# THANKFUL FOR A LITTLE CHILD

Mrs. Mertz Tells How Lydia E. Pinkham's Vegetable

Compound Helped Her Kutztown, Pa.-"I wish every woman



has done so much for me. My baby is almost a year old now and is the picture of health. She walked at eleven months and is trying to use her little tongue. She can say some words real nice. I am sending you her picture. I shall be thankful

as long as I live that I found such a wonderful medicine for my troubles."-Mrs. CHARLES A. MERTZ, Kutztown, Pa. Many cases of childlessness are cura-

able. Perhaps yours may be. Why be discouraged until you have given Lydia E. Pinkham's Vegetable Compound a faithful trial?

Spoken and written recommendations from thousands of women who have found health and happiness from its use have come to us. We only tell you what they say and what they believe. We believe that Lydia E. Pinkham's

Vegetable Compound is so well adapted to the conditions which might cause your trouble that good will come to you Merit is the foundation of Lydia E.

Pinkham's Vegetable Compound. It has behind it a record of nearly fifty years.

## **SLOW** DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles-



bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three sizes. Look for the name Gold Medal on every box and accept no imitation

Not First Class.

"It takes two to make a quarrel," said the friend. "A small one," admited Murphy.-American Legion Weekly.

#### **AUTO HITS TEAM**

Laurel, April 18.-Unable to see a team driven by Lester Briscoe, 1303 Myrtle avenue, yesterday in the heavy mist, a large touring car driven by an unknown man ran into the team and seriously injured the driver and killed one of the mules. The accident occurred on Main street near Johnson's hardware store. A crowd quickly gathered and one of the by-standers was heard to remark that a person should be punished for not protecting himself against such an accident. He said that he knew of a preparation called "SEE THRU" that could be bought for a dollar from a concern in Baltimore, Maryland, called the Baltimore See-Thru Corporation that would have prevented the accident as no matter how hard it should be raining a wind shield treated with this preparation would always remain as clear as on a bright summer day and that every person who drove a car should not endanger life by going without it. He said that he had driven over from Govanstown several nights before and could not understand how the driver of the jitney could make such speed on a rainy night until he him he always used "SEE THRU". After the driver explained to him how simple it was to have a clear wind shield and guaranteed to be so as long as it rained he said he did not lose any time sending off his dollar for a box and that he found that it certainly did the trick. Advertisement.

It is a pieasant task for a man to pull the weeds that grow upon a pretty widow's bonnet-sometimes.

#### WHY THAT BAD BACK?

Does spring find you miserable with an aching back? Do you feel lame, stiff, tired, nervous and depressed? Isn't it time then, you found out why you are unable to enjoy these fine spring days? Likely your kidneys have weakened. Winter is hard on the kid-neys. Colds and chills and a heavier diet with less exercise tax them heavily It's little wonder spring finds you with backache, rheumatic pains, headaches, dizziness and bladder irregularities. But don't be discouraged. Use Doan's Kidney Pills, Doan's have helped thousands and should help you. Ask your neighbor!

A Nebraska Case



Mrs. F. R. Smith, 468 S. 5th St., Bea-trice, Nebr., says: "My kidneys were weak and my back had a continual ache in it night and day for some time day for some time. I felt most miserable. It was hard to get around to ttend to my house

ney Pills and I am not been bothered since."

Cet Description

DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

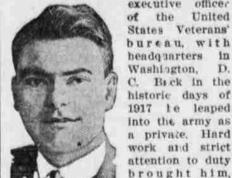
### Let Cuticura Be Your Beauty Doctor Soap 25c, Ointment 25 and 50c, Talcum 25c.

# The. American

#### **BUSY AT VETERANS' BUREAU**

Leon Fraser, Executive Officer, Has Had Broad Experience in Army and Business Life.

Looking after old members of the A. E. F. comes natural to Leon Fraser. executive officer



of the United States Veterans' bureau, with headquarters in Washington, D. C. Back in the historic days of 1917 te leaped into the army as a private, Hard work and strict

attention to duty

grade by grade, and rank by rank up to a majer. The war ended and he remained a major. If the end hadn't come he would probably be wearing a colonel's eagle at

Though he left the vice presidency of the Differential Steel company of Findlay, O., when war was declared, he started at the bottom of the Veterans' bureau and again worked up toward the top. His life has been varied. It started in Boston, wound its way through North Grambille, N. Y., where he made his home for a short time, through Columbia university, took him as a cub reporter on the New York World, and safely passed the bar examination, after which be practiced law. The action of the French government in decorating him with the Order of the Silver Polis and a special citation from General Pershing were just incidents of his wartime service.

