

RESULTS REMARKABLE SAYS NEW YORK MAN

Prominent Rochester Citizen Tried Ten Years To Get Relief, But Tanlac Is Only Thing That Helped Him.

One of the latest to testify regarding the powers of Tanlac, the celebrated medicine which has been accomplishing such remarkable results, is James J. Beasley, 102 Elmdorf Avenue, Rochester, New York. Mr. Beasley has been chief record keeper for the Department of Water Works, city of Rochester, for thirty years and is a well known and highly respected citizen. In referring to the remarkable recovery of his health by the use of Tanlac, Mr. Beasley said: "I have been trying for ten years to find relief from a case of dyspepsia. Nothing ever helped me to amount to anything until I got Tanlac. This is saying a great deal, for I did everything it seems that a man could do to find relief. Of course, I was hardly ever sick enough to go to bed and was most always able to keep going, but I just never felt right. At times during those ten years, my stomach would become sour like vinegar. I would have an uncomfortable bloated up feeling after eating that would last for hours. I suffered a great deal from nausea. At times my heart would flutter and palpitate and I would become alarmed over my condition. My nerves were on edge all the time, and I became irritable, nervous and restless. I had no strength or energy to do anything. In fact I wasn't like myself at all. Even a week or two ago it was an effort for me to get out of my chair and I felt as stiff and clumsy as an



**JAMES J. BEASLEY
Of Rochester, New York.**

old work horse." "It is really remarkable what Tanlac has accomplished in my case. It has relieved me entirely of indigestion. I never have that distressing feeling any more after eating, and I feel perfectly fine in every way. I will always feel grateful for what this wonderful medicine has done for me and I am only too glad to give it my heartiest endorsement." Tanlac is sold by leading druggists everywhere.—Adv.



Early spring brings with it Coughs, Colds, Distemper. Be prepared. Give your horse

Spohn's Distemper Compound

at the first sign of a cough. Better still, give it as a preventive before he shows signs of sickness. "SPOHN'S" acts equally well as preventive or cure. By reason of its germicidal qualities, it expels the disease germs, abates fever, restores appetite and condition. 40 cents and \$1.15 per bottle. Buy of your druggist. SPOHN MEDICAL COMPANY, GOSHEN, IND.

Herodotus says Xerxes' army which crossed the Hellespont numbered 2,500,000.

FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

The finest iron in the world is obtained from the mines of Dannamora, Sweden.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Fletcher*
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Love Letters
"Cholly can't really love me." "Why do you say that, girlie?" "His letters seem to make sense."

It's difficult to convince a man that he's a chump—and if you do, what's the use?

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Adv.

Says a sage: "Give me the man who whistles at his work." All right, old chap; you can have him.

Begin Right Now to Conquer Your Rheumatism

If you are going to again rely upon the liniment bottle to try to rub your Rheumatism away, you will be doomed again to nothing but disappointment. A disease that can cause so much pain and suffering is not on the surface of the skin, and cannot be rubbed away.

Many forms of Rheumatism are caused by a tiny disease germ in the blood, and in such cases the only logical treatment is to search out and remove these germs from

the blood.

For this purpose there is no more satisfactory remedy than S.S.S., the fine old blood remedy that has been in use for more than fifty years, and has given such general satisfaction for Rheumatism.

Begin taking S.S.S. today, and if you will write a complete history of your case, our medical director will give you expert advice, without charge. Address Chief Medical Director, 160 Swift Laboratory, Atlanta, Ga.

What to Do for CONSTIPATION



Take a good dose of **Carter's Little Liver Pills**—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and **Regulate Your Bowels.** Mild—as easy to take as sugar. *Genuine bear signature—Bantford*
Small Pill. Small Dose. Small Price.

Demand Petersen & Pegau's TIP TOP BREAD

MADE IN OMAHA
This famous bread is the leading seller in 458 cities and towns throughout Nebraska, Iowa, Missouri, South Dakota, Kansas, Colorado and Wyoming. Shipped fresh daily from our great sunlight bakery at Omaha.
Demand It From Your Dealer — Dealers Demand It for Your Trade
PETERSEN & PEGAU BAKING CO., OMAHA, NEBRASKA

The AMERICAN LEGION

(Copy for This Department Supplied by The American Legion News Service.)

LEGION MEN IN HOSPITALS

One-Third Ex-Service Boys in Institutions Are Members of the Great Organization.

One-third of the ex-service men who are confined in hospitals in thirty-two states are members of the American Legion, according to Gerald J. Murphy, director of the Legion's service division, who bases his report on figures compiled in a national census of disabled men taken by the Legion.

"With one-third of the disabled veterans enrolled in the Legion, again, one-fifth of the other eligible ex-service men, it is shown that the disabled man realizes the results the Legion has obtained in its campaign for justice for the sick and wounded of the World War," Mr. Murphy declared. "The disabled man has not joined the Legion for the selfish purpose of obtaining his own compensation, for the Legion service is extended to veterans, regardless of Legion membership."

