

Something to Think About

By F. A. WALKER

BEWARE OF SHADOWS

TO MAKE one's self happy, to keep on the sunlit trails, to go about the day's duties with a light heart and a willing hand, one must keep constantly in the splendent, radiant rays from the worlds above.

It is not easy to wear a smile when troubles hover near, but by continued effort in the right spirit, it can be done.

Many of our annoying perplexities are of our own making, consequently they can be avoided by turning from them when they first knock at the door of our hearts for admission, and shutting the door in their faces.

We are inclined to brood over some fancied wrong until it becomes a formidable ghostly thing that haunts our life from day to day. We are prone to forget that we are rational beings possessed of spiritual powers capable of turning night into day by a grain or two of faith, which in our moments of despondency we frequently overlook, or cast aside in quest of a balm of our own.

We are not willing to accept the sacred promises given to us by the Master of Men, shapely because we prefer the shadows of doubt rather than the glorious sunlight of enduring truth, so we continue to stumble and fall in the darkness of our creation and blame the Fates for our miserable plight.

Human vanity and an exalted idea of our blood-and-flesh prowess are in most cases responsible for the sorrows, tears and disappointments that usually beset us.

We make pitiable jobs of our work but we stubbornly refuse to change our methods even though they bring us nothing but regret and pain.

And generally we rest fairly content with our failures, for we keep multiplying them and counting their company when we know in our hearts

Mother's Cook Book

No man has a right to leave the world as he found it. He must add something to it, either he must make it people better, or happier, or he must make the face of the world more beautiful or fairer to look at.—Edward Bok

WAYS WITH MEATS

THE main dish of the meal is very important and variety is the aim of most cooks. There are but a limited number of meats, but by combinations and various ways of serving we may make them different and multiply the number of dishes we serve.

Veal Cutlet.

Cut a veal cutlet into pieces two by three inches, then flatten well with the palm of the hand. Dip in egg, then in bread crumbs, and fry a golden brown in deep fat. Then place in the oven for twenty minutes to finish cooking. Drain the fat from the pan, add two tablespoonfuls of flour, brown quickly and add one cupful of water. Cook for five minutes, add salt and paprika, one tablespoonful of grated

that we should pursue a contrary course.

We wish to be assured of brighter days, but in our blind eagerness to find them, we deliberately turn our backs upon the paths that take to the hills and choose the rougher roads that carry us down to the dark valleys.

If we would not waste our years in ignorance, we must lift our eyes up to the light of Wisdom, place our hands confidently in her always friendly palm and be content to be guided by her kindly counsel and illuminating smile, for there is no other way by which we can hope to overcome impeding obstacles and reach the heights.

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SCHOOL DAYS



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COMPLAINING THE STRICKEN

Nellie Maxwell (© 1923, Western Newspaper Union)

Has Anyone Laughed At You Because

By ETHEL R. PRYSER

You Say Your Prayers? If so, take the laughter lightly and show them to what your prayers have really amounted. Not by boasting or lecturing, but by kindness. For those who never pray are very often sunk when the "ship" is tottering. While you have the "Rock of Ages" to cling to. There is no truer saying than "actions speak louder than words" and if you act like a regular fellow and do not stay apart from people, others will pretty soon understand why you pray and maybe they will begin to say their prayers, too!

Your Get-away here is: Let your acts so shine that everyone you come up against feels better.

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CORNHUSKER ITEMS

News of All Kinds Gathered From Various Points Throughout Nebraska.

Ward J. Smith, a farmer living near Florence on the Washington highway, was electrocuted from contact with a barbed wire fence, which had become short-circuited with electric power lines.

John Linderman of Lexington was seriously burned when an oil stove was upset in his room and set the bed clothes, furniture and papers about the room afire.

The "Forget-Me-Not" Drive at Omaha last week yielded a fund of close to \$5,000. The money will be used for relief and welfare of the wounded and disabled soldiers.

Henry Behrens of Beemer, republican and progressive, retired farmer, applied on election day for seat No. 13 in the state senate. It was assigned to him on faith.

