

## TO GAIN WEIGHT.

**Pale, Thin People Usually Are Diseased.**

**The First Thing Necessary to Gain Flesh Is Health, Then Proper Food for Both Body and Nerves.**  
From the Journal, Kirksville, Mo.

Henry Gehrike is a thrifty and prosperous German farmer living four miles south of Bullion, in this (Adair) county, Mo. Mr. Gehrike has a valuable farm and he has been a resident of the county for years. He is very well known hereabouts and well respected wherever he is known. Last week a reporter of the *Journal* stopped at Mr. Gehrike's and while there became much interested in Mrs. Gehrike's account of the benefit she had not long since experienced from the use of Dr. Williams' Pink Pills for Pale People. She said she wanted everybody to know what a great medicine these pills are, but as so many people are praising them now-a-days, she wondered whether her testimony could add anything to what others had already said of them. Her only reason for talking for publication about Pink Pills was that the people of Adair and neighboring counties might be convinced, if any doubted, that oft-published testimonials concerning Pink Pills were genuine statements from the lips of persons who have been benefited by the use of them. Speaking of her own late resting experience Mrs. Gehrike said:

"A little over a year ago I was completely broken down. I had been taking medicine from a doctor but grew worse and worse until I could scarcely go about at all. The least exertion or the mere bending of my body would cause me to have smothering spells, and the suffering was terrible. I thought it was caused by my heart. When everything else had failed to relieve me and I had given up all hopes of ever being anything but a helpless invalid, I chanced to read some testimonials in the *Farm, Field and Fireside*, also in the *Chicago Inter-Ocean*, and the sufferings of the people who made the statements were so nearly like the suffering I had endured that when I read that they were so greatly benefited by the use of Dr. Williams' Pink Pills for Pale People I did not hesitate to go at once and purchase two boxes. I took them according to directions and before the first box was used I felt a good bit better. Really the first dose convinced me that it was a great remedy. Before the two boxes were used up I sent my husband for three more boxes, so that I would not be without them. When I had used these three boxes I felt like a different woman and thought I was almost cured.

"Since that time I have been taking them whenever I began to feel badly. When I began taking Dr. Williams' Pink Pills for Pale People, I weighed only 113 pounds and after I had been using the medicine for about six months I weighed 122 pounds. I have had a good appetite ever since I commenced taking Pink Pills and instead of moping along, picking such food as I could eat even with an effort, I eat most anything that comes on the table. I am not the invalid I was. I do not have to be waited upon now as if I was a helpless child, but I work all the time, doing the housework and ironing and working in the garden without that dreadful feeling which comes over a person when they are afraid they are going to have one of those spells that I used to have.

"Work don't hurt me any more. I honestly believe that had it not been for Dr. Williams' Pink Pills I would now be in my grave. I still have what the doctor calls bilious colic but the Pink Pills have made me much better and the spells are not so frequent and are nothing like as painful as before I began to use them. I would not be without the Pink Pills for that disease alone under any circumstances, to say nothing of the other diseases for which they are especially recommended. I take pleasure in telling my neighbors the benefits I have received from Dr. Williams' Pink Pills for Pale People, and know of several who have been greatly benefited by them."

Dr. Williams' Pink Pills for Pale People are considered an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of a gripe, palpitation of the heart, pale and sallow complexions, that tired feeling resulting from nervous prostration; all diseases resulting from vitiated humors in the blood, such as scrofula, chronic erysipelas, etc. They are also a specific for troubles peculiar to females, such as suppressions, irregularities and all forms of weakness. In men they effect a radical cure in all cases arising from mental worry, overwork, or excesses of whatever nature. Dr. Williams' Pink Pills are sold by all dealers, or will be sent by post on receipt of price, 50 cents a box or six boxes for \$2.50—they are never sold in bulk or by the 100) by addressing Dr. Williams' Medicine Co., Schenectady, N. Y.

