

NOW DO MY WORK WITH EASE

Because Lydia E. Pinkham's Vegetable Compound Restored My Health

Hornell, N. Y.—"I was in bad health but there didn't seem to be any one thing the matter with me. I was tired out all over and it was an effort for me to move. I was irritable and could not sleep nights and had trouble with my bowels and at my periods. It seemed that nearly every one around me knew of your medicine and wanted me to try it, so at last I took Lydia E. Pinkham's Vegetable Compound Tablets and Lydia E. Pinkham's Blood Medicine and improved every day. I do all my own work now except the washing and do it with ease. I can accomplish as much in a day now as it would have taken me a week to do last winter and I try to get every one I know to take your medicine to build them up. You are welcome to use this letter as a testimonial if you like."—Mrs. CHAS. BAKER, 21 Spencer Ave., Hornell, N. Y.

In almost every neighborhood there are women who know of the value of Lydia E. Pinkham's Vegetable Compound. They know because they have taken it and have been helped. Why don't you give it a trial?

Appropriate Selection. Having just finished his sermon on "Gossip and Slander," a minister in the suburbs announced the hymn, "I Love to Tell the Story."—Boston Transcript.

DON'T FEAR ASPIRIN IF IT IS GENUINE

Look for Name "Bayer" on Tablets, Then You Need Never Worry.

To get genuine "Bayer Tablets of Aspirin" you must look for the safety "Bayer Cross" on each package and on each tablet.

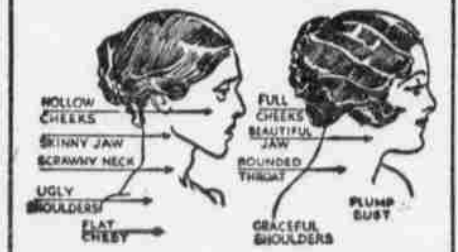
The "Bayer Cross" means true, world-famous Aspirin, prescribed by physicians for over twenty-one years, and proved safe by millions for Colds, Headache, Earache, Toothache, Neuralgia, Lumbago, Neuritis, and for Pain in general. Proper and safe directions are in each unbroken "Bayer" package.—Advertisement.

Now and then you hear of an ideal husband—but, honest, now, did you ever see one?

Honesty is always the best policy for the grocer.

Dyspepsia Soon Disappears When You Take **TANLAC** 25,000,000 Bottles Sold

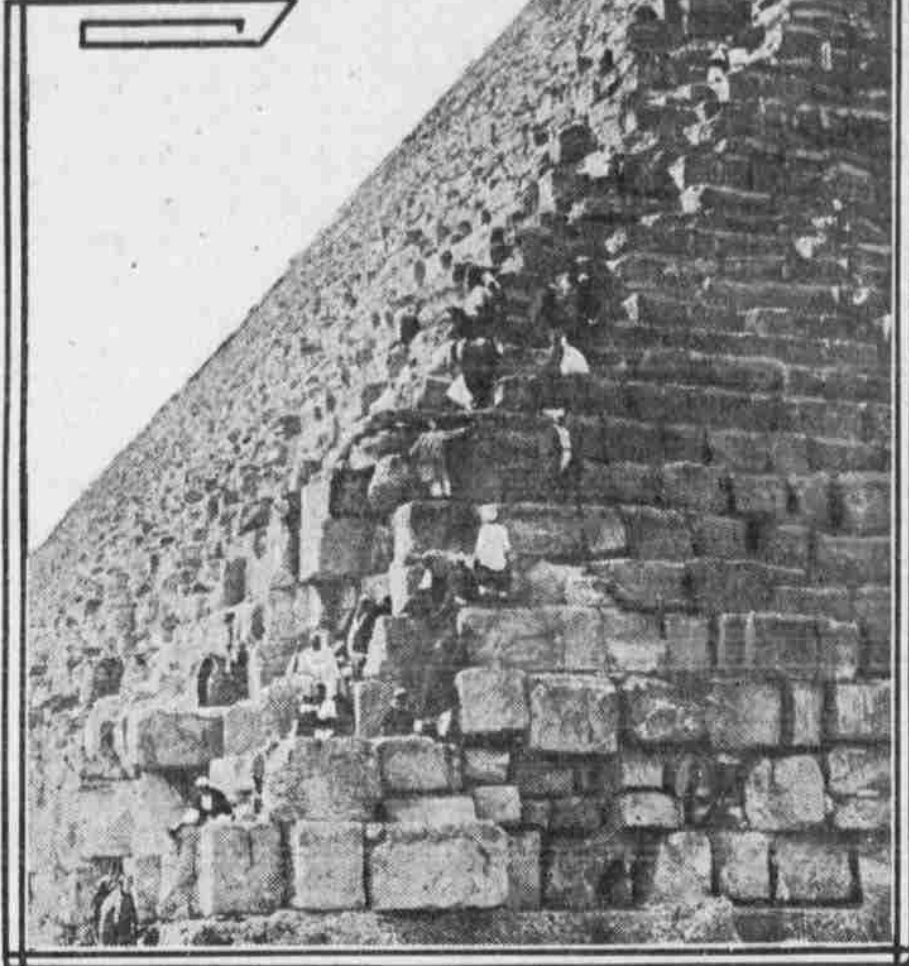
Take Yeast Vitamon Tablets To Round Out Face and Figure With Firm Flesh



