

### Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. Dr. Kilmer's Swamp-Root is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

#### Some Similarity.

Hewitt—"The devil never takes a vacation." Jewett—"And Cupid always wears his working clothes."

#### Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the

Signature of *Wm. C. Powell*  
In Use for Over 30 Years.  
Children Cry for Fletcher's Castoria

More people have the gift of speech than the gift of silence.



### FIFTY YEARS AGO

A young man who practiced medicine in Pennsylvania became famous and was called in consultation in many towns and cities because of his success in the treatment of disease. This was Dr. Pierce, who finally made up his mind to place some of his medicines before the public, and moving to Buffalo, N. Y., put up what he called his "Favorite Prescription," and placed it with the druggists in every state.

Dr. Pierce's Favorite Prescription has long been recognized as a tonic for diseases peculiar to womanhood. After suffering pain, feeling nervous, dizzy, weak and dragged-down by weaknesses of her sex—a woman is quickly restored to health by its use. Thousands of women testify that Dr. Pierce's Favorite Prescription has entirely eradicated their distressing ailments.

More recently that wonderful discovery of Dr. Pierce's, called An-uric (for kidneys and backache), has been successfully used by many thousands who write Dr. Pierce of the benefits received—that their backache, rheumatism, and other symptoms of uric acid deposits in joints or muscles have been completely conquered by its use. Send 10c to Dr. Pierce, Buffalo, N. Y., for trial pkg. of any of his remedies, or write for free medical advice.

### Skin Eruptions

Are Usually Due to Constipation

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it.

Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.



#### For Visitors Only.

The primary teacher asked the class for a definition of the word "blessing." None of the pupils seemed to know. Finally Johnny's hand went up. "What is it, Johnny?" said the teacher.

"Papa says the blessing every time we have company."

Baby's little dresses will just simply dazzle if Red Cross Ball Blue is used in the laundry. Try it and see for yourself. At all good grocers.—Advertisement.

#### Feminine Determination.

Alice—"Do you really know what you want?" Virginia—"I'm rather undecided. But I know that I want it."

#### Look to Your Eyes

Beautiful Eyes, like fine Teeth, are the result of Constant Care. The daily use of *MURINE* makes Eyes Clear and Radiant, Enticing, Harmless. Sold and Recommended by All Druggists.



## OUR COLLEGE OF MEDICINE

An Important Branch of the State University.

OVER 8000 WERE TREATED

A Complete School and Hospital Operated for the Benefit of the Entire State—Now Has an Enrollment of Over 300 Students.

(By Montague Tancock.)

When Nebraska went into the medical business by voting an appropriation for the University College of Medicine and University Hospital—combined value \$641,250, the hospital operated at a cost of \$100,000 a year—there may have been some doubt as to the outcome. There isn't any more.

Last year in one department 1,700 operations were performed for Nebraska people from all counties. These operations were done without charge. If paid for they would have cost nearly twice \$100,000.

This disposes of the cost of operating the institution for the year. Here's what Nebraska gets as "velvet" on its investment. In the five years that the hospital has been located in

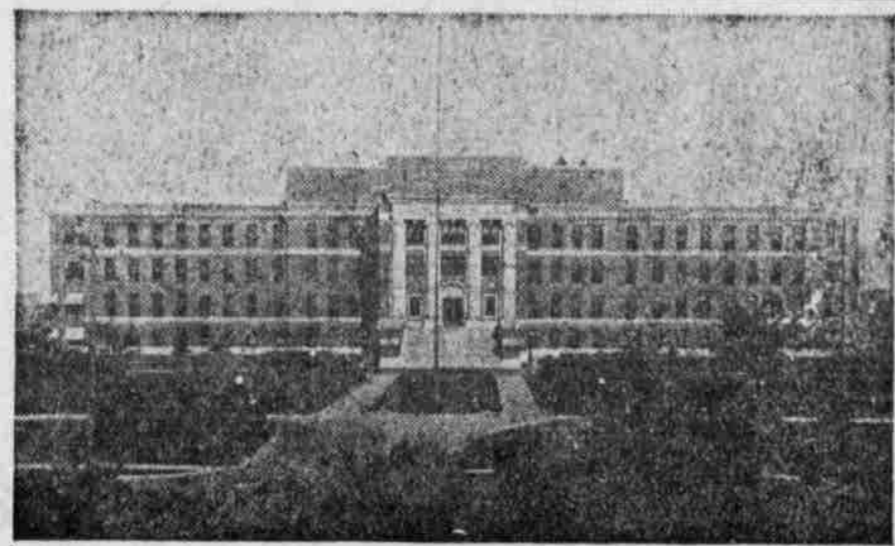
form the basis of clinical instruction during the last two. Independent and thorough work is required of each student.

