 store, office or factory, very rarely have the ability to stand the strain. The case of Miss Frankie Orser, of Boston, Mass., is interesting to all women, and adds further proof that woman's great friend in need is Lydia E. Pinkham's Vegetable Compound.






Surely you cannot wish to remain weak, sick and discouraged,
exhausted with each day's work. Some derangement of the and exhausted with each day's work. Some derangement of the
feminine organs is reponsible for this exhanstion, following any feminine organs is reponsible for this exhanstion, following any
kind of work or effort. Lydia E. Pinkhan's Vegetable Componnd The case of IIrs. Lennox, which follows, proves this.












A new girl sweeps clean. No man is a hero to hls own sten-
grapher. On an averge 700 British subjects re born every year at sea. The pay of a Chinese solditer is The total commerce of $\Delta$ The total commerce of
is about $89,500,000$ a year. National bank notes are A woman delights in
maityr until she finds it out Women must wait to be asked, Women must wait to be asked,
after that she usually dictates. I bave noticed that the man whose bave himself.
So far as I am able to juge there
is not room in the average famlly closet tor a skeleton.
When a man has been eating oreath perfumes, he is
he benefit of the doubt.
A spirit of self-sacriticing inspires
sume men to sit in the crazy corner sume men to sit in the
aud brave the backache.
An honest man may be the noblest work of God, but a beautiful woman elicits more genuine admiration.
The nead of one of the happiest families I know conllded to me that ue makes it a point never to tell the ruth at home.
Mrs, Leland
Mrs. Leland Stanford is sald to carry a larger awount of insurance
han any other woman in the world. fer bollicies amouna
ne million dollars.
Australla bas more churches per as 210 churches to every 100,000 jeople. England bas 114 and RusThe people of the United States
it up $\$ 15,000,000$ worth of candy in 1 year and there are nearly 5,000
actories making it with a capital of actories tuan
Russia b


Free to Twenty-Five Ladies. The Detiance Starch Co will give
hadies a round trip ticket to the
If each of the following states:
Hifics, Iowa, Nebraska, Kansas and it issuri who will sead fo the largest t ten cent, 16 ounce package of De-
tance cold water laundry starch. chis means from your own home,
nywhere in the above named states. l'pese trade marks must be malled
0 and recelved by the Defiance tarch Co., Omaha, Nehr., before
ieptember 1st, 1904. October and
Ovember will be the best mont
$\qquad$

tor the same money than of any
other kind, and Defiance never sticks o the iron. The tickets to the
Exposition will he sent by registered all deaters.


FREE to WOMEN
 Paxtine Toile $\ddagger$ Antiseptic
Take all the peools out ov this
ther way My yung disciple, don't fail t good luk seldom cums to a man late Wash, or Leucorrheea, Pelvic Catarth, Nasal Catarth, Sore Throat, Sore Eyes, Cut, and all soreness of mucus membrane.

2.2nato

## When a native of Quite sees

BEST FOR THE BOWELS



Bashfulness iz oflen nothing more than ignorance, and like the plation
on a spoon, soon wears off and shows the odious brass.

This world iz so full ov sin and
sioners that we often cum akrosi
I have used Piso's Cure for Consump
E.


## Sale Ten Million Boxes a Year. oacarelo <br> Cac CANDY CATHAARTLC


MASSAGE HEART TO LIFE. Death from Anaesthetic Thrice Defeat
ed by Marvelons Operation Massaging back to Heeration.
human heart that has ceased to beat is the
marrelous operation thee times suc. marvelous operation three times suc-
cessfully performed by modern surgery. A Phitadelphta physictan, Dr,
$\mathbf{W}$. W. Keen, is authority for the statement that two of the people thus
brought bnek from the are now nlive and healihy.
If this operation ts finally estabilst-
ein as a suce êd as in successful fenture of surgery, ward to the following lmportant re-
vults: 1. A materlal lessenting of the num-
ber of deaths whith occur while the
patient is under the influence of ether patient is under the influence of ether or choloroform.
2 . The possibility of a remedy nnd
h cure for that dreaded and mysterious
nilment known to sclence as cata-
lejay. 3. A removal of the awful dread of
belng turied alve Dr. Keen does not stand sponsor for
nill these clatms, But he does assert that life npparently extlnct has been
renewed by continulng the renewed by continuing the hear
cosed pulsation through massage.
a case recently A case recently reported the paticut
fwas to all intents and purposes dead.
The The heart had ceased to beat, breath-
tigg had stopped, and the collapse
tron trom choloroform was apparently com-
plete. Death had been apparent to
lie physiclans and nues ntes before an operation was under-
taken. Then the surgeon in charge
tiefles telliberately cut open the dilaphragm,
reached for the heart, and
thempley reached for the heart, and employed
the massage treatinent. At the end
of five minutes, after repented chating, of tive minutes, after repented chating,
the beart resumed its beatting, and res-
piration was rester piration was restored by artificinl
mens. In two other recorded cuseg
the patients were the patients were brought back to lifs
and the operation was entirely successful.
It Is related that some of the grent
surgeons of Europe who working of Eupon thise who bave beent
many years in experimenting thae spent many years in experimenting on dumb
animals. In quite a number of their
cases the hearts of cases the hearts of dogs that have
been frozen for fity hours after the
supposed death have had thelr pulsa-
tion restored by massage. tion restored by massage. heads over
Physichans shake their
the headaliluty of the possiblity of the new treatment
befing applied to restore those attack-
bed by catalensy. But if it could be employed Intepsy, But way it would remove
eme of the awful terrors of that dlss
one of
ense, the fent ease, the fear of belng buried allve
So great is this terror that men bave
nsked that a knife be plunged throngh