If you are hollow-cheeked, sallow-skinned, sunken-cheated and generally weak or run down and want to round out your face and figure to pleasing and normal proportions you will find this simple test well worth trying: First weigh yourself and measure yourself. Next take Mastin's VITAMON—two tablets with every meal. Then weigh and measure yourself again each week and continue taking Mastin's VITAMON regularly until you are satisfied with your gain in weight and energy. Mastin's VITAMON tablets contain highly concentrated yeast-vitamins as well as the two other still more important vitamins (Fat Soluble A and Water Soluble C), together with organic iron and real lime salts. They will not upset the stomach or cause gas, but on the contrary are a great aid to digestion, to overcome constipation and as a general conditioner of the whole system. Pimples, boils and skin eruptions seem to vanish like magic under its purifying influence, the complexion becomes fresh and beautiful, the cheeks rosy instead of pale, the lips red instead of colorless, the eyes bright instead of dull. So rapid and amazing are the results that thousands of people everywhere are now taking to them as a quick way to put on weight and increase energy. Be sure to remember the name Mastin's VITAMON—the original and genuine yeast-vitamine tablet—there is nothing else like it so do not accept imitations or substitutes. You can get Mastin's VITAMON at any drugist.

COCKROACHES WATERBUGS ANTS Easily killed by using the genuine **Stearns' Electric Paste** Also SURE DEATH to ants and mice. These are the greatest carriers of disease. They destroy both food and property. **READY FOR USE—BETTER THAN TRAPS** Directions in 15 languages in every box. 7c. size 10c. 16 oz. size \$1.50. **MONEY BACK IF IT FAILS**

Out of Egypt's Sand



Near View of the Great Pyramid.

(Prepared by the National Geographic Society, Washington, D. C.)

Stanley journeyed thousands of miles to lay bare the secrets of Africa to the world; but in the northeastern corner of the same continent even more thrilling exploration has been in progress during the past few decades through a relatively few feet of sand. The excavators who with pick and shovel have been bringing to light the details of Egypt's ancient civilization and the everyday life of her people, where before only the barest outline of the nation's history was available, are as truly discoverers of unknown civilizations as far-faring Marco Polo or Pizarro.

For a long time Egypt was to the rest of the world little more than a sea of sand with a few dominant monuments—the pyramids, the Sphinx, the colossus of "Memnon"—to point to her past greatness. Relics of various dynasties existed side by side, their relations often unknown.

The names of many kings and some of their noblest exploits were known, but there was general ignorance in regard to the less exalted Egyptians, to the activities that made up the life of this mysterious nation beside the Nile four and perhaps five and six or more thousands of years ago. Grave robbers, whose activities extend back into the days long before the Ptolemies, had rifled many tombs and so made much of the early scientific excavations barren of results. And the early excavation of Egyptologists was itself a careless procedure aiming at the big goals and destroying and burying many small objects of incalculable value in the indications they might have given of manners and customs.

Recent exploration in Egypt has been a vastly different matter. Modern efficiency methods have been adapted to the delving for the buried secrets of the ancients, and now every cubic foot of sand about a promising site is combed or actually sifted that no broken fragment of pottery, scrap of papyrus, or jeweled bauble may escape detection. In early days the most common method of disposing of the removed sand and debris was by means of basket brigades which dumped their loads nearby. Now light tramways are used and care is taken to haul the discarded material to a point where it is definitely known that nothing of value will be covered. Where formerly a "find" was a "find" and was assembled with all others, now any object, partially uncovered is photographed in place frequently as the sand is removed, so that no possible significance of its position or relation to other objects will be overlooked; and before it is stored it is carefully tagged, numbered and card-indexed.

