

### What to Do for **Disordered Stomach**



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WHY ONE'S TEETH "CHATTER" HOW ONION AFFECTS EYES

Certain Set of Muscles, Affected by the Cold, Get to Work, Irrespective of Will.

The little muscles which close the

then let it fall by its own weight. what we know as "chattering,

We think of it in connection with are not accustomed. our teeth because it is the teeth which

speak. over it, and can stop it only by clench- thus injuring them. ing the teeth. It is really a mild variety of spasm caused by the cold. which acts on the jaw muscles in much | the tear-liquid is smeared across the the same way that some poisons pro- ball of the eye and washes off parduce muscular spasms which cannot ticles of dust which may have accumbe controlled.

Returning the Compliment.

have forgotten that this is the anniver. | run down the face. sary of your wedding day?

Absent-Minded Husband (abstracting himself from comic sections)-Eh! What? Dear me! Is it really? And pears." when is yours, my dear?-Boston Transcript.

"Gas" Given Off Causes Smarting and the Organ Hastens to Take Relief Measures.

The "gas" given off by a freshly jaw are acted upon by the cold in such peeled onlon makes itself apparent in a way that they pull the jaw up and two ways-by a strong aroma which conducts a shop in the post club rooms is at once apparent to the sense of This, repeated many times, causes smell, and by a smarting of the eye- the manufacture of wicker, bead and the teeth to click together and produce balls, which, being very sensitive, are hurt by this substance to which they by the women and the pr

The nerves of the eye immediately make the sound, but the cause lies in signal the brain to turn on the tears the muscles which we use in chewing or liquid which is secreted by the body or in opening our mouth when we as a natural eye-wash. This, flowing over the eyeball, forms a curtain which The chattering occurs in spite of the prevents the onion "gas" from coming will or brain. We have little control in direct contact with the nerves and

Tears are present in the eye at all times. When we wink, a tiny drop of ulated. But when this liquid is produced so rapidly that it cannot be carried off by the trough at the lower Professor's Wife-I suppose you part of the eye, the tears overflow and

> Not for Him. "Then you don't like alligator

"Naw, let the alligators eat 'em."-Louisville Courier-Journal.

# The

IN BEHALF OF DISABLED MEN

Bentley Post at Cincinnati Regarded as Model for Systematic Program for Work.

Robert E. Bentley Post of the American Legion at Cincinnati, O., has attracted national attention because of its activities in behalf of sick and disabled veterans of the World war. Its systematic program for work is regarded by Legion officials as a model to

The work has been assigned to four committees: for hospitalization and compensation, hospital entertainment, sick members and employment.

The hospitalization and compensation committee takes care of all cases In which ex-service men seek to obtain their rights from the government. Its duties are to direct the applicant to the proper federal authorities and to follow up the case. The Red Cross has aided the post committee by stationing a worker at the club rooms at all times to handle emergency cases.

Visits to each Cincinnati hospital where veterans are lodged are made at least twice a month by the hospital entertainment committee, which notes the general condition of the hospitals and provides entertainments for the patients.

The sick committee visits all ex-service men in their homes as soon as the cases are brought to the attention of the post members.

A free employment bureau for all veterans is operated at post headquarters by the employment committee.

The Women's Auxiliary of the post as assumed a large share of the work. This organization has a general chairman of hospital work with a sub-chairman for each hospital.

At the General hospital a complete dinner is set once a month. Cigarettes, candy, fruit and cakes are provided weekly at all hospitals, as are magazines and books. At Rockhill the men were supplied with piano and victrola, a motion picture projector, knitting machines, pajamas, sweaters, caps, socks and other comforts. The Auxiliary women have made sheets, pillows and bed sacks for the patients. Each man is interviewed at each visit and personal favors are executed whenever

For the benefit of those men who are vocationally handicapped the Auxiliary where disabled men are employed in mat work. The articles are marketed turned over to the veterans.

All caskets of ex-service men passing through Cincinnati have been decorated by the Legion women. Families of Cincinnati men who died in the service are visited and sympathy extended.

SAYS LEGION IS GREATEST

Alaska National Executive Committee Member Points With Pride to American Organization.

Harold F. Dawes, member of the National Executive Committee of the



American Legion for Alaska, says that the American Legion is the greatest organization in the United States and backs up his statement with the argument that "any organization is only as great as the people behind it. Political, fraternal or religious or-

ganizations must be limited by the prevalence of belief on the subject for which the organization stands, The American Legion, drawing its members from every type of organization and from practically every famfly in the United States, has the backing of the whole nation."

Mr. Dawes was born and educated in Wisconsin. When he was graduated from high school he went West and finally settled at Wrangell, Alaska, as proprietor of a weekly newspaper. Later, he sold his newspaper and attended Valparaiso University Law school, finishing the course in 1915.

As a member of the artillery park unit of the First army, Mr. Dawes served in France. After his discharge from the army he returned to Alaska and entered the practice of law at Juneau. He is a charter member of Alford John Bradford Post No. 4 of the Legion and is now vice commander of the department of Alaska as well as national committeeman.

Seattle Has Veterans' Hotel.

"Veterans' Hotel" a three-story structure with accommodations for 250 Seattle unemployed ex-service men, is the result of the activities of Seattle Legion Weekly, Post No. 18 of the American Legion and a committee of prominent citizens of that city. Any veteran in need of temporary shelter will be housed in the hotel for a reasonable length of time regardless of Legion membership. The project was financed by the Legion and popular contributions.

FITZPATRICK IS BUSY MAN

Chairman of Americanism Commission of Wisconsin Is Administrator of Educational Bonus Law.

