

THIS MAN DREADED TO SEE NIGHT COME

Was So Restless He Couldn't Sleep and Daylight Was Always Welcome.

"With the exception of a little milk toast, which comprised my diet for more than eight weeks, I could not eat anything," said Capt. Geo. W. Wombie, residing at 105 Jennings St., Knoxville, Tenn., a highly respected citizen of that city.

"I am now able," continued Captain Wombie, "after taking two bottles of Tanlac, to eat practically anything. I had a bad form of stomach and intestinal trouble for a long time and for months my condition had been such that I suffered agony. I got so I could not eat the simplest food. I tried doctor after doctor and all kinds of medicine, but nothing that was prescribed for me seemed to do me any good. I had a terrible pain in my breast just over my heart and for weeks and weeks I got no relief.

"I finally got so nervous that I actually dreaded to see night come, as I could not sleep, and was always so restless that I would rejoice to see daylight come. I was also constipated all of the time. In fact, life seemed a burden and I was so miserable that I was almost on the verge of despair. Several of my neighbors told me about Tanlac and advised me to try it.

"I am personally acquainted with Mr. Dan M. Chambliss, of the firm of Kuhlman & Chambliss and when I told him of my condition and how I suffered he advised me to begin taking Tanlac without delay and that it had relieved hundreds of the best people in Knoxville. I have now taken two bottles of Tanlac and am giving you this testimonial in the hope that it may induce others to take it. Since taking this medicine I actually feel like I had been made all over again with the youth, energy and ambition of a sixteen-year-old boy."

Tanlac is sold by leading druggists everywhere.—Advertisement.

None to Spare.

Government index figures of healthfulness are above ninety, but they relate to horses, cattle and swine. What index figure would fit the children?—Boston Transcript.

ASPIRIN

Name "Bayer" on Genuine



Take Aspirin only as told in each package of genuine Bayer Tablets of Aspirin. Then you will be following the directions and dosage worked out by physicians during 21 years, and proved safe by millions. Take no chances with substitutes. If you see the Bayer Cross on tablets, you can take them without fear for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

Some Frame-Up.

Felix—Are the pictures in the rogues' gallery framed?
Eyebad—Yes, in "gullit!"—Louisville Courier-Journal.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

In Court.

"What is that man arrested for?"
"Making obnoxious smoke."
"Cig or auto?"—Louisville Courier-Journal.

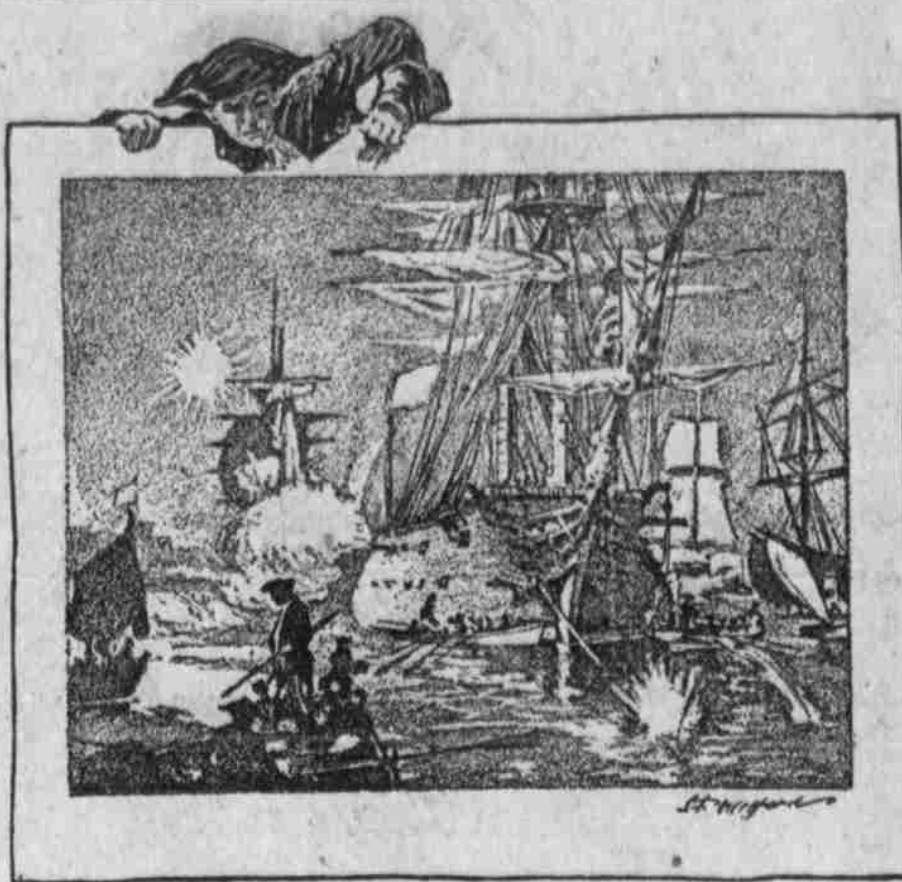
If you use Red Cross Ball Blue in your laundry, you will not be troubled by those tiny rust spots, often caused by inferior bluing. Try it and see.