"Although the principal effort of the Legion is to aid the sick and wounded veteran, national and state legislation, Americanism work and many other projects beneficial to all ex-service men are being accomplished by the organization. These movements are expected to result in a greater percentage of Legion members among those who left the service without physical handicaps."

TO HOLD PRO-GERMAN MEETS

Sessions Alleged for Purpose of Protesting Against Negro Troops in French Army of Occupation.

Pro-German meetings planned for the near future in a number of cities in the East and Middle West will be closely watched by the American Legion, according to national headquarters of the ex-service men's organization. The series of meetings, it is understood, will be held for the purpose of protesting against the reported presence of negro colonial troops in the French army of occupation, despite the fact that the troops in question were withdrawn many months ago.

Cities in which the meetings are scheduled are Milwaukee, Omaha, Philadelphia, Cincinnati, Louisville, Chicago, Cleveland and New York. It is understood that Dr. Edmund von Mach, who was rebuffed at Washington, D. C., in an effort to enlist the aid of F. W. Galbraith, Jr., Legion national commander, in the project, and George Sylvester Vlietck, notorious Boche magazine editor, are among the hyphenated Americans who are sponsoring the movement.

A bulletin from Legion national headquarters, warning state headquarters to watch for an attempt to revive German propaganda and to create sentiment in America hostile to the allies, has been sent out, and steps have been taken by national officials to influence the Department of Justice to prohibit the meetings.

"A recurrence of German propaganda activity in this country is something the Legion has been watching for for some time," said Lemuel Bolles, national adjutant of the Legion. "I feel that the greatest check to a movement of this kind will come from citizens of Teutonic extraction, of whose loyalty and sincerity there can be no doubt. Loyal Americans should know of the sinister efforts to turn sentiment in favor of the nation with which technically we are still at war."

NAVY HEAD SENDS GREETINGS

Josephus Daniels, Retiring Secretary, Expresses Appreciation for Part in World War.

A message of greeting and appreciation to the members of the American Legion was written by Josephus Daniels, former secretary of the navy, just previous to his retirement from office.

The message follows: "Upon my retirement as the directing head of the navy, which place I was privileged to hold during the World War, I wish to send a word of greeting and appreciation to all who belong to the American Legion and all who served their country in the army and navy during those crucial days. It was a privilege I shall regard as the most sacred in my life to have been their comrade in those great days. They truly saved the civilization of the world by their spirit and their valor. In the days that are to come the world depends upon them for saving it from the perils of peace. I have profound faith that they will not be wanting in the new call upon them for the same courage and wisdom in peace which they manifested in war."

LEGION MEN HIT BY RULING

National Judge Advocate Decides Organization Officer Ineligible if Holding Public Office.

A decision of far-reaching importance as affecting the participation in politics of men holding office in the American Legion has just been handed down by Robert A. Adams, national judge advocate of the Legion, in response to an inquiry from the Inter-Post Council of Los Angeles, Cal.

At its annual election held in December a Los Angeles post elected Channing Follette as commander for 1921. A short time afterwards Follette was appointed justice of the peace by the board of supervisors of Los Angeles county.

The question arose whether, in view of the fact that Follette had been appointed to an office which, in its nature, except in the matter of filling vacancies, is an elective, salaried public office, he was eligible to serve as an officer of the Legion.

In his official ruling, the national judge advocate says:

"This being a salaried, elective public office, it is my opinion that the method of filling a vacancy is not essential in determining the eligibility of a Legionnaire holding such office. The office is elective, although the case with which we deal is that of an appointment."

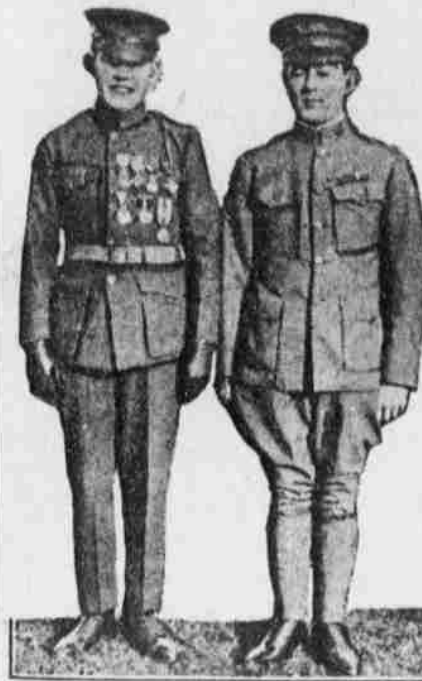
"The purpose of the constitutional provision is, of course, to prevent, so far as possible, the use by a member of the Legion of his Legion membership in furthering a political career. Consequently, the effect of an appointment is in no wise dissimilar from an election, and it is my opinion that the incumbent is, by the acceptance of his office, rendered ineligible for the office of the American Legion."