Getting Real Picture of Ancient Life. These painstaking methods have fully justified themselves. Instead of having a confused mass of facts, many of them most interesting in themselves, but often perplexing, we are getting by degrees a complete, intelligible picture of Egyptian life over a period of thousands of years. Seemingly unimportant things help greatly to fill in the picture. One would hardly make the mistake of picturing the old Egyptians scratching matches to light the kitchen fire, but there was for long no true picture to take the place of fancy. None of the discovered hieroglyphics showed the making of fire, and it appeared to be entirely without religious significance. In recent years, however, one of the new school of excavators sifted from the sand a well-preserved fire-bow and drill and even a board with burnt holes, and the problem was solved.

Temporary towns besides the sites of great engineering projects are no new thing in the world. Cities for laborers were constructed for use while some of the pyramids were under construction. One such town has been completely uncovered and gives a cross-section of life under such conditions more than 4,000 years ago. The town was congested and had sections like the slums of today with the crowded dwellings opening on narrow alleys. There were some separate dwellings and some barn-like structures presumably for unmarried workers. But even in the most humble houses evidences were found that their occupants lived on a higher plane than might have been supposed. Various manuscripts were found including a medical treatise and several wills. And in the separate dwellings were found such toys as tops and dolls and tiny boats to show that the pastimes of children of that remote time were not vastly different from those of today.

At the very border line between the pre-historic and the historic in Egypt, civilization, it has been found, had reached a considerable degree of development. The tombs of the first Egyptian kings, who lived anywhere from 5,000 to 7,000 years ago, are such as no barbarians could have erected—a fact which pushes the beginning of Egyptian civilization into a very dim past indeed. This was before the days of pyramid building when the tombs were underground structures.

Preserved in the Tombs. The furniture of this distant period was by no means crude as one might assume it would have been. There were ebony chests skillfully inlaid with ivory, stools with ivory legs carved like the legs of bulls, vessels cut from alabaster and ewers of copper wrought with the cunning that only highly skilled craftsmen could have possessed. Daintily fashioned bracelets on the withered arms of the mummy of Egypt's first known queen add further to the record of the progress in the arts which Egypt had attained when we catch our first glimpse of it down the ages.

And there is a pretty little picture of the family relations of this ancient society. Besides the tomb of the first Egyptian king at Abydos is that of his daughter, and carved on her tomb the pet name by which her father knew her—"Sweetheart." Even at that early date the court was socially highly organized. Womanhood was sincerely respected in ancient Egypt and especially was this true of the mothers. What might be called Egypt's substitute for the fifth commandment ignored the father. It was an injunction: "Never forget what thy mother hath done for thee. She bare thee and nourished thee in all manner of ways. If thou forgettest her, she might blame thee; she might lift up her hands to God, and He would hear her complaint." In many families it was the custom for titles and property to pass not to the eldest son but to the son of the eldest daughter. There was no "mother-in-law joke" in Egypt. To the mind of the Egyptian it was the natural thing that his wife's relations should take a deeper interest in his affairs than his blood relations.

Much of the ability of those who live today to look into the past of Egypt, to see something of its flesh-and-blood life, and to understand somewhat of the joys and sorrows of its people, must be ascribed to the preserving powers of the desert air of that sandy land. The perfect condition of some of the objects recovered from tombs is marvelous. One of the best examples of this was the tomb of the noble parents of the great Queen Tyl. The discoverer of the large airy chamber that was provided as a home for these important personages declared that it seemed the room might have been shut up only a few weeks before. Beautifully carved and inlaid armchairs stood about, on them down-stuffed cushions that could have been sat upon without injury. In another part of the room were "twin beds" perfectly preserved. The most amazing discovery of all was that of a jar of honey, 3,300 years old, still a fluid and still having its recognizable odor.

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

GUIDES BIG HOSPITAL PLAN

William Pierce, Minnesota Legion Commander, Keeps Vow Made While Caring for Wounded.

A silent vow made four years ago by a soldier at a French debarkation point will soon be realized by the erection, at Rochester, Minn., of a great memorial hospital.