### His Ticket Saved Them.

Mileage tickets in Berlin go by the name of "kilometerheft," and the stamped stubs show exactly where and when the holder of the ticket was at any given time and place. This is what saved the drummer of a Carlsruhe firm the other day in a predicament. Just as he was climbing into a train leaving for Mannheim he was arrested. An awful crime had been committed a few hours before in the Haardt forest, not far away, and the minute description of the perpetrator tallied exactly with the appearance of the unfortunate drummer. Then the ticket came to his rescue. That furnished an undeniable alibi for him, as it showed him to have been one hundred miles from the scene of the crime at the time of its occurrence. The proof was furnished so promptly that the drummer did not even miss his train.—Boston Transcript.

### Freshening Sea Water.

"Water, water, everywhere, nor any drop to drink!" is Coleridge's poetic phrasing of a cry that has come from the lips of the victims of shipwreck ever since the first navigation of the sea. If the water of the ocean were drinkable, not only would an enormous outlay be spared, but one of the greatest horrors of shipwreck would be abolished. Recently a new method has been discovered in Austria by which sea water can be made fit to drink. The water is forced under pressure through a filter consisting of the trunk of a tree about fifteen feet long. The water is driven lengthwise through the pores of the wood, and in three minutes, at the longest, issues from the end of the trunk in thin streams, and is found to be free from salt and suitable for drinking.—Youth's Companion.

## MR. MORTON'S REPORT.

The Secretary of Agriculture Gives Some Interesting Facts and Figures.

WASHINGTON, Nov. 18.—The report of the secretary of agriculture begins with a review of the work of the bureau of animal industry. The total number of animals inspected at the slaughterhouses was considerably over 18,000,000, an increase of more than 5,500,000 over the previous year. During the year ante-mortem inspection was also made of 5,000,000 animals. The cost of inspection was reduced to 1.1 cents per animal. In 1893 inspection cost 4 1/2 cents per animal and in 1894 it cost 1 1/2 cents. Over 1,360,000 cattle and sheep were inspected for foreign markets, of which 675,000 were shipped abroad.

Over 45,000,000 pounds of pork was inspected microscopically and exported, as against 35,000,000 in 1894 and 23,000,000 pounds in 1893. Of the amount exported last year, nearly 23,000,000 pounds went to Germany and over 9,000,000 pounds to France. This inspection involved the placing of over 1,000,000 specimens under the microscope. The cost of each examination was less than 5 cents, or for each pound of meat 2 mills, a considerable reduction over any previous year.

Losses of cattle in transit to Europe were greater than in 1894, being respectively, for 1895 and 1894, 0.6 and 0.37 per cent.

Over 50,000 cars carrying over 820,000 animals were inspected for Texas fever at quarantine pens during the quarantine season; nearly 9,000 carloads of cattle being inspected also in transit, and over 28,000 cars were cleaned and disinfected. Besides, over 150,000 cattle from the non-infected districts of Mexico were inspected for shipment to northern states.

Much space is devoted to discussing the opportunities for American meat products in foreign markets. Of 341,000 tons of meat received at the London central market in 1894 71,000 tons were American, while nearly 50,000 tons came from Australia. The American proportion has not been maintained during 1895.

In the imports of live cattle to Great Britain the United States and Canada had a practical monopoly until the last two years. Since 1893 Argentina's shipments have greatly increased; during the first eight months of the year the shipments amounted to over 25,000 head.

The export of American horses to Great Britain has increased steadily, having more than doubled since 1893, amounting in the first eight months of 1895 to 22,755 head, valued at nearly \$3,000,000. American geldings averaged this year in the English market \$155. A rigid inspection of horses for export will be undertaken.

The foreign trade in dairy products is carefully reviewed. In cheese the United States, while a large shipper to British markets, holds the conspicuously unflattering place in the extreme rear as to quality and price, and as the only one of the competitors for this trade whose business shows a serious falling off.

In butter, the United States is out of the race, supplying less than 1 per cent. of the British demand for foreign butters, notwithstanding the fact that Great Britain imported in eight months \$40,000,000 worth of butter.

The secretary thinks the duty of reporting the average of staple crops in each state on June 1 of each year might be imposed upon the authorities of the agricultural college stations, in consideration of the annual appropriations they receive from the national treasury.

