

# YOUNG GIRL FINDS RELIEF

## Wants to Tell Other Girls All About It



Evansville, Ind.—"I am eighteen years old and have been bothered for several months with irregular periods. Every month my back would ache and I always had a cold and felt drowsy and sleepy. I work in a millinery shop and I went to work every day, but felt stupid and would have such cramps. I had seen Lydia E. Finkham's Vegetable Compound and had heard several women talk of it, so mother got me some. This Vegetable Compound is wonderful and it helped me very much, so that during my periods I am not now sick or drowsy. I have told many girls about your medicine and would be glad to help anyone who is troubled with similar ailments. You may use my testimonial as you like."



# Vaseline

Reg. U.S. Pat. Off.

## PETROLEUM JELLY

For burns, cuts, sprains and all skin irritations. Relieves dryness of scalp.

AVOID SUBSTITUTES

Illustrated booklet free on request.

CHESEBROUGH MFG. CO. (CONSOLIDATED) State Street - New York City

# A Nervous Wreck Following LaGrippe

Kirkville, Mo.—"I had a severe case of the la grippe and did not get along well afterward; it left me weak and a nervous wreck. I could not do anything. I went on this way for some time, just could not get back my health. I took many medicines but without results. At last I began taking Dr. Pierce's Favorite Prescription and it soon built me up and gave me strength and I felt like a different person. Women who want a good medicine will find it in 'Favorite Prescription.'"

MRS. A. SHAIN, 402 W. Illinois St., Dr. Pierce's Favorite Prescription contains no alcohol or narcotic, and is sold by all good druggists in both fluid and tablet form. Send ten cents to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for a trial package of tablets.

# SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

## GOLD MEDAL WAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1695. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the same Gold Medal on every box and accept no imitation.

**PARKER'S HAIR BALM**  
Removes dandruff, restores color and beauty to gray and faded hair. Cleanses scalp, restores hair to its natural color. Price 25c. Sold by all druggists.

**HINDERCORNS** Remove Corns, Calluses, etc. Store all pain, ensure comfort for the feet, heated with hot water. Price 25c. Sold by all druggists.

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MANUFACTURERS  
Root Beer, Ciders, Teddy Club, Apricot, Port and all kinds of flavored beverages and syrups.  
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SALESMEN WANTED to sell Protector One Piece Work Suits direct. Factory-Consumer. Patented Drop Seat. Sells on sight. \$1.50. Sample outfit, including your suit, complete. \$2.50. You pay postman. PROTECTOR SALES CO., 752 Elm St., DALLAS, TEXAS.

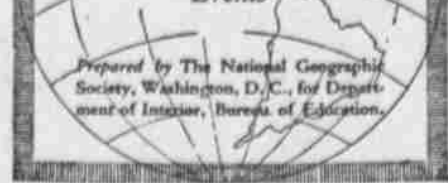
LAND-LEVEL ACCESSIBLE IN SETTLED, PROSPEROUS COMMUNITY. Some improved, rich as the soil, sell cheap. Small payment down in cash, balance or other security—balance crop payments. T. A. SMITH, JULIENBURG, CALIF.

**LOANS MADE**  
1st and 2nd Mortgages  
K. E. EVERETT  
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**KREMOLA** MAKES THE SKIN BEAUTIFUL.  
Cleanses, softens, and gives a healthy glow. Price 25c. Sold by all druggists.

# Today's Geography

Little Journeys to Places Figuring in World Events



## NOME: A CITY THAT HIBERNATES

Nome, Alaska, in recent years has been a city that dwindles in winter to a population of but a few hundred, and spring has brought a lessening return of residents. Thus this remote mining camp, after a meteoric career and growth into a city, gradually is resuming the status of a town.

Situated on the bleak north coast of the icy storm-swept Bering sea, close to the Arctic circle, Nome is frozen in and snowed in for about seven months of the year. Its chief industry, placer gold mining, depends upon the use of running water, therefore the activities must stop when the water congeals. Rather than spend the long winter in the extreme cold, waiting for the return of mild weather, a large part of the population of Nome has always returned to the States in the fall, making the journey back to the north in June, when navigation opens.

