

MRS. HATFIELD SABINA, OHIO

In Pitiable Condition when she Began Taking Lydia E. Pinkham's Vegetable Compound

Sabina, Ohio.—"I took Lydia E. Pinkham's Vegetable Compound for weakness and irregularity. I was weak and nervous and could hardly stand on my feet long enough to cook a meal. I was this way for about a year and had tried several medicines and had a physician, but to no avail. My sister was taking your medicine and finally induced me to try it. I now feel fine and can do my housework without any trouble at all. You can use this letter for the sake of others if you wish."—Mrs. WELDON G. HATFIELD, R. 3, Sabina, Ohio.

Housewives make a great mistake in allowing themselves to become weak and nervous that it is well-nigh impossible for them to attend to their necessary household duties. Lydia E. Pinkham's Vegetable Compound should be taken when you first notice such symptoms as nervousness, backache, weakness and irregularity. It will help you and prevent more serious trouble. Give it a fair trial. It surely helped Mrs. Hatfield, just as it has many, many other women.

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver

Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—



The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

Two of a Kind. Artillery Rookie (about to take his first lesson in horsemanship).—Sergeant, please pick me out a nice gentle horse.

Stable Sergeant—D'ja ever ride a horse before?

Rookie—No. Sergeant—Ah! Here's just the animal for you! He's never been ridden before. You can start out together.

There is nothing more satisfactory after a day of hard work than a line full of snowy white clothes. For such results use Red Cross Ball Blue.—Advertisement.

Australia in Wrong Place. Checking by radio with time clocks in France reveals, so authorities say, an error of 100 yards in Australia's latitudinal position on all maps. We may have to move Australia—on our maps, says the Scientific American.

How They Came. Mrs. Benham—"Both hens have laid again." Benham—"Yes, we are getting our eggs in relays."

Growing Old Too Soon?

Are you one of those unfortunate folks who find yourself feeling older than you should? Do you feel lame and stiff mornings; drag through the day with a constantly aching back? Evening find you utterly worn-out? Then look to your kidneys. Present day life puts a heavy burden on the kidneys. They slow up and poisons accumulate and upset blood and nerves. Help your weakened kidneys with Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

An Iowa Case

F. Graham, farmer, 29 S. Cherry St., Lamoni, Iowa, says: "My back ached day and night and I couldn't turn over in bed without sharp pains reaching me through the small of my back and kidneys. I had to get up often at night to pass the kidney secretions. I doctored for a time but got little relief so I decided to get a few boxes of Doan's Kidney Pills. They helped me wonderfully. Get Doan's at Any Store, 60c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y."

COCKROACHES WATERBUGS ANTS



Easily killed by using the genuine

Stearns' Electric Paste

Also SURE DEATH to rats and mice. These pests are the greatest carriers of disease. They destroy both food and property. READY FOR USE—BETTER THAN TRAPS. Directions in 12 languages in every box. 3 oz. size 25c. 15 oz. size \$1.50. MONEY BACK IF IT FAILS

Cuticura Talcum Always Healthful

Fascinatingly Fragrant Soap 25c, Ointment 25 and 50c, Talcum 25c.

THE AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

WAR ROBS THREE OF MEMORY

Trio Among Most Unusual Cases on Record at Veteran's Bureau in Washington.

Three men who have lost themselves and whose memory does not extend back to the war where they received injury, are among the most unusual cases on record at the Veterans' bureau in Washington, D. C., among the long list of war victims. The American Legion is endeavoring to assist the unfortunate ex-service men in finding their relatives.

Hayward Thompson—at least that is what he is now called—is one of the most peculiar cases. He has forgotten who he is. In his head is an ugly shrapnel wound. His memory goes back to January 22, 1922, when he arrived at a hotel in Denver, with a bill in his pocket from one of the most expensive hotels in Colorado Springs. His memory, he now believes, lapsed somewhere, either far back in France or on the trip between Colorado Springs and Denver. Thompson remembers having had \$1,200 in his pocket and access to many thousands more.

In searching Washington records for some trace of the lost man, it was found that a certain Hayward Thompson enlisted in the Marine corps June 5, 1918, and was discharged January 6, 1919. He had a wife and three children at Flemington, Mo., and a mother, Mrs. Louise Thompson, at Chicago. The man with a shrapnel wound in his head and no memory of any relatives at all, telegraphed in great eagerness to Flemington, Mo., and to Chicago. He received no answer.