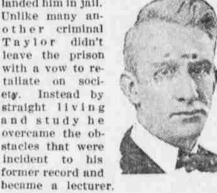
Col. Charles R. Forbes is Fraser's boss now. When his colonel is away Frazer is director of the Veterans' bureau, and as such tends to the destinies of thousands of wounded ex-sol-The members of his Legion post thought so much of Fraser that they have elected him vice commander.

#### TAYLOR WAS GOOD BAD MAN

Former Bandit and Holdup Artist Put His Knowledge to Good Use During War.

Joe Taylor was once an automobile bandit and holdup man. His activities

landed him in jail. Unlike many another criminal Taylor didn't leave the prison with a vow to retallate on society. Instead by straight living and study he overcame the obstacles that were incident to his former record and



His part in the war was one of the reost dangerous. He put his knowledge of anarchists at the government's use. To stand on a street corner and refuse to lift your hat when the flag went by during war times took real nerve, but Taylor did it as part of his duty with the secret service. Through these and similar acts he got to know those who plotted to blow up munition plants and waterways. This information was used to thwart anarchism and resulted in several carefully planned explosions never taking

No post of the Legion is so small or so bad off financially that Joe Taylor won't visit it and tell of his experiences. In and around New York Taylor's talk," "The Partnership Between Politics and Crime," is getting to be well known and a demand for his services has been created among Legion men.

#### "FREE EMBLEM OF FREEDOM"

Washington State Americanism Director Would Liberate Eagles Now Held in Captivity.

"Freedom to our emblem of freedom," is the slogan of Dr. William C. Hicks, Seattle,



that all American eagles now in captivity be released. Dr. Hicks, who Americanism director of the Washington department of the American Legion, has enlisted the aid of Legion posts, the Audu-

Wash., in urging

bon society and various patriotic organizations in his campaign.

"The eagle was made for mountain crags and high spaces," Dr. Hicks says. "As long as the bird typifies American freedom, it should be contrary to law to hold any of the species in cap-

#### WILL BOX AT LEGION MEET

Two Ministers Are to Step Inte Squared Arena at Washington State Convention.

For perhaps the first time in history two ministers of the gospel are going to box in



the squared arena for the benefit of the audience. Rev. John W. Beard, pastor of the First Presbyterian church at Hoquiam, Wash., and Rev. Earl A. Blackman, national chaplain of the American Legion, will "mix it up" at the Legion state convention in Wenatchee,

Wash., this fall. Reverend Beard, who served as "sky pilot" with the old Ninety-first division in France, boxed John Dickinson, veteran of the British forces, at a recent meeting of his own Legion The Legion's national chaplain is an ardent boxing adherent himself. Though a pastor of a Kansas church, he finds time to act as boxing referee occasionally and dons the gloves himself just to keep in trim. Prior to his entering the ministry he was known as a track and football star.

That his title of "fighting chaplain" isn't at all amiss is shown by a glance at Reverend Beard's war record. One doesn't think of a chaplain as having a war record, but Reverend Blackman's future opponent served with the Three Hundred and Sixty-first infantry, "Wildcat" division with the rank of captain. He was awarded the French Croix de Guerre and received a citation from the American government. The war over, he jumped into the Legion and was elected state chaplain for the department of Washington.

#### STILL AIDS EX-SERVICE MEN

Mrs. John Marshall, Kentucky, National Committeewoman, Active in After-War Work.

Mrs. John Marshall of Anchorage, Ky., known to thousands of ex-service

men who were stationed in the Blue Grass state during the war and who visited Red Cross canteen to be served with coffee and doughnuts, is still doing her large "bit" for the sick and wounded exservice men. As



national executive committeewoman for the American Legion Auxiliary from Kentucky, she is especially active in all the things that her organization is doing.

Her latest plan results in Louisville, Ky., having a boarding home for exservice men who are taking vocational training there. Nominal fees, a huge living room and library and a real home atmosphere, are high points in the life of the "boys" who make their home with Mrs. Marshall.

More than 300,000 service men were cared for at the canteen presided over by Mrs. Marshall during the war. Her experiences with the soldiers and sailors are many. Months after the armistice she received a letter from a service man whose wedding supper she had prepared in 1917. It read, "Mrs. Canteen Lady, can you help me find my wife, not that she is much account, but I want to get married again and must find her first."

#### **NEW "RADIO BUG" IS POPULAR**

American Legion Posts Are Enjoying Programs; Supplied for Hospital Patients.

The new "radio bug" is particularly popular with ex-service men. Everywhere reports come into the American Legion of radio-phones being installed in Legion clubhouses and in hospitals and camps.

