

THE SANDMAN STORY

"HUNGER, BEST SAUCE"

OF COURSE, Mrs. Fox had never heard this saying, but she knew that something must be done, for Mr. Fox was so cross and found so much fault with every meal that was served his poor wife was at her wits' end worrying over what she should have for dinner each day.

"I am tired of chicken," growled Mr. Fox one day. "It is chicken, chicken, chicken. Why don't you have duck or turkey once in a while?"

"I did cook turkey only last week," replied poor Mrs. Fox, "and you said it was out of season and that chicken was the only food fit to eat this time of year."

But though Mr. Fox found fault with the food, he never left any of it on his plate and very little on the



The Told Mrs. Fox Many Things.

table when he finished a meal. He was so fat and sleek to look at as any fox around. Mrs. Fox noticed that and she thought something must be done, for she was growing thin with so much worry.

While he found fault and grumbled, Mr. Fox did very little work. A chicken or duck he brought home once in a while and he took great pains that Mrs. Fox should be made to fully appreciate that it was his hunting that furnished the dinner and not hers each time.

So one morning Mrs. Fox put on her bonnet and ran across the fields to Granny Fox's home and told her troubles.

"My dear," said Granny Fox, "you are young and have a great deal to learn, but if you do not do something now you never will. Mr. Fox will grow worse."

"But what can I do?" sighed poor little Mrs. Fox with tears in her eyes.

"Let him go hungry a while," replied Granny. "Hunger's the best sauce for any meal."

Granny Fox told Mrs. Fox many things, and when she ran home an hour later she wore a smile that would have worried her husband if he had seen it.

She cooked herself a nice dinner and ate it all before Mr. Fox returned. Not a crumb was left and when he came in and asked crossly why dinner was not ready, she replied that she

didn't intend to cook any more and that if he wanted food he must get it and cook it, too.

Mr. Fox dropped his pipe and it fell to the floor with a smash as he stared open-mouthed at his wife; his ears, too, stuck up straight; he could hardly believe he heard rightly what she said.

Mrs. Fox walked out of the house while her husband growled and fussed, but she did not return and Mr. Fox had to go hungry to bed that night, for she ate her supper before she came home.

For three days this went on, and on the fourth Mr. Fox grew very meek and brought home a nice pair of chickens. "My dear," he said, "it would be a pity to spoil those birds cooking them as I should, and there is no one in the world that can fry a chicken as you can."

Mrs. Fox agreed to do this, but she made her husband wait on her, and when the dinner was ready he put it on the table and helped clear it away and washed the dishes.

It was not long before Mr. Fox was bringing home all the food and helping his wife as a good husband should, and, best of all, he praised at every meal her wonderful cooking.

"What did I tell you?" said Granny Fox when she heard what had happened. "Remember what I said, 'Hunger's the best sauce' for any meal, and the royal road to a husband's heart is traveled fastest by serving him a good meal; but don't let him lose sight of the fact that you are a wife as well as a good cook."

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Seeing and Hearing.

The eye is a haven at which the treasure fleets that sail through the ocean of light are unloading, and their stores deposited in the vaults of the intellect; but it is through the whispering gallery of the ear that man reaches the heart of his fellow man most quickly and surely. Light and knowledge are for the eye, love and music for the ear. Hearing often times seems to me a nobler sense than sight, with richer benedictions attendant on it; with tender and holier offices assigned to it. Man's voice, tuned by sympathy, moving to the modulations of intelligence and love, may perform the sweetest and holiest ministry of human life. Do you wonder, then, that with books and with friendly talk I have learned to bear my affliction cheerfully.—William Henry Milburn.

Not in the Ledger.

Wigg—Burglars broke into the bookkeeper's house twice.

Wagg—That sort of double entry was quite out of his line, I suppose.

"What's in a Name?"

By MILDRED MARSHALL

FACTS about your name; its history; meaning; whence it was derived; significance; your lucky day and lucky jewel

INEZ

INEZ has a saintly origin since it is derived from the Greek word agnos, meaning "sacred," "pure," and comes into usage through the Latin word for lamb which is agnus. The lamb was the symbol of the Roman maiden whose place of martyrdom named the Church of Saint Agnese. Pilgrimages are made there and it is said that the gentle saint has appeared to supplicants in human guise with a lamb of purest whiteness by her side. Each year, two lambs are brought to the pope and blessed in the Church of Saint Agnese; then they are shorn and the wool is spun and woven by the nuns into pills presented by the pope to each pilgrim.

