| WHY SOME MEN GO INSANE Kine of one "Haion" with which Aarmor $\qquad$ | COCKROACHES ANTS |
| :---: | :---: |
|  |  |
|  |  |
|  |  |
|  | maid roor ustumima man traps |
| (eater |  |
|  |  |
|  |  |
| recalled that Annie hadn't reported on his morning phone call. "Annle," he thundered, "where's my |  |
| Agrlculture call $\gamma^{\prime \prime}$ "Why, I'm sorry, sir, but he hasn't <br> got a phone." |  |
|  |  |
|  |  |
|  | $\begin{gathered} \text { clea } \\ \mathbf{W i} \end{gathered}$ |
|  |  |

Hair Thin?

## Western Ganada

Offers Healkh and Wealth
Weak and Miserable?


 eerious trouble. Get back your health
and keep itl Uwo Doan Kidney Pills.
Thousids of folka tell their merit. Thousands of folka tell their
Ask your neiohbort

 NOT WHOLLY LOVE MATCH Mrs. MoIntosh Had Other Reaso
Than Affection for Making Second
Matrimonial
She was a comely widow, and, more
ove, whe was scoteh, She mourned
Maclntosh, her late husbsid, en months, and then from a flock tyre for her second.
"Tm no guid enough for ye, dear ${ }^{\prime \prime}$
he whlspered he whispered. "What for ${ }^{\text {an }}$, idd
choose me oot $o$ sae mony"
"Ah, well, ye see, your name's Mac "Yes, but-" began the bewildered
wiltor. "An' ye ken," finished the widow
"all my an my Inen is marked Mer,' that's
hy, Donald "There will hocking? There will have to be some new notice," sald the girl in the telephone "Why, what's the matter $\gamma$ " (he wire are not fit for me to heare"
"Oh, that's all right." was the filp work round electricity cant expect not to


 -
 of all people ought to be able to "greet
the unseen with a cheer." We are
fang not the twlight with its
shandows, but the glories of the dawn.
Therefore, the American is, as well he may be, the most hopeful of the son
of men. Many Lovely Vistas.
The stair mounts, ramp by ramp,
within the great tower: a broad stair with brond treads and low risers; and
on the second floor, ns on the frst,
there are everywhere long and lovely there are everywhere long and lovel,
vistas of distinction. And on the sec ond floor is a great banqueting hail
entered through a dellcately bell
flowered doorway topped by a beautifol fanlight. occupying the entire
length of the bullding; and at eact end of the great room is a broad free
place, with the intent that the two
shall flicker at each other with fine. sham fileker at each other with fine
ness of effect.
A tung of ofpecial distinction

REST YOUR TIRED FEET



 Children Cry for Fletcher's There Is one thing whtch nill may
be borrowed without security-tronble The war has made table 1tren very valuable. The use of Red Cross Ball
Balue will add to its wearing quallties.
Ose it and see. All grocers.-Adver Use it and
tisement.
UPHELD THE FAMILY DIGNITY Littie Ethel's Brave Attempt to Co
ceal What She Feit Must Be
Little Ethel was an only chlld an one day, when the minister called she
was told to entertain him in the par
tor lor until her mother could see him.
$A$ few minutes later the mother on her way downstairs, heard the vis.
tor aske Ethel Itor ask Ethel how many brothers nand
sisters she had, and, to her surprise
and and consternation, the little miss an
swered, "Seven." Although somewhat perturbed, the
mother made no comment upon the remark of her
her out to play. child was mine minter had left, the she had said there were seven chuldren
Ethel repled "Because I didn't want that strange
gentieman to know that you were so gentieman to know that you were so
poor that you didn't have but one
chlld."-Everybody's Magazine. chlld."-Everybody's Magazine
In less than 20 years the electrictty
produced in America produced in America has inccreased
more than 15 times, untll it is now more than 15 times, untll it is now
five times greater than the energy that
every men in a yern, in the nation could put forth
ing eight hours a day

Keep a stifr upper lip, and to b
hhysically fit, a straight backbone. Importont to mothers
 A tung of especial distnction
given to the admrable Chestrut street
face of the State house by the un face of the State house by the un-
usually high keystones, of marble
which center the brick above ench of Which center the brick above each o
the ample windows and rise into
band of band of dark gray marble that ex
tends neross the entire one hundred and seven feet of the bullding's front
and by a Hiee, nbove this band, of nin
annels of panels of marbie, beneath the wor
dows of seond floor. The quoln
on the comers. nnd the fine wooden cornce nnd balustrade add stil
further distinction innd in all it is
and noble and distingulshed building, rict
in noble and distingushed memories

- Robert Stackieton in "The Book of
 Not a Meaningless Document.
It is the fashion among some today to belltte the Declaration of Inde Inde-
peadence as a meanitiess document as a mere gesture which those wh $n$ as a mere gesture unch hose whi
framed and slgued it dd not intend
to te followed with deeds. Nothing is to be followed with deeds. Nothing is
more false. Nor is to true that in the
essentials the evolution of the United States tas departed from the Ideal
that was in that paper given expeses slon. Thase who paper given expres
ton knew perfeetly the Declaracould not create a nation by a mere
stroke of the pen and were nware of
the tremendous dificulties nhead. not . The tremendous difincuttes nhead, no
merely those of liberation, but thos
of construction and organization. The
 $\qquad$


The Old

## Carriage Maker Had an <br> Important Truth


 This illustrates a fact that is keeping many doctors busy these days
human bodies, like chaises, break, down because some part isn't as rong as the others.
Very often it's because of ill-balanced food, lacking in some impor
tant element of nutrition. This is especially true of ills developed in tant element of nutrition. This is esp
childhood, and carried on through life.
Grape-Nuts, that world-famous, ready-to-eat cereal, brings the plan of buiding each part as strong as the rest-to serye human need. Grape-
Nuts contains all the nutriment of those best of the field grains, whea and barley, including the vital mineral elements, and it is a wonderful
food for building and sustaining health and strength.
The delicious flavor and crispness of Grape-Nuts make it a wel-
come dish whenever you're hungry.

## Grape:Nuts int oocr vilumen