The over-night creature of an unusual gold discovery, the town grew up on a site that probably could not have been worse fitted for a community of human habitation. It is open to the full sweep of the violent storms and the heavy waves that often beat in from the sea. It has a relatively narrow beach and immediately within is a strip of tundra, frozen solid in winter, but a sea of mud during the open season. In this morass the town grew up. In the early days men and animals floundered through streets that were knee-deep in mud. Later the principal thoroughfares were boarded over. Each summer foothold newcomers built structures on the beach only to have them wholly destroyed by the blasts of September when, almost without warning, huge waves swept to the edge of the tundra and often into the town itself.

Gold was first discovered near Nome in 1898, in one of the numerous creeks that rise in the hills back of the town



Getting Gold Out of Gravel.

and cross the tundra to the sea. This discovery was widely heralded through Alaska and the western states. Thousands flocked to the neighborhood in the summer of 1899 and the town was born. That season the remarkable discovery was made that the sand of the beach at the edge of the town was rich in gold, and thousands of prospectors with crude equipment took out respectable fortunes. The beach could not be filed upon, but anyone was permitted to dig there. This unique feature of the Nome gold fields drew more than 20,000 people to the region the following summer, and the town grew into a thriving city. Placer miners burrowed into the sand like moles for 30 miles or more up and down the beach.

Nome took its name from Cape Nome nearby, which was named as the result of a misunderstanding. It means nothing unless it can be construed to signify "the nameless." It was discovered in the examination of an early chart that when the physical features of northwestern Alaska were named one cape had been overlooked. The penciled query "name?" was made beside it. A copyist translated the scrawled question as "Nome," and the name has stuck.

## MEXICO'S SKYSCRAPER PYRAMID

A pyramid that may rival those of Egypt, for size, and prove to be even older than the Nileian piles, recently was found at Teotihuacan, Mexico.

Long ago two other pyramids, relics of the Toltec people of pre-Columbian times, were discovered among the volcanic ashes around San Juan Teotihuacan, meaning "City of the Gods," a village about 25 miles northeast of Mexico City.

Excavation of the new pyramid may help to lift the veil which dims our knowledge of these American pyramid-builders, members of a bygone race. Certain it is that the pyramids of Teotihuacan, which already are widely known, have kept their heads above the vomiting of angry volcanoes for

numberless centuries, while it would appear that the cities nearby were without doubt buried in those bygone ages by volcanic eruptions. The Toltecs were by tradition famous mound-builders, and here it seems they mingled with their reverence for the Supreme Being the mythical religion of astral worship. Their earliest temples were devoted to the sun. The moon they worshiped as his wife and the stars as his sisters. No image was allowed within these temples, and their offerings were perfumed flowers and sweet-scented gums.

The projecting stones of "El Sol," the highest pyramid, seen here and there over the pyramid, mark the upward progress of those indefatigable workers until they gained the summit of their ambition. The pyramid was divided into stories by placing a series of truncated pyramids one above the other.

Two hundred and sixty-eight must be climbed to reach the summit. The pyramid is 216 feet in height, and has a base about 731 feet square. The summit is 59 by 105 feet square.

Many strange idols have been dug up. Beautiful pieces of jade and obsidian, arrow-heads, little heads of burnt clay, earthen jars of antique form, and others similar to those in use at the present time were found. One little piece of cloth that was found is carefully guarded in the museum. What was its use? Many skulls, as well as some skeletons, have also been unearthed.

## THE DARDANELLES

Provision has been made for an international force along the Dardanelles to guarantee free passage to ships of all nations through the straits and the Sea of Marmora.