Thru the efforts of Rev. Ralph M. Fagan, pastor of the Methodist church, Wolbach is soon to have one of the state traveling libraries, consisting of more than two hundred books.

Fire which destroyed the J. P. Gibbons elevator at Kearney caused a loss of \$70,000. Spontaneous combustion resulted in an explosion which tore the roof from the elevator.



CHARLES W. POOL. Former Secretary of State, who was chosen by the Democrats at the recent election to again fill that position.

Anton Lundeen, a former Nebraskan, is one of two missionaries reported held by Chinese bandits in Honan province, according to a dispatch to the State department at Washington.

The State Tuberculosis Association announces that 10,000,000 Christmas seals have been placed on sale to collect funds to prevent tuberculosis and in the interest of public health, generally.

Judge R. W. Hobart has sent to Governor McKelvie his resignation, effective December 31. He has been on the bench in the Seventeenth judicial district ever since its organization 10 years ago. Ill health is the cause of his resignation.

The postoffice at Georgetown has been discontinued by the government after having been in operation for more than 40 years. The discontinuance will work a hardship on many of the patrons who will have to go to Broken Bow, a distance of 20 miles, for their mail.

New high records in production of sugar beets per acre have been reached in the North Platte valley this year, according to the records of the Great Western Sugar company. An average yield of 12.77 tons to the acre in the district comprised by Scottsbluff, Bayard, Gering and Mitchell factories is reported. In 1915, when the previous high tonnage mark was set, the acre yield was 11.95 tons.

That Nebraska's club boys and girls can hold their own in national contests is again demonstrated with the news coming from Shreveport, La., that Fred Grau, corn club boy of Bennington, won second prize on yellow dent corn at the National Corn Club Show held there October 19 to 20. The winning of second place in this National Show in competition with exhibits from many states is a matter of real pride to Nebraskans.

The contract of the board of education with the state board of vocational training to place the Columbus high school home economics course under the Smith-Hughes vocation, training act on the part time basis has been approved.

Burglars attempted to rob the Standard Oil company station at Nebraska City Sunday, but were frightened away after they had jimmed the front door, and rolled the safe to the door, preparatory to hauling it away on a wheelbarrow that was left standing at the door, with the safe in the doorway.

"Dad's day," a new tradition at the University of Nebraska, will be inaugurated November 18, when every student in the university has been asked to invite his father to visit Lincoln to attend the Nebraska-Kansas Aggies football game scheduled for that day.

Mr. and Mrs. John H. Blevins, residing near Central City, celebrated their fiftieth wedding anniversary last week. All the children including four sons and one daughter were present, as were all the grand children. Mr. Blevins is eighty-one years of age while his wife is sixty-eight.

FIGHTING BARBERRY PLAGUE.

Urge Congress to appropriate Half Million Dollars to Aid in Eradication.

Lincoln, Neb.—H. D. Lute, secretary the State Farm Bureau Federation and Dr. George A. Peltier, plant pathologist at the Experiment Station, have returned from St. Paul where they attended the second annual meeting of the Conference for the Prevention of Grain Rust.

The Nebraska delegates cast their votes for a resolution urging Congress to appropriate \$500,000 for barberry eradication next year and recommending additional participation in the campaign on the part of the spring wheat states most directly interested. The resolution was unanimously adopted by 75 delegates from thirteen north central states.

The principal speakers were John R. Howard, president of the American Farm Bureau Federation and Dr. H. C. Stakman of the United States department of agriculture. Mr. Howard described barberry eradication as one of the most important activities on the Farm Bureau program. Dr. Stakman who has just returned from abroad, reported that Europe has succeeded in controlling black stem rust by the eradication of the barberries.

L. H. Flood of Carson is dead from blood poisoning resulting from a boil. It is estimated that \$100,000 exchanged hands in election bets in Omaha.

The Madison Woman's club celebrated its twenty-fifth anniversary November 2.