Not so long ago a clean-cut young man appeared at a Los Angeles hospital. He wore an American Legion button. When questioned as to who he was he stated he did not know. "I think I am thirty-two years old," he said. "I am five feet, nine inches and weigh 130 pounds. My eyes are gray and I have blond hair. I believe I was a soldier. If any one can tell me who I am, or anything about my past, please let me know." The Los Angeles post of the Legion is making every effort to help the man find himself.

A third "unidentified living" lives at 735 North Thirty-first street, Louisville. He is known as Leonard Wells, to the neighborhood. His memory is hazy. He believes that he enlisted in the old First Kentucky infantry, and with the command was transferred to a replacement detachment and sent to France. His photograph was forwarded to his company commander, who recognized the face but did not recall a name. A machine gun bullet had pierced his abdomen and injured his spine. Another had injured the left shoulder cap. No compensation or insurance can be awarded to this man, the Veterans' bureau regrets, until his identity can be established.

France, it is said, has six of these "unidentified" living ex-service men. Great Britain has a few. These lost souls who cannot find their memories, and who know they cannot, present a spectacle unique and pathetic. They are lost and know it.

ON "GREATEST HEROES" LIST

Sergt. Samuel Glucksman of the American "Devil Dogs" Rival for York-Woodfill Honors.

Another rival for the crown worn alternately by Sergeants York and Woodfill as the greatest hero of the World war has been uncovered by the United States Veterans' bureau in the person of Sergt. Samuel Glucksman, member of the American "Devil Dogs" during the war and decorated by both the American and allied governments.

Although born in Austria, Sergeant Glucksman enlisted with the marines at the outbreak of the war and although too modest to tell the story of his achievements while fighting against the Germans, the American Legion at Washington discovered that Glucksman fought in seven major engagements, Verdun, Belleau Woods, Chateau Thierry, Marbach, St. Mihiel, Soissons and Mont Blanc.

On the morning of October 3, 1918, Sergeant Glucksman started out to get water for his comrades. He returned without the water but with 20 Germans and a painful wound. The "Devil Dog" sergeant captured a lone German and instead of bayoneting his captive forced him to lead him to the rest of the advance party. Coming onto the whole batch of 20, Sergeant Glucksman waved a hand grenade and ordered them all out of the shell hole they were occupying and into the arms of his American comrades. By executive appointment Glucksman is now employed at the navy yard at Portsmouth, N. H.

LEGION MAN, AID TO CUPID

Henry Sullivan, Phoenix (Ariz.) Organization Enthusiast, as J. P. Ties Many Knots.

Having secured plenty of experience in braving the perils of the deep while a member of the navy during the war. Henry J. Sullivan of Phoenix, Ariz., is now helping to launch the several ships of matrimony that set sail from his home city.



When the service men of Phoenix start their wedding barks they seek out Justice of the Peace Sullivan to unslip the lines of their single blessedness.

Mr. Sullivan is also the man who started the "Under one head, the American Legion" slogan which has been adopted by all the war organizations of his home county to advance the interests of the service men, carry on hospitalization work, eliminate drives and working generally for the benefit of the men who served their country.

As Mr. Sullivan himself expresses it: "All war organizations in the county have united under one head for the purpose of centralizing our work. We expect to lend our efforts largely to hospitalization work and in other ways serving the disabled service men by placing the responsibilities on the various departments of government where they belong rather than by advancing their rights in a slipshod fashion."

FORCE PERSHING TO SPEAK

Legionnaires of Bement, Illinois, Hold Up Old Commander's Car and Demand an Address.

General Pershing was captured while attempting to pass through friendly territory by a group of American Legion men at Bement, Ill. The old leader of the A. E. F. started through the town on an interurban trolley car, but Legionnaires, aided by



Pershing Addressing Legionnaires.

a powerful ally in the person of the motorman, gathered in front of the trolley and demanded a speech.

The rear platform of the car was turned into a speaker's stage and "Black Jack" addressed the service men and their friends for ten minutes. The Legionnaires were marshaled together by Sidney Morgan, their post commander, who stood on the platform with his old general, and it was not until he had given the word that the former members of Pershing's command would give the trolley the right of way.

Adjusted Compensation Wins.

Adjusted compensation won a decided victory in the nation-wide referendum by the United States Chamber of Commerce—4,116 chambers voted favorably, 2,657 against the measure. The United States chamber has opposed the bill from the start. The commerce body in Toledo, O., protested the questionnaire which was sent out as being unfair in the way it presented the subject.

Carrying On With the American Legion

A community playground will be made by the Legion at Nashville, Tenn., the ex-soldiers bearing the expense of apparatus and upkeep.

In Korea, American ex-soldiers, most of them missionaries under the leadership of a Southern Presbyterian mission, have formed a post of the Legion.