$$
\begin{aligned}
& \text { thelr } \\
& \text { certain }
\end{aligned}
$$

$$
\begin{aligned}
& \text { GET "SEA SICK" ON LAND. } \\
& \text { People Traveling Affected by the Action }
\end{aligned}
$$

$$
\begin{aligned}
& \text { People Traveling Affected by the Action } \\
& \text { on Eye Musclea. } \\
& \text { "It's strange," said the sage of Lin- } \\
& \text { coln park, who had been looking at at } \\
& \text { some of the antmals just recovering }
\end{aligned}
$$

some folks sea sick. There is reason
to belleve that the action upon the
eye muscles of the rapidly changling
jects that are met and left have much
to do with the production of tred
feelings and of headaches caused by
long journeys, and great rellef is often
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

$\qquad$
particular class of vehicle of which
they are for the time endeavoring to
form an integral part. That all forms
ofway carvanges,
"The vagarles of the traveling publl
cannot travel at all by rallway, some
bave faint feelings when koing at a
ligh speed, others are made nctually
ineby the seats opposite the direction
which the train Is moving belng ocel
pied, though, curlously enough, thrassenger can have a seat placed par
Hlel with the direction of progress."
Somewhat Different.
"he quotation habit, "have wings,"
"Oh, I don't know," refolned th
"otrary party. "My money seen
to have feet""
"Feet?" echoed he of the prelude.
"Yes; at least it frequently runs

Whes 1 wuz a young man I was nd ov the $\log$, take holt ov the blg. fllog; now that I am older ov the rold ov the small am older, I slezo be grunting.
We all pray for a long life, but fow ov us pray for a gocd one. , If we would grant tc others the same privilege that we klaim for arselves, it would allmost pay to
ive forever in this world.
strong Language

Strong Langunge
Fredericksturg, Ind, June 20,-Fer. Enoch P. Stevens of this place uses
strong lansuane In speaking of Dodd's
Kldney Puls, Kidncy Pills, and he gives good rea-
solis for what he says: "I can't pralse Dodd's Kidney Pills have done mee so much good. II was
troubled with my Kidneys so much that I had to get up two or three thong
In the night nnd sometimes in the day
inhen sturting to the when starting to the water house the
water would come from me before get-
wer hing there. Two boxes or Dodd's Kid-
ney Pills cured me entirely rills to many people and have never
et heand Perlisard of a fallure. Dodd's Kldney
Pells are the things for Kidney Digs ase and Rheumatism."
Dodd's Kidney Pllls always cure the
Kidneys. Good Kldneys ensure purs blood. Pure blood means good health. A policeman in Denver, after havong served eleven years on the force, ast a leg in an election riot about
a year sgo. He bas been dismissed a year gigo. He has been dismissed
rom the service, and is compelled beg on the streets.
1 kno lots of individuals who might 0 cents a bushel, but they ain't itistied unless they kan hav a forhorn hope ov sum kiod to phool round.

## How's Thior

 Exatatyziz



The world's production of rubbel was two years ago almost equally
divided between Africa and South ivided between Africa and South
America. Now the Amazon region produces three-fifths of it An Adamless Eden sort of a bank
projected for New York city. It is to be capitalized and offlered by women and will solicit the patronage of women exclusively.
essels, chains and other objects ins. he Vatican could make more gold oney than the whole of the presen I The attiru
The atticude of the feminine mind towards the truth, Is that of a child ment when its fingers are crossed. At what age does coquetry in
women begin and end? After dillgent Inquiry in kindergartens and old 'olks' homes, we are forced to admit

I find that most girl stenographers. while learning billing, soon acquire be gentle art of cooing.
That man is not to be trusted who
does not make a fool of himself over some woman occasionally.
a wellfilled stocking atoned for
FOOD FACTS.
What an M. D. Learned.
romitent physician of Rovie
"It was my own experience that firat
led me to advocate Grape Nuts food,
and I also know from having pro,
scribed it to convalescents and other
weak patients that the food is a wonder-
ful rebuilder and restorer of nerve and
proves the digestion, and sick patients
always gain just as I did in streugth
"I was in such a low state that D
hid to give up my work entirely and
two months there did not improve me;
in fact I was not quite as well as
when I left home
refused to sustain me, and it became
to use Grape- Nuts food and in two
weeks I could walk a mile without
the least fatigue, and in tive weeks
returned to my home and practice, tak-
ing up bard work agatn. Since that
"As a phystcian who seeks to help
all sufferers 1 consider it a duty to
make these facts public." Name sivea
by Postum Co., Battle Creek, Mich.
Trial 10 doys on Grape- Nuts when
the regular food does not seem to sus.
Trial 10 days on Grape-Nuts when
the regular food does not seem to sus-
tain the body will work miracles.
"Theress a reason."
"t