Recently the Legion post at Omaha, Neb., was all ready to stage a big dance-but no music arrived. An exgob was called upon to "do something quick." So he rigged up his wireless, listened in on Chicago, and very soon the company was merrily stepping around to the strains of music played by an orchestra hundreds of miles

Hospitals in North Carolina are taking up the radio idea as a means of supplying recreation for sick and wounded men. The Legion has installed a phone at the government hospital near Asheville, and ex-doughboys can hear anything from Al Joison to Madame Jeritza.

#### Carrying On With the American Legion

Women in Kansas have organized to fight for adjusted compensation. Mrs. Ida Walker, who introduced the state bonus bill, wants ex-nurses to be compensated also.

Emergency officers of the World war will be retired on an equal basis with regular army officers by the terms of the American Legion's Bursum bill, which has passed the senate.

Harding's home favors adjusted compensation. The chamber of commerce and the Legion post at Marion, O., have both asked congress to pass the pending bill to relieve soldiers.



"If to do were as easy as to know what were good to do, chapels had been churches, and poor men's cottages prince's palaces.'

#### MORE GOOD THINGS

Egg contains about 15 per cent protein, 10 per cent fat, 1 per cent mineral salts and the rest

water. It will be seen, then, that they lack carbohydrates (starches and sugar) and this must be supplied by combining with eggs the needed amount of carbohydrates to make a well balanced diet. The yolk of the

egg has 32 per cent of fat while the white has none. Often the yolk of a hard-cooked egg will agree better with a young child than a whole egg cooked

Stuffed Eggs.—Cut hard-cooked eggs in halves, crosswise; remove the yolks and place them in a bowl; mash and mix them with an equal amount of chicken, seasoned, and mix with salt and pepper and a little cream. A few chopped mushrooms may be added. Fill the halves of the whites with the stuffing, press them together and roll in crumbs, then fry in hot fat, A cream or tomato sauce is good with these

Apple Balls.-Cut 24 balls from apples with a French potato cutter; add two tablespoonfuls of lemon juice and then add one-fourth cupful of sugar and one-half cupful of water; steam until tender, but not soft enough to lose their shape. Beat the whites of two eggs, add two tablespoonfuls of powdered sugar and a few drops of vanilla. Toast six rounds of bread until well browned, dip in hot milk, then butter and pile the apple balls on each round. Cover with the meringue and brown in the oven.

French Omelet.-Scour the omelet pan with salt so that it will be perfectly smooth. Add to the hot pan one tablespoonful of butter; when melted, add the omelet. Break four eggs into a bowl and beat them just enough to mix the yolks and whites; add four tablespoonfuls of warm water, tablespoonful of minced parsley and a sprinkling of pepper. Place the pan where the heat is hottest and pour in the eggs, dust lightly with salt and shake the pan to keep the omelet in motion. Lift the edges with a knife so that the center will cook; fold and turn on to a hot platter. Serve at

Apple Drops,-Sift together one cupful each of flour and sugar, rub into this mixture two tablespoonfuls of butter. Reserve a quarter of a cupful for the top. Add 11/2 teaspoonfuls of baking powder, one egg, three tablespoonfuls of shortening and one-half cupful of milk; beat well and put the mixture into a shallow pan, cover with the reserved flour and shortening mixture and bake in moderate oven. Cut In rounds, cover with apple sauce and serve with whipped cream,

In matters of generosity a woman acts first and reasons afterward; a man reasons first-and generally forgets to act.-Boston Transcript.

#### POTATO COOKERY

Potatoes are the common food and are popular because of the ease of



preparation as well as for their wholesomeress and adaptability. Any one is supposed to know how to boil potatoes if she

knows how to

boll water, but the fact is a good potato is not produced by all cooks. Potatoes should be of uniform size if cooked together, or the small ones will be ruined by the time the larger ones are cooked. This is true of both boiled and baked potatoes.

The sweet potato should not be forgotten for it is a most valuable food. The yams are especially fine flavored and one never tires of them, while the

too sweet potato cloys the appetite. Potato Muffins .- Take one cupful of cold mashed potato, soften with threefourths of a cupful of milk, sift one and one-half cupfuls of flour, one-half teaspoonful of salt, four teaspoonfuls of baking powder, add the potato, then two well-beaten eggs and two tablespoonfuls of melted fat. Bake thirty minutes. If the potato is very dry add a little more milk.

Potato Pudding.-Take two and onefourth cupfuls of grated sweet potato, one cupful of milk, one-half cupful of sugar, two eggs, one teaspoonful of cinnamon and one-fourth teaspoonful of ginger. Mix well and bake In a moderate oven until firm. Serve with milk or cream.