Could Not Beef With Him.

"Say, Jim, I've a bone to pick with you."
"Not with me! I'm a strict vegetarian."

It has been aptly said that sin has many tools, but a lie is a handle that fits all of them.

If you feel pride in the firm's success and anxiety over its troubles, you'll do.



The Star Spangled Banner

Oh, say, can you see, by the dawn's early light,
What so proudly we hail'd at the twilight's last gleaming,
Whose broad stripes and bright stars, thro' the perilous fight,
O'er the ramparts we watch'd were so gallantly streaming?
And the rockets' red glare, the bombs bursting in air,
Gave proof thro' the night that our flag was still there,
Oh, say, does that star-spangled banner yet wave
O'er the land of the free and the home of the brave?

On the shore dimly seen thro' the mists of the deep,
Where the foe's haughty host in dread silence reposes,
What is that which the breeze, o'er the towering steep,
As it fitfully blows, half conceals, half discloses?
Now it catches the gleam of the morning's first beam,
In full glory reflected, now shines on the stream:
'Tis the star-spangled banner; oh, long may it wave
O'er the land of the free and the home of the brave!

And where are the foes that so vauntingly swore
That the havoc of war and the battle's confusion
A home and a country should leave us no more?
Their blood has wash'd out their foul footsteps' pollution.
No refuge could save the hireling and slave
From the terror of flight or the gloom of the grave;
And the star-spangled banner in triumph doth wave
O'er the land of the free and the home of the brave.

Oh, thus be it ever when freemen shall stand
Between their loved homes and the war's desolation,
Blest with vict'ry and peace, may the heaven rescued land
Praise the Power that hath made and preserved us a nation.
Then conquer we must, when our cause it is just,
And this be our motto—"In God is our trust!"
And the star-spangled banner in triumph shall wave
O'er the land of the free and the home of the brave.

Remembered Debt to Lafayette

Whether you have been there or are planning to go, here's a story of Valley Forge you will want to remember. I give it as it was told by a writer in Our Dumb Animals:

The incident I am about to relate occurred in 1824, during Lafayette's last visit to this country. Forty years had passed since his promise to Washington to return as his guest. He was now nearly 70 years old, but his heart beat as warmly for his adopted country as in those earlier days when he had fought for its liberties.

A brilliant reception was under way. A slowly moving line of stately guests passed by Lafayette, who greeted each with courtly grace. Presently there approached an old soldier, clad in a worn Continental uniform. In his hand was an ancient musket, and across his shoulder was thrown a small blanket, or rather a piece of a blanket.

On reaching the marquis the veteran drew himself up in the stiff fashion of the old-time drill and gave the military salute. As Lafayette made the return signal, tears started to his eyes. The tattered uniform, the ancient flintlock, the silver-haired soldier, even older than himself, recalled the dear past.

"Do you know me?" asked the soldier.

"No, I cannot say that I do," was the frank reply.

"Do you remember the frosts and snows of Valley Forge?"

"I shall never forget them," answered Lafayette.

"One bitter night, general, you were going the rounds at Valley Forge. You came upon a sentry in thin clothing and without stockings. He was slowly freezing to death. You took his gun, saying: 'Go to my hut. There you will find stockings, a blanket and a fire. After warming yourself bring the blanket to me. Meanwhile I will keep guard.'

"The soldier obeyed. When he returned to his post, you, General Lafayette, cut the blanket in two. One-half you kept; the other you presented to the sentry. Here, general, is one-half of that blanket, for I am the sentry whose life you saved."

The Spirit of 1776

Some 140 years ago, in what was then the nucleus of the United States, every man and boy owned a musket and knew how to use it.

They were skilled in woodcraft, knew their own country and could bring down any game within range with one shot.

Yet in all the terrible years of the Revolutionary war it took 250,000 of them to defeat 150,000 invaders.

The British could not shoot as well and neither did they possess the spirit of the American colonist, who was fighting for his home and his convictions.

But they were organized! They were trained!

Organization and training, brought over 3,000 miles of sea, kept them going in a strange and hostile country where they were greatly outnumbered by the inhabitants and enabled them to remain there for eight years!

Individually, the Colonials were better fighting men than the redcoats; collectively, they were not.

With 75,000 trained and equipped men—half the British number—Washington might have vanquished the invaders as quickly as their regiments were landed. Given equal training and equipment with the British, and their spirit and knowledge of the country and of marksmanship would have done the rest. At the utmost, it is unlikely that it would have required more than two years.

But instead Washington had "ragged Continentals," half starved, loosely organized, and equipped with practically only what they could furnish themselves.

Should Be Commemorated.

Independence day lives in the hearts of the people, rather than in spectacles. It is recognized and observed in spirit, whether there are parades or fireworks or pageants of any kind. It requires no noisy demonstration to keep it active as an influence for good citizenship. And yet it is good for the people to get together on that day and commemorate it in some fashion, to utilize it as a stimulus to their best sentiment.

Are You Human?

