden. To the last portion add two tablespoonfuls of melted turn out to cool. If you have any difficulty in managing the recipe in this way the three different flavorings

Potato Salad With Celery.

Six or eight cold-boiled pointoes, one-third the same bulk of celery, one one-third the same bulk of celery, one Address Dr. Hartman, President of egg, one teaspoonful of salt, one teaspoonful powdered sugar, one-half teaspoonful of white pepper, one scant Berlin. They call at the homes of teaspoonful dry mustard, two tablespoonfuls salad oil, four of vinegar; stir salt, sugar, pepper and mustard into the beaten yolk of the egg; add the oil a little at a time, then the vinegar, lastly the beaten white; cut the potatoes and celery into small bits, mix and pour the dressing over them. Garnish with parsley or celery tops.

Prune Custard.

Stew gently the desired quantity of

Stew gently the desired quantity of truit an hour and a quarter in a parcelain lined farina kettle. When cool, rub through the colander, or if you wish it very nice, through a finer strainer. Have sufficient juice to make the pulp quite thin; return to the range and heat to almost bolling. For each pint of fruit stir in two weiibeaten eggs, remove immediately and dayor with lemon or any tart extract desired. Set away to mold and serve with thick cream.

German Cabbage.

Shred cabbage to fill a quart measure, closely packed. Put in water, Heat in a saucepan two level tablespoonfuls of butter, with a little salt and pepper. Put the cabbage in with only as much water as will drip from Dry, and anoint freely with Cuticura The best you have ever done is not the bowl, and simmer for twenty min- Ointment, the great skin cure and good enough to be your ideal for the later, stirring occasionally. When done, purest of emollients. Wear, during add one tablespoonful of vinegar and The accident of energy has made let heat. Heap on a platter, and put mashed potatoes around the edge of the platter.

Sunshine Cake.

Mix together the well-beaten yolks of five eggs, a cup of granulated sugar and three-quarters of a cup of flour sifted thoroughly with a half-teaspoonalt. Beat for twenty minutes, then whip in two tenspoonfuls of orange juice and one tenspoonful of lemon juice and fold in lightly the stiffened whites of seven eggs. Bake in a steady oven for three-quarters of an hour.

Mack Cherry Pie.

These mock dishes are such a ser prise to those who have never partaken of them and a source of a great deal of guessing for the members of the family. One cupful of cranberries cut in halves, one cupful of raisins, sceded and cut in pieces, three-quar-A young man states that he had suf- ters of a cupful of sugar, one tablea small lemon and a few bits of butter. Bake with crusts.

Pork Roll.

fat and lean together, spread with a seasoning of powdered sage and a Httle pepper, roll up tightly, wind a cloth tightly around it and tie so the edges will not curl, boil tender in plenty of water; take from the liquor; when ready to serve, remove the cloth and slice. Serve with tomato or curcant catsup.

Short Suggestions,

Tar stains should be rubbed with paraffin and paint stains with paraffin or turpentine.

When it is necessary to pour boiling water into a tumbler or glass cup, out in a tenspoonful first and there will be no danger of the glass crackng. .

If a chimney catch fire run to the salt box and empty it out on the Asmes. They will be reduced as if by magic, and then further steps can be taken to extinguish them.

oreak it up small and soak in cold water for two or three hours. Then stand the basin containing it over a saucepan of boiling water and stir it ill dissolved.

To sweeten rancid butter melt the butter and skim it, then put in a pice of toast (brown but not burnt). in a few moments the butter will loca its offersive taste and smell, which the toust has absorbed.



The most stones are thrown at the tree with the ripest fruit.

Pe-ru-na Cures and Prevents Catarrh Any one who wishes perfect health nust be entirely free from catarrh. Catarrh is well nigh universal; almost get the coloring to take evenly, and amnipresent. Peruna is the only absobute safeguard known. A cold is the beginning of catarrh. To prevent colds, chocolate. Cook for two minutes and as victims. Peruna not only cures caarrh, but prevents it. Every house-teld should be supplied with this great emedy for coughs, colds, and so forth,

If you do not derive prompt and satisactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable adtice gratis.

Lunch carts are an institution in workmen, and convey lnuches to them at the factories.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally and acts lirectly on the blood and mucous surfaces of the ystem. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, C. Sold by Druggists, 75c.

Hall's Family Pills are the best.

It requires a derrick to get some seople out of the rut onto the isphalt.