Edward Augustus Fifzpatrick, chalrman of the Americanism Commission of the Wisconsin



department of the American Legion, lms become known to thousands of veterans because of his position as administrator of the educational bonus law of that state, which allows \$30 a month to ex-service men who desire an education.

Although he is only thirty-seven years old, Mr. Fitzpatrick has had exceptional experience in the field of educational administration. He is a graduate of the New York City training school for teachers and received three degrees from Columbia university. Following his university study, Mr. Fitzpatrick was a teacher in New York public and high schools and later became connected with the New York training school for public service. Mr. Fitzpatrick was assigned to the Wisconsin board of public affairs for educational investigations and afterwards became executive secretary of the commission of practical training for public service and a director of the society for promotion of training for public service.

During the war, Mr. Fitzpatrick served as a major of infantry and was in charge of draft administration in Wisconsin. Since January 1919, he has been secretary of the Wisconsin state board of education. He is the author of a number of books and articles on educational problems.

A member of the Madison, Wis., Post of the Legion, Mr. Fitzpatrick, has served as chairman of various state committees and is now chairman of the state publicity committee, in addition to his duties in the field of Americanism.

#### M'ALISTER ROSE TO MAJOR

Arkansas Officer's Unit Made Record for Number of Men Discharged in One Day.

Heber L. McAlister of Conway, Ark., chairman of the Americanism commit-



tee of the Arkansas department of the American Legion, endeared blmself to many ex - doughboys when his unit at Camp Dix, N. Y., discharged more men in one day than any other unit in the army. The score which be commanded as a major, was 1,-

A member of the Arkansas National Guard, Mr. McAlister entered the federal service early in the war and served in America and France. He rose from second lieutenant to major.

Mr. McAllster was educated in the common and high schools of Mississippt and was graduated from Mississippi college. He was an assistant in mathematics at his alma mater for one year and then became a member of the faculty of Ouachita college. He was acting president of the latter institution when he resigned to enter the service. Mr. McAlister is now director of extension at Arkansas State Normal school.

#### SEARCH FOR BERGDOLL'S AID

Legion is Endeavoring to Find Man Alleged to Have Helped Slacker Reach Germany.

The American Legion is searching for the man who is reported to have alded Grover C. Bergdoll, notorious slacker, in his escape from Canada to Germany, according to Lemuel Bolles, national adjutant of the Legion, who said that the Legion is especially concerned in that Bergdoll is alleged to have obtained his passport in Winnipeg by using an American Legion button and the army discharge papers of a Legionnaire.

Mr. Bolles has appealed to the Department of Justice to ascertain the facts in the case and proposes, if the report is true, to see that the man is apprehended, expelled from the Legion and brought to a speedy trial.

Bergdoll has been the target of numerous attacks of the American Legion. When he "escaped" from prison a reward of \$500 was offered for his capture and a number of Legion posts in many parts of the country took similar action to bring about his cap-One post adopted resolutions urging the President to demand the release of the two Americans who tried to recover Bergdoll in Germany.

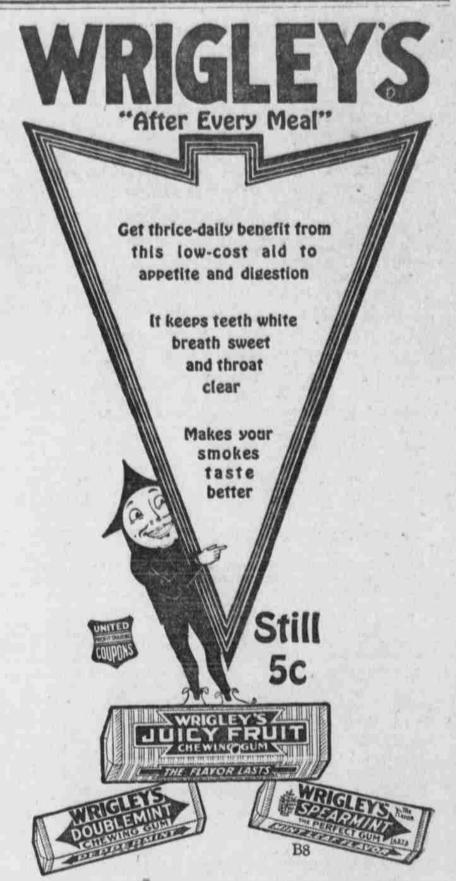
Familiarity's Breed. At the grave of the departed the

old darkey pastor stood, hat in hand. Looking into the abyss he delivered himself of the funeral oration. "Samuel Johnson," he said sorrowfully, "We hopes you is gone where 'specks you ain't."-American

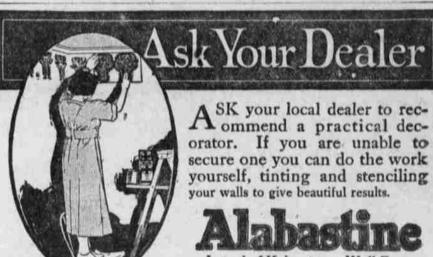
The Greater Shame,

Wifey - Aren't you positively ashamed that your wife and daughter are out at the elbows?

Hub-Nope. But I am ashamed that they are all out at the knees .-American Legion Weekly.



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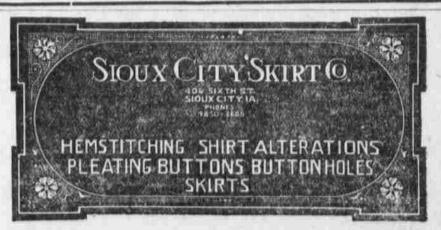
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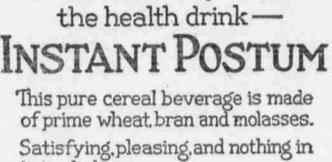
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