During the war it cost Uncle Sam \$300 to clothe each of his soldiers. The present doughboy is garbed in clothing costing but \$189, the War department states.

The only woman field clerk in the army is Miss Jean Hodson of San Francisco, Cal., secretary to Major General Morton. She holds the rank of sergeant major.

The Legion in both North and South will henceforth observe the birthdays of Generals Lee and Grant, rival leaders of the Civil war. The birthday of General Grant was observed on April 27 this year and that of Lee will be observed January 19, 1923.

THE KITCHEN CABINET

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"Thank God for tea. What would the world do without tea? How did it exist? I am glad I was not born before tea."

WHAT TO EAT

For those who like the old-fashioned scrapple, the following dish will appeal.



California Scrap. — Take one cupful of cereal prepared from wheat, add three and one-half cupfuls of boiling water, one teaspoonful of salt, and cook five minutes. Cook in a double boiler for 10 minutes. Cook one pound of sausage, add one tablespoonful of sage, one-half teaspoonful of pepper, mix all together and put into a mold. Slice when cold, roll in flour and fry in hot fat.

California Mock Duck.—Take one and one-half pounds of flank steak, and pound until the fibers are well broken. Brown quickly on both sides. Mix one and one-half cupfuls of crumbs, add one cupful of chopped prunes, one-half teaspoonful of salt, one-eighth of a teaspoonful of pepper, one teaspoonful of lemon juice, one egg, mix and fill the center of the steak, roll up, cover with pieces of suet, surround with hot water, cover and bake one hour. Thicken the gravy and serve.

Eggs, Southern Style.—Cook six eggs hard, and shell. Boil two onions and chop fine. Prepare a white sauce, using four tablespoonfuls of flour and two tablespoonfuls of butter; when well blended add two cupfuls of milk, salt and pepper to taste. Lay the eggs in the sauce and serve all hot.

Chili Sandwich.—Take one cupful of tomato paste or soup reduced until thick, one-half cupful of vinegar, one teaspoonful of pickling spices, one-half cupful of chopped onion, the same of green pepper, one-tablespoonful of cornstarch, one cupful of chopped meat or one-half cupful of peanut butter. Cook the spices and vegetables in the soup, thicken with cornstarch, add it diluted with a little cold water and cook five minutes. Cool, add meat or butter and spread on slices of bread.

Cottage Cheese Sandwich.—Take a tablespoonful of minced chives, add to one cupful of cottage cheese which has been seasoned and enriched with a tablespoonful of cream. Use brown bread buttered, add a tablespoonful of chopped cherries and spread with the cheese.

At Christmas I no more desire the rose Than wish a snow in May's new fangled mirth; But like of each thing, that in season grows. Shakespeare.

HELPS FOR THE HOUSEKEEPER

Canned shredded pineapple, added to various fruit butters, such as apple, plum or apricot, improves the flavor.

The meats from pruned pits may be ground and used to add flavor and richness to cake fillings and various other dishes.

Small potatoes, which take so much time to prepare, may be washed and cooked in their jackets, then put through the potato ricer. The skins will stick to the top of the ricer and may be easily removed.

Sharpen the knives of the food grinder by using the bits of scouring soap, grinding them through it a few times.

Use paper towels to wipe out greasy dishes, soil spots on table and floor, and spilled food on the stove, besides numberless other ways which will occur to the housewife.

Save griddle cake batter for dipping croquettes or meat balls. It can be used as fritter batter, thus saving what might otherwise be thrown away.

Before painting the house around the windows, cover them with a thick coating of window cleaning powder. The paint and powder will come off, leaving the windows bright and clean.

Thin common house paint with gasoline, then with a brush or cloth apply to rugs and carpet. The result is very satisfactory and may be repeated when the rug is faded. Designs may be painted in with colors, making the rug look like new.

Popped corn painted with a brush and delicate colors of vegetable coloring may be used on a frosted cake as decoration. Leaves cut from citron may be used with the corn flowers.

Dry bread cut in cubes and fried in butter until crisp makes a good breakfast food served with sugar and cream.

A bathing cap may be used for an ice bag in an emergency. Close the opening with a rubber band and dust with talcum after drying.

Pack potato in greased muffin rings and fry. The cakes will be uniform and will easily come out of the rings in dainty cakes.

Old fashioned buns are delicious when left to rise until light and puffy and baked to a golden brown. Make a biscuit of the above mixture; roll into a round ball, place on a baking sheet and flatten until one-half inch thick. Put to rise until more than double their bulk, brush lightly with melted butter and bake in a quick oven.

Nellie Maxwell