SORE HANDS, SORE FEET.

cching, Burning Palms and Painful Finger Ends Complete Cure by Cuti-

One Night Treatment: Soak the ands or feet on retiring, in a strong, 10t, creamy lather of Cuticura Soap. the night, old, loose kid gloves, or bandage lightly in old, soft cotton or linen. For red, rough and chapped hands, dry, fissured, itching, feverish palms, with brittle, shapeless nails and painful finger ends, this treatment is simply wonderful, a single reatment affording the most grateful ellef, and pointing to a speedy, pernament and economical cure. In no other ailment have Cuticura Soap and 'uticura Ointment been more effec-

Liberty iz one ov the most natral ights we possess, and one which we ono the least how to us.

DA DAVID BENNEDY'S FAVORITY

Only he who keeps his honor can lever be discrawned.

Found Gold in Nebraska.

Investors in Nebraska Real Estate will fine

his true. Now is the time to get in on the spoonful of flour, the grated rind of fround floor. We have some choice investments. Write us for further information.

Schumacher & James, Orleans, Neb

Mrs. Winslow- SOOTHING ! YRUP for . hit. Take a piece of pickled side pork, iren ething, softens the gums, reduces inflanatio , allays pain cures colie. Price 25c bottle.

> Think straight and you cannot be prooked.

> Crea.m Separator

the per hour \$30 pounds especity per near for \$29 00; 500 pounds especity per hour for \$54.00. Guaranteed the equal of Separators that rotall everywhere at from \$45 to \$128.

OUR OF FER We will ship prior on our 50 days free trial rate on our 50 days free trial To dissolve gelatin it is best to precial cream separator caralogue

for will get our big offer and our free trial proposition and yes all receive the most astonishingly liberal CREAM SEPARATOR OFFER Ever Heard OF Address SEARS, ROEBUCK & CO., CHICAGO.

A guest at a recent golden wedding in Dautzic, Germany, was the wife's

mother, aged ninetyone.

H efflicted with Thompson's Eye Water

Performed Each Year-How Women May Avoid Them.



Women in Our Hospitals

Appalling Increase in the Number of Operations

on those snow-white beds women tried and true remedy. and girls, who are either awaiting or recovering from serious opera-

Why should this be the case? Sim-7ly because they have neglected them-Milves. Ovarian and womb troubles are certainly on the increase among L.e women of this country-they creep upon them unawares, but every one of those patients in the hospital beds had plenty of warning in that bearingdown feeling, pain at left or right of ine womb, nervous exhaustion, pain in the small of the back, leucorrhoea, dizziness, flatulency, displecements of the womb or irregularities. All of these symptoms are indications of an un- you have done so much for me. healthy condition of the ovaries or womb, and if not heeded the penalty has to be paid by a dangerous operation. When these symptoms manifest themselves, do not drag along until you are obliged to go to the hospital and submit to an operation - but remember that Lydia E. Pinkham's Vegetable Compound has saved thousands of women from surgical operations

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flat- you need the best. ulency), general debility, indigestion, and nervous prostration, or are beset

Going through the hospitals in our ness, sleeplessness, melancholy, "alls large proportion of the patients lying lings, they should remember there is one

The following letters cannot fail to bring hope to despairing women. Mrs. Fred Seydel, 412 N. 54th Street, West Philadelphia, Pa., writes:

Dear Mrs. Pinkham:-"I was in a very serious condition when I wrote to you for advice. I had a serious womb and ovarian trouble and I could not carry a child to maturity, and was advised that an operation was my only hope of recovery. I could not bear to think of going to the hospital, so wrote you for advice. I did as you instructed me and took Lydia E. Pinkham's egetable Compound; and I am not only a well woman to-day, but have a beautiful baby girl six months old. I advise all sick and suffering women to write you for advice, as

Miss Ruby Mushrush, of East Chicago, Ind., writes:

Dear Mrs. Pinkham:-I have been a great sufferer with irregular menstruction and ovarian trouble, and about three months ago the doctor, after using the X-Ray on me, said I had an abcess on the ovaries and would have to have an operation. My mother wanted me to try Lydia E. Pinkham's Vegetable Compound as a last resort, and it not only saved me from an operation but made me entirely well."

Mrs. Pinkham invites all sick women to write her for advice. Her advice and with such symptoms as dizziness, lassi- medicine have restored thousands to

Lydia E. P.nkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for

Sude, excitability, irritability, nervous- health. Address, Lynn, Mass. Lydia E. Pinkham's Vecetable Compound Succeeds Where Others Fal