It is believed that many Legion members, appointed to political offices will be affected by this ruling.

TWO HEROES AS HONOR GUARD

Distinguished Illinois Buddies Deputed to Save National Commander on Inspection Trip.

When F. W. Galbraith, Jr., national commander of the American Legion, inspected Illinois posts, he was provided with an honor guard of two heroes of the World War, who have received 16 medals and citations for bravery between them.



Left—Sergt. Jack Riley, M. C. of Chicago, is Illinois' most decorated war hero. He wears the Congressional Medal of Honor, French Military Medal, Croix de Guerre with palm and star, D. S. C., Navy Cross, Belgian War Cross, Victory Medal with five battle clasps and four citation stars.

Right—Robert Waterhouse, a veteran of the 33rd Division of Chicago, holder of the Distinguished Service Cross, British Distinguished Service Order, Croix de Guerre and Belgian War Cross.

GOVERNOR NEFF AIDS LEGION

Chief Executive of Texas Urges All Eligible to Become Members of the Organization.

Governor Pat Neff of Texas has recognized the importance of the American Legion's effort to extend its influence in that state by giving an unqualified endorsement of the membership campaign now under way.

"Officials of the department of Texas, American Legion, the organization which stands as a living perpetuation of the spirit of the American soldier during the World War, are now making an especial effort to draw more ex-service men into their ranks," said Governor Neff.

"The record set by the men who form the department of Texas, during that period preceding November 11, 1918, and the principles advocated by these men since they have welded themselves into the American Legion," he continued, "leads me to suggest that the public would be serving its own ends, as well as those of the American Legion, by lending active support to the membership campaign the latter has launched. The former service man who has not affiliated with the American Legion should need no one to point out the advantage to be derived by him and his country through his support of this organization; but in the rush of modern life, some things are overlooked and those who have not the privilege of eligibility for the American Legion may aid by calling this to the attention of their acquaintances who have been in the service."

After Every Meal WRIGLEY'S Sealed Tight Kept Right

Still 5c

WRIGLEY'S has steadily kept to the pre-war price. And to the same high standard of quality.

No other goody lasts so long—costs so little or does so much for you.

Handy to carry—beneficial in effect—full of flavor—a solace and comfort for young and old.

THE FLAVOR LASTS

UNITED COUPONS B10

Look at This Price!
3 3/4c Per Lb. FOR

Semi-Solid Buttermilk

Trade Mark Reg. U. S. Patent Office

DIRECT FROM FACTORY TO FARMER, putting Brokers' and Middlemen's profits in Consumers' pockets.

Best Hog and Poultry Feed on the market. It puts the PEP in them and keeps them healthy.

Prices down to 3 3/4c per lb. in 500 lb. barrels; 4 1/2c in half barrels; 4 1/2c in quarter barrels. F. O. B. factory.

Get Free Sample and Booklet describing this Wonderful Feed.

Consolidated Products Co.
DEPT. 100, LINCOLN, NEBRASKA

"The only thing for pigs. Makes them grow like weeds." R. T. MCKILLIP, Beaver Crossing, Nebr.

"It's the best stuff I ever fed." F. SEEVERS, Iowa.

"A great chicken feed and egg maker." T. J. LITTELL, Wilber, Nebr.

"The pigs sure like it. Best thing for hogs I have found." E. VAN HORN, Burr, Nebr.

He Did. "Don't you think 'Absolutely!' is an overworked word?" "Absolutely!"—Boston Transcript.

Confident. "Maud says you are running after Jack." "I don't have to, I can win it a walk."

The Nationally Accepted Wall Tint

No Package Genuine Without Cross and Circle Printed in Red

To Get Alabastine Results You Must Ask for Alabastine by Name

We Hand You the Package That Puts Health and Cheerfulness in Your Home

Smoked, grimy, papered, painted or kalsomined walls are a menace to health and offensive to the discriminating housewife.

Alabastine is so economical, so durable, so sanitary, so easy to mix and apply that it is universally used in securing proper wall conditions.

Alabastine is used in the homes, schools, churches and on all kinds of interior surfaces, whether plaster, wallboard, over painted walls, or even over old wallpaper that is solid on the wall and not printed in amine colors.

Alabastine is packed in dry powder in full five pound packages, requiring only pure cold water to mix, with directions on each package. You will readily appreciate the economy of Alabastine over other methods, and remember it is used in the finest homes and public buildings everywhere. Be sure you get Alabastine, and if your dealer cannot or will not supply you, write direct for sample card and color designs with name of nearest dealer.

New walls demand Alabastine, old walls appreciate Alabastine.

Alabastine Company
1650 Grandville Ave. Grand Rapids, Mich.

MIX IN ONE MINUTE WITH COLD WATER

THE ONLY TOOL NEEDED TO APPLY