Agnes or Agnese, is in popular usage as a proper name in England, France and Germany. Portugal is

responsible for Inez. Soft as Agnese is, it did not please the Portuguese, who changed it first to Ines, indicating the liquid sound of "kn" by the cedilla. Later it became Inez and named the ill-fated Inez de Castro, whose doom made it famous above all Portuguese feminine names.

Ines and Inez flourished for centuries there, before they were brought to England, and without being Anglicized were used as British names unreservedly. The diminutive which the Portuguese had evolved, Inesilla, was left in its native land as being too Latin for English adoption. Italy, too, rejected it, preferring Agnese, but also adding its own Agnete and Agnesca.

Thomas Hood wrote a charming lyric to "Fair Ines":

"Oh saw ye not fair Ines?
She's gone into the West,
To dazzle when the sun is down,
And rob the world of rest;
She took our daylight with her,
The smiles that we love best,
With morning blushes on her cheek,
And pearls upon her breast."

Chrysolite is Inez' talismanic stone; "the chrysolite of sunrise," wrote Shelley. If worn upon the left arm and set in gold, it will drive away all evil and protect its wearer from contagion. Thursday is Inez' lucky day and 7 her lucky number. The chrysanthemum, signifying cheerfulness, is her flower.

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CORNHUSKER ITEMS

News of All Kinds Gathered From Various Points Throughout Nebraska.

Dr. I. H. Dillon, Chief of the state bureau of health, is proud of the death rate of 9.01 per thousand population in Nebraska as shown by records in his office for the year 1921.

Everybody in Thayer county is busy getting ready for the county fair at Deshler the last week in August. Thirty-five children's clubs, representing 100 children, will attend.

Practically every business establishment in Falls City was closed for one hour when the funeral of Samuel Wahl, pioneer local merchant, was held there one day last week.

Spontaneous combustion destroyed the barn on the farm of George Coon near Falls City, containing 1,200 bushels of corn, 900 bushels of wheat, and a quantity of hay and farm implements.

Mrs. Pat Covey, of Omaha, aged 102 years, fell and broke her hip while walking in her backyard. She told friends that this is the second time in her life she has been ill or suffered an injury.

A deer in Riverside park zoo, has presented Omaha with triplets. The "herd" was found hidden in a clump of bushes by John Liddle, keeper of the zoo. Birth of triplets to a deer is said to be extraordinary.

According to South Omaha stockyard officials, business at the yards is suffering but little from the railroad strike. The largest cattle run of the season was brought in Monday and Tuesday of last week.

Homer Cooper of Scottsbluff and Otis Terhune of Gering have been chosen to represent Scottsbluff county boys at the state fair because of the general excellence of their school work and other enterprises.

The rebuilding of the electric light plant of the Cooper company of Humboldt, which was recently destroyed by fire, has progressed far enough so that the city of Humboldt is now being supplied with current by the company.

Out of a total of \$,560 cattle tested for tuberculosis during July by the state department of agriculture and the federal bureau of animal industry, Douglas county furnished 2,759, in which number there were only 89 reactors.

Charles, the nine-year-old son of Mr. and Mrs. Virgil Lynch of Tecumseh, endeavored to hang a drawshaver back on a nail in the tool house, and fell from a box upon the tool. An ugly gash was cut in his left forearm, severing a vein.

The largest single shipment of cattle ever made over the North Platte valley branch of the Union Pacific to South Omaha, went through Gering last week. Twenty-seven cars, collected at Yoder and Lyman, constituted the train. The cattle were in splendid condition.

Stella Morris, 17, was injured at the canning factory at Nebraska City when her clothing caught in the power belt while she was attempting to remove a shuckin' peg which had fallen into the carrier. She suffered a broken right arm and received other injuries.

While digging a well on the outskirts of Neligh, workmen struck oil which is believed to be part of a rich deposit. Dr. Condra, state geologist, of Lincoln, has been asked to make an investigation. The Neligh Chamber of Commerce is also investigating the oil prospects.

Announcement from the office of the registrar at the state university says that students who registered for the first semester of the 1922-23 school year last May must pay their fees before September 7 if they wish to avoid having their schedules of classes cancelled and re-registering.

A memorial stadium is virtually assured at the State University. Two campaigns to raise money have been planned, one for October, at which time every student will be asked to give a uniform sum of \$25, and in November the state will be canvassed.

The explosion of a welding torch at the Rock Island roundhouse at Fairbury injured D. Duffy, a workman, and started a fire that damaged the building to the extent of \$1,000.

Successful in winning democratic and progressive party nominations for state auditor, Grant L. Shumway of Scottsbluff learned to his surprise that his name had been written in on enough prohibition party ballots to give him the nomination of that party also for the same post.