Potato Soup.-Boll four mediumsized potatoes in salted water; when soft mash through a ricer. Add a slice of onion to one quart of milk; when scalded remove the onion. Add the milk to the potato. Melt three tablespoonfuls of fat, add two tablespoonfuls of flour, stir into the boiling soup, boll one minute. Sprinkle with parsley and serve hot.

Potato Cakes .- Form mushed and seasoned potato into small cakes and roll in seasoned flour. Melt some fat in a frying pan and brown the cakes on both sides, turning them carefully with a spatula.



WARNING! Say "Bayer" when you buy Aspirin.

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

Headache Colds Toothache Neuralgia Lumbago Earache

Rheumatism Neuritis Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets-Also bottles of 24 and 100-Druggists. Aspirin is the trade mark of Bayer Manufacture of Monoacetleacidester of Salicylicacid

Genuine Happiness.

"Colonel," the beautiful girl asked. "what was your happiest moment? I gently if in luck-to pay up, to own suppose it must have been when that up, and to shut up, if beaten, are the medal was pinned upon your chest, virtues of a sporting man .- Oliver wasn't it?"

"No," ie replied, "it was night be fore last. I had tried to buy a ticket at the box office of one of the theaters. but the man at the window told me there was nothing left. I then went to a broker and got a ticket by paying a dollar extra."

"Oh, And did you like the show so much ?

"The show wasn't any good, but I was happy. The house was less than

Chilean Volcanic Disturbances. The eruptions in Chile last December were attributed to the volcanoes of Caulle and Rinchua. They were accompanied by violent earthquakes and it was stated that deep crevices had formed in the mountain sides. from which steam was pouring. Enormous damage was caused to grazing lands on the Argentine side of the frontier, which for 30 leagues was covered with cinders and volcanic ashes from the erupting peaks, which swept across Argentina, obscuring the sun. Ashes were reported to have fallen all the way across to the Atlantic ocean.

The nearer you approach many a great man the smaller he looks.

If a boy likes you, don't expect him to say so! he can't.

Sporting Man's Virtues,

To brag little, to show well, to crow Wendell Holmes.

"O Happy Day" sang the laundress as she hung the snowy wash on the line. It was a "happy day" because she used Red Cross Ball Blue.-Advertisement.

Think twice before you speak, is advice lost on those who can't thinks

About half our time is spent in doing things we ought to have done be-

When a man gets into a pickle it seldom preserves his temper.



W. N. U., OMAHA, NO. 18-1922.

#### Elections? Rule on Senatorial New



WASHINGTON.—One of the aftermaths of the senate decision that Senator Newberry is entitled to his seat is a proposed new rule, to be added to the standing rules of the senate. Senator Pomerene of Ohio offered the rule, which was incorporat- held constitutional. ed in the record of the proceedings without reading and referred to the for the filing by the candidate of itemcommittee on rules. In offering it Sen- | ized statements of moneys received inator Pomerene said:

sire to offer a new rule, to be added to | lses made, the same being forbiddens. the standing rules of the senate, re- No candidate shall expend any sum inlating to the nomination and election the aggregate, in excess of the amount. of United States senators.

as it related to the nomination of senators. The justices of the Supreme

"As each House shall be the judge

of the elections, qualifications and returns of its own members, and as congress may by law regulate the times, places and manner of holding elections, the National government is not without power to protect itself against corruption, fraud or other malign influences."

The rule which I present modifies the corrupt practices act so as to make it a rule of the senate, and thereby avoid the constitutional question. which was decided by the Supremes court. If it should be adopted and enforced, the method of relief against extravagant expenditures will be the same in the senate that it would have been under the act if the act had been

The rule offered is long. It provides ald of his candidacy; of moneys ex-Mr. Pomerene. Mr. President, I de- pended by him, and of political promwhich he may lawfully expend, under The Supreme court held the corrupt the laws of the state in which he repractices act unconstitutional so far sides; provided, that no candidate shall expend any sum, in the aggregate, exceeding \$10,000 in any camecourt in handing down their opinion paign for his nomination and elections. Wilful violation by a candidate denies him the right to a seat.



offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have accepted Canada's generous offer to settle on FREE homesteads or buy farm land in her provinces have been well repaid by bountiful crops. There is still available on easy terms Fertile Land at \$15 to \$30 an Acre

—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

Farm Gardens, Poultry, Dairying are sources of income second only to grain growing and stock raising. Attractive cli-mate, good neighbors, churches, schools, good markets, railroad facitities, rural tele-phone etc. phone, etc.
For illoatrated literature, maps, description of farm opportunities in Manitoba, Saskatebewsa,
Alberta and British Columbia, reduced railway rates, etc., write

W. V. BENNETT Room 4, Bee Bldg., Omaha, Neb.