The state pays the salaries of those instructors who are regularly with the college. It pays nothing to many of the busy practitioners who give clinical instruction to the students during the year. These instructors, leaders in their individual fields, although busy with large private practices, give unstintingly of their time during the school year. They serve for the glory of serving and teaching the younger generation the nobleness of a life of service.

The University has laboratory facilities for the study of anatomy, biochemistry, pharmacology, pathology, bacteriology and physiology. Each laboratory is equipped with all the apparatus and appliances needed in a thorough study of these subjects.

In addition to the laboratories where students gather their practical experience, they have the advantage of the College medical library of 25,000 volumes and 200 current periodicals. They also have the privileges of the University library of 165,000 volumes at Lincoln.

For men who must help themselves through school there are also advantages. The will of the late Clementine C. Conkling provides for the creation of a trust fund known as the "Jetur Riggs Conkling and Jennie Hanscomb Conkling Foundation," the income of which is used by the regents of the University of Nebraska in providing scholarships for deserving medical students. The Omaha Medical College foundation was created in 1921 chiefly through contributions received from former professors in the Omaha Medical College. The foundation not only perpetuates the name of that pioneer college but



Omaha 8,823 patients have been treated and cared for without charge. This treatment has been given by men and women trained in the institutions under supervision of the best physicians, surgeons and instructors in this part of the country.

As a result of this care many people who were formerly public charges, maintained at the expense of the country, have been cured and sent back to their communities capable of providing for themselves—assets instead of liabilities.

Many of Nebraska's future citizens receive their first service from the State at this institution. A children's ward is maintained, where little ones are ushered into the world and cared for until they and their mothers are strong and well. The children's ward is always filled and is one of the brightest spots in the hospital.

The University maintains a dispensary in which 20,000 cases were treated last year. There is no charge for this service except for those who are able to pay for the medicine used. Aside from its humanitarian value this dispensary does much to check contagion and to safeguard the health of the community.

All these services make a good deal of "velvet," but great as they are, they are merely by-products of the great work of the Nebraska Medical College.

The primary purpose of the institution is education. It has grown from one building with 68 students in 1913 until it now has an enrollment of 317 students in medical courses, 65 in the Nurses' Training School and four magnificent buildings housing two laboratories, a hospital, a nurses' home, carpenter shop and power plant.

The College of Medicine reached the peak of its enrollment in 1922-1923. It meets the requirements of the most exacting state examinations and licensing boards. Its diploma grants the holder all privileges accorded graduates of any medical college in the United States. Recognition of its high standing in England places its graduates on the same basis as graduates of English colleges.

The course of study covers 6 years of 36 weeks each. The first four years cover laboratory sciences, which

#### Famous Book Character.

Harriet Beecher Stowe drew from the story of the life of Josiah Henson her character of Uncle Tom in "Uncle Tom's Cabin." Josiah Henson was born a slave in Port Tobacco, Md. He endured remarkable hardships during his early life, but in 1828 escaped into Canada and became a Methodist preacher at Dresden, Ont. Henson lectured throughout the United States and made three trips to England during the last years of his life. He was entertained at Windsor castle by Queen Victoria.—E. R. R.

#### Magnified Trifles.

Trifles that amount to little are too frequently magnified and those which really should receive attention are ignored. This is because too many men and women lack ability properly to estimate the value of things. Ability to appraise is at a premium nowadays.

#### Prescription Free to All.

There are many troubles which you cannot cure by the Bible and the hymn-book, but which you can cure by a good perspiration and a breath of fresh air.—Beecher.