At a council meeting held by the Omaha Indians with the agent it was decided to hold the annual powwow at Macy, the agency of the Omaha reservation, beginning Saturday, September 2, and lasting until September 5. The usual dances, pony races and gift presentations will be observed.

Valuations for Antelope county have been lowered \$2,000,000 for 1922 with a tax levy decreased from 6.6 mills to 5 mills.

Wendell Myers of Exeter and Maurice Theobald of Ohiowa, schoolboys, have been chosen by the Fillmore county superintendent to attend the boys' encampment at the state fair, Lincoln.

Enzel Chambers, Falls City, was badly burned and injured when a bomb exploded in an airplane in which he was riding 3,000 feet high at an exhibition at Hickman at the old settlers' picnic.

Dawson will hold its 37th annual old settlers' picnic August 23 and 24. W. H. Morton of Fairbury has accepted the position of superintendent of schools of Beatrice.

After a year of negotiation a transmission line is to be built from Gothenburg to Brady and Maxwell.

The Lutheran church at Malcolm, costing \$14,000, recently completed, was dedicated last Sunday.

Wallace Erickson of Omaha, was drowned while bathing at Carter Lake near that place Sunday.

One hundred Fremont business men have signed up a guarantee for another chautauqua to be held during August, 1923.

A proposition to call a special election for voting a water works has been turned down by the town board of Stapleton.

The 12-year-old son of Bert Trefren, living near Arcadia, was thrown from his horse and suffered injuries from which he died.

Two county fairs will be held in Dodge county, one opening August 9 at Hooper and the other September 13 at Scribner.

Officers and members of the State guard, nearly 1,500 in number, are in khaki tents at Plattsmouth for a two weeks' encampment.

The village of Big Springs has registered \$25,000 of funding bonds with the state auditor. The bonds were bought by a Denver firm.

Three prisoners in the city jail at Arlington, all held in connection with a bootlegging case, escaped after sawing the bars of their cell.

Fillmore county has obtained a home economics demonstrator to work in conjunction with the county agricultural agent, Lee Thompson.

The state department of trade and commerce has announced the granting of a charter to the Spencer, Neb., State bank, capitalized at \$25,000.

Mrs. Karl Matous of Havelock is dead as a result of an auto accident near Ashland. Two other women in the car with her were badly injured.

O'Kane Bros., Gothenburg potato growers, recently shipped fourteen tons of their first crop. Their fields average from 150 to 175 bushels per acre.

The sugar beet crop in the North Platte valley, is estimated by sugar officials to be a record breaker in point of acre production for many years past.

The fair board of Red Willow county has decided upon October 3, 4, 5 and 6, as the dates for holding the fall exhibition of the association at McCook.

The Nebraska farm bureau federation will have a tent on the state fair grounds again this year for the convenience of members who will visit the exposition.

Two masked burglars entered the farm home of John Stuhr near York, gagged and bound Raymond, 16-year-old son, rifled the house and made away with \$125.

When the auto in which he and his bride were riding struck a bog, Albert Lydick of Table Rock suffered injuries that caused his death. His bride was badly bruised.

A night "air raid" on Norfolk is one of the features planned for the interstate aero meet which will be held in that city this month under the auspices of the American Legion.

A herd of hogs he was driving from one pen to another turned and attacked L. D. Waldron, farmer living near Orchard. He was thrown to the ground and ligaments in a leg torn before he could escape.

B. J. McConnell, post commander of "Old Abe" post No. 63, at Superior, has announced that August 24, the second day of the big pageant, "The Meeting Pot," will be reunion day for civil war veterans.

Organization of a "Big Four Tennis association" is being planned, the counties of Cedar, Knox, Wayne and Pierce to be included. A tournament will be held at Randolph on Labor day, in which players from the four counties will be entered and definite steps will then be taken to form a permanent organization.

Stromsburg celebrated its fiftieth anniversary last week with an appropriate program and a large crowd of Polk county citizens in attendance. The big number on the program was the pageant parade. The address of welcome was delivered by Mrs. Alex Scott and a paper read on the early history of the county by Liberty Clark of Osceola, who is the oldest resident of the county, he having come in 1869.

An attempt was made to enter the Douglas store at Clark. City Marshal Nick Krier discovered them at the front door and called to them. They answered by firing two shots at the officer, one of them hitting him in the right leg above the knee.

The second annual reunion of the 80th division, one of the most celebrated fighting divisions in the American expeditionary forces, will be held in Omaha, September 20 to 22 inclusive. This is during the Ak-Sar-Ben fall festival, which will afford some excellent entertainment for the visiting ex-service men.

Scouts of the United States department of agriculture, seeking to curb the spread of black stem rust, discovered 3,733 common barberry bushes in Nebraska in July.

