



**SPECIALLY WRITTEN FOR RURAL READERS**

**INFORMATION ABOUT AGRICULTURAL SUBJECTS FROM RELIABLE SOURCES**

More than 1,500 technically trained persons, according to reports to the United States Department of Agriculture, are employed in studying farming problems in the state agricultural experiment stations. In 1921, 400 publications were issued containing results of their work.

The dairy cow is famed as a cash producer; her product can be marketed every day. This is perhaps one reason why the dairy cow is our best friend in time of adversity or in prosperity. In this day of tight money and high interest rates, such is appreciated, so it is a good time to take account of the good work of the cow. Study a little more her needs and requirements. Use her now and continue to use her after she pulls you out of the depression.

Vegetables which are a very essential part of the diet, also help to guard against constipation. Often-times hunger is due to the absence of vegetables in the meals, and children who crave more food find their appetite satisfied where vegetables are given regularly. There should be some fruit in the diet every day. Where fresh fruit is not possible, use dried fruit. Children should have a small amount of sweets given at the end of the meal; never between meals or at the beginning of a meal. They spoil the appetite for other necessary food. Fat is essential for growing children. Milk fat is the most important kind so children should have unskimmed milk.

Milk is the best and most important food for growing children. Children over 5 years of age should have at least three cups a day. If children rebel against milk it may be given in the form of cocoa, milk soups, custards, etc. Where plenty of milk and egg several times a week are included in the diet of the child, very little meat need be given before the seventh year. Bread, cereals and other grain products should furnish at least one third of the food required by the child. Cereals and flours with some of the outside of the grain are more nourishing than the refined flours. Hence entire wheat flour and brown rice are better than white flour and white rice. They also help to prevent constipation.

Recently the inspiring sight of fourteen boys grouped about tables totaling columns and making out the summaries of farm account books was presented in the home of J. F. Conklin, the leader of the Hubbard Farm Accounts Club. All too often boys in school fail to see the practical application of arithmetic only to wish later in life that they could correctly foot columns of figures, interpret a business analysis, and keep a satisfactory account book. These boys ranging in age from sixteen to twenty years were on their last lesson in a series and were enjoying their arithmetic and bookkeeping and the business principles in which their leader had drilled them. This work was planned and carried on in co-operation with the state agricultural college thru the county agricultural agent.

The kind of food a child has today determines to a considerable extent the fitness of the future citizen, say food specialists at the University of Nebraska Agricultural College. Hence good food habits should be established early in life.

Meals should be given at regular times. Have regularly appointed hours and do not allow the child to eat except at these hours. Plenty of water should be given between meals. This will often satisfy the craving which many mistake for hunger.

Children often have to be taught

to like foods such as vegetables and milk. One should be patient but firm in teaching a child to like new food; give but one new food at a time; and repeat it regularly until the child learns to like it.

Children should not be forced to eat when not hungry. The meal time should be a joyous occasion, without undue excitement just before, during, or after eating.

Plenty of time should be allowed for meals and the foods thoroly chewed so that the stomach may not be overtaxed.

Hyaline, paper white narcissi, Chinese sacred lilies and even tulips may be grown indoors with a fair degree of success, according to the horticulturists at the University of Nebraska Agricultural College. They may be grown either in water or dirt. To grow bulbs in water, the bowl or vase should be partly filled with gravel, pebbles, coal, together with a small amount of crushed oyster shell. Then the bulbs are placed firmly among the stones, and partly covered with water and removed to a cool dark part of the cellar while the roots are forming. They should be left there about 6-8 weeks, the water being changed every week. At the end of this period they are brought into the light and into a heated room to flower. The bulbs may be grown in pots also, a 6 inch pot being suitable for 3 bulbs. The pot is filled with garden soil in which a cupful of sand has been mixed and a little well rotted manure. The bulbs are set just beneath the surface of the soil, watered and removed to a cool dark moist place such as a cave or out of doors under a covering of dirt, straw or ashes. Here they are left for 6-8 weeks and then gradually introduced to heat.