John Seitz veteran sailor of the civil war, is dead at Sutton at the age of ninety-two years.

Fire starting in a coal bin destroyed the Presbyterian church at Hebron, causing a loss of \$4,000.

McCook Elks will initiate a class of one hundred December 7. Making the membership of this lodge over 400.

Arthur W. Billing, native of Pawnee county, missionary at Foochow, China, for the past fifteen years, has been visiting old friends at Table Rock.

Clarence Swanson, captain of the 1921 Cornhuskers and assistant coach at the state University was operated upon for appendicitis and is rapidly recovering.

A small cyclone struck the farm of W. J. Furse, near Alma, Saturday afternoon. The house was roofed, windmill torn down and other buildings demolished.

Eight silver loving cups will be among the trophies offered at the annual Platte Valley Poultry and pet Stock association's show at Columbus December 5 and 6.

A very heavy wind on the Missouri river caused the sinking of the "Fontenelle," the ferry boat operating between Decatur and Onawa, and also the sinking of a large motor boat.

Sunday baseball in Hamilton county was defeated in a referendum by sixty-four votes. Outside of the city of Aurora, a considerable majority of the electors voted for Sunday baseball.

A special school bond election has been called for December 12 for the issuance of \$175,000 additional school bonds for the construction of a \$320,000 junior high school building at Grand Island.

Complaint has been made to police that milk bottles have been operating systematically in Fremont, taking the bottles of milk left on the doorsteps of patrons of the early morning dairymen.

George B. Collins, 23, successful contestant on the democratic ticket against Sam Hoff, republican for a seat in the lower house of the Nebraska legislature, will be the youngest representative in that body.

The shortage of box cars for wheat and refrigerator cars for potatoes is halting the marketing of crops at Hemingford. Considerable wheat is coming in and the local elevators are being filled to capacity.

Twenty-six denominations or sects are represented among the students of the state University according to a survey made by Registrar Florence I. McGehey from the personal cards filled out by students when registering.

The average production of all birds in the third Nebraska national egg laying contest, which ended October 31, was 161.08 eggs per bird for the year, according to a report just issued by the specialists in charge at the state University Agricultural college. Last year, the average was 154 eggs per bird.

The infant son of Harold Harper of Stratton suffered a serious injury when he fell from a piano stool, the skull being fractured.

Rains of the past few days have caused small grain planted early in the fall in many parts of the state to sprout. Farmers now fear that what wheat does come up will be winter killed.

The pumpkin pack of the Oteo Food Products company at Nebraska City has just been finished, and was much larger than at first supposed. The factory will run practically all winter, as it packs pork and beans.

Leander Herron, of St. Paul, a resident of Nebraska for forty-seven years, was the one man in Nebraska to receive the Congressional Medal of Honor and the only guest of the government from this state at the burial of the unknown soldiers in Washington.

Aspirin

Say "Bayer" and Insist!



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

- Colds Headache
Toothache Lumbago
Earache Rheumatism
Neuralgia Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monocetacidester of Salicylicacid.—Advertisement.

Invention Tests Air. The Paris-London air service has an ingenious instrument for measuring the depth of fog above the starting place at Croydon or Abbeville and so to determine whether there is clear, dry weather a few hundred feet up. The instrument, which is based on the property of human hair of contracting sharply on passing from wet to dry air, consists of a hair attached to a trigger that holds a ring. The instrument is sent aloft with toy balloons on a string; as soon as it reaches dry air the hair contracts, pulls the trigger, and down comes the ring on the string.—Youth's Companion.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmor's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. Dr. Kilmor's Swamp-Root is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmor & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

The Boomerang. My most embarrassing moment was at a family gathering where a lot of cousins, step-sisters and half-sisters were present. We had not met in several years and there was a little jealousy among us.

I heard them mention the name Marie several times, so finally asked: "Who is Marie? Is that Marie, with her name styled up to Marie?" A sarcastic old aunt replied: "Yes, Maggie, just as yours is styled up to Marguerite."—Chicago Tribune.