A little baby. A little child. Don't they appeal to you? Doesn't your heart yearn to pick them up, to cuddle them close to you, to shield them from all harm? sure it does else you're not human. Being human you love them. Their very helplessness makes you reach out in all your strength to aid them. In health there's no flower so beautiful. In illness there's no night so black.

Save them then. Use every precaution. Take no chance.

When sickness comes, as sickness will, remember it's just a baby, just a child and if the physician isn't at hand don't try some remedy that you may have around the house for your own use.

Fletcher's Castoria was made especially for babies' ills and you can use it with perfect safety as any doctor will tell you. Keep it in the house.

Children Cry For



Do the People Know?

Do you know why you are asked to call for Fletcher's Castoria when you want a child's remedy: why you must insist on Fletcher's? For years we have been explaining how the popularity of Fletcher's Castoria has brought out innumerable imitations, substitutes and counterfeits.

To protect the babies: to shield the homes and in defense of generations to come we appeal to the better judgment of parents to insist on having Fletcher's Castoria when in need of a child's medicine. And remember above all things that a child's medicine is made for children—a medicine prepared for grown-ups is not interchangeable. A baby's food for a baby. And a baby's medicine is just as essential for the baby.

The Castoria Recipe (it's on every wrapper) has been prepared by the same hands in the same manner for so many years that the signature of Chas. H. Fletcher and perfection in the product are synonymous.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

MUCH TOO LARGE AN ORDER

Naval Authorities Had Not Provided Sufficient Flags to Convey Peppery Admiral's Message.

A certain British admiral tells an amusing story of an explosive old seaman under whom he served many years ago.

During some tactical operations one of the ships of the squadron had made some bad blunders, and at last the admiral lost his temper. He stormed about the quarter-deck, and informed his hearers of his opinion of the officer in command of the erring ship.

When he paused at last for want of breath, he turned to the signaller and said, "And you can tell him that, sir."

The man scratched his head meditatively. "I beg your pardon, sir," he ventured, "but I don't think we have enough flags for your message."

A Windfall.

A couple of Chicago youths met on the street one day when one made the following announcement:

"Well, Harry Harkins' uncle has just died and left him a lot of money. Harry always said that his ship would come in some day."

"Yes," said the other youth, "but he didn't expect an heirship."

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It's wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.

It is easy to find fault with the good things possessed by others.

Any man will listen to what you say if he is going to disagree with you.

Oh How Glorious to Be Free From Rheumatism's Tortures!

Just suppose you could be free from your deep-seated, agonizing rheumatic aches and pains, your stiff joints and unsightly swellings! Wouldn't you give anything to get rid of them?

You have doubtless rubbed on outside treatments; most rheumatism sufferers have. Some of these take the edge off the terrible pains for a few hours, but they do not strike at the cause, which nearly always lies

in the poisoned, impoverished blood. When this is so, you need an internal remedy, one that will take out the impurities that are torturing you, one like famous S.S.S., which has relieved thousands of cases of rheumatism all over the country just this way.

Get S.S.S. from your druggist today, and after starting with it write us a history of your case, addressing Chief Medical Advisor, 877 Swift Laboratory, Atlanta, Georgia.



Love. "She ought to be happy." "Why?" "Her husband seems as fond of her as he is of his golf."

The war has made table linen very valuable. The use of Red Cross Ball Blue will add to its wearing qualities. Use it and see. All grocers, 5c.

Why He Couldn't Fall. Tom was making his first visit to the country. He enjoyed riding on the old, gentle horse.

When his aunt arrived to spend the week end he was anxious to display his new achievement.

With hands deeply imbedded in the horse's mane, Tom rode proudly by. "Be careful or you will fall off," admonished his aunt.

"No I won't," was the reply. "I got hold of her hair."

Many a man sows wild oats in leisure so that his children may reap in haste.

Not at All. Husband—"You don't mean to say you paid \$240 for that gown?" Wife—"Oh, no, dear; I left that for you to do."

Western Canada Offers Health and Wealth and has brought contentment and happiness to thousands of home seekers and their families who have started on her FREE homesteads or bought land at attractive prices. They have established their own homes and secured property and independence. In the great grain-growing sections of the prairie provinces there is still to be had on easy terms

Fertile Land at \$15 to \$30 an Acre —land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. Healthful climate, good neighbors, churches, schools, rural telephones, excellent markets and shipping facilities. The climate and soil offer inducements for almost every branch of agriculture. The advantages for

Dairying, Mixed Farming and Stock Raising make a tremendous appeal to industrial settlers wishing to improve their circumstances. For certificate containing you to reduced railway rates, illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, etc., write

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\$5.00 Puts You in Business Be independent. We teach you how to make in your own home blueing, rust remover, metal polishes, or any other household necessity. Address, "CHEMIST," 1422 North 24th Street, Omaha, Nebr.

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JOIN THE RUSH to eastern Colorado. Wheat 28 to 40 bu. per acre. Good Corn and Alfalfa land at \$20 to \$30. Some with crop. WESTERN LAND CO., DENVER, COLORADO.

For Sale—Fine 9-Acre, Lincoln residence; all modern; paving; close in; reasonable price; good terms. O. W. Curran, Lincoln, Nebr.

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