The government still has on hand a large supply of a war explosive, picric acid, which is suitable for agricultural use in blasting stumps, ditches, etc. This is being distributed to the farmers of the country free of any cost other than that of putting it up in six ounce cartridges, packing, and freight. The government ships in carload lots only, and distributes only thru the state agricultural colleges. The agricultural college of the state university at Lincoln is now taking orders for Nebraska's first carload of this bargain in explosives. In counties having agricultural extension agents the orders are being taken thru the extension agent. Farmers living in other counties may send their orders direct to the Agricultural college. A cartridge of picric acid weighs about six ounces and these are packed in boxes containing 100 pounds. Orders will be filled only in 100 pound lots and not more than 1,000 pounds can be supplied to any one person. The cost of preparing the cartridges and shipping from the storage depot to Lincoln amounts to 10 cents per pound. This makes the price to the user 10c cents per pound f. o. b. Lincoln, the user to pay in addition the freight from Lincoln to his local station. Each order must be accompanied by cash at the rate of \$10. per 100 pounds. Shipments will be arranged for as soon as enough orders are received to make up a carload. Picric acid is a high explosive which was

used in large quantities by this and other countries during the world war. It is a comparatively safe explosive. A six ounce cartridge of picric acid is about equal in strength to an eight-ounce cartridge of the commercial dynamites used for agricultural blasting.

Danceland—the popular amusement hall of the city. Now under management of the American Legion Orchestra.

**John S. Twinem, M. D.**  
(Homeopath)  
Medicine, surgery and obstetrics  
North Platte, Nebr.

**UNION PACIFIC TIME TABLE**

Westbound	
No. 1	4:45 p. m.
No. 3	1:45 a. m.
No. 7	4:25 p. m.
No. 11	3:04 p. m.
No. 13	3:10 a. m.
No. 15	12:40 a. m.
No. 17	6:25 p. m.
No. 19	9:10 a. m.
No. 53	8:50 a. m.
No. 25	7:00 p. m.

  

Eastbound	
No. 2	12:20 p. m.
No. 4	11:00 p. m.
No. 8	12:05 p. m.
No. 10	2:25 p. m.
No. 12	11:30 p. m.
No. 14	6:55 p. m.
No. 16	8:55 a. m.
No. 18	1:15 p. m.
No. 20	7:20 p. m.
No. 54	10:10 p. m.
No. 26	5:40 a. m.

**JOHN S. SIMMS, M. D.**  
Special Attention Given to Surgery  
McDonald Bank Building  
Office Phone 83 Residence 34

**DR. REDFIELD**  
Physician, Obstetrician, Surgeon  
X-Ray  
Calls promptly answered Night or Day  
Phones. Office 642 Residence 676

**DR. M. B. STATES**  
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Rooms 5 & 7 Building & Loan Bldg  
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**DR. HAROLD FENNER**  
Osteopath  
Over Hirschfeld's  
Office Phone 332 Res. Phone 102

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Undertakers and Funeral Directors  
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**L. C. DROST**  
Osteopathic Physician  
North Platte, Nebraska  
Knights of Columbus Building

**GEO. B. DENT**  
Physician and Surgeon  
Special Attention Given to Surgeries and Obstetrics  
Office: Building & Loan Building  
Phones: Office 130 Residence 116

**DR. H. B. BOYDEN**  
Golfre Specialist  
Write for Appointment or Information  
Grand Island, Nebraska

**J. C. Hoffman, Attorney**  
NOTICE TO CREDITORS  
Estate No. 1916 of William S. Depuy deceased in the County Court of Lincoln County, Nebraska.

**DR. HAROLD H. WALKER**  
Practice limited to Eye, Ear, Nose and Throat  
Offices over McDonald Bank  
Phone 356

**DR. L. A. SNAVELY**  
Dentist  
X-Ray Diagnosis Oxygen and Gas Anesthesia for Extractions.  
Over Union State Bank  
Phone 256

**ED KIERIG**  
Auctioneer  
For dates and terms call at First National Bank North Platte, Neb.  
Office 340 House 488

**DR. W. I. SHAFFER**  
Osteopath Physician  
Over the Oasis North Platte

**W. T. PRITCHARD**  
Graduate Veterinarian  
Ex-Government Veterinarian and ex-assistant deputy State Veterinarian  
Hospital 315 South Vine Street  
Phones. Hospital 633 Residence 638

**FOR SALE**  
Choice lot of young Red Poll bulls at farmers prices at  
**PAYNE'S DAIRY FARM**  
South Dewey Street

**J. T. Keefe, Atty.**  
NOTICE TO CREDITORS  
Estate No. 1913 of John Lee Moran, deceased in the County Court of Lincoln County, Nebraska.