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority.

Science has found a newer, better way—a means as simple as Nature's own.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient. Medical authorities have found that the gentle lubricating action of Nujol most closely resembles that of Nature's own lubricant. As Nujol is not a laxative it cannot gripe. It is in no sense a medicine. And like pure water it is harmless and pleasant.

Nujol is prescribed by physicians; used in leading hospitals. Get a bottle from your druggist today.—Advertisement.

That Should Hold Him. He (excitedly)—Where is my cap? Has anyone seen my cap? Who?—The Missus (coolly)—It's hanging there on the gas jet.

He (still more excitedly)—Of course, on the gas jet! Could anyone think of a more idiotic place to put it?—The Missus (very icily)—Yes; your head, perhaps.

For your daughter's sake, use Red Cross Ball Blue in the laundry. She will then have that dainty, well-groomed appearance that girls admire.—Advertisement.

Character is the inside decoration of man; reputation is the whitewash on the outside.

THANKSGIVING

By WILL M. MAUPIN

I THANK Thee, Lord, that through the year Rich blessings have around me spread; That though some days seemed dark and drear The sun some gleams of splendor shed. I thank Thee, Lord, for strength of arm To toil for those within my care; For Thy great love that saved from harm And blessings gave in richest share. For all Thy blessings on life's way I thank Thee this Thanksgiving Day.

I thank Thee, Lord, as one by one The days sped to eternity, Each evening's low descending sun Left loved ones here to welcome me. I thank Thee, Lord, when day's work o'er And footsteps turned to home and rest, That childish welcome at the door Made every passing moment blest. For all these joys I gladly pay My tributes this Thanksgiving Day.

I thank Thee, Lord, that each day's dawn Was ushered in with hope and cheer; That each day's sun could shine upon Life's path devoid of thorn or tear. I thank Thee, Lord, for soft caress Of childish fingers on my face; For love that left, through storm and stress, Around my board no vacant place. For blessings spread about my way I praise Thee this Thanksgiving Day.

I thank Thee, Lord, for all the friends Whose cheery welcomes make life sweet;

For love that all my way attends, And make my happiness complete. I thank Thee, Lord, for hands stretched out To clasp my own in friendship warm; For hope that puts to flight each doubt And heaven gives in every storm. For all Thy goodness on life's way I praise Thee this Thanksgiving Day. (© by Will M. Maupin.)

Formaldehyde as Disinfectant.

The efficacy of this disinfectant depends largely upon temperature and humidity. In ordinary summer weather it is an excellent surface disinfectant. When the thermometer or hydrometer is below 65 the power of formaldehyde is reduced. In the winter time the room should be warmed artificially and the humidity raised by opening a steam radiator or by boiling a kettle of water in it.

Uncommon Sense . . .

By JOHN BLAKE

KEEP YOUR TEMPER

A MAN can acquire courage in an hour. It has been often done on battlefields.

He can learn self-possession in a year.

But it takes many years of intensive training to teach him to keep his temper.

Yet these years are well spent. Unless you are certain that your temper is irritation-proof, you can never be sure of yourself.

At some time, on some occasion, you may lose all control of yourself and do something that you will regret for the remainder of your life.

It is useful to teach boys boxing, not only because it develops their muscles and enables them to defend themselves in case of necessity, but because it is the best lesson in temper-keeping.

No man, without training, can endure sudden pain, inflicted by another man without a temporary fit of anger. Doubtless you have sometimes walked along a path in the woods behind a companion and been smitten smartly in the face by a branch, he released as he passed. If you didn't lose your temper you were hardly human.

Learn to avoid sudden anger, which is very different from the slow deliberate kind which you ought to feel in the face of a great wrong or evil.

For, if moved to quick wrath, the blood flies to your head, your judgment departs, and for a few minutes or a few seconds you are no better than a maniac. You may not resort to blows, but you are likely to resort to hot words that are more dangerous than blows, for they will be longer remembered.

ONCE IS ENOUGH