Even our own Mississippi or Pennsylvania some day may rest at anchor in this deep, swift strait, 37 miles in length, between the goose-neck peninsula of Gallipoli and the mainland of Turkey, or steam into the Sea of Marmora and thence to the Bosphorus, for the American jacksies to "Oh!" and "Ah!" at the mosques and minarets of Constantinople in the distance.

Mention of the Dardanelles conjures before the American mind the story of a fierce and interest-compelling fight in 1915 and 1916 and a history which trails back into dim mythological times when Leander swam across its three-fourths mile width at Abydos every night to tell the "same old story" to Hero, who hung her light out to inform him she wanted to hear it.

Lord Byron, not to be outdone as a swimmer by his predecessor, "did" the Hellespont in 1810. Though it was regarded as rather a prodigious feat when these two accomplished it, many modern athletes could do their trunks and visit their lady loves and regard the effort as a part of their training to keep physically fit.

Xerxes, in 480 B. C., having an uncanny feeling that his thousands of Persians were not Billingtons and Kellermans, lashed boats together as a bridge, which Herodotus tells us grounded for seven days and nights, during the unloading of Asiatics on the soil of Europe. Alexander the Great, about 100 years later, before he was reduced to tears at the failure of the world to provide him excitement, tried out the thrill of Xerxes by leading his Macedonians into Asia.

The approach by which the American soldier and sailor will enter Constantinople may well be likened to the entrance to a dwelling house—the Dardanelles being the outside or storm door, the Sea of Marmora the vestibule, and the Bosphorus the inner door.

This storm door, which is about the width of the Hudson river, is commanded by the Dardanelles castles built by Mohammed II in 1479. One fort is on the European side and one on the Asiatic. Many guide books published before 1914 carried this ominous and prophetic sentence: "The castles on both sides have been lately restored and armed with Krupp guns." According to the treaty of July, 1841, and the Paris peace of 1856, no foreign ship of war was allowed to enter the strait without the permission of Turkey, and merchant vessels only during the daytime.

On the Asiatic side a short distance from the fort lies the town of Dardanelles, which was named for Dardanus, the mythological ancestor of the Trojan king, Aeneas, and hence of the Roman people. This city of 15,000 inhabitants, situated prettily on a fertile stretch of land, is the point from which most of the excursionists start for the plains of Troy, a short distance beyond. Here, too, ships must stop to show their papers, the number of merchant vessels alone during a single year numbering more than 12,000.

Across on the European side is Gallipoli or "beautiful town." It was the first European town to be captured by the Turks in 1557. Superbly located on the steep projecting coast of the Gallipoli peninsula, it commands a view of the Asiatic side—the plains of Troy and the broken foot-hills of Mount Ida. On this narrow peninsula in April, 1915, allied forces were landed in an attempt to capture the Dardanelles. When the floods drove the British soldiers from their trenches like rats out of holes Turkish snipers on the hills above picked them off almost as fast as they appeared. The campaign was abandoned in January, 1916.

## WHERE PEARL BUTTONS COME FROM

One frequently must follow a long trail to strange places to find the origin of the most common conveniences of our home, wardrobe, or dinner table. For example, pearl buttons are de-

pendent upon preservation of certain Mississippi river fish.

This economic curiosity is explained in a communication to the National Geographic society by Hugh M. Smith, as follows:

"The perpetuation of the fish supply in the Mississippi and its tributaries involves a very important industry besides fishing. Investigations conducted for the bureau of fisheries years ago showed an intimate relation between certain kinds of fishes and the mussels, which yield valuable pearls and support a pearl-button industry which gives employment to about 20,000 persons, and has a product worth from \$5,000,000 to \$5,000,000 annually.

"The young mussels, of microscopic size when thrown off by their parents in myriads, need to pass the first few weeks of their independent existence on the gills of fish. If the fishes are not present at the proper time, the mussels cannot survive. Furthermore—and this is a most interesting feature of the co-operation of fishes and mussels—the young of particular kinds of mussels require the gills of particular kinds of fishes as nurseries.