J. A. Schoonover, postmaster at Aurora, will draw \$200 more than the regular salary limit this year because the referendum pamphlets will be mailed from that office. The contract for printing them was awarded to an Aurora publishing house and the postage alone will cost the state \$3,300. The government allows a percentage to postmasters for the amount of postage sold.

ALMOST WRECKED STATES R. R. MAN

Stomach Trouble Had Him Nearly Past Going, Declares Mowrer.

"Tanlac has helped me to gain ten pounds," said J. E. Mowrer, 157 Park St., Akron, O., well-known railroad man.

"My stomach was in such bad fix that for several days at a time I could hardly retain any food. I had no appetite and often the very sight of food made me sick. I was intensely nervous, too, could not rest at night, felt tired and worn out all the time, and lost weight and strength until I was almost a wreck.

"Tanlac has made me feel like a different man. My appetite is enormous and I haven't a sign of indigestion left. I never felt stronger. Tanlac certainly does the work."

Tanlac is sold by all good druggists.—Advertisement.

EVIDENTLY HER UNLUCKY DAY

Woman Probably Convinced That at That Moment Her "Jinx" Was Strictly on the Job.

I was very busy upstairs with some necessary writing, and, glancing out the window, beheld Mrs. "Stay-For-ever," a neighbor, coming up the walk. Calling my small daughter, I told her to tell the visitor I was not at home. She descended the stairs to do my bidding and I tipped softly to the top of the stairs to hear the conversation.

"Mother home?" inquired Mrs. Neighbor.

"No, ma'am," said my faithful child. At this unfortunate moment the heavy blue beads I wore around my neck broke and rattled down in the hall like a heavy hailstorm. My small daughter glanced at the dancing glass particles and, looking up in consternation, cried, "O, mother, you broke your pretty blue beads!"—Chicago Tribune.

The charm of a bathroom is its spotlessness. By the use of Red Cross Ball Blue, all cloths and towels retain their whiteness until worn out.—Advertisement.

Two to Consider.

"Be mine and I shall be the happiest of mortals." "No, I'll remain as I am. I also want to be happy."

Fred Probably Knew.

"I notice you don't use a lip-stick?" "No. Fred said it was very bad taste."

Sure Relief FOR INDIGESTION

BELL-ANS INDIGESTION 25 CENTS

6 BELL-ANS Hot water Sure Relief

BELL-ANS

25¢ and 75¢ Packages, Everywhere

Beauty in Every Jar

Freckles Positively Removed

By Dr. Berry's Freckle Ointment, giving beautiful complexion. Your druggist or by mail 65¢; send for free booklet. Dr. C. H. Berry Co., 2975 Michigan Ave., Chicago

Stop Laxatives

Which Only Aggravate Constipation

Nujol is a lubricant—not a medicine or laxative—so cannot gripe.

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it. Try it today.

Nujol

A LUBRICANT—NOT A LAXATIVE

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL HAZEL OIL CAPSULES

The National Remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

A LINE O' CHEER

By John Kendrick Bangs.

MY FORTUNE

PERHAPS I have no funds in sight,
But what is that to me
With all the gold of sunlight,
And the silver of the sea?

Perhaps I hold no titles to
Rich lands or mansions fine,
But overhead the skies of blue
With all their joys are mine.

And in my heart I hold a store
Of wealth in title clear
In coffers running o'er and o'er
With Love, and Hope, and Cheer.

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The Right Thing at the Right Time

By MARY MARSHALL DUFFEE

CARRYING PACKAGES

IT IS one of the wholesome signs of the age," says a member of the Department of Agriculture, "that people are breaking away from the idea that a perfect lady or gentleman never carries a package."

It is really hard to remember that such an opinion ever was held, and you may be sure if you know anyone who still clings to the notion that it is beneath his dignity to carry a bundle of any sort that that person is quite behind the times and has not kept pace with the times.

The only time when it is bad form to carry packages or bundles is when by doing so you might cause others annoyance or inconvenience. A woman should bear in mind that if she is going to be accompanied by a man,

good breeding will demand that he carry any bundles or packages she may have. Sometimes a married woman on going out with her husband carries an unnecessary number of bundles feeling that she may carry these herself if she chooses. To insist on doing this will put her husband in a bad light, for he will appear to have neglected to offer to carry them.

Again when you are going to be conveyed to your destination in a friend's automobile you should not burden yourself with a lot of unwieldy packages unless you have been assured beforehand that your friend wishes to do so. If you have to travel in a crowded car or train it is inconsiderate to carry bulky luggage that will add to the discomfort of the other travelers.

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