The report closes with a discussion of the question of the future of farms and farming in the United States. The average value of farms by the census of 1890 was \$2,900. The value of implements, domestic animals and sundries will make a total farm plant of \$4,000 for a family averaging six persons. Those farms have fed the farmers and their families and 40,000,000 urban residents, beside supplying \$500,000,000 worth of products to foreign consumers. In the presence of these facts the secretary asks: "How can anyone dare assert that farming is generally unremunerative and unsatisfactory to those who intelligently follow it?" The mortgage on farm values does not exceed 10 per cent.—a less incumbrance on capital invested than in any other line of industry. He foretells confidently a steady increase in the value of farm lands as the population of the country increases.

### ANOTHER BOND ISSUE.

Report That Cleveland Has Decided Not to Wait for Congressional Action.

NEW YORK, Nov. 18.—The *Journal* says: President Cleveland has decided that he will not wait for action by congress before making another issue of bonds. The Washington authorities are already in correspondence with the New York bankers relative to the issue and it is probable that the bankers will accept their proposition. Here is the proposition: When the gold reserve falls to \$75,000,000 the banks shall deposit \$25,000,000 worth of gold in the sub-treasury and take in return 4 per cent. bonds on a 3 per cent. basis. The decline of the gold reserve to a danger point last spring forced the government to pay 3 1/2 per cent. for the gold procured from the Belmont-Morgan syndicate. Credit has been re-established by that operation and the administration hopes to take advantage of the greater confidence prevailing to secure the gold at the low rate of 3 per cent.

## BODIES AS SPECIMENS.

A Subterfuge Necessary for Americans in Foreign Countries.

"There was nothing unusual in shipping the body of the late United States Consul Benedict here from Cape Town as a first-class specimen of natural history," said an ex-attache of the consulate in London. "It would have been impossible to get it here any other way. It is only within three or four years that it has been possible to bring bodies home from abroad for burial without practicing some such deception as this. The steamship companies refused to take them. There was no reason for it, so far as I could ever learn, except that the sailors were superstitious. Sailors will not sail with a body if they know of it in time to leave the ship."

"The books of the United States consulate in London and of several other consulates record instances of many distinguished American citizens sent home for burial as specimens of natural history. Of course, the purser of the ship and the consular officers always knew what the box contained, but the crew were kept in ignorance of it. I remember a distinguished bishop of the Episcopal church, who died at the Langham hotel in London, being sent home to Michigan packed in a piano case. Bodies were never packed in anything that looked like coffins. This body was sent on a German steamer from Southampton, and the band played merry music, as is the custom on those vessels when passengers are embarking, while it was lifted over the ship's side. The American minister in London, who was a personal friend of the bishop, went with the body to see that it was safely aboard, and the band, thinking to please him, struck up 'Yankee Doodle.'"

"When an American dies abroad the United States consul in the town where he dies has all to say about the packing and shipping of the body. The consul makes out an invoice for it in the usual form and sends it along as a first-class specimen of natural history."

"Not long ago a consul in one of the midland towns thought he could evade this requirement of the law and trust to his personal influence in New York to get his wife's body through for burial. But the customs officers insisted on opening the coffin at the pier, and it was kept in an undertaker's shop for two weeks while the consul, at considerable expense and trouble, arranged matters with the consul-general's office in London and the treasury department."—N. Y. Sun.