"The black bass is host for several sorts of mussels, the crappies for several others, the catfish for others. The skip-jack, a kind of herring, is the only known host for the best of all mussels; and as this fish is not by any means abundant, its maintenance is of prime importance to the welfare of the button industry. In 1919 more than one and a half million skip-jacks were rescued.

"The peculiar requirements of the young mussels having been carefully determined, the bureau of fisheries has gone extensively into the business of artificial propagation of pearl mussels by a method which is a vast improvement on nature. The spawning mussels, held in ponds, are at the critical period provided with the special fishes needed for the attachment of the young.

"The fishes obtained in the rescue operations are turned into the ponds at the time the mussels are spawning and become thickly inoculated. They are then liberated in the open water and distribute themselves and the mussels throughout a wide stretch of river. Thus two important branches of the bureau's work go hand in hand."

## RUSSIA: THE HEIRESS OF FAMINES

Never, in civilized times, have so many old-world nations felt the pinch of hunger at once; yet suffering from want of food is no new story to many of them. Especially has Russia been the luckless heir to periods of near starvation.

Writing to the National Geographic society, Ralph A. Graves tells of Russian famines of the past as follows: "Next to the proletariat of India and China, the Russian peasant has felt the pinch of poverty and hunger more keenly and more frequently than any other citizen on earth.

"One of the earliest famines in Russia of which there is any definite record was that of 1600, which continued for three years, with a death toll of 500,000 peasants. Cats, dogs and rats were eaten; the strong overcame the weak, and in the shambles of the public markets human flesh was sold. Multitudes of the dead were found with their mouths stuffed with straw.

"Three Russian famines of comparatively recent date were among the most severe in the history of the country. They occurred in 1891, 1906 and 1911. During the ten years following the first of these periods of dearth the government allotted nearly \$125,000,000 for relief work, but the sums were not always judiciously expended.

"In 1906 the government gave 40 pounds of flour a month to all persons under eighteen and over fifty-nine years of age. All peasants between those ages and infants under one year of age received no allowance, and it became necessary for the younger and older members of the family to share their bare pittance with those for whom no provision was made. The suffering was intense and the mortality exceedingly heavy, but the available statistics are not wholly reliable.

"The famine of 1911 extended over one-third of the area of the empire in Europe and affected more or less directly 30,000,000 people, while 8,000,000 were reduced to starvation. Weeds, the bark of trees, and bitter bread made from acorns constituted the chief diet for the destitute. This was unquestionably the most widespread and most severe famine that has befallen a European nation in modern times.

## Electric Irrigation.

Wholesale generation and distribution of electric current for the special purpose of irrigation, as it is generated and distributed elsewhere for light and power, is an unusual and interesting project recently undertaken in Queensland, Australia, says Popular Mechanics Magazine. The method employed is to sink a large well on each holding of land and install an electrically driven pump. There are in excess of 100 of these well pumps and some 13 miles of transmission lines radiate from the central station to supply them.

For the wells, precast reinforced concrete cylinders, 5 to 7 feet in diameter, 8 feet long, and weighing 2 1/2 to 3 tons, are lowered from 16 to 40 feet to the water-bearing stratum.

## The Usual Expectation.

"That hideous old millionaire expects the artist he has engaged to make a speaking likeness of him." "He'll get it. Money talks."—Baltimore American.

## Cuticura Soap for the Complexion.

Nothing better than Cuticura Soap daily and Ointment now and then as needed to make the complexion clear, clean and hands soft and white. Add to this the fascinating, fragrant Cuticura Talcum and you have the Cuticura Toilet Trio.—Adv.

## FAIR ONE ACCEPTED THE END

Statement Might Be Copied From Page of Modern Fiction, but It Is Far Otherwise.

"And this is the end!" Something glittered in the man's hand as he uttered the words. The beautiful girl before him looked up into his face and a doubtful look crept into her eyes.

"The end!" She echoed his words wistfully, standing there in the beam of sunlight which caused the glittering thing in the man's hand positively to dance with fire. "You are quite sure?"