William J. Pierce, now commander of the American Legion in Minnesota's first district, did not have the opportunity of risking his life in his country's defense. He was stationed at a French port, and it was his duty to meet and receive the Red Cross trains from the front, bearing the maimed bodies of American soldiers. The sufferings of those bleeding, crippled men left an indelible mark on his mind. He vowed that he would never forget them and that he would never cease to labor for their welfare.

An American Legion memorial hospital, whose doors will be perpetually open to any ex-service man from any part of the nation, is now under way, with William J. Pierce guiding the project. The \$500,000 needed to erect two 100-bed wards and to establish a Mayo clinic will be raised largely by the showing of patriotic motion pictures throughout Minnesota, under the auspices of Legion posts.

IS STRONG FOR LEGION MEN

Mayor of Youngstown, O., May Call on the Ex-Soldiers to Clean Up Town.

George L. Oles, the eccentric mayor of Youngstown, O., who was elected last fall on probably the most unique platform ever presented by a successful candidate, is meeting with more success in governing his city than some predicted. Beneath his odd ideas and his sensational manner of presenting them to the public, Mayor Oles seems to possess the fundamental American ideals that make for good government.

He is making a rather thorough job of the business of cleaning up Youngstown. "If I have to go to call on the American Legion to turn out and back up the police force," he said. "We'll get this cleansing job done, and done right." Oles places a great deal of confidence in the ex-soldiers. He employs them in the departments of the city government and says that their work is satisfactory. "The boys seem to have lost that restless feeling and are, if anything, more anxious to perform their full duty than men who never served," he asserts.

PICTURES OF THE WORLD WAR

Fifty Photographers on Job, but Views of Hardest Fighting Do Not Tell the Story.

During the Civil war photography was a new art. Only one man was on the job—Brady. If Brady happened to be around when a battle was fought the battle would be photographed—otherwise not. But photography during the recent war was no such hit-and-miss proposition. How the World War was caught on negatives is told in an article in a recent number of the American Legion Weekly.

The very first ship that went over carrying General Pershing also carried a movie man. And from that time not a single important engagement went unscanned. "When our army was at the height of its operation it had 50 photographers. And for every photographer in the field we had three men in the laboratory ready to push our negatives through."

Although the photographs extant afford a remarkable history, one of the disappointments has been that even the best of the battle pictures do not show the real danger because most of the hard fighting was done at dawn before the light was good enough. During the whole war there was never a motion picture made of hand-to-hand fighting by the American troops. The Italian army posed some pictures, but this was never allowed by American generals.

Feed the Needy Day and Night. On day and night shifts, Legionnaires hand out one thousand "soffees and doughnuts" to jobless ex-soldiers, from St. Marks-in-the-Bowery, New York City. Cold, hungry, and forlorn, the men line up to wait their turn for the hot drink and the good old "fried-cake." Women of the Legion Auxiliary have charge of the relief work during the day.

AFTER EVERY MEAL

WRIGLEY'S

WRIGLEY'S JUICY FRUIT CHEWING GUM THE FLAVOR LASTS

Juicy Fruit, Peppermint and Spearmint are certainly three delightful flavors to choose from.

And WRIGLEY'S P-K—the new sugar-coated peppermint gum, is also a great treat for your sweet tooth.

All are from the Wrigley factories where perfection is the rule.

Save the wrappers Good for valuable premiums

UNITED STATES COUPONS

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Entertainment at Home. "You are much more serious in your addresses than you used to be," remarked the friend. "Many's the time when a mass meeting was held in your honor, you'd simply hire a band, tell a few anecdotes and let it go at that?" "True!" responded Senator Sorghum. "Modern invention has changed all that. I've got to give 'em real thoughts. You can't expect a statesman to go through life trying to compete with the phonographs and the comic supplements."

MOTHER! OPEN CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, bilious, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup," which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

Her Credit. "That's Jinks, the famous millionaire, over there on the left. He's a wife-made man." "But I understand that his money came from oil on his farm." "Ah, yes—but it was his wife who had finally consented to live on the farm."—Kansas City Star.

WESTERN CANADA

Land of Prosperity

offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have accepted Canada's generous offer to settle on FREE homesteads or buy farm land in her provinces have been well repaid by bountiful crops. There is still available on easy terms

Fertile Land at \$15 to \$30 an Acre—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

Farm Gardens, Poultry, Dairying are sources of income second only to grain growing and stock raising. Attractive climate, good neighbors, churches, schools, good markets, railroad facilities, rural telephone, etc.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, reduced railway rates, etc., write

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