## THE GENERAL MARKET.

KANSAS CITY, Nov. 18.	
CATTLE—Best beefs	\$ 3 40 @ 4 50
Stockers	2 85 @ 3 20
Native cows	1 50 @ 2 15
HOGS—Choice to heavy	3 25 @ 3 60
WHEAT—No. 2 red	1 3 @ 1 60
No. 2 hard	57 @ 57 1/2
CORN—No. 2 mixed	23 1/2 @ 23
OATS—No. 2 mixed	16 1/2 @ 17 1/2
RYE—No. 2	30 1/2 @ 31 1/2
FLOUR—Patent, per sack	1 75 @ 1 95
Fancy	1 45 @ 1 75
HAY—Choice Timothy	10 50 @ 11 00
Fancy prairie	6 50 @ 7 50
HRN—(Sacked)	45 @ 46
BUTTER—Choice creamery	17 @ 20
CHEESE—Full cream	8 @ 11
EGGS—Choice	10 1/2 @ 17
POTATOES	2 1/2 @ 2 5
ST. LOUIS.	
CATTLE—Native and shipping	3 50 @ 4 80
Texas	2 40 @ 3 00
HOGS—Good to choice	3 40 @ 3 70
SHEEP—Fair to choice	2 40 @ 3 50
FLOUR—Winter wheat	3 00 @ 3 50
WHEAT—No. 2 red	60 1/2 @ 61
CORN—No. 2	20 1/2 @ 20 3/4
OATS—No. 2	17 1/2 @ 18
RYE—No. 2	36 @ 36 1/2
BUTTER—Creamery	21 @ 24
LARD—Western steam	5 50 @ 5 50
PORK	8 35 @ 8 75
CHICAGO.	
CATTLE—Common to prime	3 25 @ 5 00
HOGS—Packing and shipping	3 40 @ 3 75
SHEEP—Fair to choice	1 75 @ 3 50
FLOUR—Winter wheat	3 00 @ 3 50
WHEAT—No. 2 red	60 1/2 @ 61
CORN—No. 2	20 1/2 @ 20 3/4
OATS—No. 2	17 1/2 @ 18
RYE—No. 2	36 @ 36 1/2
BUTTER—Creamery	21 @ 24
LARD	5 50 @ 5 50
PORK	8 35 @ 8 40
NEW YORK.	
CATTLE—Native steers	3 25 @ 4 75
HOGS—Good to choice	4 00 @ 4 30
FLOUR—Good to choice	3 40 @ 3 70
WHEAT—No. 2 red	60 @ 60 1/2
CORN—No. 2	20 1/2 @ 20 3/4
OATS—No. 2	17 1/2 @ 18
BUTTER—Creamery	12 @ 20
PORK—Mess	9 75 @ 10 25

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"What can I do to prove the sincerity of my love?" said young Mr. Spiffin to his Boston sweetheart. "Promise me that you will swear to like Browning," replied the intellectual creature.—Pittsburgh Chronicle-Telegraph.

"Tom has proposed, and asks me to give him his answer in a letter." "Shall you do it?" "No; I will be more liberal and give him his answer in two letters."—Harper's Bazar.

### False Witnesses.

There are knaves now and then met with who represent certain local bitters and poisonous stimulants as identical with or possessing properties akin to those of Hostetter's Stomach Bitters. These scamps only succeed in foisting their trashy compounds upon people unacquainted with the genuine article, which is as much their opposite as day is to night. Ask and take no substitute for the grand remedy for malaria, dyspepsia, constipation, rheumatism and kidney trouble.

Just laws are no restraint upon the freedom of the good, for a good man desires nothing which a just law will interfere with.—Froude.

### When Traveling.

Whether on pleasure bent, or business, take on every trip a bottle of Syrup of Figs, as it acts most pleasantly and effectively on the kidneys, liver and bowels, preventing fevers, headaches and other forms of sickness. For sale in 50 cents and \$1 bottles by all leading druggists.

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These are such things as adorable faults and insupportable virtues.—Filogene Blatter.

"A prudent man," says a witty Frenchman, "is like a pin. His head prevents him from going too far."

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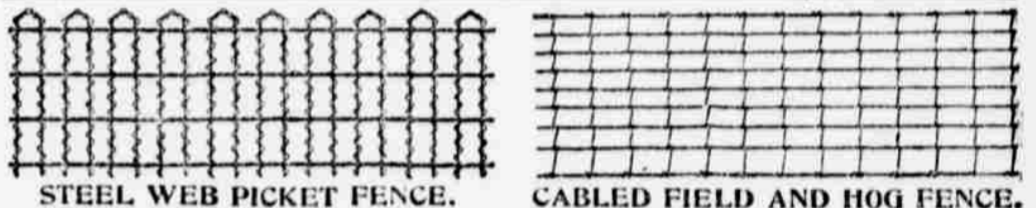
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