A smile flickered across the man's face.

"Quite sure! This is the end!"

The fair creature shrugged her shoulders resignedly. "Then—" she breathed, tensely, "I will take the piece!" and with a smile the man dropped the scissors and parceled up the short length of calico.

## CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How to Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh will be gone.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh.—Relief comes so quickly.—Adv.

## Marquesans Are Dying.

The Marquesans, we gathered over coffee and cigars at Nukuhiva, were dying rapidly of consumption, introduced in the form of Panama fever by laborers returning from canal construction. The fever afterward developed into the white plague by reason of the natives' unresisting, if not acquiescent, nature. And when all were gone, what then? Chinese.

The Chinese appear to be the answer to most questions in the South Pacific today. They come; it costs them but \$50 to land; and after that they grow—mon Dieu, how they grow!—Ralph Stock in the National Geographic Magazine.

## FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these blemishes.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

## Of No Further Use.

Splishkins wanted to sell his horse, so prevailed on the local dealer to come and see the animal.

"That's a good horse, Mr. Taylor," Splishkins said to the dealer. "It cost me \$500, but you can have it for \$250."

The dealer gasped.

"That's rather a big reduction, Mr. Splishkins, isn't it?" he asked.

"Well," Splishkins admitted, "the fact is it bolted one day and killed my poor wife, and now I've got no further use for it!"—London Tit-Bits.

## A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

## All-Conquering Sleep.

There was a New Year's eve party given at John's grandmother's. John, with other grandchildren, was there, but along about nine o'clock he got too sleepy to stay awake, so went upstairs to take a little nap and made his mother promise she would wake him up before 12 o'clock, so he could hear the bells, whistles, etc., and be up for the real fun.

So, at a quarter of 12, his mother went to call him and said: "John, wake up; 1920 is going fast."

John moved a little, frowned a little, turned over into a more comfortable position and said: "Well, I can't help it. Let it go."

## "O Happy Day" sang the laundress

as she hung the snowy wash on the line. It was a "happy day" because she used Red Cross Ball Blue.

## A Fish Story.

The story that made millions laugh—that one which includes, "Thunder! That ain't no sich animal!"—has, we think, a pretty good running mate in the following more recent one. A countryman was standing on a fish pier where the day's catch was being landed. Presently a swordfish of monstrous size was hoisted up, and the old fellow stared at it in wonder and amazement. He positively could not believe his senses, and when at last he recovered himself sufficiently to speak it was only to exclaim: "The man that caught that fish is a darn liar!"

Coated tongue, vertigo and constipation are relieved by Garfield Tea.—Adv.

## North American Buffalo.

The total number of wild and tame buffalo on the North American continent at present is estimated at more than 9,000 head. Canada has 5,080. This is due to the fact that several years ago, when the Pablo herd in Montana, belonging to Michel Pablo, a half-breed Indian, was for sale, the Canadian government bought the animals, sufficient interest not being exhibited by Americans at that time to make it possible to retain them in this country.

Yes, Alfred, both parties should remember they are married for worse as well as better.

## Sure Relief



W. N. U., OMAHA, NO. 10-1921.

# Kill That Cold With HILL'S CASCARA QUININE

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first access.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's

## ALL DRUGGISTS SELL IT

# Pure, Rich Blood Will Keep Your Body Vigorous and Healthy

When impurities creep into your blood the first symptoms are usually a loss of appetite, followed by a gradual lessening of energy, the system becomes weaker day by day, until you feel yourself on the verge of a breakdown.

Nearly everybody needs a few bottles of S. S. S., the great vegetable blood remedy, to cleanse out all impurities about twice a year. It is an excellent idea to take this precaution to keep the system in a vigorous condition so as to more easily resist disease to which every one is subject. S. S. S. is without an equal as a general tonic and system builder. It improves the appetite and gives new strength and vitality to both old and young.

Full information and valuable literature can be had by writing to Swift Specific Co., 156 Swift Laboratory, Atlanta, Ga.