### YOU MAY NOT BELIEVE THIS

But, if True, This Young Lady is Very Evidently Not in the Class of Modern "Flappers."

A country correspondent of an Indiana weekly newspaper, who disclaimed being either a pessimist or reformer, recently wrote as follows: "The other day a man and his daughter from near Danville, Ky., passed through our town on their way to a nearby village. They expected to be met at the train by a relative, but he was late, so they had to wait for him for four or five hours. The daughter was a young woman of seventeen, but still wore her hair in curls. We were especially impressed by the natural girlishness and sweet modesty of the young woman. She was refined, too, both in manners and dress. Her father apologized for her bashfulness. There's nothing else to say about this little incident except that it is a rare and beautiful thing to hear a father apologize for the modesty of a daughter of seventeen summers."—Indianapolis News.

### DYED HER DRAPERIES, SKIRT AND A SWEATER WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple that any woman can dye or tint faded, shabby skirts, dresses, waists, coats, sweaters, stockings, hangings, draperies, everything like new. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade, or run. So easy to use.—Advertisement.

#### Spilled Diamonds.

Among the crown jewels of the Hapsburgs were two large diamonds of ruby tint which were always regarded as especially valuable and whenever the royal jewels were placed on exhibition these stones were under special guard. It was necessary some time ago to dispose of the jewels, and as they were being prepared for exhibition, prior to being offered for sale, they were put through a wash which unfortunately removed the color of the precious stones and left them perfectly white. Instead of demanding a fabulous price as ruby diamonds, they were sold simply as white stones.—Chicago Journal.

#### Canada's First Railroad.

The first railroad in Canada was the one built between Laprairie and St. Johns, Quebec, and opened for traffic in July, 1836. This railway line was established by some prominent Montreal business men, and the railroad was constructed of wooden rails, horsepower being employed during the first year. In 1837 the wooden rails were replaced by iron rails, and the horses by a steam engine. The railway was known as the "Champlain and St. Lawrence Railway company." The Champlain & St. Lawrence Railway company received its charter in 1832—ninety years ago.

#### Threat Considered a Favor.

Jenkins was always a dissatisfied member of the staff. His complaint this time he considered a big one and he told his work mates that he would threaten to leave. "What did the boss say about your threat to leave?" he was asked on being seen coming from the chief's room. "He didn't take it as a threat," replied Jenkins. "He thought I was doing the firm a favor."—London Tit-Bits.

#### Pleasure's Penalty.

It is fine to recline in the bright sunshine on the sands, oh brothers and sisters; but we find, alas! when a few hours pass that all isn't bliss that blisters.—Boston Transcript.

Racers strip themselves that they may outstrip others.

A stoic temperament is to be desired. It doesn't worry.

## A UNION OF INTEREST TO WOMEN

Healthy Housewife---Happy Home

Lydia E. Pinkham's Vegetable Compound Has Helped Form Many

For the ailing, half-sick housewife such a union is impossible. Often times even the slightest form of housework cannot be accomplished. Yet the work must be done.

Many women struggle along for years suffering from some form of female trouble that make their lives miserable and their homes far from happy.

Lydia E. Pinkham's Vegetable Compound has helped thousands of just such women regain their health and strength. Just give your thought to the following letters and remember that the women who wrote these letters knew how they felt before taking the Vegetable Compound and again afterwards. It helped them—let it help you.

#### Had Nervous Spells

Horatio, Ark.—"I had nervous spells and awful bad feelings. My right side and my back hurt me all the time and I had been going down in health for six or seven years. For three years I had not been able to do my work without help. I weighed only 95 pounds when my husband's mother persuaded me to take Lydia E. Pinkham's Vegetable Compound. Now I heartily recommend it to all suffering women, as I have gained weight and health. I can do all my work, anything I want to do."—Mrs. JIM REARICK, Horatio, Arkansas.

Reading, Pa.—"I was a nervous wreck and could hardly do my housework. I always had to have help or I would never have got it done. Through the advice of friends I have been taking Lydia E. Pinkham's Vegetable Compound for my nerves and Lydia E. Pinkham's Blood Medicine for my blood and I am feeling fine and doing my work all alone. I can recommend these medicines to any one, for they certainly helped me. I suffered for five years and Lydia E. Pinkham's medicines pulled me through."—Mrs. WALTER U. STROYER, 1218 Mulberry St., Reading, Pa.