The State of Nebraska, ss: Creditors of said estate will take notice that the time limited for presentation and filing of claims against said Estate is February 21, 1923, and for settlement of said estate is October 17, 1923, that I will sit at the county court room in said County on November 21, 1922, at 10 o'clock a. m., and on February 19, 1923, at 10 o'clock a. m., to receive, examine, hear, allow or adjust all claims and objections duly filed.  
Dated October 17, 1922.  
Wm. H. C. WOODHURST, County Judge.

**NOTICE FOR PUBLICATION**  
Department of the Interior  
U. S. Land Office at Lincoln, Nebr., October 17, 1922.

Notice is hereby given that John O. Lindemuth, of Wellfleet, Nebraska, who on November 27, 1917, made homestead entry, Broken Bow No. 011980, Lincoln, No. 02920, for W 1/2 NE 1/4, E 1/2 NW 1/4 and SE 1/4, Section 8 Township 10, North of Range 20, west of 6th Principal Meridian, has filed notice of intention to make final three year proof, to establish claim to the

land above described, before W. H. C. Woodhurst, United States Commissioner, at North Platte, Nebraska, on the 27th day of November, 1922.

Claimant names as witnesses: E. W. Gerkin, Jack Zigler, J. K. Browning and Earl Greenwood, all of Wellfleet, Nebraska.

J. E. HAYS, Register.

**SHRIFF'S SALE**  
By virtue of an order of sale issued from the District Court of Lincoln County, Nebr., upon a decree of foreclosure rendered in said Court wherein David H. Corbett is plaintiff, and W. L. Fristo, et al are defendants, and to me directed, I will on the 9th day of December 1922, at 2 o'clock P. M., at the east front door of the Court House in North Platte, Lincoln County, Nebraska sell at Public Auction to the highest bidder for cash, to satisfy said decree, interest and costs, the following described property, to-wit:

West half of the southwest quarter (W 1/2 of SW 1/4) of section thirty-five (35) in township eleven (11) north of range thirty-one (31) west of the 6th P. M. Lincoln County, Nebraska.

Dated North Platte, Nebr., Nov. 4, 1922.  
A. J. SALISBURY, Sheriff.

**Wheat Is Nature's Best Food**

**SIoux LOOKOUT FLOUR**  
Is made right—by the latest designed milling machinery. With it the house wife can make those big crusty brown loaves which appeal to the members of the family.  
**AT ALL GROCERS.**

**Public Sale**

Having decided to quit farming, I will sell at Public Auction on the Strolberg farm, 6 1/2 miles west of North Platte and 1/4 mile south and 1/2 mile west of Birdwood Station on

**THURSDAY, NOVEMBER, 16th.**  
Commencing at one o'clock, the following property to-wit:

**90 HEAD OF HOGS 90**  
Consisting of 10 pure bred Duroc Red gilts, 47 Hampshire shoats, 5 Hampshire breed sows and 29 fall pigs.

**11 HEAD OF CATTLE 11**  
4 milch cows, 3 yearling heifers and 4 calves.

**7 HEAD OF HORSES 7**  
One bay team geldings, weight 3100; team mares, weight 2800; one grey team, weight 2400; and one yearling colt.

**FARM MACHINERY**  
2 wagons, 2 beet racks, beet cultivator, beet seeder, two row lister, disc cultivator, half interest in John Deere manure spreader, corn cultivator, 5 shovel garden plow, gang plow, sulky plow, 9 foot disc, hay sweep, two mowers, harrow, 4 sets harness, beet digger, 12 foot surface packer, cream separator, 500 bushels potatoes, South Bend range stove and numerous other articles.

**Free Lunch at Noon**  
TERMS—\$20 and under cash, 6 months time at 10 per cent interest. No property removed until settled for.

**H. M. CLEMENS, Owner.**  
RAY C. LANGFORD, Clerk COL. L.D. BROWNFIELD, Auct.

**NOTICE OF FINAL REPORT**  
Estate No. 1856 of Bernard Winkewer, deceased in the County Court of Lincoln County, Nebraska.

The State of Nebraska, to all persons interested in said Estate take notice that the Administrator has filed a final account and report of his administration and a petition for final settlement and discharge as such administrator which have been set for hearing before said court on December 1st, 1922, at 10 o'clock a. m., when you may appear and contest the same.  
Dated October 31, 1922.  
Wm. H. C. WOODHURST, County Judge.