#### Recommends the Vegetable Compound

New Orleans, La.—"I have found relief from my troubles by taking Lydia E. Pinkham's Vegetable Compound and I praise it wherever I go. I could not do my work as it should be done for I would sometimes have to lie down because of the pains I had. A friend induced me to take your Vegetable Compound and I have got great results from it. I keep house and am able to do all my own work. I recommend your Vegetable Compound to my friends who have troubles similar to mine."—Mrs. T. FOECKLER, 1915 N. Derbigny St., New Orleans, La.

## SICK HEADACHE

Take a good dose of Carter's Little Liver Pills then take 2 or 3 for a few nights after. They restore the organs to their proper functions and Headache and the causes of it pass away. THEY REGULATE THE BOWELS and PREVENT CONSTIPATION. Genuine bear signature—Small Pill; Small Dose; Small Price.

#### Parrot Got Busy.

Johnny played with his little friends next door, where they had a loquacious parrot.

When mother wanted Johnny she would telephone and the message would be shouted out the back door, "Johnny, your mother wants you." Whereupon the lad would go home.

One day, hearing the familiar words, the boy trotted back to his own house and reported to mother. Imagine his surprise when she said, "I didn't call you."

The parrot had learned the combination, "Johnny, your mother wants you," and sent the boy home.

#### Her First Ball Game.

Betty, a demure little miss of four, who is in Indianapolis from Detroit as the guest of her Aunt Irene, saw her first baseball game a few days ago and while at the game picked up a number of the terms and expressions used by the fans.

Sunday, Betty was sent to Sunday school and on her return home was asked by her aunt to relate the story of the lesson. After telling the story, she added:

"That's all I can remember, but I believe I've left out about two innings."—Indianapolis News.

#### Norfolk Island Ignores Cash.

Money is almost unknown on Norfolk island, in the Pacific ocean, about \$25 being all that is handled by the entire population in the course of a year.

One may go to the dentist cheerfully but not as cheerfully as he leaves.

Fear keeps one's mouth shut as effectively as wisdom.

#### PRAYER CAME FROM HEART

Under the Circumstances, There Can Be Little Doubt Sambo Was Sincere in His Supplication.

Representative Christopher of South Dakota tells a good story about a darky who was short of meat at home and selected his pastor's smokehouse as a likely place to get a nice ham. As he was leaving with a big one under his arm the pastor suddenly appeared before him and said:

"Why, Sambo, what are you doing in my smokehouse at this time of night?" To which the trembling darky replied: "Ah, suh, Ah just come in to pray, suh."

Whereupon the pastor said: "If that is the purpose of this visit here, then you just get down and pray."

Thereupon the darky sank on his knees, raised his eyes and hands to heaven and offered up this prayer: "Oh, Lord, I pray that you now promptly dismiss us so that we may depart in peace."—Exchange.

#### Always in Style.

They were going through the furniture factory, and Mrs. Smith was amazed at the great proportion of chairs.

"Well, ma'am," responded the ingenious attendant, "you see, it's the dull season, and most of our furniture is out of style, but settin' never really goes out of fashion."

Some people hope for the best only under protest and are disappointed when it happens.

Why does money usually get rattled when it converses?

No. 72 New York *Nov 1922*

I do hereby promise to pay in sleepless nights

Mr. Coffee Drinker

Why sign notes at the dining table?

Postum comes in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages), for those who prefer to make the drink while the meal is being prepared) made by boiling fully 20 minutes.

If your mealtime cup of coffee leads you into I midnight wakefulness and mid-afternoon drowsiness (as so often happens) why not stop giving the promise to pay?

It is so easy to keep out of debt by turning to Postum.

Postum is a satisfying, mealtime drink, rich in flavor and aroma—and with no regretful settlements, afterward.

Why not try Postum instead of coffee today, and pave the way to better health and happiness?

Postum FOR HEALTH "There's a Reason"

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

Sold by All Grocers